## Historyand Favorite Recipes


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# History and Favorite Recipes of Onalaskans 

Compiled by<br>Linda Hanson, et al.<br>1997

Second Printing

Lewis County
Genealogical Soclety
PO Box 782
Chehalls, WA 98532

Phillup Abshire LEROY ALLIE
FRED ALLYN
*LAWRENCE ARNOLO
WILLIAM ARNOLD
d. $D$ ATREINS

TURNER ATKINS
EARL ATKINSON

- Dick. Balfour

DAVID BALL
GLEN BALL JOE BAROM
EO BAZINET
JMmmy BELONGIA LEONARD BELONGIA
+JaMES BETTS
${ }^{-}$HEREERT BICKAR
CLYOE ELAR
Hapver Blankenship
Warren Bodda
*RICIIARD EOWDEN
EARL BRENNEIS
-NELSON BREWER
Vagil Eriggs
TERRY EROOKS

- Paul Erownino

DARREL BURDEN
JANES BURNSIDE
DONALD BURTON
Harley COOK
RAY COOK
CHARLEY COX
Eucene Crawforn
HARRY A CRAWFORC

- NEWT Curar

BuCK CuRTs

* Nat Dahule

Davio Dahielis
Clarence Davis
Dale Davis
-MARVIN DAVIE
Jack Dawson
-MrLo Dawson
AUGUSI DECKERT
*Rex Delano

Almert Derkacht
DONALD DERKACHT
DICK DERMOND
DAFAELL DOW
RIGKY L. DOW
Roaert Dow

* Ray Drijury
* Julian Dyer

AibERT ERICKSON
Hartir Erickson

- HJalmer ErIckson
- Arthur Extine (POW)
Lawrenct Extine
-GEORGE FARNUM
CHARLES FICKETT
EUGENE FICKETT
GEORGE FICKETT
MLLER FICKETT
"RICHARD FITZHUGH
ALFRED FOSSETT
- Chalmer Fossett

CHARLES FOSSETT
GeORGE FOSSETT
DICK FOX
EMIL FRAFIORO
Hafolit Frafugaro
OLE HaAkin
FRAFIORD
ROY FRAFJORD
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*GORDON FLUNK
GORDON GEISLER
*BILL GPABENHORET
DICK GRABENHORST
David Grtear
*Delbert Greear
VICTOR GRIEL
DELEERT HADALLEP.
DALE HANGER
STANLEY HANOER
RICHABC HANSEN

- DAVID A. HANBON

TJOE HARMS
-MORRIS HARMS
ORVILLE HARRIS
BEN HARRISTON JR
*Roeert Harrison
GuleERT Haskine
Léa Haskins
JESSE HAWKINS
ALBERT HENFICKSEN
"Chuck Hewes
-Cecrl Hill

- Daie Hill

CLIFFORD HOCKETT
AMNE HOGUE

- Jack hogle
-FRED HORNQUIST John Jacica
HOWARD JACOESEN
"LORRGINE JAMES
- CARL uavorexer

WARREN JEFFRIES
DICK JENKANS

- DUANE JEMKINS

RCEERT JENMINS
DALE JEGAEN
ALLEN JOHNSON
TLAWRENCE JOHNSON
ROD JOHNSON
RAY JOMES
Roger Jones
ELVIN JORGENSEN

- HAROLD JUSTICE
'Hayoen justice
ANTHONY KALNOSKI
ELDRED KATYFYNILK
-FRED KIEFERT
- Donald Kinc

Dan Kiasman
THOMAS NI. KINAMAN (CONGREESIONAL MEDAL OF HONOR)
FRED KIFKPATRICK
Mary Hoçue Lacour (RHODES)

- GLEN LAPINE

GEORGE LARTEA
THAMIEL LARTER

- Robert leclerc.
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'CliFFOR MATTHIESEN Drck McGee JOHM MEVERS HEMRY MILLER - Louis Miller
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EDWIN NEUMANN MICHAEL NEUMANM Henry Newmann
Olyde Nichols (P, O W, W)
Jack Nichols
EILL NOAH
CHESTER NORRIS
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- Harry Oest

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"Herbert Osbopn
ROEERT OstERLE Eva Parnel. Carl Parnell James Parnell JOHN PATNELL Wesley parnell CECIL PAGE Bill paxton Jack Peacock - Bruce Perking Ralfeh Perikins Epmram Petersón
Ernest Petersom MELVIN PHILLIPS "CECIL PIERPONT RICHARD PINKERTON IRWIM PRENTICE
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Marold rlagan
-RIchard Rambo
THOMAS RANDALL
William Randall.

- Cecil rankin

Clyde Rankia
TED RANKIN

- Evaene Reed

Vader Richardis
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Clyde E. Wallace
Darwin Wherry
Denmis Wherry
Chuck Wilomalt
LEO WILSON
MuLaro Wusoin
NORMAN WOLFE
DALE WOOD
Finley Wricht
Leland Wright
LLOYD Wright
Walter (Jamie)
Wrzesinski
EDWARD YOUNG
Gerald Younc
Milton Young
Roy Youna
Chiarles Zandecki
*WITH THE LORD
(A conscientious effort was made to find names of all Onalakka people who have served our country. If names bave been omitted. please accept our apologies.)

## © EXPRESSION OF APPRECIATION

The compilers and sponsors of this book would like to thank and express our appreciation to the Onalaska area residents whose splendid and generous cooperation has made this book possible.

We also wish to thank all those who generously helped in promoting the book, assisted in the sale, and contributed in many ways to the publication of this book.

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## 光 A HISTORY OF ONALASKA

> Written by Alberta Berg (Thomsen) Hamilton in 1975. Alberta retired from teaching in 1973 and has conturued to be an mspiration to all who know her Her history has been reprinted with her permission.

The Onalaska area was a great tree-covered wilderness in the latter 1800 s ; yet it encompassed the homesteads of several farmers long before the town existed here. Several post offices and stores or schools on these homesteads also dotted the countryside, connected by rutted wagon tracks through the forests Over Burnt Ridge Hill at the four corners was Grani Wright's store and post office at "Lacamas Corner" It was housed in Mrs. Vi Anderson's big white house which was later moved to its present site. At "Burnt Ridge," so called because the Indians had burned a large area for grazing and other purposes, was a school Here Lyceum courses were held during the summer with Bill Blair teaching singing. The homestead where Adolph Jorgensen lives, west below Burnt Ridge Hill, was "Webster," the post office being in the Jorgensen home for many, many years. In later years Rudd Martin had a small store where Leonard Belongia now lives, which still later belonged to the Belongia family. To the east was "Shoestring," the present "Alpha." It was first "Tilton" with a store, school, and post office which some have told boasted a shoestring once in its cancellation mark. "Cinebar" was then located across Bear Canyon. To the south and east was the Bennett School on the Gore Road, then called the Bennett Road, where Jake Blair lived. The "Brim" school and post office was on the Brim Road and "Ethel" school occupied the site across the road from Perry's store. [Margaret Olson Wallace, a long-time resident, states that the "Ethel" school, also known as "Greenwood," was situated at the correr of Highway 12 and Brim Road and that the "Hopewell" school was situated on the Tucker Road. I The Albert Olsen home at Ethel was once a Halfway House and "Central." They still have all the old telephone and switchboard paraphernalia in storage there yet. The "Hopewell" school stood on the Tucker Road near where it curves by Ortlies. To the north up the hill was Jake Hovies' Alpha Store and post office along with the school. Mike Griel also had the Grange store, called a Rochdale Store. Up near the Grange there was also a Halfway House, which is now Gene Unger's home Mr. Wybright had a post office at "Sharon" near where George Keenan lives, and the "Dorn" or "Crawford" school was about one mile farther west. On what is now Highway 508 at Tauscher Road, toward Chehalis, was the Knox Post Otfice with C P. Twiss in charge.

Back at this time the Onalaska area had no post office. People living here had the joy of navigating the trails to Napavine about once a month to pick up their mail. The first mail carried out near this area was brought on horseback by Pete Dershay from Forest to Knox, then up over Cook's Hill to Dorn or Crawford School house, to Alpha, and on to Cinebar. Mail to Webster and Lacamas Corner was brought on horseback from Toledo to Salkum and on to these two places.

Knowing that all these stores and post offices existed in this new country back in the 1880 s, one can understand that several families already had homesteaded in the Onalaska area. Among them were the Graveses whose homestead Carlisle later bought, the John Arnolds (he preached on Sunday), Jorgensens, Randalls, Matt Schmitt, Hans Pries, and Purcells whose farm barn stood where the Assembly of God Church now stands.

The very first school was held in the old Graveses' home with Mr. Carmachiel as teacher. The first school building was a tiny one-room long edifice and stood in a littie cleared opening where the Logger's Burger Bar now is. Among the pupils were the four oldest Arnold children: Harry, Charlotte, Isabelle, and Clarence Elsworth (Dave), John and Marion Randall; and Joe Purcell. School terms lasted only three months. The teachers were paid $\$ 25$ a month and were charged $\$ 5$ of that for board and room. John Amold was on the first school board. His son, Elwood, still has all the old school records.

But already by 1910, even before Carlisle came, the little log school was being outgrown and had to be replaced. Matt Schmitt, who owned all the land from the edge of town to the Burchett Road, donated two acres on the south and a little back of where Kellys' house sits for a new school. T'wo men, Bruden and Reynolds, hauled lumber from Napavine for it: and two others, Fobble and Adams, built the new school. This new school building was called the Granit School and served in that spot until a new grade school was planned several years later on the site of our present high school after the Carlisles were here. At that time it was moved to the new location to be used as a manual training shop for the grades.

Due to the unexpected contribution of several additional clippings from some very, very old Lewis County Advocate and Chehalis Bee Nugget newspapers. many historical facts about early Onalaska and the Carlisles have been established. These were saved by Mrs. Goldic Walhaupt and have been preserved by Hedwig Young.

In 1899 W. A. Carlisle, whose name one hears mentioned so often, came here at the age of twenty-five with his father, the elder W A Carlisle. The purpose of their trip was to look for timber and a new mill site. But not until ten years later did they begin any real action In 1909 then, O. O. Ort

Was contacted and hired to buy up timber for future use and to survey all the land before the Carlisles came to set up a mill. Since the most cleared and level spot in the center of their acquired timberland was the old Graveses' homestead, the elder Mr. Carlisle selected that for his town and mill site: This site he named "Onalaska."

Many people have wondered through the years where the name of Onalaska really came from, and the story is quite interesting Also, Mr. Carlisle must have been quite fond of the name since he had previously had big mill operations successively in the towns of Onalaska, Wisconsin, in 1896. Onalaska, Arkansas, in 1890; and Onalaska, Texas, in 1905, which he had named as he did our own town. However, he did not originate the name as many people used to think. The name, we are told, is of Indian origin and Robert B. Hitchman of Seattle, a collector of Washington geographical names, turned up the following story about the name "Onalaska." In 1851 a Thomas G Rowe laid out a town in Wisconsin on the Black River about five miles from LaCrosse. He was a well-educated, genial man who loved quoting poetry. A poem called Pleasures of Hope struck his fancy, and from the following lines he selected the name for his town:

> Now far he sweeps, where scarce a summer smiles On Bchring's rocks, or Greenland's naked isles, Cold on his midnight watch the breezes blow, From wastes that slumber in eternal snow, And waft across the waves' tumultuous road, The wolf's Jong howl from Donalaska's shore.

This poem, by Thomas Campbell, referred to the village now written "Unalaska" in the Aleutians. Finally, one " 0 " was dropped and the name was written "Onalaska." Since the word "Alaska" comes from a native Aleut word, Al-ay-ek-sa, meaning "great land," the name "On-alaska" seemed very appropriate.

So to this great wilderness land young William Armitage Carlisle came with his new bride, Henry Olga Walker, and his father in a new and beautiful Oldsmobile, the first car in this area. It is said that her father had given the bride one million dollars for a wedding gift. Then his father gave young W.A a million dollar interest in the mill. Be that as it may, with all this they set up housekeeping in a tiny little house on the road by the old mill fence.

It should be noted here that Mr. Carlisle came to our town not from Texas, but from Carlisle, Washington, which is between what is now Aloha and Copalis Crossing. Here he was just concluding his latest big timber operations. The mill there later burned and was not rebuilt. Many of the
workers from there came here to continue working for him. Among them was the late Ernest Nelson.

The first mill machinery was acquired from someone at Littell and hauled to Onalaska by Harry Amold with a wagon and a team. This mill was set up under the name of Guerrier. Ort, and Carlisle with Guerrier as Superintendent They cut lumber with this mill to build a small store, post office, and several very, very small houses for the immediate use of their families. The store and post office were built across from the Masonic Hall. Mr . Carlisle obtained a temporary appointment as postmaster. There was also set up a shingle mill. During World War I women were hired to work in this as the men had been drafted. Lolita and Aurora Temple were among those hired.

By 1913 people began flocking into this new territory as the result of some brochures Mr. Carlisle had earlier sent East. They said in effect, "Come to a country of year-round warm climate, rich vegetation where cattle graze out all winter, and blackberries grow on every stump." Soon after the new mill began work, more than 1,000 residents had come in and occupied every available living space. This was the big boost Mr. Carlisle had hoped for

Now Roy Welch, Jim McCutchen, and Charlie Cantivell were delegated as the planning committee to work with Mr. Carlisle to lay out the town of Onalaska Streets were surveyed and staked out and the new streets were cut through, a great improvement over the hub-deep wagon tracks through the timber. The big saw mill, planer, and dry kiln were among the first buildings started in 1914. These were laid out just off the trail leading into Onalaska from the west, once called the "Milt Graves opening" because it was the only open spot where one could see out, the rest being so covered overhead with thick trees, it was a veritable tunnel

This trail followed west of the supermarket along what was once called the "Dump Road." The large new mill was situated adjacent to a seventy-six acre pond, today called Carlisle Lake, which has since been given to the State by the Carlisle family for a sports and recreation area. Mr. Carlisle now brought Mr. Pennell, a former colleague, here from Atchison, Kansas, which was the original home of the Carlisles. Now the mill was named the "Carlisle-Pennell Lumber Company" and later was considered the "largest inland mill" in the world. Mr. Carlisle made O . O . Ort the first superintendent of the woods and Halley McFadden the first foreman of the woods. The town then numbered about 1,250 people. The mill already employed about 1,000 men, among whom were the Japanese, Swedes, and Greeks. The Greeks had charge of the railroad track maintenance under George Gramatti. They had their own cookhouse and bunkhouse; they
stood where Bill Leteer's barn stands, as it was part of one of them. The Swedes had charge of stacking all the lumber off the green chain. A Japanese man, George Ohata, called "George, the Jap" had the contract to furnish men for the green chain, usually Japanese. These people had their own cookhouse, and their homes occupied the area back where the apartments and laundromat are now. This was known as "Jap Town" The Company cookhouse was run by Mrs. Jerry Lewis and Mrs. Bill Gray and stood near the first store and Masonic Hall. Three annexes were built nearby for rooming houses for the 250 men boarders who had no other quarters. Their meals were served in the Company cookhouse dining room on big ten- and twelve-foot tables.

After the mill, the Club House (now the Masonic Hall) and large office building beside it were erected. Adolph Jorgensen, born in 1884 on the spot where he lives today, helped haul Jumber with his team for town buildings, As fast as lumber was cut, buildings were built according to the approved blueprints of the planning body. Mr Carlisle had 225 four-, five-, and sixroom houses built of the finest lumber and quite modern. But they all looked alike and were all painted a dull gray. Each house had its own garage and woodshed. The houses next built were the permanent residences of the officials, the foreman, and the superintendent, which were of a variety of shapes and painted different colors. These are still in use today,

Now again the town school was bursting at the seams. So, plans were made to build a grade school building where our high school sits. Since the Granit School building was to be moved to that site, Mr. Carlisle designated two company houses as temporary buildings until the new school should be completed later. These buildings were what is now the post office building and a house (which burned down) that stood on the vacant lot across from it serving 40 pupils. Then a high school became necessary. Having as yet no specific building, the first Onalaska Union High School was held upstairs in the 1.00 F. Lodge Hall, called the "Swede" hall by the general public, over the building erected for the George Zoph Drugstore. This stood on the corner across from the big garage. When the Odd Fellows and Rebekahs mer, seats were shoved back to make room. Space up here was also shared with Dr. Hogberg's first dental office (later Dr. Morrison's) and also the Scammon girl's first beauty parlor.

Several teachers who served the first Onalaska schools are still remembered by older residents still living in this area. Only one man teacher ever served during those years, a Mr. Painter. Among the others were the following women: Mrs. Uden (Dutch Uden's mother), Ida Jager, Rowena Carmachiel, May J. Goodman, Ida Mack, Lorena Vorce, Ida Pumphery, Donna Gifford, Tilly Smith, and Loma Pickens (nicknamed "Easy

Pickens" due to lack of discipline). One story is told of that year the leacher, wanting to pretty up and then fix the log room to be more enjoyable, made and put up bright new curtains over the windows. There was so little to see at any time out of them that the pupils did not want their only view of traffic on that main wagon track shut from view So, as they went out to recesses, the pupils would jerk down a curtain and hang it high, even on the very high limb of a tree, where it could not be retrieved.

As 1915 came around, the separate mill buildings had all been completed. Mr. Carlisle's big house, which is surrounded by the high wire fence and now occupied by the Charles Wryzinske family, had been built. Dave Arnold hauled rocks from down by the Newaukum bridge on the Leonard Road to build the big fireplace in the house. At one time the elder Mr. Carlisle's two grandsons, Tommy and Billy, had a miniature railroad in the backyard on which they rode. But now the elder Mr. Carlisle was aging and got around in an electric wheelchair. Then the running of the mill became the responsibility of the son, W. A., who lived in the big house for many years. However, Carl Dingess and wife (Mr. Carlisle's sister), Baker Carlisle (a brother), Mrs. Porter (another sister), Kenneth Carlisle (a cousin), and Al LeClerc (Mrs LeClerc is Kenneth's sister) all were here in later years in some connection with the mill. After a time Tommy and Billy were sent to private schools during the winter. After the parents and mill were gone, young Bill still came from Seattle and lived in the big house part time. Tommy had been killed in an auto accident as a young boy.

It now became apparent the fast-growing population had need of a place to worship. So on April 25, 1915, the Community Presbyterian Church was organized. Bur it was seven years later in 1922 that the church and parsonage were erected. Up to this time ministers coming here had to trudge through mud and rain, often without umbrellas and rubbers, to reach the out-of-the-way meeting places. In later years, about 1925, a second church, the Church of God, was organized. This was known for years as the Little White Church. Then about 1935 the Assembly of God Church came into being, using at first the old Union Hall in the big garage that stood by Ira's filling station.

The mill was operating in full swing by 1916. People were flocking and crowding in and something had to be done about business buildings. Careful planning with Bill Denio, who had taken Charley Cantwell's place and who was an expert construction engineer, brought into being other necessary important buildings. Among those built next was the doctor's big house (later Kellys'). Dr. Millington was the first company doctor to occupy it, then came others: Dr. McCloud, Dr Smith, and Dr Ward, who lived there the longest. Ever since, that corner has been called "Ward's Corner." A Dr.

Jarvis supplied for a while after Dr Ward left. We should remember Dr. Stevens, who came later and lived among us, He was a faithful family (country style) doctor for several years. He had the reputation of being one of the best diagnosticians among all the doctors in the country. He is credited with having saved several lives around Onalaska by his ability to diagnose correctly and perform efficiently and quickly.

The big white building across from the depot (now Jacka's) was also built now to house the first store and post office up town on Main Street. Mr. Worford managed this store and Frank Mitchell was postmaster. This building later became a store with cold storage lockers. It was first owned by Mr. Hillyer and later by Clyde Jacka. The town garage, now owned by Buck Lyons, was built and rented to Jack Weaver. The first barber shop was built close to the Burger Bar spot. The back of this shop was occupied by the first pool hall. Mr Biedlman and Mr Plunket managed these. [recollections from Warren Jeffies, long-time resident: "I do not know what it was before 1930, but at that time it was the pool hall and barber shop. The spot where the Burger Bar building is located is almost on one of the railroad tracks ruming to the blacksmith and machine shop, between the pool hall and Jack Weaver's Garage. The Burger Bar building didn't exist at that time The pool hall was the recreational building for the town. It would now be considered a tavern, but at that time there were items of interest for many more of the general population than in our present-day taverns. The front one third was deyoted to notions, candy, sports equipment, and a soda fountain. The next section was a tavern arrangement and the pool tables and card tables were in the rear section. No minors were allowed past the first section. The management issued "hickey" coins or some called them "tokens." These were mainly used as a substitute for a nickel in the card games thal took place They worked in the "jukebox," the slot machines, and the pinball machines and were redeemable for cash or merchandise. At the tender age of ten, I had the shoeshine concession in the barber shop and the Seattle Times paper route for Onalaska. "]

When Carlisles began building the mill, they also started cutting ties for the necessary railroad that must be built to the closest point, Napavine, eleven miles to the west. Ties were cut in Onalaska and hauled to that town which was quite a job considering roads at that time. So, by the time these other first buildings had been constructed, the depot was also ready for use, and a Mr. Osborn was agent [Mr. Max Griffith preceded Mr Osborn as depot agent]. When the mill went out, the depot sat unused for a while, until a trustee from the Honor Camp, who had earned his release while in Onalaska, bought the building and had a plumbing and electrical shop in it.

Mr. Les Mallonee then purchased it from him.
The Newaukum Valley Railroad was laid along the south side of the depot, across Main Street or Carlisle Avenue, followed along on the north side of the garage, and finally curved to the south and back of the Standard Bulk Station on its way to Napavine where it connected with four main lines. To the east, the railroad was laid parallel to the River Highway to Morton, now Highway 508, and on up into the Carlisle timber holdings.

There was also another railroad through Onalaska during mill days, the Cowlitz, Chehalis, and Cascade Railroad, otherwise known as the C.C. \&C. It ran along the back side of Justice's Store and the Machine Shop and on to Chehalis. One facility Onalaska had that few people remember was the passenger service afforded by this C C.\&C to those desiring or needing nides to anywhere along the line all the way to Chehalis The coach was not a regular train passenger car. It somewhat resembled a large truck with seats and pulled by a gas car It was on train wheels--two in back and four little wheels in front. Here is also a good place to remember Charley Sitton, who offered Onalaska people other passenger service-bus service. For nearly 20 years or so, Charley Sitton maintained service from Onalaska to Chehalis. He charged about $\$ 1$ a round trip or 75 cents one way. On the same trip, he carried the mail [Warren Jeffinies adds that "Charley Sitton provided passenger bus service not ondy to Onalaska but on to Morton during his 20-year period of service. Besides bringing the mail, he brought small items of priority freight and the newspapers from the Twin Cities, Seattle, and Portland to the bus stop in front of Zoph's Drugstore."]

Several of those who helped in key positions to keep things going in the Carlisle operations were Kelly Briggs and Ted Jessen, who ran the logging trains; Jay Rankin, who fired the locomotive; Jake Reiger, who was woods foreman, and later, Joe Flannigan, Mr. Prince took care of the Boiler Room, which was in back of Mrs. Lyons' house; Harry Morris was night man and head painter for a while, Ollie Jar was timekeeper, and Bob Finney was log scaler for Carlisle in the mill. Mr. Kettleson, up on the Burnt Ridge Hill, where the Burtons now live, did all the first blacksmithing for the horses the company used. Later Joe and Ed Hitch built a machine shop in back of Justice's Store and took over the blacksmithing for the company. This building later became Mac McGee's Garage. All sidewalks were of wood in the beginning, and the building of these were under the direction of Clarence Van Allen. Jack Poore was the first electrician, "Pop" DeLano was pipe filter, Joc Clyde held the position of Mill Superintendent. Grant Hogue was pile driver man and lived in the house later purchased by the John Dows.

The other business buildings were still waiting their turn on the west side
of Carlisle Avenue by the depot. The big mill could turn out much lumber in a minimum time-250,000 feet per day--so building was speeded up. Now a block of buildings was laid out stretching from the railroad tracks south to Zoph's Drugstore on the corner. These fronted on a wide board walk First in line by the tracks was the post office with Allan Austin as Postmaster and later Wilbur Stonex for many years. Beside this was the large Company store with open ceilings to the post office and dry goods store. This afforded the townspeople groceries, hardware, and furniture. In this establishment, Percy Kelly worked for years. This was managed by Mr, Fleming and later by a Mr. Davis. In the back part of all this was an ice plant and Charley Sherman's Butcher Shop. On the other side was the dry goods department store. At one time this was run by the J. C Penney Company. Following were two other businesses: George Farnham's Real Estate Office and Bower's Tailor Shop with a dry clearing business in back: This was carried on in the old cement building now standing alone across from the Chevron garage, Sandwiched between these and the drugstore was a bakery and lunch counter run by Etta Young with Eddie Greer helping. Baked goods were supplied by the Winlock Bakery. Behind the drugstore was the shoemaker's shop.

Travel was very difficult over the rivers during those early days. A bridge was needed across the Newaukum River south of town. Jim Leonard, Superintendent of the Boys' School (Green Hill) in Chehalis, and a Congressman worked, using their influence to get a bridge built across this river. The road was then named the "Leonard Road"

The building of necessary establishments was still being pursued. The big grade school building at the north end of town, which had begun in 1915, had been completed. This was enlarged to twice its size later. Also, in 1918 the theater, later razed by Everett Lyons, was built to furnish amusement for the people in this rather isolated community. [Warren Jeffries remembers that a Mr, Johnson, from out of town, brought his portable projectors and movie film to exhibit in the theater building on one or two evenings in the week. Later he was succeeded by Mr. Peacock, who became a resident of Onalaska. Jack, his son, attended high school and helped him in the theater. His wife cashiered. It became a family operation and provided the community with a much-needed "escape" from the economic pressures of the "Depression." Later, the theater was purchased by Mr. Chet Weaver and much later (1950) by Bill and Calvin Lyons.]

In spite of Mr. Carlisle's beautifully written brochures that flattered our warm winters, 1919 was called by some "the year of the blue snow" They tell that it was so cold at one time that the plants froze in the houses at night with a lamp burning on either side of them. The trees were so thick that no
sun could get through to melt the snow and it hung on until late spring, And though this was cold, things were getting warm in other ways.

Another incident, taking place in Onalaska in the early years around 1919 or 1920, was the Company's first contact with any unions. These had not yet made themselves felt among the workers here. However, one kind of union was alive with fuses burning in other places. In Centralia the IWW (Industrial Workers of the World) was causing quite a stir. During an Armistice Day Parade some four Legionnaires had been shot and an IWW man had been hanged under "Hangman's (Mellen St.) Bridge." The whole state was seething, and feeling ran high not only in Centralia but in surrounding territory. The IWW sent representatives out to Onalaska to "speak" to the people. The speaking was to be held out in the open up in town on Main Street, just about in front of the Fire Hall. Remember, we've said the railroad went across the street right at this point. Quite a few men and women had gathered all around to hear what the speaker had to say. Carlisle, hearing about it, had the train brought up as close as possible to the crowd. They tied down the whistle so it was a constant and continuous noise. No one could hear anything and the group finally dispersed. The Company did not intend them to get a foot in the door Also, at that time two men came to Henry Jorgensen's mill, east of town, looking for a job. He knew nothing about them, but needing men, he hired them A day or so later, three men with guns came to Henry's home They thought he was an I.W W or a sympathizer because he hired the two men. They went into his house, went through his records and papers, threw everything all around, messing up the house completely, and scaring his wife and children a great deal. Finding nothing, the men left. The I.W.W. name was "mud" in this state, and vigilante committees were organized to detect any radical or "Bolshevist" movements anywhere. Every gun shot was an alarm to move. Some men one day, just sitting around the table in a Pigeon Springs house visiting, heard a shot and all immediately grabbed guns and ran to shoot-it must be an I.W.W. Oid Grandad Fraze had to stop them and teil them it was only a fellow getting himself a deer.

Adolph Jorgensen remembers another incident of early Onalaska. A group of workers held a meeting up in the LOO.F. Hall He cannot remember any of the circumstances of "why" or under whose direction, but it had to do with "gun laws" in some way. Now his wife, going through some old magazines, found part of the answer in an old Argosy magazine. An article on "old weapons laws" in many cities and states in the U, S carries this revealing note: "If you give a toy pistol to anyone under 18 years of age in Onalaska, Washington, you have committed a gross misdemeanor."

During these early years, the Graham Land Company was organized This was under the Real Estate Agent, George Farnham's, direction. He had charge of the sale and contracting of Carlisle's logged-off lands to new people who were flocking in. These "farmlands" were made available to people on long-term contracts at about $\$ 40$ an acre. To serve those people who bought cows and began selling milk from the little "stump rariches," the Carnation Milk Company collected milk daily in the early years. The company was located in Chehalis where Callison's plant is now. In later years the Borden Company, located in Toledo, picked up milk as far away as Randle and served the Onalaska patrons on the way up and back.

We must not forget that all of Onalaska is not up on the hill. A nice part of it is south of Highway 508 During those early times, when people began flocking in and getting jobs, the 225 houses did not supply everyone. Those without a place to live picked up slabs cut from the logs at the mill. pieces of tin, and anything that would suffice to build with. Hans Pries who had bought the land south of the highway from Matt Schmitt now sold it off in lots and soon the area was spotted with litile slab shanties thrown up for emergency dwellings. Hence, this lower part of town had always been known as "Slab Town." As people made enough from mill jobs to buy lumber for homes on little farms, Slab Town thinned out. There is always someone who is farsighted enough and wise enough to realize there will be trade for a business not owned by a company for whom everyone works, So, Harry Young built the big store and warchouse that is now Justice's Store. This was later run by Jim Mitchell and Russ Workman Mr. Whitcomb built a barber shop and pool hall on the comer made by the Leonard Road and 508. Mr. Gillette built himself a second-hand store beside Whitcomb next to Justice's, leaving room for a road. Barney Bowers built a tavern where Charley Hendricks now lives. Dr. Morrison then built himself a neat little white office trimmed in blue right beside the store next to the Leonard Road. Slab Town had arrived. It was doing well. What with these businesses, it needed only a few more to become a nice little town unto itself. Now Frank Extine and Beryl Wood went into partnership. They built the filling station and beside it a huge garage which covered the space where the restaurant and barber shop now sit. The left or east side of this structure was partitioned off and finished into a long narrow room or hall where the Union members met and church was held on Sunday Beryl Wood ran the garage while Frank Extine ran the filling station. Mr Jacka later ran the station at that time, the east end of what is now Ira's station was then Margaret Extine's Barber Shop for many years Later, Darrell Dow purchased the Barber Shop from Mr Jay Rice and went to barbering. Back at that time Beryl Wood
pulled an old railroad car up in front of the big garage and made it into an attractive restaurant, which Edith Berg managed in 1939. Later again when there was no restaurant up town and Mrs. Berg had quit, Etta Young and Eddie Greer had a restaurant in a small building just west of Dow's Barber Shop. Years and years later this was for a time used as a Youth Hobby Clubhouse. A business which few have known about existed once south of town on the Gish Road where Harry Smoots lives. This was the Multnomah Box Factory. It didn't last too many years. When it folded up, the land was sold for farming. There was also another business on the Gish Road many years later-David Jensen's Chicken Processing Plant at the corner of Gish and Jensen Road

Back in July 1922 the Union High School District No. 1 was organized and consisted of Districts No. 78, 201, and 215. Forty-two students moved into the new building on November 9. 1923, from their temporary quarters above the drugstore. This building was remodeled inside from time to time. Men well remembered as superintendents here through the years were as follows: "Pop" Rogers, Mr. Bye, Mr Secoy, Mr. Radmaker, Mr. Duncan, Bill Beusch, and Mr. Fitts. The first two principals of the grade school were Mr . Fughes and Mr. Anderson. Mr. Baylor will be remembered as principal of the grade school for many, many years. He was followed by Bill Eastman and Mr. Vandeburg. ["It would be well to reflect for a moment on how close we came to losing our identity as an independent school district in the 1940s. Our present school district comprises 12 original districts as follows: Lucas Creek, Crawford, Bennett, Ethel, Brim, Knox, Alpha, Shoestring, Cinebar, Burnt Ridge, Hopewell, and Onalaska. The crisis arose when the Lewis County School Consolidation Committee, with State School Office backing, began pressuring small third-class districts into consolidated second-class districts. This committee felt that Onalaska was too small to maintain its entity and recommended its dissolution as follows: Cinebar, Shoestring, Alpha to Morton; Burnt Ridge, Bennett to Mossyrock; Brim, Ethel, Hopewell to Toledo; Chehalis acquiring the balance, probably leaving a small primary branch school in Onalaska. Only a large and angry protest mass meeting in the high school with state officials present blocked further action by the county committee to liquidate the Onalaska School District. This meeting marked the beginning of a consolidated community determination to maintain our independence." written by the late Wilbur Stonex to the Program Chairman of the Kiwanis Club on March 7, 1965.]

In 1939 Alberta Thomsen had the first kindergarten in Onalaska in the south front room of the grade school building. There were 35 pupils-four, five, and six years old. They came on the bus mornings, stayed all day, and went home on the bus at night. There were no provisions or imnovations.

Old fashioned desks that had been removed from the first grade were utilized. Palmer Lumber Company saved and donated all the newsprint from between each sheet or pane of glass and small scraps of plywood which the little people played with or used in some kind of art work. Sears Roebuck donated all their short pencils for those who brought none of their own.

In later years our School District No, 300 was the first to be established under the State Reorganization Plan. On July 1, 1944, the District was organized to accommodate students from Ethel, Brim, Bennert, Knox, Burnt Ridge, Alpha, Shoestring, Hopewell, and Cinebar At that time there were 350 grade and high school pupils. Some of the first teachers well remembered and still living among us today are as follows Ida Rosander, Aurora Temple, Lolita Temple, Rosetta Dluhosh, Devota Anderson, Ethel Alspach, Sarah Sabin, and Irene Fitts. Tina Burchett came to the Onalaska District with the pupils from Burnt Ridge, where she had been teaching before the consolidation. She taught in our schools until her retirement. However, she is gone from our midst now, having died about three years after retirement.

The grade school building and high school along with the bus garage and Ag Shop were on a plot of 39 acres in size. But across the street was a 22acre plot given by the Carlisles on which a new elementary school building was erected in 1958. It has 16 rooms, library, offices, health room, kitchen, multi-purpose room, store, and boiler rooms. A large play shed affords shelter in bad weather. On the spot back across the road where the old elementary school stood is now standing a new high school of many buildings. This was built and ready for use in 1971, On the night of graduation for the last class that would ever attend in the old building, this older building burned down after commencement exercises were over. All valuables and materials had been removed, however. Just previous to this incident, a retirement reception had been held in the old building for Herdes Kelly, who had served as Home Economics teacher there for most of the building's life, and who is remembered with affection today as she lives in Onalaska.

After the new grade school building was being used, the old building was sold to Carl Steiger for $\$ 500$. He sold it in turn by rooms, or floors, or walls, or just items to people who did their own tearing apart and hauling. The basement was then filled in. There was much feeling in the district against the action taken with the old building. Many felt the south part over the basement could have and should have been kept and repaired to be used for necessary storage and extra classrooms that were immediately necessary, More than twice the amount received for the old building was then paid out for the building now being used for the Superintendent's office so they might
have an art facility.
Our pupils of today who ride the buses even from the edge of town are very fortunate. As far back as 1927 many, or really most, grade pupils from the country had to walk to school, even three miles away. Dave Powell, coming from Salkum way, picked up high school pupils only and passed up all grade pupils from first through eighth grades. At that time, bus service was contracted and those holding the contracts provided their own vehicles. One 1927 model was a Ford with a homemade body that had benches on each side and one down the middle. In winter, side curtains were rolled down to protect the passengers This bus service left much to be desired at that time. Onalaska had other assets. Their basketball boys won county championships at different times. Their girls' basketball team of 1928 claimed state honors on their showing of points and games. In 14 games they were credited with 653 points; their opponents getting only 256 . They won Lewis County and S. W. Washington honors in their class.

Not only it sports has Onalaska produced champions. Many of its graduates have gone on to play important roles in their community, state, and nation. They have become civil service employees, loggers, teachers, Jaw enforcement personnel, Air Force officers, dairymen, nurses, farmers, and ministers. Following is a fair sample: Several alumni members have earned their doctoral degrees. Four of these winners were from the same graduating class: Theodore Burton, Glen Franklin, Bruce Wilkins, and Arnie Martin. Leroy Franklin built the first electric bell system in Onalaska High School while attending it. Later, he was employed by Stanford University, where he built the huge magnets, each as large as most ordinary houses, and set up their atomic energy facility. His sister, Laurel Franklin, has now earned her PhD and is a consultant in the Seattle schools. Thomas Kinsman earned the nation's highest decoration in the Vietnam War Eric Myer was appointed to the U. S. Coast Guard Presidential Honor Guard in Washington, D. C Dan Steel was appointed to the U S. Naval Academy at Annapolis Anthony Thomsen attained the rank of Major in the Air Force and received a citation for inventing five different pieces of equipment that saved the Air Force up to $\$ 1,000,000$ a year. Dean Kempf and Elaine Keenan were married and became missionaries to Bolivia, while Steven Jensen is a minister. Dr. Jeanette Poore is Dean of Women and President of Everett Community College, while Marion Littleton is President of the Kaiser Foundation in Portland. Ed Rosenkide is another doctorate winner, as is Alden Blankenship, who was Superintendent of Schools in Tacoma at last knowledge. James Fitzgerald is a Data Processor in Tacoma, while Dick McNeely was a State Patrolman for a time in Seattic. Edith Thomsen Wiley is a Registered Nurse in Chehalis, and Judy Hope is a postal employee.

Norman Wisner is Principal of Tumwater High School. Mary Temple is a teacher in Edmonds. [Another outstanding alumni is Carl Sparks, who was a very successful coach, and after whom the stadium in Puyallup is named.] We are proud of all these and the others of whom we do not know who have achieved through the years

First, let us remember the town was Company owned and was not incorporated, as was nearly all towns of its size. But yet, it offered the public facilities and coriveniences as are found in the average incorporated town today as: modern water system with state-tested water at no charge, good sewage system, and a power plant making electricity available at rates comparable to the public utility rates in the state, well-lighted streets, sidewalks maintained, yards fenced and kept in repair, garbage pickup, and streets graveled and maintained--all this at Company expense, since they owned it. So, it had been a prosperous town and a good place to live. The Company also provided the men with a privilege not had in all mill towns. they issued brass money to men who needed an advance before pay day Then the men could buy with this money at any Company store or facility The drawn amount was then deducted from the regular pay check.

By interviewing many, many peopie who worked here all the big years of the mill, and are still living around Onalaska, to several who had moved to Seattle and other places, different cross viewpoints, insights, and ideas of "pros" and "cons" have been gathered together concerning Onalaska"s "years of trouble."

According to a Chronicle report given the Lewis County Advocate in March 1936 the development and progress of Onalaska grew steadily with the Carlisle Lumber Company from 1914 until 1928 It began to taper off after that time because of the worldwide depression. There had been 425 people employed in the logging operations alone, which it was estimated directly furnished a livelibood to over 1,500 people. And even when the lumber business was at its worst in 1931, and for many months following, the operation of the mill was continued, supplying work for many employees while hundreds of sawmills all over the country were closed.

At the beginning of 1928 , the mill was running two shifts and continued until November when the night shift was taken off. The day shift continued to work 40 to 48 hours a week. In November 1931 the mill started running six 5 -hour days a week and never once dropped below 30 hours a week until the inauguration of the Lumber Code, whose authorities set the allocations. Not once in its history had the mill ever been closed, other than a few short times for necessary repairs. In 1931, when the wage scale was at the lowest point and lowest operating time was 30 hours a weck, all rents in town were cut 50 percent. All these facts seemed to have welded a feeling of friendship
and cooperation between employer and employees
In the spring of 1933 the NR.A. (National Recovery Act) and the Lumber Code were being worked out in Washington. D.C. All labor in the lumber industry was being urged to organize. The Carlisle employees at firsr could see no object in this as there had been no difficulties with employers. The 4-L had a record of many years of harmonious relationship between employers and employees in other places. And since some kind of organization was being fostered and encouraged by the national administration, with its stressing of collective bargaining, the Company organized its own local Union Chapter of the 4-L (Loyal Legion of Loggers and Lumbermen) in June 1933.

One man said, "Sure, they already had a union now and did not need any other, but all the bosses and personnel belonged, and sat in, and the company had 75 percent of the say Do you think any man who wanted to keep his job was going to get up and voice any complaints in a meeting like that?" However, regardless of this man's feelings, by January 1934 the 4-L had 355 members of a possible 411. One fellow said, "I had no gripe, I was making more than we'd had before and we were living." A woman said, "We did pretty good "cause my man was a key man." Another man and his wife said, "I had steady work and I needed that 'cause we had a big family to feed. 1 was grateful." A woman said, "They sent a man clear up here from Florida to agitate and stir up men to ask for higher wages, and they sure did stir up all right. And that's not all, one man told me he was on the committee from the Union to ask to see the Company books. He said they were told no matter what books were brought out, to say they had been doctored. Now, that was being mean and lying and stirring up trouble purposely. And I wasn't for the strike. We were making good wages." From a man: "I started at 211/2 cents per hour before the depression. By the time that hit us, 1 was up to 45 , that was good, but I felt sorry for the poor devil working harder than $I$ and getting only 28 cents and feeding a big family " During the years of the depression, 28 cents an hour was the minimum wage paid Another woman said, "They were bigots and snobs." One other man told, "My girl worked for them, and W A. was nice to her. When he knew there would be a strike for sure, he told her to take her money and be sure she laid in a supply of groceries for all of us at home 'cause there might not be many to get if a strike happened. She did as he advised her, When she went back the next day to work, he had found out 1 was a striker and fired her. That's the kind of guy he was."

Regardless of how the strikers felt about the company, not once has there ever been one word against Mrs. Kenneth Carlisle, only words of kindness and praise, such as. "She had a real heart for people; she was a nice
person." One person said, "If they'd all been like her, the mill could still be running." When the strike was on and people had no work and no money, the Company told the strikers to get out of the houses, but she set her foot down and told them they weren't putting men with families and no place to go out of those houses. I heard Mrs. Carlisle say, "There was no need for a strike. They could have done in the beginning what they had to do in the end and saved the mill and all the bad trouble. They were stubborn and wanted their way" Another stated, "Mrs. Carlisle would come and visit my mother who wasn't well. Once she told my dad that if there was ever a need for medical advice, she'd see that it was forthcoming." An old couple said, "She was good to us and our big family and said if we needed anything to let her know."

Having a big strike along with the Great Depression was not exactly like playing Frisbee. Food vouchers were issued and people went to the cookhouse to get their "bean tickets," as they were called. Ration cards were issued for gas, sugar, and many other things and food items. Times were very hard and the strike added to the miseries of many

Right here should be inserted the song that held sway at that time, when depression pangs were felt worst and the "Townsend Plan" was being publicized as the ideal pension plan

## TOWNSEND SONG

(Tune: "Silver Threads Among the Gold")
> 1. Comrads, I am growing old. Time is treasured more than gold. Now my hair is traced with gray. Soon they'll take my job away. All my savings swept away-away, all my work of yesterday. In this greal land of the free, can't we build security?
2. Comrads, let's not weep and mope. We can still keep our one dear hope. Townsend Clubs are forming fast, bringing back good times at last. We'll get our annuity you'll see, that will bring prosperity. We can hold our standards high. Pride and faith can never die.

> 3. These old hands are tired now. Sill I've got to live somehow. Younger folks are worried, too. Wishing they had work to do. How I'd like to step aside, aside. Give my job to youth with pride. Watch industry rise again, started by the Townsend Plan.

## CHORUS

Comrads, I am growing old. Time is treasured more than gold. Fill my days with love and cheer. Sunset time of life is here.

This history was written by Betry ()sborn McIntush in 19.13 and has been reprimed with her permission. Betty was the valedictorian of the class of 1943 and is now (1997) employed as a psychotherapist in private praclice in Alamogordo, New Mexico

Onalaska was a little town in a big hurry I say "was" because she's retired now. But in 29 years she grew, accomplished a life's work, and then settled down to exist quietly. In 29 years she efficiently and impressively bridged the span over which other towns and cities have labored for as long as centuries.

I didn't know her all that time, but only became acquainted after 1937 1 remember the day we were to arrive; my imagination was busy running rampant. And no wonder--for what it had to work with was that Onalaska had rows of gray houses all alike, that it was a lumber mill town, and even counting hesitant transients, could locate but twelve hundred Onalaskans. To my urban-rooted concepts, this was fascinating and entirely different I couldn't guess how different!

That first day we drove one hundred miles south of Seattle to Chehalis in Lewis County. Then nine miles farther on the same Highway 99 and we turned east onto a surface road that led to Onalaska. As we drove that last six miles over this irregular, dissipating road, we passed stump farms which were generally neat and well kept. We passed burnt-over lands with occasional jutting and forgotten snags. Interspersing and beautifying the approach to our future home were the tremendous and dignified Douglas fir trees, so characteristic of and important to that area. It was not at all unlike many logged areas in Washington until we turned a pronounced curve and drove up a slight inoffensive hill--Onalaska had outside plumbing!

It was like having your future dashed against the inconvenient past. Not only primitive plumbing, the sidewalks weren't even cement. They were weathered hoards lying side by side. And the houses! They were gray all right, but who could imagine the monotonous effect of carbon copies strung one after the other, all gray with gray garages and gray, what I soon learned were, woodsheds. The sidewalk boards seemed to turn up on one side into level pickets, which hemmed in the square yard around each square house,

I had been told it was a lumber town. No one was ever more accurately informed. I wouldn't have been surprised if Pinochio had thrown open a door and clomped down the wooden steps. More practically, how were we
ever to tell our home from all these others? The girl scout in me suggested picket notching. Certainly a resident couldn't spend her life counting streets and houses.

As time proved, neither was necessary I was like an occidental visiting the Orient where unfamiliar similarities are blindingly obvious at first but lade into unimportance as individualities begin creeping through. Onalaska had more than her share of individuality She was a planned and independent town with one purpose and surely a unique personality

Her streets had names and numbers, but they got little use It was always "I'll meet you in front of the drugstore, by the school house, or in front of Choinier's." Mr. Choinier was one of the many men who rode a bicycle to work each day. It looked awfully funny at first. So did the country boxes at the post office and the lady milkman [Ruby Sparks]. It seemed strange that people never locked their doors, that everyone spoke to everyone on the street and wondered who a visitor in town was. Sometimes it was like learning a new language to talk to the people. A thing was a rig, a donkey engine had nothing to do with a train, nor a scaler with a fish. Loggers wore tin pants that weren't really tin, just stiff enough to be.

The two hundred dwellings and block-long business district of the company town were compacted into about half a section of ground. Her houses did have similar floor plans, but ranged in size from four to ten rooms. All were wired for electricity and had running water. Quite unlike the first impressive house we saw, over a third had complete plumbing facilities. Steam heat from the mill left some woodsheds free to function as playsheds or storage rooms and dispelled my early qualms of having to spend winter days racing from woodshed to house beneath a stack of firewood and summer days piling wood in anticipation of winter.

Our first summer in Onalaska hadn't anything at all to do with firewood, unless it was reveling in it before it fell to such infamy. We investigated the surrounding woods, took bicycle rides up interesting side roads, pulled pennywinkles out of their tubelike shells for fishing bait, and most of all swam in the local swimming hole, in the Newaukum River. The Newaukum was a magnificent river which lurched along in front (to the south) of Onalaska, creating such necessities as swimming holes, weiner-roast beaches, and paradises for steelhead fishermen and moonlight strollers.

The entire beautiful and natural country was a sportsmen's paradise, for the hunter just as well as the fisherman. In back, to the north, Onalaska ran into rapidly rising foothills of the Cascades whose spontaneous beauty was a sharp contrast to the square streets, even houses, and planned industry of the village at their feet. The hills were fringed with thick second-growth timber and with the sedate virgin Douglas firs which here and there
dominated an area and on the castern edge of the town flanked in sharply, where a park area had been preserved in its natural state.

Across the three-block width of houses, to the west, Douglas fir stood also, no less stately, but reshaped and restacked by the town's industry Behind these straight lumber stacks stretched long, flat red buildings, a towering smoke stack, a belching burner--the mill known as one of the largest inland mills in the Northwest, which nourished and kept Onalaska.

It had kept Onalaska going since it first started cutting its lumber in June of 1916. Owned and operated in 1937 by what had been reorganized to the Carlisle Lumber Company, the mill had originally been conceived in 1898 by the Carlisle-Pennell Lumber Company: Principals George Pennell and William Carlisle had been lumbermen for years--first in wholesaling lumber and then after 1888 in successfully operating sawmitls in Arkansas, Wisconsin, and Texas. Because they realized that continuous operation meant they must keep an eye to a future supply of lumber, as early as 1898 they began buying timber in Lewis County. By 1914 they were ready to concentrate their efforts on building up Onalaska in the comparatively new and sparsely settled state of Washington.

With their experience and farsightedness, they knew and built what they needed to begin with. First, they set up a small mill to cut lumber for the town and for the larger mill which was completed two years later. Building a town as a lump sum project wasn't an easy job, or an easy life. Construction was on the site of an old farm at an elevation of five hundred feet. Part of that farm's orchard remained right in Onalaska, across from the grade school. Its trees, deprived of their profession of supplying fruit for marketing, faithfully continued to bear prunes which served as ammunition in post-school battles for little Onalaskans.

The business of reconversion, from farm to town, was a muddy and wet life. For many workers the lumber company had to draw from surrounding farms. Some imported workers were billeted in the farms, some just in tents, others in an old hop house that was converted into a bunk and eating house. Before the natural springs, which were to supply the town with water, were capped and piped, men had to haul water to and from Onalaska by hand. Visitors and workers who had to drive to Onalaska must have felt they had accomplished a day's work just jogging and laboring over the series of wooden slabs that covered muddy stretches and constituted the only road into Onalaska from the main highway. Occasionally, travelers even had to stop and saw a path through a huge tree that had fallen across the "road"

By 1920 Onalaska was complete with the exception of her schools. Completed, she was recognized as the model company town of her day. She was equipped to cut the raw material from the woods, manufacture it on the
spot, and start it to market via her own railroad. In addition to employee homes, there were the necessary stores, a pool hall, show house, hotel, club house, depot, and church. From the beginning these buildings were all owned and leased out by the company. Employees and their families got cut rates to the one theater by buying tickets from company offices. In early history, payroll advances were paid in a trade currency and coin, good only in company stores. The theory was that men could purchase only necessities with advances. However, trade currency could easily be discounted with other employees for cash. Finally, a state law left the practice impotent by requiring that such credit or tokens be redeemable in cash, so the arrangement was discontinued.

The self-sufficient town supplied a company doctor by 1915 . He dispensed his own medicine until 1917 when the drugstore started. Throughout the life of the operation, employees were given medical care and hospital facilities for a monthly fee of \$3 for families and \$1 for single employees.

The modern, complete sawmill was commonly referred to as one of the "wonders of the Northwest and one of the most splendidly equipped mills in the State" It was operated entirely by steam until 1919 when new turbines began supplying electricity for the entire operation. Production began then at a normal capacity of 250 thousand feet of lumber a day. Douglas fir, Western hemlock, and cedar lumber were manufactured in all sizes and shapes. A shingle mill produced red cedar shingles. The bulk of the output was shipped to the middle or central states, some to every state in the union. Foreign shipments were made through Olympia and Tacoma ports.

To meet the problem of connection with the four trunk line railroads 70 miles to the west at Napavine, the company simply constructed its own raitroad, the Newaukum Valley Railroad Co . Granted the right-of-way to Napavine, the railroad operated as a common carrier and was separately incorporated, though ownership was retained by the mill owners. Typifying Onalaska's microcosmic construction, the Newaukum Valley had all the rights and organizational complications of any railroad. It enjoyed through rates to the eastern markets and could compete with freight rates of mills located on the trans-continental main lines. As a common carrier in its early days, the railroad ran a passenger coach on the daily train. After automobiles and auto stages came more prominently into the picture, anyone wishing to take advantage of the railroad's passenger service had to abandon convention and comfort, and with the conductor, swing onto the caboose which followed the carloads of lumber and raw logs to market. However, few ever took advantage of the adventure of watching the rolling country
from the elevation of the caboose turret or from its back platform, seeing distance converge the tracks.

The modern and progressive town of Onalaska wasn't caught with her school system lagging behind her industrial and commercial growth. Early grade school students started to school in a building at the south end of the main street which later housed the company doctor and became a town land mark, called by its name "Ward's Corner." By 1916 the nucleus of the permanent grade school had been constructed on a site in the northwest comer of town. High school began in a lodge room over the drugstore. By 1922 a Union High School was organized which served areas as much as 12 miles away, including districts of Ethel, Knox, Alpha, Shoestring, Burnt Ridge, and Cinebar. W. A. Carlisle constructed at cost a new high school building to the north of the grade school, which was moved into in 1923.

The long one-story yellow high and grade school buildings, side by side, were offset by virgin forest on three sides. The buildings were completely up-to-date. The high school was equipped with home economic and physic labs, the latest gym facilities, and lockers. When it was accredited in 1924, it had 67 students and four teachers. The grade school now serves 400 students, the high school 170 --and between them they enjoy a staff of 22 instructors.

As a town, Onalaska was no less complete than her railroad. With the mail order help of Sears and Roebuck and Montgomery Ward, she met the day-to-day needs of surrounding farmers and of employees who came as far as 20 and 30 miles to work in the mill or in the woods. She offered them grocery, post office, drug, general store, cleaning, beauty parlor, and barber service. Then on Saturdays, as if realizing her limitations, she shared her hinterland with Chehalis. In fact, Onalaska residents joined the farmers in a weekly trip to the more complete supply center 15 miles away, where on Saturday afternoons Onalaskans met Onalaskans they hadn't seen all week. Wives replenished wardrobes from Sears, Profitts, or Nuces Department stores. Loggers and mill workers talked on Burnett's corner or over a beer at Bill's tavern, equally at ease in red hunting hats, plaid blazers. and even tin pants, or in business suits or sports outfits.

As I think back now of the difference between Onalaska and more sophisticated city life, this ease and naturalness is more outstanding than the gray houses and board walks. People knew one another. There weren't separate groups dividing your life, a group you matched wits with at school, one you were serious with at church, one you laughed with on Saturday night, a neighborhood collection of people you nodded to on the sidewalk If you went to a Grange dance on Saturday night, you saw your high school teachers or people you would meet in church the next day. School board
members planned with men they had logged with, plowed ground with, or played basketball with ten years before The church organist was the town piano teacher who kept house for her logger (former school teacher) husband and who entertained the ladies ${ }^{2}$ missionary society with a lefthanded Harpo Marx number

People developed a more consistent idea of their own individuality than in a society where they are tossed from specialized group to specialized group, where their accomplishments are deformed by the constant stretching or squelching of varying values. They weren't much bothered by pretense Pretense can be held for one group, for a little while, but not all the time

It was a company town because the company owned the industry and the town and everyone worked for the company. But the company part extended over into inter-recreation, inter-living, and understanding.

Onalaska's one church should make Brotherhood Week workers feel they are searching for a found art. It was called Presbyterian because the founders had been Presbyterians. But Onalaskans who were not of that particular faith soon discovered they didn't have to travel 15 miles to worship or study the Bible. Baptists, Methodists, even Episcopalians worked together. Bridal and baby showers, farewell parties, Boy Scout meetings and teachers' receptions were held in the church basement. Antoin himself couldn't surpass the quality of food provided at one of the church basement potluck meals that the women loved to sponsor with the slightest. provocation.

I remember particularly the Christmas parties. A ceiling high cedar or pine was moved inside the church and decorated. Church people and nonchurch goers, grown children and babies, farmers and loggers crowded the pews, hung over the balcony, and stood in the back of the church. Children took their first timid steps as entertainers, reciting poetry or singing carols. Parents and Sunday School teachers held breaths, lonked as though they were about to tight-rope walk the great divide and smiled at the end as if they had. There was usually a pageant or cantata by older, more sure-footed entertainers of the community. And Santa Claus was always there: You knew he was coming by the anticipation that ran through the program, by the spint of the young Onalaskans who crowded the stage at his first "Merry Christmas." You knew it was really he, until someone pulled off his beard You knew he had been there by the sacks of candy and fruit that everyone who could crowd into the category of child carried off.

At the Christmas parties there would be sure to be some of the Japanese whose fathers and husbands worked in the mill. They lived in their own settlement on the east side of town, mixing Japanese customs, such as their community bath house, with American, as they wished. Many of the older
people spoke only Japanese, but the children took active part in school and social activities. The town seemed to have discarded the racial problem as they had many other problems. There were no negroes in town, There may or may not have been Jews. No one ever seemed to notice,

In the simplicity of their lives, Onalaskans weren't inclined to rush around grabbing for "their share" of "culture" They enjoyed the local show which operated six nights a week, where the less forward boys moved down to sit with their girls after the lights went out, and where all the "big" kids congregated in the back left corner and Mrs. Peacock, the manager's wife, fought a losing battle with order. They went "in town" to shows, attended grange dances, or went to Woody's Nook. They met at the pool hall, talked at the drugstore, or played baseball on Sunday afternoons. They made wagers on high school football and basketball games or descended upon newly married couples for food and drink in what was called a chiverie, or a "suspected surprise party" If someone wanted to read the classics or travel to Seattle for a concert, it was quite up to them. If somcone could speak six different languages and sing in three, it made no difference as long as he realized it wasn't important in getting along with people.

If Onalaska is a typical logging town, then 1 object to its being referred to as "rough." Grammar was poor, but there was less swearing than preyails in university groups. The people were not immune to the universal gossip, but cut throat, self-promoters had to look elsewhere for a good battie. What was much more outstanding were the times Mrs. Wildman, the town's best seamstress, stopped in to help my mother adjust a suit jacket. When we moved to the house with the two big fir trees in the front yard, Mrs. Brady. the organist who played Harpo Marx, brought over a hot dish for dirner. There were few tragedies in Onalaska. The volunteer fire department had a rare opportunity to use their practiced skills the night Richardsons ${ }^{\text { }}$ house burmed. The next day a more than ample supply of emergency clothing had been offered and a substantial sum donated through school, church, and mill Weddings were never private affairs, rather occasions for friends to offer assistance and for unusually practical and numerous gifts to be proferred.

A fight in town on Saturday or any other night was a rare thing. A Hollywood night club could outbrawl Onalaska pool hall any night. The loggers seemed to confine their excesses to the fabulous meals served in the dining room for the men who lived in the bunkhouses. There were "eye witness" stories of one man's consumption of a dozen eggs for breakfast and whole pies for dinner. It was an eater's heaven where the quality of the food was exceeded only by the quantity which was put in the center of the table, and buckers and fallers used their own method of selection.

In this center of men, surely the toughest, supposedly the roughest,
there was neither jailer nor city ordinances. The commissioned deputy faithfully sat in the depot each night, or strolled the streets, but wouldn't have had a jail to put a prisoner in if he had one. The town boasted of never having had a robbery, and the first justice of the peace, who served in the early rougher days, still enjoys telling of having large law books which he opened beffore him when he pronounced sentence, but which he never read.

Onalaska was never an organized towii. Any collections, civic project5, or charities were spontaneous or through the church or company. There was never a mayor or council. The men's club sponsored scout troups and instigated such civic improvements as the company didn't take care of. Water came from three springs on the hill. Electricity and steam were also supplied by the mill. Roads (I was always ridiculed for calling them streets) were maintained by the Company, until later years when we drove around little holes, accepted and named the bigger ones.

Easygoingness and lack of extremes-any observer would have said of this town. Comparatively speaking, there was no unemployment problem, for the mill had a level of employent beyond which there was no purpose in anyone coming to town. There were no real slums since all the houses had been constructed at one time. There were the unavoidable shades of living between the people who had better and lesser paying jobs, of between the people who spent their money differently. There was one end of town barely comparable to slums, where there were outside accommodations, no steam heat or wall paper, and where larger families lived in smaller houses. But right in town there was no extreme suffering from poverty or complete lack. "Carlisle row," one block of dwellings, housed the owners and managers of the mill. The houses were slightly larger, varied some architecturally, but neither sumptuous nor fabulous as a few of the town's people were bound to picture them. There was the unavoidable feeling of "the Cartisles" among some of the people who, no matter where they went or worked, would think in terms of two classes, managerial and worker

Kenneth Carliste, vice president and manager of the company, is a man whose first aim has always been to do the nearest thing to right that he knew. Soft-spoken, he never swore, but could get the men to do what he wanted because he worked with them and knew them. His family took an active part in community and church activities and was one of the happiest I have ever known. Kenneth Carlisie's principles were reflected in the company's policies. He explains the unusual harmony and cooperation in town by the fact that the company carefilly screened prospective employees and chose workers for character as well as ability. It chose married men when possible, avoiding the transient, carefree, irresponsible logger. When the first agitation for employee representation began, the company joined
the 4-L (Loyal Legion of Loggers and Lumbermen) which was a union with equal representation of managers and crews from member mills The company from then on paid the wages the 4-L recommended, sometimes exceeded them.

And yet, Carlisle Lumber Company was caught in the strike hysteria of the 30 s and wounded beyond repair. On May 13, 1933, 91 of the 217 employees walked off the job without previously notifying the company. It was at the instigation of an A.F of L. affiliate union which the company claimed was not the official bargaining agent of the men. It was during the time the company was operating at a loss rather than close down and put the men out of work.

With the walkout, the company closed down and did not reopen until August 5 after a group of employees submitted a plan whereby they would return to work, renounce former union affiliation, and form another union. The company offered re-employment to anyone on this basis. The reopening met with violence and rioting by the A.F. of L. union which was countered by the State Patrol and sheriff's men Damage to equipment, through bombings and fires, amounted to about two thousand dollars, and a split in feeling in the community arose which could never be repaired. A hearing ruling in favor of the strikers was appealed up to the U. S. Supreme Court, where about five years later it was sustained that the Carlisle Lumber Company would have to rehire any of the strikers who wished and pay all of them back wages from the time they were dismissed.

In the latter part of 1940, the owners decided it was the proper time to liquidate what standing timber they had and close. They installed additional machinery, worked two shifts, and cut five hundred thousand feet of lumber a day. They shipped as many as 40 carloads of finished lumber and 400 carloads of logs per day: On May 30, 1942, the sawmill cut its last log, and one month later the planer finished its work.

In April 1942 an editorial in the Chehalis Advocate read:

> While it has not been mentioned by company officials, probably one reason for the closing of the operation was the verdict rendered against the lumber company for wages it was forced to pay workers while they were on strike a few years ago. This amounted to nearly $\$ 160,000.00$, and the recipients did not do a single day's work to earn it , one of the inconsistencies of the award was that all through the depression the mill operated a sufficient portion of the time to give the men enough work to support their families. This was done at à
> loss when many similat concerns closed down completely. The Carlisle operation has been one of the best in Lewis County. The men who headed the concern have been real citizens . . . Lewis County regrets the necessity which is causing the permanent suspension

I feel as if I were writing an obituary ten years late. T've spoken of Onalaska in terms of the past throughout because, though a few houses remain, the planned, unique Onalaska--the Orialaska with a purpose and an individuality, is no more. She had her death warrant signed the day in 1940 when her owners decided she had served her purpose. As she was born and lived, she died a rapid and planned death. As she had existed, defying convention, with a surprise for anyone who came to her expecting just another town, so she finished her job and left

Onalaska left, little by little, but refusing to stay and suffer lingering decay. As soon as news was released that she was through with business, her occupants began spreading throughout Washington and Oregon, wherever they found the town that would best replace her. As they left, her houses were sold, but here is where Onalaska did it differently. Her houses weren't to be left in their natural surroundings. Long before the sawmill cut its last log, the houses were being mounted on wheels, or truck beds, and one by one taken from their homes. Like a drawn-out funeral march their exodus stretched from days to months. Oralaska's neatly plotted blocks began looking like partly used punchboards. Where the Poores lived the well-kept gardens aimlessly encircled a square of dirt. Mrs. Brady's home was marked by only half a standing picket fence and across the street from home, where the Lightfoots lived, there was only a garage.

Four years later I went back, feeling as if I should be bearing flowers. We drove up the slight, inoffensive bill. To the left was a long flat stretch of open, uncultivated land, looking as if it had never seen a town. To the extreme west, a defiant smoke stack was the only memorial to the magnificent mill. The machinery had been sold and carried away as the houses. A fire had eremated the remaining mill buildings.

We drove a few blocks on, turned left on the main street. Doc Ward's corner was still there. The house, though, was now white instead of the characteristic gray. It was that way all along the main street. New, alive, varied colors made the town look prosperous, but not like Onalaska. One side of the business district was completely razed. On the other the show house and garage remained. The depot was an electric shop. One of the houses was a small store. The post office had been moved into a former house. At the north end of the street, the schools remained, repainted, and
prosperous.
A new Onalaska has made a new life for herself Its school is a center for an even larger area than before. The town is described as a self-reliant agricultural, industrial, and business center. Claiming territory 20 miles long and 12 miles wide, the community has 430 families listed on post office rolls. Wilbur Stonex is still postmaster as he has been for over 15 years
[Onalaska's first post office was a fourth-class office located in the first Carlisle company store (now Nylla's Variety) in 1915. W. A. Carlisle was the first postmaster succeeded by Frank Mitchell. The rapidly growing town soon elevated the office to third class, and Mr Allan Austin was appointed postmaster in 1919 and served with distinction until a change of administration in Washington D. C, caused his retirement on December 31, 1934. Wilbur Stonex held this office from January 1, 1935, to April 30, 1959, when age caused his mandatory retirement. Elvin Jorgensen, a lifetime resident of Onalaska, then served for 18 years-16 years as postmaster. Elvin was followed by Judy (Hope) Wentzel. Judy worked in the post office for 31 years, 3 months, and 15 days; but she adds, "Who's counting?" Judy served as postmaster for 15 years of that time. She retired on June 27, 1992. The present postmaster is Mr. Kerneth (Kirt) Schmidt.]

Onalaska still operates without being incorporated. Her former mill pond, covering 76 acres, has been donated by the Carlisles to the state and may be restocked as a "fisherman's paradise." Perhaps Onalaska will boom again. Today only 24 of her former houses remain.

We drove around that same day to where our home had stood beneath the two big fir trees. The big fir trees had spread out over the walk. Between them stood the gate, fenceless and purposeless-unless, perhaps, as a shrine behind the new Onalaska to the old Onalaska.

The Sumday School teacher told his eager-beaver cluss that "we are here only to hetp others."

One little boy asked, "Well, what are the oihers here for?" -Preshylertan Life

## z HISTORY <br> Onalaska, Washington

Written in 1943 by Kenneth Carlisle, Vice President of Carlisle Lamber Company

THE NAME: The story behind the name "Onalaska" is this: The Carlisle-Pennell Lumber Company, a partnership with the home office in Atchison, Kansas, and partners William Carlisle and George Pennell, built their first small mill after being in the wholesale lumber business for a number of years in a little town in Arkansas which they built and named it Cotton Belt. Arkansas This was about the year 1888 They were successful and secured a large block of timber about fifty miles from their first mill with the idea of erecting a larger mill when this first one was cut out.

During the last year of the Cotton Belt operation, the partnership was not only looking for the above block of timber but were also looking for a complete mill that they might secure second hand from some of the timbered areas in the northern states that were rapidly cutting out their timber about that time. In about 1893 they located such a sawmill as they were looking for and purchased same with about two months of standing timber. They operated the mill until they finished up the timber and then moved the complete unit, even including what wood construction was usable, which was considerable.

The above sawmill was discovered in Onalaska, Wisconsin, and as it was the partners' idea to build up a new town near the center of their new timber holdings in Arkansas, and Arkansas not having an Onalaska, and the partners not having a name for their new town, they decided to name the new operation after the old mill or Onalaska, Arkansas. Construction of the mill was started immediately and as soon as their first mill at Cotton Belt was through with their timber there, the new mill was ready and they moved their crew and started up, hiring what additional men were needed. This was about 1894.

This mill was a successful operation and was able to operate until 1908 before using up their timber supply, Like their first operation, when they saw the end of same approaching, they looked for more timber finding a suitable block for a still larger mill in Texas. Near the end of the Arkansas plant, they began construction of the Texas mill, which when completed was the second largest mill in Texas, cutting two hundred fifty thousand feet of
lumber per day I should mention here that the first mill at Cotton Belt cut about forty thousand feet per day and the next mill at Onalaska, Arkansas, cut about one hundred thousand feet per day.

As the Onalaska, Arkansas, operation had been successful, it was thought advisable, when looking for a name for their new Texas operation, to continue on with the name Onalaska, Texas not having a town of this name The company continued that plant until 1910 at which time they sold out to the West Lumber Company of Houston, Texas

About 1898 the company began buying timber in Lewis County, Washington, with the idea of eventually building a mill there. When construction was started, the location had to be named and as there was no Onalaska in Washington, and the name was so well liked, it was the most natural thing to continue with the name, so Onalaska, Washington, was established.

DATES OF FOUNDING: Early in 1914 a small mill was set up to cut lumber for the larger mill that was to follow and to cut lumber for a few houses. Several houses were completed and the large mill was ready to cut lumber in June of 1916 The larger mill, capacity about two hundred thousand feet, continued to cut lumber for the yard and more houses and there was some lumber shipped the following months. Houses continued to go up and the town was completely built about 1920 .The town houses consisted of two hundred dwellings, a large store, drug store, lodge rooms, cleaning establishment, pool hall, garage, meat market, bakery, picture show, depot, church, carpenter shop, and car shop for the railroad. Also, a hotel, four hotel annexes for night shift, large club rooms for athletic events, office. and church manse. The town was well laid out, streets running north and south and east and west; all yards were fenced and there were wood sidewalks throughout the whole town. The houses were all wired for electricity and running water; over a third of the houses had bathroom facilities, and a good number were papered Nearly all the houses had garages There were alleys throughout the town which were well graveled Nearly all the streets were well graveled also, Pure water was supplied in abundance from three springs tunneled into the hillside near the town and protected from contamination by steel doors. All of the town buildings were painted gray, and all the mill buildings were painted a pleasing red. Later years about thirty-five houses were steam heated and all the commercial buildings, too-the steam coming from the saw mill. This was a great luxury,

Originally the sawmill was operated entirely by steam but in 1919 new turbines were purchased and the entire mill operation was then operated by electricity, some changes made other than this which then gave the sawmill a daily capacity of two hundred fifty thousand feet per day. The operation
continued this way, with some intermittent night shift operations, until the latter part of 1940 at which time the owners decided it was the proper time to liquidate what standing timber they had and close up. Additional machinery and men were installed in the woods, contract loggers hired, and a night shift put on at the mill. For many months they cut five hundred thousand feet of lumber in the mill, two shifts per day, and also shipped a Fike amount of logs each day. The sawmill cut its last log on May 30, 1942, and the planer finished up their work on July 3, 1942. The logs, some logs, continued to be shipped until about the middle of July 1943. As soon as all buildings and equipment were not further needed, they were dismantled and sold, a great many of the houses were sold and moved intact.

In 1916 a grade school building was erected, later added to in order to take care of 200 children; and about 1922 a high school was built which was a Union High School, and later a fine gymnasium was added. Both of these schools were up to date in equipment and teachers and produced some very fine students and some very fine athletes.

EARLY DAYS. The early days in Onalaska were typical of most all new towns that had to be built up in a hurry. The very first workers consisted of some of the farmers living close by and by some men who moved in with the farmers, a few men lived in tents; and an old hop house close by was converted into a bunk house and eating place Water came from wells and had to be carried quite a distance. It differed from some new towns in that it did not have any rough element. The employees were carefully screened, as was true for the remainder of the operation; and a good class of men came to live there

The first building erected was a small store and office building. The first residence was a five-room house for the manager. These were built in 1914 By 1916 about 100 houses were built and, of course, occupied. There was always a waiting list for houses, and they were filled just as fast as they went up. The company chose married men, when available, for their crew

While the town and mill were being buitt, a railroad was being constructed to Napavine, Washington, over which the products of the mill were to be shipped. This was a distance of a little over ten miles but was completed shortly before the big mill started up and, of course, was ready for the mill's output. This railroad was a separate corporation owned by the mill owners and was classed as a common carrier, enjoying through rates to the eastern market where most of the lumber was shipped. This enabled the mill company to compete on freight rates with mills located on the transcontinental main lines. It should have been stated that Napavine was located on the Northern Pacific Railway Co, the Great Northern Railway Co, and the Union Pacific Railway Co-the Milwaukee Railway Co.
serving Napavine in the latter years. The name of this railroad was the Newaukum Valley Railroad Company. They operated one train each day, except Sunday to Napavine and return to Onalaska. The train was a mixed train in that a passenger coach was part of the equipment and carried many passengers before automobiles and auto stages came into the picture.

The closest town of any size was Chehalis, some fifteen miles away The road through Onalaska connected with Highway 99 just six miles away at a point about nine miles south of Chehalis. Chehalis was a fine little city about five or six thousand population and with some very good and nice stores, which later afforded the Onalaska people a nice place to trade in competition with the company store and for things that the company store did not handle such as some clothing and house furnishings

The latter part of 1915 the company had its own doctor who dispensed his own medicine, until in 1917 the drug store was completed and started in business. The doctor was connected with a Centralia clinic where all of the worst cases of illness were taken and all operations were performed Centralia was a city of about ten thousand population and located about four miles north of Chehalis on Highway 99 This arrangement continued during the life of the operations. At first the working agreement with the clinic provided that $\$ 1$ be collected from each of the employees, that is $\$ 1$ per month, for which the employees received all medical care necessary, together with hospital facilities, for all illnesses with the exception of certain incurable and contagious diseases. About 1925 this sickness and hospital arrangement was changed to include the families, all of them, for a monthly fee of $\$ 3$ for the men with families and SI for all single employees. This was a very fine arrangement and was a great saving to everyone

The stores and office building, in fact all the commercial buildings, were finished the latter part of 1916 and the early part of 1917 . The Club House was built in 1917

PRODUCTS AND MARKETS: At the time the big mill in Onalaska was built, it was one of the largest sawmills in the Northwest. Since that time a few larger mills have been built. Besides a sawmill, Onalaska had a medium-sized shingle mill. Douglas fir, Western hemlock, and cedar (red) lumber was manufactured in all sizes and shapes and a very fine red cedar shingle was produced in the shingle mill. The bulk of the lumber was shipped to the middle or central states, but shipments were made into practically every state in the union. Some foreign was developed, and these shipments were usually to Olympia and Tacoma where they were picked up by boat.

ORGANIZATION AND PERSONNEL: The Carlisle-Pennell Lumber Company was incorporated in the state of Kansas sometime prior to 1914,
date not known by the writer, and the great majority of the stock was owned by William Carlisle and family and George W Pennell and family. Both families resided in Atchison, Kansas, but from the beginning of the Onalaska plant, William Carlisle spent practically all of his time there Mr. Pennell was not active in the coast operation, remaining in Kansas to look after what affairs had to handled back there. About 1922 Mr . Pennell passed away, and it was decided to move the corporation to Washington inasmuch as that was by far where the principal business was being conducted and where all but one of the officers were making their homes. After Mr. Pennell passed away, his stock in the company as well as his families stock was purchased by Mr. Carlisle, The name of the corporation was changed on April 10, 1924, to Carlisle Lumber Company with home office in Onalaska, Washington. William Carlisle was president of the concern and his son, W.A. Carlisle, was vice-president and manager. Mr. William Carlisle passed away in June of 1924 in Onalaska, and his son W. A, was elected president and continued to manage affairs.

During the construction of the big mill, a labor shortage existed in the northwest and by the time it was ready to operate, it was not possible to obtain enough white men lo man all the jobs. Some 34 Japs were hired to come and live there and worked for the most part in the mill and yard, contracting their work under George Ohata, foreman. During the life of the mill, their work was very satisfactory, and as they were in on the ground floor, so to speak, they were accepted as fellow workers by the rest of the crew and well liked until the war with Japan started. Several years prior is the war, some changes were made in the mill and yard, and it was thought advisable to change some of the Jap jobs to white labor with the result that at the time of the start of the war, only about sixteen Japs were employed. The company was urged by the armed forces of the Government to keep these Japs employed until they could be properly evacuated to Japanese camps, which evacuation took place several months later [George Ohata and his family had already returned to Japan before the evacuation.] After the war started, the feeling of a great number of the white population was very tense against the Japs; at the same time a great number of the white people stood for fair treatment to those here and trouble was avoided. Some of these remaining Japs had been with the company mary years and had raised families here sending their children to the Onalaska schools.

The Compary had selected their men carefully; and they were very proud of their crew, however, in an organization employing 500 men, there are bound to be some that are easily swayed and some union activity began to creep into the mill and logging operations. This activity was creeping into nearly all of the mills in the Northwest and several of the mills, the larger
ones especially, were signing working agreements with the Loyal Legion of Loggers and Lumbermen, commonly known at the time as the 4-L. This union was a hangover from World War I and was conducted with an equal number of directors selected by vote from each of the managements of the mills included in their memberships and the crews of such managements. This made for a very fair settlement of all disputes and for very fair working agreements. This union was in operation in Onalaska several months prior to the time an election was ordered by the National Recovery Administration. This election was held December 17, 1934, to determine by what person, persons, or organization the employees of the Carlisle Lumber Company desired to be represented for the purpose of collective bargaining. The result of this election and what followed is covered in another paper.

The early leaders of the town were those connected with the management, the different department heads and the heads of the different commercial enterprises, together with the minister of the church and some other of the civic-minded employees. The operation schedule in the early days was ten hours per day and six days per week so not a great deal of time was left for outside work or for civic enterprises. However, there were some church activities, boliday stunts, boxing and wrestling bouts at the club house, and parties enough to take up any slack time a person had.

To call one attraction to mind, which was promoted by all of the citizens of Onalaska, it was decided to have a mammoth celebration on July 4, 1918. Several meetings were held at the club house, committees chosen, and plans carefully laid for a really big time. Banners for cars were gotten out and sent to other towns, and the event was advertised in a number of the leading papers of the state. The leading attraction was to be an airplane flight landing and taking off from a field at the edge of town. At that time airplanes were scarce, and a great number of the grown population and more of the children had never seen one. Other attractions were a merry-go-round, dancing, wrestling and tumbling by the Japanese, foot races, and other athletic events. A large pavilion, open air, was constructed for the dancing event, as well as two large cold drink stands. Water was piped to the pavilion and the drink stands in a small clearing made in the stand of fir trees near the grade school. Parking areas were cleared and arranged. Everything that you could think about was done for this occasion. The flyer who was to bring in the airplane came down from Tacoma to look over the field and everything was in readiness.

Well, the great day finally arrived, and the people swarmed into the town from every direction, giving proof of an advertising job well done. The event had been too well advertised for the number could not be taken care of. Some disappointments occurred. First the flyer, a Mr Barns, phoned
down from Tacoma the night of July 2 stating that he was entering the flying service and had taken some shots that had made him sick, and he didn't dare to take his plane in the air. The writer of this history left Onalaska early the next morning to see Mr. Barns to try and talk him into going through with the plans or to get someone else to take his place. Nothing could be done and in view of the publicity given to this particular stumt, notices were sent to a number of papers for immediate publication to try and stop as many folks as possible, especially those looking forward to this particular event. A great many did not hear of the disappointing news until they arrived at the scene. They were not very well pleased. Next, the merry-go-round broke down early in the day for the balance of the time, 1 think from heing overloaded all the time it had been running. It was a hot day and cold drinks were in great demand. The pipe line running to the cold drink stands would not furnish enough water to mix the drinks that were being called for; and to supply any kind of drinking water service at all, three of the committee spent most of the afternoon carrying water from their homes close to fhe park, a two and half gallon bucket in each hand. Brother, what a day!

[^0]I eat my peas with honey.
I've done it all my lffe.
It makes the peas taste fimmy,
But it keeps them on my knife.
--Author Unknown






W. A. Carlisle in gangway. Taken at sled yard east of town.


1942-Brooks-Alco Locomotive \#522 Mikado type. Left to right: Theodore R. (Ted) Jessen, Engineer; Edgar Smith, Fireman; John Hunt, Brakeman; Harlen Smith, Brakeman




1920 s -The Mill Yard






1936-lefl to right: the Presbyterian Church, the depot, and (sharing the long building) the post office, the compary grocery store and the dry goods


1936-Sharing this building were (left to right) cleaners, real estate office, Etta Young's bakery, and Zoph's Pharmucy. The shoe repair shop is at the back of Zoph's. The first Onalaska Umion High School was held upstairs in the 1.O.O.F. lodge hall.


Onalaska Theater in the process of being razed by Everett Lyons. It was operated by Ray Peacock in the 1930s; and according to an ad in the 1939 yearbook, admission was 10 and 27 cents. Later purchased and operated by Chet Weaver and much later (1950) by Bill and Calvin Lyons.


The Standard Oil plant was constructed in 1935. J. W. Weaver and son (Chet) were the distributors of 'Standard Oil products. The building is now occupied by Country Horse and Farm Supply and owned by Russell and Janet Wright.




1. By 1910, even before Carlisle came, the little log school was being outgrown and had to be replaced.
2. Eddic Arnold; Dave Arnold; Jack Arnold; Charlotie Amold; Mrs. Tillie Smith Gish, teacher, and Joe Purcell-outside of the first schoolhouse



1924-Onalaska Union High School


1917-Onalaska Grade School


The Onalaska Grade School (above) built in 1917 soon proved inadequate and four more rooms were added probably around 1920.


The first graduating class from the newly built Oaulaska Union High School. clockwise, (starting at the top): Merna Elliott, Frederick Krogh, Harriett Hanson, Olava Hanson, Mildred Denio, Dougias Kitselman, Margaret MeFadden, Jasper Button. In the center is Melvin Jacobson.





# A History of the Alpha Schoo! <br> Written by the Sixth Girade Class. 1937 (James Burnside, Ellen Thayer, Violet Jacobsen) 

The first school established on the Alpha Praine was in 1872 by the people of Alpha. They elected Dan Bowers. Harry Hanson, and William Johnson as therr directors. They hired LaRena Hanson to teach the 54 pupils in the school. Mr. Sterns was superintendent at that time

The school was built on the south side of the Alpha Road across from the present cemetery on Dan Bowers' land now owned by Henry Uden. The schoolhouse was built of logs. The dimensions were 16 by 20 feet. There were no desks, only rough log benches, and the pupils heid their books in their laps. The only book they had was a reader. They wrote on slates. The pupils went to school but chree months in the spring usually April. May, and June.

In about 1891 the school board of directors decided to build a schoolhonse where the present one now stands so it would be more centrally located. It was painted whitc. and it had three windows on each side. The inside was but one room. and there was a platform at the end opposite the door which had the teacher's desk on it When they moved to this second schoolhouse, the teacher had no clock. Mrs. Myer was the closest inhabitant with a clock: so when it was time for school to take up. she would hang out a whute flag and the teacher would ring the bell $\ln 1912$ they built the present schoolhouse; and the old one was sold to Mike Griel, who is now using it for a garage


ONALASKA UNION HIGH SCHOOL
Graduating class of 1932




1940-41-Hopewell School, Ethel, Washington
Back row: Helen Lindeman, Herb Harmanson, Alice Lindeman
Middle row: Vietor Schuttie, Esther Higgins, David Higgins, Florence Lindeman, Ron Schuttie
Fromt row: Ruth Higgins, (unknown) Higgins
Alice Rosander, teacher (not in the photo)


1936-Alpha Scheol. Top row (left to right). Mrs. Price (teacher), Albert Sinclair, Marian Westerman, (unknown), Dori King, Ellan Miller, (unknown), Mr. Nelson Brewer (leacher). Second row: Paul Miller, Ellon Thayer, Hector Schafer, Violet Jacobaen, Lrwin Preatice. Third row: (unknown), Kenneth Burnside, John Myer, Howard Thayer, James Burnside, Maurice Jacubsen. Bottom row: Forrest 'Thayer, Nylla Mailier, Dick Kitchell, (unlonown)


1939 Cincbar School. Teachers: Coleen Oestriecher and Robert Roland. Back row (lefl to right) Betty Fossett, Helen Jacobsen, George Fossett, Josephine Kahnoski, Allen Lann, Shiriey Limn, Joe Poe, Frances Quick. Polly Poe. Middle row: Barbara Quick, Neva Madden, Jean Guenther, Ruth Keunedy, Patsy Jacobsen, Betty Jacobsen, Naomi Davis, Faythe Oestriecher, Doris Madden, Nancy Fossett. Front row: Bill Faas, Alyic Davis. Jim Pamel, Bill Jacobsen, Arvid Kalnoski, Clarence Davis.


1930-Bennett School. The last class to attend Bennett School (on the Gore Road) Top row (left to right): Gladys Bays, (unknown), (unknown), Gabe Stanlcy, Oma Bays, Dick Bays, J. D. Atkins, Ella Twiss (teacher). Third row (unknown). (unknown), (unknown), Wayne Cadell. Second row (unknown), (unknown), Bermice Blankenship, Shiriey Gunsolley, Edwin Ward, Neil Wright. Front row: (unknown) Cusick, (unknown), W. D. Atkins, Bud Gunsolley, Clyde Blair, Skip Gunsolley.

The Bennett School, as Clyde Blair recalls, was situated on an old 40-acre homestead The 40 -acre pareel, which included the school, was purchased by his father. Jake Blair in 1920 There was a stipulation that if the school consolidated, the building and the acre would revert to the present owner of the land. The schoolhouse itself was a two-room building. On Sundays it was used for church and Sunday School; additionally, in the summer it was used for Bible School and other activities of the community. The old schoolhouse was torn down in the 1940s.

Probably the first school on the Gore Road (about 1885) was a log schoolhouse, which was located on the southern end of the Clement farm. The roads were merely trails through the timber, and everyone walked or rode horseback. It was a smaill log affair, 16 fect by 24 fect, with a lean-to on the back for wood and a lean-to on the front for a porch. It was ceiled inside with boards and bats; it had two windows on each side with window casings and door painted white. The desks were double, homemade affairs of plank. The blackboards were homemade from boards and pointed. The roof was of shakes. In 1906 the school was held at the new schoolhouse at Ethel (Greenwood).


1937--Sheestring School. Back row (left to right): Cecil Sherwood, Gerda Belland, Theadora Frase, Richard Johnson. Fourth row: Ruby Irwin, Duane Skiff, Barbara Pamell, Newt Curry, Margaret Lloyd. Third row: Dick Pamell, Victor Derkacht, Doris Fitzhugh, Eldred Katyryniuk, Eddy Rickenbacker. Second row: Kenneth Curry, Vivian Curry, Daryl Wilson. Gloria Clark, John Parnell. Rosie Katyryniok. First row: (unknown). Nellic Baron, Ronald Howkinss, (urkkown), Mary Derkacht, Viola Pamell Teachers: DeVota Aiderson and George Rowe.


1943-44-Burnt Ridge School, 5th through 8th grades. Front row (leff lo right): Grace Franklin, Richard Hope, Bobby Locke. Middle row: (unknown), Ray Flagg, Charley Jorgensen, Keith Whiting. Lee Mitchell, Richard Ragan. Back row. Mrs. Tina Burchett (teachet), Norma Lee Davis, Norma Erickson, Marilyn Locke, Jounn Willisumson, June Ragm, Dorothy Franklin. Hellen Mitchell.


Onalaska Middle School


Onaleska Elementary School-built in 1958. In a campaign in 1957
for a levy for a new elementary school, the final result was a mere two votes over the required 60 percent voter approval. Mark Stedman is the preseat Principal, and Sharon Bower is the Assistant Principal.


1972-The old Onalaska High Scheol reduced to ashes. Smoking rubble was all that was lett of the Onalaska Figh School after an intease fire destroyed the structure. Officials said the blaze was ignited by one or more arsonists. Officials say it could be significant that, only a few bours before the fire was discovered, 1972 commencement exercises were completed in the new building. (Chronicle Staff Photo)


The new Onalaska High School-built and ready for use in 1971. The final act in Onalaska's school history to date was the awarding of a contract for a new Middle and Senior High School. Presently, Dr. Robert Kraig is the Superintendent and Bill Huizinga is the High School Princupal.


Frank Extine's Service Station on Highway 508. Mrs. Margaret Extine standing in front.


1920 - This building was the first store and post office. Later it became a pool hall and barber shop. Subsequenlly, the building became a store with cold storage lockers. Now owned by Nylla (Miller) Justice.


Photo taken 1997-Nylla's Variety as it looks today.



Pete's Custom Meats (since 1984), owned by Pete Wherry, was originally a machine shop and blacksmith shop; later it was Mac McGee's Auto Repair.


Alexander's Lumber Mill, Tric, bas been in operation for over 40 years. The mill was purchased from Herb Thompsen about 1949 or 1950. It is situasted on State Highway 508 and is owned by Dalc and Dorothy Alexander.


Onalaska Fire Department-When the mill elosed, the old fire hall was given to the fire department by Baker Carlisle. It was the jitney shop in the mill. It was moved to the old post office concrete foundation and added to later. Gerald High is the present Fire Chief.


Some of the first conrageous voluateer firemen. Emie Grandchamp was Fire Chief from 1928 to the closing of the Carliste mill.


1947-Vohanteer firemen: (Back row) left to right: Byrl Gwin
(Commissioner). Fountain Butcher, Ed Young, Les Mallonee. Harold
Justice, Larry Lydon, George Oest. Bob Bradley.
(Front row) R. G. Paxton, Archie Morrison (Fire Chief), Neil L.yons, Clyde Jacka, Dick MeGee, Howard Newfield.


The old depot in 1920. Mr. Max Griffith preceded Mr. Oshorn as depot agent. The building was later parchased by Les Mallonee, who had an electrical shop. It is now occupied by Onalaska Electric and owned by Mark Mybre.


Darrell Dow at the entrance to Dow's Barber Shop. Darrell has the distinction of having owned and operated the longest-lasting basiness in Onalaska by a sole owner. Darrell, a life-time resident, started barbering on February 6, 1947, and retired in 1989. Additionally, he was a volunteer fireman for 36 years.


Onalaska's first supermarket-Breada's Country Market, located on State Highway 508 , was built by Dale Alexander in the late 1970s. Photo shows Brenda and Roy Elliott, owners.



A plaque dedicated to the memory of Buker and Leah Carlisle now rests in front of the new elementary school for their generous contributions to the town, the school, and the community of Onalaska.


Seventh Day Adventist Church, situated at 177 Kerr Road, Onalaska. Rev. Bob Lebard is the present minister.


First Church of God, situated on State Highway 508, was established in the early 1930s.


Onalaska Assembly of God, situated on the Leonard Road, was established about 1935. Pastor David McManus is the present minister.


Rising against the sky, the 225-foot smokestack remains as a memorial to the mill and the hard-working men who made it a success.

## T IISTORY OF THE COMMUNITY PRESBYTERIAN CHURCI OF ONALASKA


#### Abstract

For the church's 40th anniversary celebration in 1955, the late Martin Jacobsen wrote a history of the congregation. The late Wilbur Stonex added to the history in 1965 for the church's 50th anniversary and again in 1975 for the 60th anniversary.


The Onalaska Community Presbyterian Church grew out of work that had begun in the summer of 1911 by R. D. Everett, a Sunday School Missionary from the American Sunday School Union The church was officially organized April $25,1915$.

After a two-week revival campaign to arouse interest in the community, the Alpha Presbyterian Church was organized May 4, 1913. On May 18, 1913, the first church meeting was held in Onalaska.

In 1914, when the Carlisle Lumber Company moved into the Onalaska community and began construction of its large mill and logging operations, it soon became evident that there was a need for a place of worship for the fast-growing population.

On January 11, 1925, members of the Alpha Church were received by letter into the Onalaska Church, and the Alpha Church was disbanded

In 1938 the mill operations were suspended and eventually closed by the Carlisle family. With many people leaving the community, it became increasingly difficult to support a minister. Arrangements were made with the Chehalis and Centralia Presbyterian Church ministers to alternate Sunday aftemoon services in Onalaska

Throughout the years the congregation has had a series of ministers and has continued to grow and to be active in the community Onalaska Presbyterian Church ministers from its inception, April 25, 1915:

Rev. Grant Merchant, April 15, 1915 to March 1917
Rev. Clinton Cook, April 1917 to March 1918
Rev. George Crawford, February 1919 to April 1922
Rev. Joseph M. Robinson, April 1922 to 1925
Rev John Keith, January 1926 to September 1927
Dr SEP White, November 1927 to November 1937
Rev. James Otter, January 1938 to September 1942
Rev. Carl James, September 1945 to August 1949
Rev. Elmer Rosenkilde, February 1950 to May 1956

> Rev. David Mann, March 1957 to April 1959
> Rev. Kenneth Robinson, September 1959 to January 1965
> Rev, Ron Soucy, May 9, 1965, to January 1970
> Rev. George Merrin, January to September 1970
> (Temporary Supply pastor)
> Rev. Charles White, September 10, 1970, to 1972
> Rev. Lehr Newhouse, October 1, 1972, to February 1975 (Supply on weekends only)
> Rev. Reed Zakhary, March I5, 1975, to December 1979
> Rev, Gerald M. Allin, December 1979 to 1981 (Stated Supply) Installed in 1981 to present time (1997)
[Rev. Gerald M Allin, a tireless spiritual leader, has the distinction of having served the Onalaska Church longer than any other pastor in its history, Rev Allin and Dorothy Allin, a gifted musician, have successfully maintained the existing activities of the church and have been continually increasing their ministry. In recent years the Lord has led them to an additional ministry in Presbyterian Marriage Encounter under the umbrella of Worldwide Marriage Encounter.]

There appears to be a blank area in the Onalaska Presbyterian Church records regarding the church's activities and membership in the first twenty years of its life. The 40-year history written in April 1955 records the organization of the Onalaska Church on April 25, 1915, and lists the organizing ministers and officials, the members, baptisms, elders, and trustees elected. Thereafter, the history is primarily a short resume of the individual ministers' tenure.

In case they were not included in a church register prior to the present Clerk's book, which begins in May 1943, we hope that those present at the 50th anniversary can add to the list recorded below:

Mrs. Tina Burchett is listed as the earliest member, May 4, 1913
Mrs. Charles Shay, admitted to membership June 13, 1918
Mr. and Mrs. Ellsworth Robinson, admitted Jume 4, 1922
Mr. and Mrs. Martin Jacobsen, admitted January 9, 1927
Mr, and Mrs. Loren Brenneis, admitted January 9, 1927
During this period the following very active officers deserving recognition include:

Mrs. Grant Hogue, Sunday School Superintendent<br>E. H. Robinson and Kenneth Carlisle, eiders

> Mrs Faye LeClerc, Sunday School Secretary
> Mr Roy Stone, Sunday School Treasurer
> Mrs. Olive Sparks, Sunday School Superintendent and Primary Department
> Mrs. Jay Rankin, Sunday School Teacher
> Mrs. Kenneth Cartisle, High School Class Teacher Mr W, F Bailor, Sunday School Boys' Class Teacher

I wish that the earlier ministers' pastorates had been recorded in more detail. I think that the early struggles of a newborn church grow more interesting and valuable as they fade deeper into the past.

Dr S.E P White was pastor from November 1, 1927, until near his death in November 1937. He was a man of serious mien and scholarly reserve, a fluent and forceful pulpit speaker, without emotional overtones or gestures. He concluded his sermons leaning slightly forward, resting his forearms on the pulpit, climaxing his message with a low, earnest presentation, even exhortation, of Christian truths that made a deep impression upon his listeners. Dr. White possessed a little-publicized Christian trait of being in close personal touch with the poor and needy individuals and families of the community. An example of this: About 1930 the Ethel community Sunday School sponsored a Thanksgiving offering of canned meats, vegetables, fruit, dressed chickens, and one goose. Since no Ethel farnilies would admit to being objects of charity, the offerings were brought to Dr. White who directed its distribution to families in Onalaska. Dr. White knew and served the material and spiritual needs of the community far beyond his immediate congregation.

Even after his stroke in 1937, he insisted on carrying on his pastoral duties. It was a scene of compassion and sadness to see him taken in his wheelchair down the manse steps, across the street to the chorch, to carry on his labor of love for his flock.

During Dr. White's tenure, the town, the Carlisle Lumber Company, and the church probably reached their peaks as a close-knit prosperous community of clearly defined limits, confined mainly to the area immediately adjacent to the town. Surrounding communities were dependent for religious experiences upon local Sunday Schools and Bible study groups, meeting at Alpha, Shoestring, Cinebar, Burnt Ridge, Bennett, and Ethel

After the mill closure and the liquidation of the company townsite, the outlying school districts formed the Onalaska consolidated school district. Their small local religious groups faded; the Onalaska Church dropped to a mere skeleton of its former self, after which the Church began to build itself again from the wider field of the nearby pioneer communities (which had
now lost their old isolated identities) into a consolidated, positive, and cohesive force for spiritual expression and development.

An instance of this wider field of church service is the fact that Mrs. Barney Hite and Mrs. Frances Finney came to the Onalaska Church from the Bennett Sunday School, and Mrs. Annie Peterson and family, Mrs. Coutts, the L. D. Brenneis family, John D. Olson, and the Stonex families came from the original Greenwood Sunday School, established about 1900 in the Ethel schoolhouse.

Rev Otter entered the Onalaska pastorate at a critical and difficult time. He served from January 16, 1938, to September 1942. The mill strike had rent the community into separate hostile groups, and the church suffered in the strife and ill feeling that followed.

The closing of the mill in 1940 saw many of the former parishioners leaving. The darkest days of the town and the churoh were approaching, like the menacing clouds of a thunderstorm. Nevertheless, Rev, Otter added 27 names to the membership rolls, which was no small matter under the circumstances. There is one instance (at least) that featured Rev. Otter's service here that is unique, at least to some of his flock. He was one of the few who preached a sermon on the Holy Spirit in a manner that clearly revealed to his listeners the importance of this member of the Trinity and its relationship to the hearts and lives of present-day Christians. This sermon deserves a more important future than burial in a sermon barrel. It would be a creditable addition to the published literature of the modern Christian Church.

The C'hurch's history from September 1942 until September 1945:
This three-year period marked the most critical period of the Onalaska Community Presbyterian Church. The mill and the main business buildings were torn down. Approximately 160 houses were sold and moved away or demolished, leaving about 40 houses to mark the place where a town had flourished. Onalaska tottered on the brink of becoming another western ghost town that died when its resource was gone. Onalaska couid be aptly compared to a sinking ship, from which the passengers and part of the crew had fled in the lifeboats, while a skeleton crew remained aboard with barely enough members to man the pumps and stoke a single boiler. The bridge is empty save for a shadowy guardian angel that holds the wheel. For one and a half years only three names were added to the church rolls.

In September 1945 the Rev. Carl James from the Centralia Presbyterian Church accepted the call to become full-time pastor at Onalaska. Rev. Carl and Mrs. James must have been born to take chances, for they left the Centralia Church and assumed the burden of resioring the Onalaska Church to a place of eminence in the Columbia Presbytery. The best proof of the
success of their venture is revealed that in the four years of their pastorate prior to their departure in August 1949, eighty names had been added to the Church rolls.

If any single phrase could describe their ministry, it would probably be Carl's sincere, warm extroversion, which is so essential for success in effective personal contacts in a rural community.

Rev. Elmer Rosenkilde became pastor of the Onalaska Church in February 1950 and cominued until May of 1956 This pastorate of $61 / 3$ years added 94 new members to the church rolls; hence it can be classified as a very successful and profitable stewardship for the church and its pastor.

Rev. David Mann served a relatively short term of two years, but he maintained the church's successes and progress at a rate comparable with his predecessors with 38 members added to the church

The Rev, Kenneth and Mrs. Robinson's pastorate over five years added 63 new members. The strength of their ministry lay primarily in their appeal to the youth and young adults of the community and in the increased social and spiritual activities of these groups within the church organization and government.

Church membership withdrawals, dismissals, and deaths over the years take a heavy toll in a static community such as Onalaska. No minister can be blamed for these inroads upon his church. Our church here in Onalaska is continually witnessing our youth, growing up in the church and moving away to more promising fields of livelihood. One of the duties that devolves upon the small churches is to rear its youth in a Christian environment and then toss them into the Maelstrom of modern urban centers, where it becomes their moral and spiritual duty to help neutralize the latter's moral decadence. It is a sign of strong vitality if we can hold our own in membership under the present economic conditions of our community.

The past ten years has shown a marked increase in the church's organized groups, in their membership, and activities. These now include youth groups, Anchor Club, Onalaska Presbyterian Women's Association, Tacoma Mission Christmas gifts, New Year's Eve and Halloween parties, Christmas Eve vespers, father and son banquets, mother and daughter banquets, bowling, skating and skiing excursions, and the Men's Club. Permanently organized, actively functioning committees in ten fields of church administration and action.

Some of the church's progress is illustrated in the following programs. 1. The adoption of a closer relationship by sponsorship of "OUR" missionary, Mr, Smith.
2. A close personal contact with and aid to Dean and Elaine Kemp, missionaries in Bolivia from Onalaska's own local families.
3. In 1964 the congregation assumed the sponsorship and responsibility for Dagoberto Alphonso, a Cuban refugee and his family.
4. Eight stained glass windows installed in May 1960. These windows were received from the Methodist Church of Centralia.
5. A fine educational unit, 18 by 44 , two-story addition, was completed to adequately house the expanding Sunday School and the numerous social and spiritual activities that constitute the church's life. In order to effect a loan from the Synod, it was necessary to incorporate under the laws of Washington. This was done March 6, 1961.

No history of this church, no matter how brief, would be complete without including the dedication of Martin Jacobsen and his many years of Christian service in this church and its Sunday School as a member, a teacher, and an officer. An early instance of Martin Jacobsen's Christian service: On July 6, 1913, the church session gathered to select a pastor Rev. Grant Merchant, a young minister from New Jersey was obtained; and he, his wife, and baby girl arrived in August. When their furniture arrived in Chehalis, Martin Jacobsen took a team and wagon with a hay rack on the wagon bed and helped Rev, Merchant move and get settled in the old Summersett house (where Charles Ziegler and family later lived). Before his sudden death, Martin had been active in numerous commissions, committees, boards, and organizations devoted to social service and human welfare in all forms in his community, county, and statewide. But in all of his activities and interests, his church and his God were foremost. His memory can best be preserved by emulating his example.

# そ COMMUNITY PRESBYTERIAN CHURCH OF ONALASKA LOOKING BACK, 1975 to 1995 EIGHTIETH ANNIVERSARY 

by Helen Mallonee, Mary Rhodes, Gail Wrzesinski

The Community Presbyterian Church of Onalaska began these past two decades in 1975 with a membership of 156 . As of December 31, 1994, the membership was 156 . The total number of church members cannot clearly indicate the spiritual growth nor community scope of the church. This history will try to describe some events of the last twenty years which have enriched and enhanced the meaningful existence of this church

Wilbur Stonex was the church historian from 1965 until his death in 1987 He brought life and spirit to his historical writings due in part to his long membership and active participation in church work. The congregation appreciated his work and misses his contribution to our continuing history. Still a part of our membership are his widow, Flora Stonex; daughter, Grace Lyons; and granddaughter, Debby Blankenship.

Pastor Reed S. Zakkrary and his wife Saizaf were with us starting March 15, 1975. At that time Rev Lehr Newhouse and his wife Marge ended their time in Onalaska as stated supply. Their stay with us had been fruitful spiritually as well as in preserving and improving church facilities.

Our youth choir, the Solid Foundation, came into full bloom under the leadership of Dean and Mary Zanger and Helen Mallonee. Members were Diana Kirk, Mary Jane Glass, Denise Birdwell, Monica Keenan, Kim Reichert, Vicky Friermood, Judy Littleton, Judy Fortney, Lisa Hager, Maggie Myer, Anna Glass, Laurie Wrzesinski, Scott Sherman, Lance Wrzesinski, Don Birdwell, Dale Birdwell, Brian Wrzesinski, Barry Wreesinski, Rob Kirk, Tim Hager, Rob Blair, Kerry Vance, and Joel Myer.

The group sang together for about two years, and during that time they took a number of trips in the old school bus that Chuck Wrzesinski bought. With hard work by the kids and the help of Willie Glaze, that old bus was painted a light green and had "Solid Foundation" painted on its side. The girls wore special dresses made by Carol Gearns. They made trips to places such as Port Orchard, Hoquiam, Kennewick, and White Salmon in Washington. They even went to Vernonia, Oregon, where they ended up lost on an old logging trail but managed to get back safely.

Dean and Mary Zanger directed the singing; Helen Mallonee was the pianist, Les Mallonee was chaperone, mecharic, and caretaker for the pianist; Chuck Wrzesinski was the bus driver, his wife Gail was chaperone; and son Jamie was the mascot.

The adults were always proud of the group. Wherever they went, the young people were praised for their talents and good behavior. On several of the trips, the group stayed in fomes in the community where they sang. This experience will live forever in the hearts of all who were a part of it and formed part of the fabric of music which has always been interwoven into the worship service,

The church newsletter, The Herald, was published monthly in 1977 Linda Fortney served as editor and typist, while Wilbur and Flora Stonex did the addressing and mailing, In 1986 we began sending the newsletter to all post office boxholders in Onalaska, hoping to reach community members with a Christian message. Maxine Zard was editor at that time. At present the newsletter is published five times a year. Ione Jorgensen is the editor, and Maxine Zard is in charge of printing and distribution. There is a question now whether the expense of mailing to all Ony residents is becoming prohibitive.

In December of 1979, Rev. Gerald Allin and Dorothy, Dan, and Beth came as stated supply when Reed Zakhary left the cormmunity In February of 1981, Jerry was installed as our assigned minister. There seems to have been a meeting of the hearts between the Allins and the congregation, for Jerry and Dorothy are still here and a vital part of our church.

Jerry feels that one of the most rewarding spiritual developments in these past fifteen years has been the development of Fellowships. Pastor Allin says he followed the "tradition" that had been begun by Rev. Chuck White of having lay witness missions. These inspiring weekends bring adults and youth from other churehes to tell the story of their faith journey, How they found God's help in times of divorce, death, job loss, and depression helped our Onalaska folks to put God into their lives. Small group faith struggle-sharing has over the years brought spiritual growth and depth to many persons. Fellowships which are currently meeting are Jorgensen (originally Wrzesinski), Bauer, Larson, and Young Adults.

In 1981 Jerry and Dorothy became clergy leam leaders for marriage encoumter. These weekend experiences are designed to improve martiage relationships. Jerry and Dorothy are in demand as sensitive and caring leaders. Members of our own congregation have found the experience meaningful. In the larger sense, such activities serve to strengthen the vitality of the family in our increasingly fragmented society.

The United Presbyterian Women have worked on innumerable projects over the years. They have purchased stoves, a dishwasher, and other equipment for the kitchen, they contribute generously to missions and make many other offerings to worthy causes. One of their biggest responsibilities is to keep the Men's Club members' noses to the grindstone. There is never
a lack of some worthwhile job that they say needs doing. Their big moneyraisers are the two rummage sales and Mother-Daughter Banquet. Their members and delegates attend the Presbyterial in Olympia. They host Tea and Praise each February. All nine churches in our area send delegates to share this occasion, which is for the purpose of worship, sharing ideas, and making Christian friends on a broader scale. Their annual picnic is held at Flora Stonex's lovely pienic area.

The Presbyterian Men's Club might be described as the hard-working heart of the church. They have a breakfast meeting once a month for fellowship and devotions. The programs vary and may present information of local, national, or international interest. The men plan the Father-Son Banquet, Sweetheart Dinner, and Fall Harvest Banquet, then perform the work necessary to put them on. They discuss requests for maintenance work, make appropriate plans, then do the work. Members of the Men's Club are so modest that a complete story of all they accomplish may never be told, but there isn't much that happens around our church that they haven't had a hand in.

In May of 1984 Helen and Les Mallonee retired after some forty years of devoted service to the church. Helen has played the organ and piano and also served as choir director Actually, she has participated in virtually every activity in the church from time to time Les served as custodian and much, much more. Some of his creative work may be seen in the ceiling lights in the sanctuary-he made them! The two of them worked as elders and deacons and belonged to women's and men's organizations. Les passed on in 1991, to the sorrow of all. His memory is kept alive in the Les Mallonee Memorial Fund, from which a new sound system was purchased. Helen retired as choir director, but is still a lively member of the congregation.

Also, in 1991 the church purchased the Mallonee property Helen still lives there and will continue to do so for as long as she wishes

We have been so fortunate to have had Helen as our main musician over the years that we are likely to regard inspiring music as a "given" in our worship services. For example, when Dorothy Allin presides at the piano or organ, with Sarah Frase playing as well, we tend to think their skill comes automatically and easily. When Sonja Reichert leads the choir in special music at Easter, Christmas, and other occasions, as well as every Sunday, we might forget the hours of practice that have gone into the performance. Our musicians and choral groups are good because they work at it. They add an inestimable amount to our worship service.

The skill and charm of our very own Good News Singers, a ladies' barbershop quartet, have been achieved only through hours of enthusiastic practice. Their members got together around 1991, inspired by Marge

Wilkins. Singers are Dorothy Allin, Marge Wilkins, Sonja Reichert, Patti Brooks, Kay Anderson, and Sarah Frase. They worked together on their presentation for nine days prior to their debut at the Mother/Daughter Banquet. They were an instant success. Since then, they have performed in many churches and for many occasions, including the Daffodil Festival in Tacoma. We are proud of their professional quality performances.

The deacons are one of the hardest-working groups in our church family. They prepare and serve food for weddings, funerals, and other ceremonies as called upon to do so. They visit and send flowers to the sick. They contribute to families in need, visit the elderly, distribute baskets at Christmas and Easter. They serve the church and the community in many ways--cheerfully and energetically. They deserve our thanks

The Session is the group charged with the operation of the church. It is made up of ten elders who have been elected by the congregation. These elders serve as committee members (two per committee) for Worship and Music, Evangelism, Membership and Mission Stewardship, Budget, Finance and Administration, and Property and Grounds. Being an elder is a very responsible job and involves a great deal of work. The Session meets once a month, and the various committees meet as required. One of the most touching scenes of 1994 was when Chuck Wrzesinski, a presiding elder, took part in the ordination of his son Barry as an elder.

One of the elders also acts as president of the corporation to oversee payment of taxes and other govermmental obligations. That position is currently held by Chuck Wrzesinski. The elders and the pastor together direct the business of the church. That they have done this successfuilly is attested to by the general well-being of the buildings and grounds. Carpeting in the sanctuary is newly replaced; interior paint in the sanctuary and fellowship hall is good, the Church Education Building (formerly the manse) has been remodeled, refurbished, and roofed; the preschool annex area is in good shape. The debt on the Mallonee property has been greatly reduced, the parking lot will be resurfaced in 1995, and the kitchen has been renovated. Jim Sabin restored and installed six more stained glass windows on the west side of the church. The Men's Club put new sidewalks around the church and C. E. Building and repaired the damage done in an auto accident to the lower stairway entrance to the Fellowship Hall.

Church facilities are being used to the fullest extent by church and community groups. These include quilting, aerobics, Men's Life, Intercessors, Young Adults, A.A., Ethel Circle, TOPS, Single Christian Friends, and more.

One of the longest-lived church groups is the Ethel Circle, which has been in existence longer than any of its members can remember. These
ladies meet once a month for fellowship and devotions. They contribute to many organizations among which are Young Life, the rug find, the food bank, and SOMMA. A game of Bible trivia serves to challenge and educate them at meetings. They make quilts to be raffled off with proceeds going to one of their many charities

In 1989 Children's Church was started, headed by Young Adults. After the special children's message in the course of church service, the children go to the C. E. Building with adult supervision. The only troubling aspect of this arrangement is that the adult supervisors must give up joining the congregation for the sermon and Bible readings. Time may reveal an answer to this dilemma.

Sunday School is well attended with 32 children and 7 teachers. Currently, the superintendent is Edna Pinkerton, who replaced Karen Duryea and Nancy Kalnoski. Adult class has about 20 attendees and is taught by Chuck Wrzesinski

The Youth Group has been meeting on Sunday night from 5 to 7 pm In addition to activities for fun and recreation, the Youth help with Vacation Bible Schook; serve at church dinners, and, in general, are involved in church work. Sarah Frase has been very active in working with the Youth. She leads a youth choir which has sung for church services.

Jeff and Melody Smith as youth leaders led many of the activities, but have now moved on into a church in California. Our present youth leader, Benji Skinner, and his assistant, Amy Steele, are fitting in with our church family very well. In its second year, Young Life is flourishing. This group meets Wednesday evenings and is for the purpose of introducing young people to some religious knowledge. It is nondenominational and open to high-school-age youth. In addition to Young Life, Benji spends half a day per week at the high school where he meets with students before school and offers counseling

We have not forgotten our fellow churches in our desire to promote healthful growth in our own. A sizable contribution went to the new Cornerstone Church in Olympia, and we help out with the Lewis County Association of Churches. Our donations go also to the organizations who care for the homeless, hungry, and abused, to institutions of higher Christian learning, to charities such as the Salvation Army and SOMMA (food bank). We help support Christian radio KACA and contribute to missions in South America and elsewhere.

During the past twenty years we have improved and enlarged our physical and spiritual church homes. This has been done only by the cooperation of each member of the congregation with the other, the leadership of a dedicated pastor and his wife, and the Christian love in all of their hearts.
© SHOESTRING VALLEY COMMUNITY CHURCH e
104 Frase Road
Onalaska, Washington
Jason Willoughby, Pastor


The Shoestring Valley Community Church came into existence as the result of tent evangelism. At first they met in the Shoestring schoolhouse for services. Several families had a desire to have their own meeting place, which was in 1929 The lumber used was from a mattress factory. Logs used for the foundation were donated by a family in the community and brought to the present site by horses. In 1945 the church was condemned because of the condition of the building. Once again, services were held in Shoestring School. Several families in the community restored the church for services, this was done in 1968. After this, the church was closed for a time, then in 1976, once again, the church was opened. Remodeling was done, then in 1978 a full-time pastor was called. Now we have a new Sunday School and wing and a new sanctuary has been completed

The following article appeared in the newspaper [Sorry, there was no date on the article; Rev. Pynch was pastor at the time].
> "After worshiping in a building that has been part of the landscape of Shoestring Valley near Onalaska for almost 60 years, Shoestring Valley Community Church is ready to dedicate a new building to the Lord for His service," said the pastor, the Rev Steven Pynch.

Pynch indicated the building, located at 104 Frase Road, Onalaska, has been appraised at over $\$ 200,000$, but the church didn't spend nearly that amount building Most of the labor and some materials were donated.

The dedication for the nondenominational community church will be Sunday, September 15 , from 2 to 4 p.m.

The building, which has been in the works since August 1979, consists of a multipurpose classroom/fellowship wing and a sanctuary. The bell from the old building has been installed in the new

The church was built on a cash basis debt free. The education wing began in August 1979 with the help of members of Hard Hats for Christ, a national organization of construction missionaries, based in Longview under the direction of Jim Hodges The sanctuary was started in June 1981.

The Rev, Bill Mefford, pastor from 1978-1982, will speak Sunday morning and assist with the dedication in the afternoon. He and his wife Peggy are now pastors in Corvallis, Oregon

The current pastor, Pynch, and his wife, Robin, and their two children, Jonathan and Mary Beth, have been at the Shoestring Church since November 1982
"Too many people have been involved in the building to mention them all," Pynch said, and added, "However, one man. Doc Peheim, spent more hours than many men combined and deserves special tribute for his efforts in building the new sanctuary His funeral February 9, 1985, the first service held in the sanctuary even though work wasn't quite complete."

The church's original building was constructed in 1929 Sunday School rooms were added around 1946

Several denominations have used the building through the years including The Salvation Army and American Sunday School Union. During the depression in the winter of 1934 1935, the building was used as a mattress factory

In the Columbus Day storm of 1962 , the old sanctuary was blown over, but was pulled up by tractors and is still standing but will be torn down this fall.

The dedication service Sunday will inclade a slide presentation of church history. The church was closed from 1971-1976 and reopened with a Sunday School by several couples--Bill and Cora Smith, Arnold and Pauline Roller, and Warren and Patti Borg.

## (\% HISTORY OF THE FIRST CHURCH OF GOD by Katherine Davis

The Onalaska First Church of God began holding cottage prayer meetings in the home of Lewis Hemenway in 1932. The first part of the present church property was donated by the Carlisle Lumber Company in 1933. The church was officially incorporated in 1934.

The church's first pastor was Ed Greeley (1932-1936), and over the past 60 years there have been 19 pastors.

Construction of the present church building began on June 12, 1949, under the ministry of Pastor Lester W. Smothers. The church was completed in 1958, while William C. Winters was pastor. A dedication service was held on October 14, 1958. While Egart Wirch was pastor in 1965, the church was able to purchase the Alice Davis property adjacent to the church. This house was remodeled into the Fellowship Hall The breezeway was added in 1967 when Thomas Purcell was pastor.

In 1974 "Tea and Praise" was started by Ella Conley to give the ladies of the community a chance to have fellowship.

The church bought the McAllister property on the Leonard Road (12 acres with a house and barn) in 1975 to be used as a parsonage. Ron Smith was pastor at that time. Lloyd Mulkins was installed February 7, 1982.

Those who served the Onalaska First Church of God:
Ed Greeley ..... 1932-1936
Frank C. Davis ..... 1938-1940
R. L. Austin ..... 1940-1942
Cora G. Macomber ..... 1943-1944
H. B. Wilson ..... 1944-1945
Clifford Ruby ..... 1945-1948
Lester W. Smothers ..... 1949-1952
William C. Winters ..... 1953-1961
Egart Wirch ..... 1961-1966
Thomas H. Purcell ..... 1966-1969
Clifford M. Ruby ..... 1969-1972
Ronald A. Smith ..... 1972-1976
Charles T. Milliman ..... 1977-1978
William J. Thomas ..... 1979-1980
Wayne and Kathi Sellers ..... 1980-1981
Chauncey R. Baker ..... 1981-1981
Lloyd L. Mulkins ..... 1981-1989
Michael Hahn ..... 1989-1991
Stanley Blair ..... 1992-1994
Robert Adams ..... 1995-1996

One version of why Adam and Eve were expelled from the Garden of Eden was contributed by a student from a Christian school as follows:

One day Cain and Abel were talking to Adam, their father, and asked him just why it was they couldn't go back to the beautiful home that God had given them. After thinking for a moment, Adam said, "Well, boys, it's like this: One day your mother decided to eat us ont of house and home."
-Eleanor Doan

# MY MEMORIES OF ONALASKA $\%$ -GROWING UP ON THE CARLISLE FARM by Ruby (Sparks) Meyer, Class of 1936 

When my family came from Idaho in 1922, there wasn't a house available to live in. For families who were waiting for houses, big tents with wooden floors and sides were rented to them. These tents were behind the high school building

Later, a house next to the manse was available; so we moved in there This made it really handy for my dad, Clayton Sparks, as he was taking care of a big team of horses that were kept in a red barn behind this house. Dad didn't work in the mill, but used these horses and a wagon to haul mill ends to families for their stoves.

I guess W. A. Carlisle liked the way Dad handled the horses and offered him a job as manager of a farm he had in mind.

This farm was better than 80 acres and skirted the edge of fown, along the mill pond, up the hill, and all the land across the road (which is now the Hamilton farm)

Dad helped plot the farm, and the first thing done was to move the barn from town up to the farm. It was enlarged and a milking parior added to it.

My mom had the opportunity to choose the type of house to be built on the farm. After living next to the manse for four years, she asked that a duplicate of the manse be built. We moved in the new house in 1926

The farm took shape with other buildings going up. A chicken and brooder house was built that housed baby chicks and 300 Rhode Island Red hens. The eggs went to the Carlisle store, along with capons that we raised

There was a herd of 48 Jersey milk cows. My dad and brothers-Carl, Bert, Bob, and Harold (when he was there)--did the milking. Don was too little, but there were many other things that he could do. The milk was cooled and bortled, which was a very modern procedure for that time of the twenties. The milk bottles were washed in big vats with brushes run by electricity and were sterilized in a steam closet. We all helped to bottle and cap the milk. Bert or Harold drove the milk truck; and Bob, Don, and I delivered the milk night and morning to our customers. On the side of the truck was printed, "You can whip our cream, but you can't beat our milk." Two other dairies were allowed to deliver in town, Lees and Rays.

There was a slaughterhouse and other buildings that housed pigs and sheep. Beef cattle were also raised on the acreage across the road. When there was an oversupply of pigs or lambs, they were loaded in box cars and sent to the slaugher yards in Portland. If meat was needed in the butcher shop in Onalaska [Onalaska Meat Market, Chas. Sherman, proprietor], the
meat was butchered on the farm.
We had several horses on the farm Billy and Tommy Carlisle's horses were there in the summertime and were taken to Seattle in the winter when the boys returned to school up there.

Opal, my sister, and I liked to get up early in the morning and jump on a horse and bring in the cows to be milked.

Mom was noted for her homemade ice cream. When the church would have a social, my mom's ice cream was a "must." The Sparks boys would crush the ice and take turns cranking the freezers.

Every year on Easter Sunday the church held Sumise Services up on the hill behind the house. In the wintertime, when the snow was deep, that same hill was alive with laughter from all the kids that came with their sleds.

As the years passed, Harold went away to work, Carl went to college, and Bert and Opal graduated. The strike changed everything, and my happy childhood on the Carlisle farm was just a memory.
> * Food for Thought

On eating an apple
And finding inside
A hole deeply burrowed
But unoccupied
Don't pity yourself
As you frantically squirm,
But think of the worry
You've given the worm.

- William W. Pratt


# 罂 REFLECTIONS ON THE FORMER 兑 ONALASKA MILL TOWN COMMUNITY 

(Between 1931 and 1938) by Warren Jeffries

Warren is the independent owner of Warren L. Jeffries \& Associates, a real estate brokerage and appraisal finn in Chehalis.

Like most trips of nostalgia, my rellections and reminiscences have been triggered by the historical sketch of this area which appeared in the 1975 Onalaska Parent-Teacher Organization cookbook. Certain topics brought back fond memories of good friends and happy childhood experiences in an era of real community and people interdependence.

My family (my dad, mother, brother, and I) moved to Onalaska from Chehalis at the end of August in 1931. Dad and my stepgrandfather, Wilmot Howard, had secured a job at the Carlisle Lumber Company My uncle, Ernest Grandchamp, had become Onalaska fire chief two years earlier. We moved into the only available house, which was a small fourroom "Company dwelling" directly behind and across the alley from the Presbyterian Church. This house had one bedroom, a living room, a dining room, and a kitchen. It had a porch across the front and one across the back of the dwelling. These porches had wood steps down to a wood sidewalk. The entire yard was fenced with a wood picket-type fence; and one wood sidewalk went to the front gate and the other one angled first to the woodshed, then to the two-holer outside "Chick Sales type" toilet building and then to the back gate. The front gate opened onto a planned, buf nonexistent street, which was nothing but grass and weeds. Facing on the other side were dwellings occupied by the Japanese people.

During the time we were moving into this house, we would notice the noses of Japanese children, about the ages of my brother and me, pressed against the windows with interest in our every "getting settled in" activityEvery time I would try to make contact or attempt to make an acquaintance, my potential playmates would scamper off, either in fear or shyness.

By day's end we were mostly settled in; and my mother suggested that we take in the local movie, which was being shown in the Onalaska Theater next to Weaver's Garage. A Mr. Johnson, from Tacoma, came to Onalaska on Tuesday and Friday nights with his portable projectors and a different "movie." 1 later learned that he did likewise in Mossyrock, Toledo, and Winlock, except on different nights. The folks paid their 15 -cent fees and the 9-cent fees for my brother and me, and we saw a cartoon, a short
travelogue, a newsreel, and a main feature film. The cartoon was always shown again after the feature film. This delighted the kids and aduits alike, Times were difficull financially for almost everyone. Entertainment and laughter seemed to make it casier to cope

Since there was no place to put my mother's old square tub, a Maytag washing machine, we put it against the wall on the back porch of our recently acquired dwelling Imagine our surprise when we arrived home after the movie and found a 100-pound sack of rice and about a 40 -pound fresh salmon draped over this machine. We discoverd later that this was a customary way the Japanese community welcomed newcomers to their area of town. They proved to be excellent neighbors, my first playmates, and good friends.

The neighbor to the south and over the yard-dividing fence rurned out to be the town barber, Mr. Virgil Capp. Next to his yard on the south was the gravel loader and pit. This was just east of the railroad depot building and was one of those attractive, but dangerous areas in which we just had to play. Luckily, so far as I know, no one was hurt while playing there. The neighbor across the alley next to the church was a planer-mill straw boss, Clarence Jacobson, and his family. The neighbor to the north and directly across the street from our house was the Carl Lovin family. He was Hook Tender in the woods crew. Kitty-corner across the street from our house and directly across the street from the church lived Dr. White, the Presbyterian minister, and his wife. Directly east, across the nonexistent street from our house, lived the Tomoike family. Directly east and across from the neighboring Cupp residence was the Japanese cookhouse and a very small two-room dwelling occupied by a man named Nokamura, who later taught me to swim. Behind this and beside the cookhouse was the community "bath house." A man was designated by Mr. Ohata to change the water in the large wooden tub each day and to build a fire under the concave rock and concrete tub end to heat the water. The bath house served the entire Japanese community. The cookhouse was established to feed the single Japanese mill workers or those without their families. These workers were grouped and housed in ordinary company houses within the confines of the Japanese settlement.

Everything pertaining to activities by the Japanese people was directed by the big Japanese boss named George Ohata. He contracted directly with Carlisle Lumber Company for so many men to do specific jobs and for a certain amount of money. The jobs for which he contracted were for tasks that most Caucasian workers shunned. He would then recruit his workers from other existing Japanese communities and offer to pay them the bare minimum for which they would work. This amounted to a very small
percentage of the lowest wage paid to a Caucasian worker Most of these older first generation Japanese immigrants dreamed of saving enough out of their paltry earnings to return to Japan and live like royalty on the equivalent of 25 cents a day for the rest of their lives. Most of them regularly sent money savings to the National Bank of Yokohama, Japan.

I suppose our house would have been considered to be within the Japanese settlement as, perhaps, were the houses of the Cupps and the Lovins. There was one other Caucasian person living among the Japanese at that time. His name was Bill Miggie (the spelling may be inaccurate), and he was the town constable He maintained a kennel of bloodhound dogs, which were utilized by the Sheriff's Department on several occasions. His house and kennel was the farthest east in the Japanese settiement and was next to the railroad tracks leading out of town. Not counting his house or the Lovins', Cupps', or our house, there were about 35 single family homes and one cookhouse occupied by the Japanese.

Along Carlisle Avenue, south of and adjacent to the Jacobson house and on the same side of the tracks, was the depot building. At the time we arrived in Onalaska, Mr Max Griffith was the depot agent and his father, the senior Mr. Griffith, was the railroad conductor for the Carlisle Lumber Company's operation. The Max Griffith family lived north of and adjacent to the mimister, Dr White. Mrs. Griffith (Mildred) was the daughter of Mr. Bill Denio, who was one of the people initially involved in establishing the town of Onalaska. There was a railroad spur ending between the Jacobson house and the depot building. This is where the caboose for the train was parked when not in use. It was certainly another one of those attractions that get kids into trouble. The depot agent's son, Billy, and I were no exceptions. We could usually find an open window in which to gain entry. This was a particularly attractive activity on rainy and windy days. Sometimes we were allowed in the depot for short periods of time. This was a fascinating place. The office area was always a scene of official activity relating to the railroad operation. The warehouse area always had marvelous and wondrous things stored there for pickup or shipment. Many strange and exciting agricultural items from Sears and Roebuck or from Montgomery Ward would be received and housed there for the owners to pick up.

Across Carlisle Avenue from the depot was the tavern/pool hall and barber shop. This building was open from floor to ceiling in the pool hall and tavern section, but had nomnal nine-foot ceilings in the barber shop area. The area over the barber shop was used for storage and accessed by ladder from the pool hall side. The tavern/pool hall served beer and wine and had several pool tables and card tables for the recreational use of those desining
the activities. It was strictly an up-and-up operation in this very familyoriented community. However, I can't remember seeing or hearing of any woman ever going farther than the first ten feet inside the door-usually, this was a wife looking for a wayward husband on pay day. The barber shop ran along the north side of the building from the front to about the middle. If had two barber chairs in the front and a beauty shop area at the rear portion. I don't remember a beauty shop operation there, but there was usually only one barber on duty during the week. However, on Saturday another barber would sometimes be imported to help out. Many of the woods crew would come in on that day, the only one they had off when the shop was open. Later, there was a shoe shine stand in the rear area, which I operated a few years hence

The railroad tracks ran east and west, just south of the depot and the tavern/pool hall. Across the tracks from the tavern/pool hall was Weaver's Garage with a vacant lot next to it, then the theater building. Across the tracks from the depot were the post office and general store. This was a very large structure with a feed storage building at the rear. The buildings were connected by a wood-loading dock and access decking. Connected to and part of the building was the dry goods department store. This was about two thirds the size of the grocery department and carried almost anything the residents would buy in the clothing or dry goods line. Behind the grocery department was the butcher shop and meat department. The fresh vegetables were also handled in this department, probably due to the plumbing and refrigeration potential. Behind the butcher shop was the ice plant. Here 100 -pound blocks of ice were frozen in rectangular molds, These were then cut into various-sized chunks and delivered to customers using ice boxes,

Just south of the dry goods store wall was a vacant area between the store building and the next building, which was a two-story structure and housed the tailor shop, bakery, drugstore, shoe repair shop, and the LO OF Hall. The IOOF. Hall was a multipurpose facility on the upper floor Many of the local clubs and other organizations would meet in this area. For a while, after we came to Onalaska, the dentist's office was located here. The dentist, Dr. Morrison, later moved into a facility he had built by Workman's Grocery Store. This was located in the lower part or "Slab Town" area of Onalaska. The tailor and his wife, Mr. and Mrs. Barney Bauer, operated the tailor shop and dry cleaning establishment in this building. A concrete walled structure was built behind this building where the use of the volatile cleaning solutions would be less prone to cause a destructive fire if ignited. Next to the tailor shop was the bakery. Here baking had been done for years prior to our arrival. However, competition
from prepackaged bread and pastry sold at the grocery store rendered this operation unprofitable. The bakery in Winlock then took over and began retailing some of its products out of this facility Etta Young operated the bakery. She also served short-order meals in conjunction with the bakery goods. My weakness for her hamburger sandwiches and fresh custard pie seemed to cause my lawn mowing wages to evaporate. Next to the bakery was the drugstore, operated by Mr. and Mrs. George Zopf. It boasted a full-service soda fountain at the front of the store, which was the epitome of pleasure for those who appreciated such gastronomical delights. The rear part of the store was devoted to the pharmaceutical activities and storeroom area. Bchind the drugstore and at the rear of the building was the shoe repair shop. For many years it was operated by a man of German descent; I believe his name was Heinie Huff. He was an artist with shoes and had everything in equipment that was needed to make shoes. Probably his most notable skill was in the area of caulk boot repair for the men working in the woods. I spent many parts of cold, rainy days watching him work at his machine.
/There exists a loyalty and a sincere, friendly cohesiveness among all Onalaskans, past and present-a camaraderie which has contmued throughout the years. As you take time to review the proud history of Onalaska, we hope that it will rekindle some warm memories.]

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8 oz . cream cheese
1 tsp lemon juice
3 tsp Worcestershire sauce
3 tbsp chopped green onions
$1 / 2 \mathrm{lb}$ imitation crab

Soften cream cheese, stir in lemon juice, Worcestershire sauce and onions. Flake crab and add to mixture. Serve with Wheat Thins or other crackers.

FRENCH ONION DIP
Flora Stonex
1/2 cup Best Foods Real Mayonaisse
2 cups sour cream
1 pkg (1.9 oz) Knorr french onion soup and recipe mix
Stir all ingredients until well mixed. Cover. Chill. Makes 2 1/2 cups.
SPINACH DIP
Flora Stonex
I cup Best Foods Real Mayonaisse
$11 / 2$ cups sour cream
$1 \mathrm{pkg}(10 \mathrm{oz})$ frozen chopped spinach, thawed and drained
1 pkg (1.4 oz) Knort vegetable soup and recipe mix
1 can ( 8 oz ) water chestnuts, drained and chopped (optional)
3 green onions, chopped
Stir all ingredients until well mixed Cover. Chill. Makes 3 cups.

## OLD EL PASO THICK ' N CHUNKY SALSA DIP Kay Dunlap

Pour $1 / 4$ cup Old EI Paso Thick 'n Chunky Salsa, Homestyle Chunky Salsa or Thick 'n Chunky Picante over 1 pkg ( 8 oz ) Philadelphia Cream Cheese. Serve with fortilla chips.

## MARIE'S HORSERADISH \& BACON DIP Judy Phillips

Chop, fry and drain 8 slices bacon
1/4 cup horseradish
I cup sour cream
1 cup mayonaisse
4 to 10 drops Tabasco sauce
Stir ingredients together. Good as a vegctable dip or on crackers or chips.

PINTO BEAN DIP Flora Stonex
1 can (29 oz) pinto beans, rinsed and drained
1 1/4 lsp sall, divided
1/4 tsp pepper
$1 / 8$ to $1 / 4$ tsp hot pepper sauce
3 ripe avocados, peeled and pitted
4 Isp lemon juice
1 cup ( 8 oz) sour cream
1/2 cup mayonaise
1 envelope taco seasoning mix
1 cup sliced green onions
2 medium tomatoes, chopped
1 I/2 cups ( 6 oz ) shredded cheddar cheese
1 can (2 $1 / 4 \mathrm{oz}$ ) sliced ripe olives, drained
Tortilla chips
In a bowl, mash beans with a fork. Stir in $3 / 4 \mathrm{tsp}$ salt, pepper and hot pepper sauce. Spread onto a $12^{\prime \prime}$ serving plate. Mash avocados with lemon juice and remaining salt, spread over bean mixture. Combine sour cream, mayonaise and taco seasoning; spread over avocado tayer. Sprinkle with onions, tomatoes, cheese and olives. Serve with tortilla chips. Yield $25-30$ servings.

A recipe that is as old as time itself, yet always delightfully new. They call it simple friendship; beloved, tried and true.

1 can salmon
1 pkg (8 oz) cream cheese
1 tbsp lemon juice
1 1/4 tsp Liquid Smoke
1/4 tsp horseradish
1/4 tsp salt
Chopped walnuts
Parsley
Soften cream cheese. Drain and flake salmon. Mix all ingredients except walnuts and parsley. Form into ball. Chill. Roll in chopped nuts and parsley.

VEGETABLE DIP
2/3 c mayonaise 1 tsp parsley flakes
I tsp BeauMonde seasoning mix

Kathy Nelson
$2 / 3$ c sour cream
I tsp onion soup mix
I tsp dill weed

Mix all together.

SHIRIMP OR CRAB DIP Stephanie Evans

Shrimp (fresh or canned) or Crab (fresh or canned)
2 pkg ( 8 oz ) cream cheese
Add mayonaise to texture
Garlic powder or creamed
Lemon pepper
2 tbsp jalapeno salsa
Onion, chopped fine
Celery, chopped tine
Use hand electric mixer and mix all ingredients except shrimp (or crab). Beat until smooth. Add shrimp (or crab). Mix together by hand. Chill. Serve cold. Keep cold!

1 pkg ( 8 oz ) cream cheese, softened
I jar ( 7 oz ) marshmallow cream
3-4 tbsp milk
Whole strawberries, melon and kiwifruit, cut into bite-size preces
Mix cream cheese, marshmallow cream and milk until smooth. Thread fruit on wooden skewers. Serve with dip.

Yield: I $1 / 2$ cups dip.

STRAWBERRY YOGURT DIP Kay Dunlap
Combine 1 tub ( 8 oz ) thawed Cool Whip with 2 cartons ( 8 oz each) of Breyer's Strawberry Yogurt. Add 1 cup mashed fresh strawberries. Mix well. Serve as a dip with fresh fruit. Makes 5 cups.

Recipe can be halved.

REFRESHING CITRUS DIP Kay Dunlap
1 pkg ( 8 oz ) Philadelphia Brand cream cheese or Philadelphia Brand Neufchatel cheese (which is $1 / 3$ less fat that cream cheese), softened

1/2 cup frozen orange juice concentrate, thawed
Place cream cheese and concentrate in blender or food processor container, cover. Blend until smooth. Refrigerate. Serve with assorted fruit dippers.

Makes 1 I/2 cups.

Swallow your pride occasionally. It's non-fattening!

1 pkg ( 80 oz ) cream cheese
4 oz shredded cheddar cheese
4 oz shredded blue cheese
1 bspp minced onion
1 tbsp Worcestershire sauce
$1 / 2 \mathrm{c}$ chopped walnuts
Leave cheese at room temperature for approximately 2 hours. Place all ingredients except nuts in a mixing bowl. Whip with mixer until all ingredients are combined. Shape into ball and roll in chopped nuts. rap and chill in refrigerator:

## CRAB BALL

Jeannie Frase

I tbsp Worcestershire sauce
I can crab meat, drained
2 pkgs ( 8 oz each) cream cheese, softened
3 green onions, chopped
Seafood sauce (Nalley's is good)
Simply combine first 4 ingredients and form into a ball. Refngerate to allow flavors to mix. To serve, pour sauce over the ball and serve with crackers.

CRAB BALL
1 cup chopped imitation crab
8 oz cream cheese
I tbsp Worcestershire sauce
$1 / 4$ cup chopped onion
Mix all together and shape into ball. Cover with cocktail sauce. COCKTAIL SAUCE
1/2 cup ketchup
1 tsp Dijon mustard
1 tsp horseradish
1 celery stock, Cinely chopped
1 tbsp chopped parsley
Spread on crackers
$11 / 2$ cups lemonade mix (Wylers)
2 cups Tang
$11 / 2$ cups instant tea
$11 / 2$ cups sugar
1 isp cinnamon
I tsp cloves
Mix all together. Use 2 teaspoons per cup of boiling water

CAPPUCINE MIX
Katy Schulz
1 cup instant coffee creamer
I cup instant cocoa
2/3 cup instant coffee
1/2 cup sugar
$1 / 2$ tsp cinnamon
1/4 tsp nutmeg
Combune all ingredients. One serving $=3$ tablespoons to 6 ounces of hot water

HOT CHOCOLATE MIX
Nancy Edwards

3 cups powdered milk
3/4 cup sugar
1/2 cup cocoa
Dash of salt
Sift the ingredients into a large bowl Pack the mix into airtight containers. Makes $41 / 4$ cups. Use 4 tablespoons of the mix to 8 ounces of boiling water. Stir until the chocolate mix is dissolved. Garnish with marshmallows or whipped cream.

There is no right way to do the wrong thing.

## Boil for 7 minutes:

3 cups sugar
4 cups water
Add $1 / 2$ cup instant coffee. Boil 3 minutes more.
Add 1 quart Vodka and 7 teaspoons pure vanilla.

| INSTANT RUSSIAN TEA | Melody Smith |
| :--- | :--- |
| $11 / 2$ cups instant tea |  |
| 4 cups Tang |  |
| 1 cup lemon powdered drink |  |
| 2 cups sugar |  |
| 4 tsp cimnamon |  |
| 2 tsp cloves |  |
| $1 / 2$ tsp salt |  |

Mix all together. Use 2-3 tsp per cup of water.
BREAKFAST DRINK Janet Morgan

1/2 cup orange juice
1 tosp dry milk
1 banana
1 tbsp sugar
7-8 ice cubes
Crush ice. Blend well. Juice can be changed for a different taste,

Debra Dobyns
4 bags Red Apple Herb Tea
1 quart water, boiling
1/4 cup apple cider vinegar
Steep 4 bags Red Apple Herb Tea in water. Refrigerate overnight. Add 1/4 cup apple cider vinegar to cold herb tea, then mix with Diet 7-Up or sparkling water and serve chilled.

2 cups orange juice I cup grapefruit juice 1/2 cup lemon juice 2 tbsp light corn syrup $21 / 2$ cups sparkling bottled water Combine juices and syrup in blender. Just before serving stir in sparkling water.

## QUANTITY FRUIT PUNCH Charlote Muir

8 cups water
116 -oz can frozen orange juice concentrate
112 -oz can frozen lemonade concentrate
246 -oz cans unsweetened pineapple juice
$21 / 2$ cupss sugar
1/4 cup lime juice
lee cubes
428 -oz bottles ginger ale, chilled
228 -oz bottled carbonated water, chilled
Fresh strawberries, halved lengthwise (optional)
Oranges, thinly sliced (optional)
Combine water and frozen concentrates, stir to dissolve. Stir in pineapple juice, sugar, and lime juice, stir to dissolve sugar, Chill To serve, pour half of the mixture of juices over ice in a large punch bowl. Slowly pour in 2 bottles of the ginger ale and 1 bottle of the carbonated water, stir gently to mix. Garnish with strawberries and orange slices, if desired or top with pineapple sherbet. Repeat with remaining ingredients when needed. Makes $90(4 \mathrm{oz})$ servings

## ORANGE JULIUS

6 oz frozen orange juice concentrate
5 tbsp powdered milk
1 tsp vanilla
$13 / 4$ cup cold water
3 tbsp sugar
Cubed or crushed ice
Put all ingredients together in blender and blend on high until ice is ground very fine.
$1 / 2$ cup brown sugar 1/4 tsp salt
2 gis cider
1 tsp whole allspice
I tsp whole cloves
3 cinnamon sticks
Nutmeg
Mix and heat to almost boiling. Let simmer and fill your house with this sweet aroma. Good to drink too!

TROPICAL BERRY BLAST Kay Dunlap
Combine 1 ripe banana, quartered
I can (8 oz) crushed pincapple, drained
I cup milk
$1 / 2$ cup fresh or frozen strawberries or raspberries
Place in blender or food processor container. Cover, Blend until thick and smooth. Serve immediately. Makes 2 servings.

RUSSIAN TEA (FRIENDSHIP TEA OR SPICED TEA) B. J. Brashear
2 cups Tang
13/4 cup sugar
3/4 cup instant tea (Nestea)
1/2 tsp cinnamon
1/4 tsp ground cloves
Lemonade mix for 2 quarts
Mix all together. Store in a sealed jar. 2-3 ceaspoons per cup with boiling water.

This recipe was given to me by a cousin, Pam Hiestand. It is great for any cool, wintry day. It is also a soothing drink when you have the flu or a cold. Packaged in a pretty jar, it makes a great gift for lots of occasions.

Roy's mother-in-law told me I'd better get an old family recipe in the book or be lion food, so here goes:

Her legal name was Georgia but we all called her Georgie and when Cousin Vietoria's kids couldn't pronounce Atlanta right she somehow became Aunt Alana. Her recipe originates from Confederate Kentucky via Lexington, Missouri. It is an acquired taste, but, as any good Southerner can tell you, chicken soup is better for you than coffee. Consider it an ounce of prevention.

Take one ounce of Mountain Grown or equivalent quality coffee per two cups, straight Starbucks or Millstone Columbian Supreme will do nicely ton. The point is no cheap coffee! Add a dash of chicory root (it is against the law to serve coffee without chicory in the South); one ounce per cup chicken soup, one level teaspoon of honey.

Directions: Put coffee and chicory and honey in the percolator tray, pour chicken soup over it, then make coffee as you would normally.

Note: $\Lambda$ cup is 8 oz . not these 6 oz doo-dads most restaurants give you Serve near a full cookie crock.

## CHOCOLATE MINT COFFEE

Nancy Edwards
$1 / 2$ cup non-dairy powdered creamer
1 cup sugar
1/4 cup instant coffee (decaf or regular)
1/4 cup cocoa powder
6 hard peppermint candies, broken into several pieces
Place all ingredients into blender or food processor and process until the candies are pulverized. Store in airtight containers. Makes 3 cups. To serve, place t $1 / 2$ tbsp in 6 oz of boiling water. Stir until mixture is smooth. Garnish with whipped cream and stir with a candy canc.

The only food that never goes up in price is food for thought.

## Bread \& Rolls



## ZUCCHINI BREAD

B. J. Brashear

| 3 large eggs | 1 tsp baking soda |
| :--- | :--- |
| I tbsp vanilla | $1 / 2$ tsp baking powder |
| 1 cup Canola oil | 1 tsp salt |
| 2 cups grated zucchini | 1 tsp cinnamon |
| 2 cups white flour | $1 / 2$ tsp lemon rind |
| 2 cups sugar | 1 cup raisins |

Sift the flours into a bowl. Mix all ingredients, in the order given, into a large bowl. Pour into greased pans. Bake at 350 for 1 hour or until a toothpick inserted in the middie comes out clean. Makes 2 loaves or 20 cup cakes.

## APPLE ORANGE BREAD Cindy Hanson

2 large unpeeled baking apples, cored and quartered
I large unpeeled orange, quartered
$11 / 2$ cups raisins
$2 / 3$ cup shortening
2 cups sugar
4 eggs
1 tsp lemon extract
4 cups all-purpose flour
2 tsp baking powder
1 t/2 tsp baking soda
I tsp salt
2/3 cup orange juice
1 cup chopped walnuts
In a blender or food processor, process apples, oranges and raisins until
finely chopped. Set aside. In a large mixing bowl, cream shortening and sugar, Add eggs, one at a time, beating well after each addition, beat until light and fluffy. Beat in extract. Combine dry ingredients, add to creamed mixture alternately with orange juice. Stir in fruit mixture and nuts. Pour into 3 greased 8 in. $\times 4$ in $\times 2$ in. loaf pans. Bake at 350 for $50-55$ minutes or until a wooden pick inserted near the center comes out clean. Cool in pans 10 minutes before removing to wire racks to cool completely. Yield: 3 loaves.

| $31 / 2$ cups flour | 2 tsp soda |
| :--- | :--- |
| $11 / 2$ tsp salt | 1 tsp cinnamon |
| 1 tsp nutmeg | 1 cup oil |
| 2 cups canned pumpkin | 4 eggs |
| 3 cups sugar | $1 / 3$ cup water |

Bake 350 for 1 hour. Makes 3 loaves.

BISHOP BREAD
Inez Tomlinson

Mix together: 2 cups flour (not sifted)
1 cup brown sugar
1/2 cup Crisco (or margerine)
$1 / 2$ tsp salt
Set aside $3 / 4$ cup for topping later. Add to the rest of the flour mixture:
I/2 tsp baking soda
$11 / 2$ tsp baking powder
1 tsp cinnamon
1 egg, well beaten
3/4 cup sour milk (add 1 tbsp vinegar to fresh milk)
$3 / 4$ cup chopped nuts
1 cup raisins
Bake at 400 for 25 minutes in greased square pan. Sprinkle $3 / 4$ cup topping over the batter before baking.

ZUCCHINI COCOA BREAD
Evelyn Miller
$11 / 2$ cup sugar 1 cup oil
I cup zucchini (blend zucchini until milky in blender)
1 tsp vanilla
1/2 tsp salt
1 egg
2 cups flour
1/2 cup cocoa
$11 / 2$ tsp baking soda
1/2 cup cold coffee
Mix together all ingredients except coffee. This is thick. Mix well.
Now add coffee and mix. Makes 2 loaves Bake 325 for 45 minutes.

8 slices of white bread
1 tbsp + 1 tsp margerine
$11 / 3 \mathrm{c}$ milk
2 tbsp sugar
2 eggs
1 tsp vanilla
$1 / 2$ tsp cinnamon
2 tbsp raisins
1 box instant vanilla pudding
Toast bread. Spread with margerine, Cube bread. Scald milk (4-7 min. in microwave). Beat eggs, add sugar, cinnamon, vanilla. Stir in milk. Mix well. Add bread and raisins. Mix well. Pour into $8 \times 8^{\prime \prime}$ baking dish. Bake at medium power in microwave for about 10 minutes. Mix the vanilla pudding according to directions on box and spoon over the bread pudding. ENJOY!

BATTER RHUBARB BREAD
$11 / 2$ cup brown sugar
2/3 cup liquid shortening
1 egg
l cup sour milk
1 tsp salt
1/2 cup chopped nuts
TOPPING:
$1 / 2$ cup sugar $\quad 2$ tbsp butter
1/2 tsp cinnamon

Jim Johnson

1 tsp soda
1 tsp vanilla
$21 / 2$ cups flour
$11 / 2$ cup finely chopped
thubarb

Combine brown sugar and shortening. Stir in egg. sour milk and vanilla. Add sifted dry ingredients. Stir in rhubarb and nuts. Pour into 2 well greased loaf pans. Combine topping ingredients and sprinkle on top. Bake 325 about 40 minutes. DO NOT OVERBAKE!

HINT
Cut flowers will last longer if you keep them in a solution of 2 tablespoons of vinegar and 3 teaspoons sugar to a quart of water.

| $11 / 3$ cup soft oleo | 2 cups sugar |
| :--- | :--- |
| 8 eggs, beaten | 3 cups mashed ripe bananas |
| 2 cups nuts | 7 cups flour |
| 8 tsp baking powder | 2 tsp salt | 2 tsp soda

Bake at 350 for 1 hour. Makes 3 loaves.

PUMPKIN BREAD
Linda Hanson

| 4 cups sugar | 1 tsp baking powder |
| :--- | :--- |
| 4 cups pumpkin | 4 tsp soda |
| I cup oil | I sp cloves |
| 5 cups sifted flour | 1 itsp cinnamon |
| 1 cup ground walnuts | 1 tsp salt |
| 1 cup raisins |  |

Mix sugar, pumpkin and oil together. Sift flour, salt, soda, baking powder and spices together. Grease 3 loaf pans and divide mixture into pans. Bake at 350 for 1 hour. Cool on racks after taking out of pans Freezes well.
Note: I find that it takes about $11 / 2$ hours to bake! Candied fruits or drained crushed pineapple or extra raisens makes a richer bread.

## DATE BREAD

$11 / 2$ cup chopped dates
1 tsp soda
1 cup boiling water
1 cup sugar
1 tsp vanilla
$1 / 2$ cup chopped nuts

Carroll Brown
1 tsp baking powder
$1 / 2 \mathrm{lsp}$ salt (optional)
1/4 cup shortening
2 eggs
2 cups flour

Sprinkle soda over dates. Pour boiling water over all and let cool. Cream shortening and sugar. Add dates. Add eggs and vanilla. Add dry ingredients to date mixture. Stir and then add nuts. Bake in 2 small loaf pans at 350 for $40-45$ minutes.

1 cup sugar
2 eggs
3 tbsp sour milk
2 cups flour

1/2 cup butter or margerine
3 bananas, mashed
1 tsp soda
$1 / 4$ tsp salt

Blend well the sugar, butter and eggs. Add hananas. Put soda into milk. Add soda and milk mixture to creamed mixture alternately with the sified flour Bake slowly in 350 oven for 1 hour. Makes 1 large loaf or four small loaves. Grease pans well.

## BANANA OAT BREAD

Chad Riffe
$1 / 2$ cup butter or margérine $\quad 1 / 2$ tsp cinnamon
$1 / 2$ cup sugar
$11 / 2$ cup ripe mashed bananas
2 eggs
1/4 cup milk
1 cup flour
1 cup regular or quick oats
1 tsp baking soda
1/3 cup raisins
$1 / 2 \mathrm{tsp}$ salt
In large bowl, cream butter with sugar until light and fluffy. Beat in eggs. Mix flour, baking soda, salt and cinnamon. Add to creamed mixture alternately with bananas and milk, Stir in oats and raisins. Pour into greased $9 \times 5 \times 3$ loaf pan. Bake at 350 for 1 hour or until done. Cool 10 minutes and turn out of pans.

VELVET BANANA BREAD

| 5 large ripe banaras | 4 eggs, well beaten |
| :--- | :--- |
| 1 cup shortening | 2 cups sugar |
| 4 cups sifted flour | 2 tsp soda |
| 1 tsp salt | 1 cup walnuts |

Beat bananas until liquid. Combine with eggs and set aside. Cream together shortening and sugar until fluffy. Add banana mixture and blend. Add sifted dry ingredients and stir until smooth, Fold in nuts. Grease loaf pans, 3 medium size, pour in and bake at 350 for $45-50$ minutes or until done.

## BANANA APPLESAUCE QUICK BREAD Fern M. Thayer

1/2 cup shortening
3/4 cup sugar
2 eggs
2 cups flour
3 tbsp buttermilk or sour milk
1 medium banana, mashed - add applesauce to make I cup
Cream shortening and sugar. Add eggs one at a time. Cream well. Add banana. Add flour mixture alternately with buttermilk. Bake in bread pan in 350 oven for 1 hour.

## LEMON BREAD

Katherine Davis

6 tbsp butter or margerine $\quad 11 / 4$ cup sugar
1/4 tsp salt
2 eggs
1/2 cup milk
1 tsp baking powder

1 1/2 cup siffed flour
Grated rind and juice of 1 lemon

Cream butter and 1 cup sugar. Add eggs and mix well. Combine flour, baking powder and salt. Add to creamed mixture alternately with milk. Stir in lemon rind and place in a greased and floured $9 \times 5$ loaf pan. Bake in preheated oven 350 for 1 hour. Mix remaining $1 / 4$ cup sugar with lemon juice while the bread is baking, then stir occasionally, Remove bread from oven and pierce all over with a toothpick. Pour lemon glaze over the top, then cool. Place bread on a rack to cool.

## ZUCCHINI PINEAPPLE RAISIN NUT BREAD Katherine Davis

| 3 eggs | 3 cups flour |
| :--- | :--- |
| 2 cups sugar | 2 tsp soda |
| 1 cup salad oil | 1 tsp salt |
| 2 tsp vanilla | $1 / 2$ tsp baking powder |
| 2 cups grated zucchini | 2 tsp cinnamon |
| 1 can (8 1/4 oz) well drained crushed pineapple |  |
| 1 cup nuts | 1 cup raisins |

Beat eggs, add sugar, oil and vanilla and beat until light and fluffy. Stir in zucchini and pineapple. Combine flour, soda, salt, baking powder, cinnamon, nuts and raisens. Stir gently into zucchini mixture. Pour into 2 greased and floured loaf tins. Bake 1 hour or until done at 350 .

| 3 eggs | $11 / 2$ cup sugar |
| :--- | :--- |
| 1 cup oil | 2 tsp vanilla |
| 3 cups mashed pears | 3 cups flour |
| $1 / 2$ cup cocoa | 1 tsp salt |
| 1 tsp baking soda | $1 / 2$ tsp baking powder |
| $11 / 2$ tsp cinnamon | $1 / 2$ cup chopped nuts |

Beat eggs until light and fluffy and add sugar. Beat until well blended. Stir in oil, pears and vanilla, Sift dry ingredients and stir into egg mixture with nuts. Pour into 2 greased and floured loaf pans. Bake al 350 for 1 bour or until done. Cool on rack. Chill before slicing.

## ZUCCHINI BREAD

1 cup sugar
1 cup salad oil
3 cups grated zucchini
(leave skin on)
1 tsp salt
3 tsp cinnamon
$1 / 2$ cup nuts (optional)

Kay Dunlap
I cup brown sugar
3 kggs , beaten
3 tsp vanilla
3 cups flour
I tsp soda
1/4 tsp baking powder

Combine sugars, salad oil and eggs. Beat until well blended. Add zucchini and vanilla. Mix salt, flour, soda, cinnamon and baking powder and sift into creamed mixture, blending well. Add chopped nuts. Pour into greased and lightly floured loaf pans. Bake 325 for 45 minutes to 1 hour or until knife inserted in middle comes out clean. Makes 2 loaves.

BANANA BREAD
I cup bananas, mashed
1/2 cup ofl
$11 / 2$ cups sugar
4 tbsp buttermilk or sour milk
1 tsp vanilla

Katherine Davis
$11 / 2$ cups flour
1 tsp soda
1/2 tsp salt
1 cup nuts, chopped
3 eggs

Combine bananas, oil, sugar, milk, vanilla and eggs, mix. Combine flour, soda and salt. Add to banana mixture. Add nuts. Bake in 2 greased and floured loaf pans for 40-45 minutes at 350 .

| 4 eggs, beaten | 2 tsp soda |
| :--- | :--- |
| 3 cups sugar | 2 tsp (scant) salt |
| 1 cup salad oil | 1 tsp allspice |
| 2 cups pumpkin | 1 tsp cimnamon |
| 3 t/2 cups flour | $1 / 2$ tsp cloves |
| 1 tsp baking powder | $2 / 3$ cup water |

Combine eggs, sugar and oil.. Add pumpkin and blend. Sift dry ingredients, add to mixture. Add water and nuts, blend. Pour into 3 greased and floured loaf pans. Bake at 350 for 1 hour. Mixture may be stored in freezer. Yields 3 loaves.

BANANA BREAD Bev Lyons
This makes a moist and delicious bread.

1/3 cup shortening
2 eggs
2 isp baking powder
1/2 tsp salt

Cream shortening, sugar and eggs until light and fluffy, about 4 minutes with hand mixer. Sift together flour, baking powder, baking soda and salt Add half of flour mixture and half of the bananas to the creamed mixture. Blend well. Add remaining flour and bananas. Blend until smooth. Add nuts. Pour into greased and floured loaf pan. Bake 1 hour al 350 or toothpick test.

CARMEL BISCUIT RING-A-ROUND Linda Hanson

2/3 cup sugar
$13 / 4$ cup flour
1/4 tsp baking soda
1/2 cup mashed bananas

1/2 cup chopped nuts

1/3 cup brown sugar
3 tbsp matgarine
1 tbsp water

Put first 3 ungredients in microwave for I minute, stir in nuts. Cut biscuits inlo quarters. Stir to coat each piece. Put custard cup in center of dish. Microwave $2 \min 30$ seconds uncovered. Let stand 2 minutes.
$2 / 3$ cups shortening
2 cups applesauce
4 eggs
2 tsp soda
$11 / 2$ tsp salt
1 tsp cloves
1 cup raisins
$22 / 3$ cup sugar
$2 / 3$ cup water
$31 / 3$ cups flour
1/2 tsp baking powder
1 tsp cinnamon
1 cup chopped walnuts

Cream shortening and sugar until light and fluffy. Add applesauce, water and eggs. Mix well. Add flour, soda, baking powder, salt and spices and mix well. Stir in raisins and nuts. Spray 7 wide mouth pint jars with non-stick cooking spray. Fill jars $2 / 3$ full. Bake at 325 for exactly 45 minutes. Remove jars from oven, otie at a time and seal quickly with 2 piece lids, pressing bread down if necessary, Let stand until cool. Give as gifts - use only jars suitable for canning. Makes 7 jars, 8 servings per jar. 120 calories per serving.

## OATMEAL BREAD

2 cups boiling water
1/3 cup shortening
1/2 cup sugar
2 pkg yeast
$51 / 2$ cups sifted flour

Elinor Nelson
I cup rolled oats
2 tsp salt
1/2 cup molasses
2 eggs

Combine boiling water, rolled oats, shortening, salt, sugar and molasses. Cool to lukewarm. Add 2 packages years. Mix well and blend in eggs. Add flour, Mix until well blended. (This dough will be softer than a breaded dough). Cover and place dough in refrigerator at least 2 hours. Shape chilled dough in 2 loaves on a well floured board. Place in greased pans and cover: Let rise in warm place until double (about 2 hours). Bake at 350 for 1 hour.

2 pkg dry yeast
1/2 cup sugar
$1 / 2$ tsp sait
1/2 cup soft margerine
About 5 cups sifted flour

1/4 cup very warm water
3/4 cup lukewarm milk (scalded \& cooled)
2 eggs

Dissolve yeast in water. Let stand. Pour milk in large bowl with sugar, salt and margerine. Stir in eggs and yeasL. Add half of flour, beat until smooth. Add rest of four and blend until batter leaves sides of bowl. Dough will be soft. Put on floured cloth. Knead 50 times. Put in greased bowl, let rise for 1 hour. Punch down, turn and let rest for 15 minutes. Roll $1 / 2^{\prime \prime}$ thick on floured board. Cut into $3 \mathrm{xI}^{\prime \prime}$ strips. Let rise while heating oil to 375. Cut edge on one side past middle 4 times, Fry in oil until golden brown. Shake in sugar in paper sack.

## BUTTERHORNS

Delicious and so easy!
4 cups sifted flour
1/2 cup margerine
1/4 cup warm water
1 cup warm milk

Evelyn Miller

3 tbsp sugar
$1 / 2$ tsp salt
2 pkg yeast
2 eggs, beaten

Mix flour, sugar, salt and margerine (like pie dough). Mix yeast with warm water, add warm milk and beaten eggs. Dough will not be stiff. Cover and refrigerate overnight. Divide in half Roll each in oblong and spread butter, brown sugar and cimnamon. Roll up and cut into $1 / 2^{*}$ slices, place on cookie sheet and flatten each roll with hands. Allow to raise until double. Bake 12-15 minutes at 350 . Dough can be used for other sweet rolls. Lightly frost rolls.

SYRUP
Linda Hanson
Cook until sugar dissolves on medium heat,

[^1]4 cups flour
$1 / 2$ cup shortening
1/2 cup sugar
It tsp salı

I $1 / 2$ cups scaided miik
2 eggs, beaten
1 yeast cake

Soak yeast in $1 / 2$ cup of the scalded milk plus 2 tbsp of the sugar. Put dry ingredients in large bowl, mix in all wet ingredients, stir well. Cover and store in refrigerator at least 4 hours - up to one week. Use amount wanted. Roll out and cut in wedges and roll wedges. Let rise and bake 10 minutes at 375 .

CAKE MIX CINNAMON ROLLS Flora Stonex
I box yellow or white cake mix $\quad 2 \mathrm{pkg}$ instant yeast
$3 / 4$ tsp salt 5 cups flour
$21 / 2 \mathrm{cups}$ hot water
Mix in bowl and let rise double. Punch and roll out. Spread with butter, brown sugar and cinnamon. Add raisins and nuts if desired. Roll up and cut. Place in greased pan and let raise. Put topping on. Bake at 350 for 25-30 mün.
TOPPING:
$1 / 4$ cup butter
1 cup chopped nuts
Drizzle over rolls before baking:

I loaf Rhodes frozen dough (white) $\begin{aligned} & \text { Brown sugar } \\ & \text { Butter } \\ & \text { Cinnamon }\end{aligned}$
Nuts, optional
Place 3 cups water in microwave, bring to boil ( $6-8 \mathrm{~min}$ ). Place frozer loaf in greased pie pan. After water has boiled, place bread dough in microwave in the pan. On full power set for 30 seconds. Leave door closed and wait 20 minutes. Set for 30 seconds again and wait 20 minutes. If bread is not thawed, repeat 30 seconds and wait 20 minutes. When thawed, roll bread dough out in about a $9 \times 13$ rectangle. Spread with butter, sprinkle cinnamon and brown sugar. Add nuts. Roll up and make a circle. Pinch ends together. Place in pie pan with seam down, Place in conventional oven at 375 for about 20 minutes. Add a glaze if desired.

4 cups flour
$1 / 2$ cup shortening
1/2 cup sugar
$11 / 2$ cups scalded milk
2 eggs, beaten
1 yeast cake

## 1 tsp salt

Soak yeast in $1 / 2$ cup of the scalded milk plus 2 tbsp of the sugar. Put dry ingredients in large bowl, mix in all wet ingredients, stir well. Cover and store in refrigerator at least 4 hours - up to one week. Use amount wanted. Roll out and cut in wedges and roll wedges. Let rise and bake 10 minutes at 375 .

## CAKE MIX CINNAMON ROLLS <br> Flora Stonex

1 box yellow or white cake mix
$3 / 4 \mathrm{tsp}$ salt
2 pkg instant yeast
$21 / 2$ cups hot water
Mix in bowl and let rise double. Punch and roll out. Spread with butter, brown sugar and cinnamon. Add raisins and nuts if desired. Roll up and cut. Place in greased pan and let raise. Put topping on. Bake at 350 for $25-30 \mathrm{~min}$.
TOPPING:
1/4 cup butter
4 tbsp light Karo syrup
1 cup chopped nuts
Drizzle over rolls before baking.

## CINNAMON NUT RING <br> Judy Riffe

| I loaf Rhodes frozen dough (white) | Brown sugar |
| :--- | :--- |
| Butter | Cinnamon |

Nuts, optional
Place 3 cups water in microwave, bring to boil ( $6-8 \mathrm{~min}$ ). Place frozen loaf in greased pie pan. After water has boiled, place bread dough in microwave in the pan. On full power set for 30 seconds. Leave door closed and wait 20 minutes. Set for 30 seconds again and wait 20 minutes. If bread is not thawed, repeat 30 seconds and wait 20 minutes. When thawed, roll bread dough out in about a $9 \times 13$ rectangle. Spread with butter, sprinkle cinnamon and brown sugar. Add nuts. Roll up and make a circle. Pinch ends together. Place in pie pan with seam down. Place in conventional oven at 375 for about 20 minutes. Add a glaze if desired.

1 tbsp dry yeast
3 tbsp sugar
1 egg
I quart warm water
$1 / 2$ cup dry milk (optional)
$1 / 3$ cup oil
1/2 tbsp salt
2-3 pounds of flour

Combine yeast, sugar, egg, oil, and water in a large steel bowl. Allow to stand for 5 minutes. Mix in enough flour to reach a batter-like consistency. Beat out all lumps with a wire whisk. Sprinkle salt on top (and dry milk). Pour more flour in and stir it in with a wooden spatula until it reaches the consistency of pond scum. Cover and let stand until tripled in volume. Using well greased hands, pull dough out in $1 / 2$ to 1 cup pieces and let rise 10 mimutes on a well greased cookie sheet. Bake at 400 for 20 minutes or until well browned.

SPECIAL CINNAMON ROLI.S
2 pkgs dry yeast
8 cups white flour
2 cups warm milk
2 eggs, slightly beaten
$1 / 2$ cup vegetable oil
1/4 cup butter, melted
FILLING:
1 cup packed brown sugar
I cup raisins
GLAZE:
1 cup powdered sugar
1/4 tsp vanilla
In a mixing bowl, dissolve yeast in water. Add flour, pudding mix, milk, eggs, sugar, oil, and salt. Mix well (do not knead). Place in a greased bowl; turn once to grease top., Cover and let rise in a warm place until doubled, about 1 hour. Punch down. Turn onto a lightly floured board; divide in half. Roll each half into a $12^{\prime \prime} x 8^{\prime \prime}$ rectangle; brush with butter, Combine filling ingredients; spread over dough. Roll up from the long side; seal seam. Slice each roll into 12 rolls; place cut side down in two greased $13 \times 9 \times 2$ baking pans. Cover and let rise until nearly doubled, 45 minutes. Bake 350 for $25-30$ minutes or until golden brown, Combine glaze ingredients; drizzle over rolls. Cool in pans on wire racks. Yield: 2 dozen.


REFRIGERATOR ROLLS
I cup boiling water
1 cup sugar
2 eggs, beaten
1 cup lukewarm water

Charlote Muir
I cup shortening
$11 / 2$ tsp salt
2 pkg dry yeast
6 cups flour

Combine boiling water, shortening, sugar and salt. Blend and cool. Add eggs. Sprinkle yeast into lukewarm water, stir until dissolved. Combine with egg mixture. Blend in flour. Knead 7-10 minutes. Place dough into a clean greased bowl, cover and place in refrigerator.

This will keep a week to 10 days and may be used as needed. About 3 hours before using rolls, shape, using only enough extra flour to make them easy to handle. May also divide the dough in half and roll each half out until about $1 / 2$ " thick. Cover with melted butter, cinnamon and brown sugar. Roll up for cinnamon rolls, then slice and place in greased pans. Allow rolls to rise until double in bulk. Bake in $325-350$ oven for 15-20 minutes for dirner rolls or $25-30$ minutes for cinnamon rolls.

FOOD FOR THOUGHT: One kind word can warm the coldest day and the coldest heart.

HINT: Add a teaspoon of butter when cooking cranberries, the foam will be eliminated

Mix together:
2 tbsp yeast
1 tsp sugar
Add
2 cups warm water $\quad 1 / 2$ cup dry milk (full)
2 tbsp gluten flour (get at health food store)
$11 / 2$ cups flour
Mix all together, then add 2 eggs, $1 / 2$ oup oil, 3/4 cup sugar and 1 tbsp salt. Cover and let set and rise. Save enough oil to grease the bottom of bowl. Add 2 cups flour-mix. Add 2 cups more - mix. Add I cup more -mix. Put 1 heaping cup of flour on the counter, knead dough. Add $1 / 2$ eup or so more so dough is not sticky. Cover and let rise. Punch down, roll out with rolling pin. Butter. Cut into strips and roll up for rolls. Let rise. Bake 350 less than 20 minutes

POCKET BREAD

5 cups warm water
4 tbsp oil
9 cups white flour

Peggy Zuclich
2 tbsp yeast
2 tbsp salt
3-4 cups whole wheat flour

Dissolve yeast in water. Add oil and mix in 6 cups flour; beat very well until dough is smooth and stretchy. Add the salt and begin adding remaining flour cup by cup. Knead until no longer sticky. Then turn on to a floured board. Stop kneading when dough is firm and smooth but not stiff. Return to bowl, brush with oil and let rise until double. Punch down. Weigh out 4 oz . Shape and let rest 10 minutes. Roll out I/4" thick flat cakes. Rest again for 5-10 minutes. Bake on oven floor about 5 minutes. Cut in half. Oven temperature 450

YEAST

## Margaret Wallace

This is a depression days recipe.
1 pint buttermilk
Bring to a boil, stir in enough cornmeal to make it quite thick. Let cool, then stir in a yeast cake soaked in water. Let raise overnight. Next morning stir in I/2 cup bread flour. Let raise until light, then stir in cormmeal until you can roll it out on a board, until theckness of yeast cake. Cut up in yeast cake size. Dry, store in sugar sack. Hang up.
6-7 cups all purpose flour
2 tsp salt
1 cup water
$1 / 2$ cup margarine or butter

$$
\begin{aligned}
& 1 / 2 \text { cup sugat } \\
& 2 \text { pkg dry ycast } \\
& 1 \text { cup milk } \\
& 1 \text { egg }
\end{aligned}
$$

In large bowl, combine 2 cups flour, sugar, salt and yeast; blend well. In small saucepan, heat water, milk and margarine until very warm (120130 F ). Add warm liquid and egg to flour mixture. Blend at low speed until moistened; beat 3 minutes at medium speed. By hand, stir in an additional 3 cups flour until dough pulls cleanly away from sides of bowl. On floured surface, knead in 1-2 cups flour until dough is smooth and elastic, about 8-10 minutes. Place dough in greased bowl; cover lousely with plastic wrap and cloth towel. Let rise in warm place until light and doubled in size, about 45-60 minutes, Punch down dough several times to remove all air bubbles. Divide dough in half. Shape and bake each half as directed in the following recipe.
TIP. To make dough a day ahead, after first rise time, punch down dough, cover and refrigerate dough overnight. Shape dough and let rise as directed in recipe.

ORANGE ROLLS
$1 / 2$ recipe Basic Sweet Roll
1/3 cup sugar
ORANGE FROSTTNG.
1/2 cup powdered sugar
1-2 tbsp orange juice

## Geana Dobyns

2 tbsp margarine or butter, melted 2 tsp grated orange peel

1 ibsp margarine or butter, melted

Generously grease 18 muffin cups. On lightly floured surface, roll dough into $18^{\prime \prime} \times 12^{\prime \prime}$ rectangle, Spread with 2 ibsp melted margarine. In small bowl, combine sugar and orange peel; blend well. Sprinkle over dough. Starting with $18^{\prime \prime}$ side, roll up tightly, pressing edges to seal. Cut into 18 slices; place cut side down in greased muffin cups. Cover loosely with greased plastic wrap and cloth towel. Let rise in warm place until light and almost doubled in size, about 30-45 minutes. Heat oven to 350. Uncover dough, bake 15-20 minutes or until golden brown. Immediately remove from pan, cool slightly on wire rack. In small bowl, combine frosting ingredients, adding enough orange juice for desired spreading consistency. Frost warm rolls. Serve warm. Yield: 18 rolls.

2 cups Bisquick
1/2 cup grated cheddar cheese
1/4 tsp garlic powder or
salt
Preheat oven to 450. Mix Bisquick, milk and cheese together. Put by spoonfuls on ungreased cookie sheet. Bake 8-10 minutes. Remove from oven. While biscuits are baking, melt butter, add parsley flakes and garlic powder to the butter. Brush on tops of biscuits as soon as they come out of the oven.

NOTE: Another recipe says 2 tbsp of melted butter.
HIGH RISE BISCUITS Lon' Perkins

| 2 cups flour | 2 tsp sugar |
| :--- | :--- |
| 2 tsp haking powder | 1 tsp soda |
| $1 / 3$ cup Crisco shortening | $2 / 3$ cup canned milk |
| 2 tbsp vinegar | i tsp salt |

Heat oven to 450. Measure flour, baking powder, soda, salt and sugar into large mixing bowl. Cut in shortening. Measure canned milk and add vinegar to milk. Let set for a minute or so. Add to flour mixture. Gently, with fingers, mix dough until moistened and holds together. Do not overwork dough! Pat dough onto floured board 1-2" thick. Cut out biscuits. Place on ungreased baking pan or lined with parchment paper. Bake 10 minutes at 450 or until light golden brown. Makes about 10-12 biscuits depending on size of biscuit cutter.

LOCUST BLOSSOM FRITTERS Margaret Wallace
2 eggs $\quad 2$ tbsp milk
Pinch of salt 1 tsp baking powder
I tbsp sugar
Enough flour to make thin batter
Beat eggs and add rest of ingredients in order. Dip a cluster of blossoms in batter and fry in deep fat. Hot, so as to fry quick. Take out and roll in powdered sugar.

Dissolve 1 pkg yeast in $1 / 2$ cup warm water. Siff together:
5 cups flour
3 tsp baking powder
3 tbsp sugar
Cut in $3 / 4$ cup shortening. Add 2 cups sour milk, scalded. Add dissolved yeast, work until well moistened. Put in covered borwl in refrigerator. Use as needed. Roll out $1 / 2^{\prime \prime}$ thick. Cut with biscuit cutter and roll in butter. Bake 12 minutes at 400 .

BAKING POWDER BISCUITS Buck Hanson

2 cups flour
4 tsp baking powder
$1 / 2$ tsp cream of tartar
2/3 cup milk

Sift dry ingredients together. Cut in shortening until shortening is size of small peas. Add milk and stir until most of the flour mixture is moistened. Tum out on bread board. Knead 7-8 times. Roll on lightly floured bread board. Cut with biscuit cutter. Place on baking sheet. Bake 450 for 15 minutes or until golden brown.

ANGEL BISCUITS
2 pkg dry yeast
2 cups warm buttermilk
1/3 cup sugar
It sp soda
I cup shortening

Flora Stonex
$1 / 4$ cup warm water
5 cups flour
1 tbsp baking powder
2 tsp salt
Melted butter or margarine

Dissolve yeast in warm water. Let stand 5 minutes. Stir in the buttermilk; set aside. In a large mixing bowl, combine flour, sugar. baking powder, soda and salt. Cut in shortening with a pastry blender until mixture resembles coarse meal. Stir in yeastbuttermilk mixture; mix well. Turn out on a lightly floured surface; knead lightly $3-4$ times. Roll to a $1 / 2^{\prime \prime}$ thickness. Cut with a $21 / 2^{\prime \prime}$ biscuit cutter. Place on a lightly greased baking sheet. Cover, let rise in warm place about 1 1/2 hours. Bake at 450 for $8-10$ minutes, Lightly brush tops with melted butter. Yield: About 2 1/2 dozen.

| 1 loaf raisin bread or whatever | 5 eggs |
| :--- | :--- |
| 2 egg yolks | I cup light cream |
| $3 / 4$ cup brown sugar | I tsp pumpkin pie spice |
| 1 tsp maple flavoring | I tsp vanilla |


| 3 cups milk | I/4 cup melted butter or margarine |
| :--- | :--- |
| Arrange 8 slices bread in bottom of 2 greased $8^{\prime \prime}$ square baking pans. In |  |
| large bowl, beat eggs, yolks, cream, brown sugar, pie spice and |  |
| flavorings. Gradually add milk, beating until well blended. Pour over |  |
| bread. Cover. Chill overnight. Remove from refrigerator 30 minutes |  |
| before baking. Drizzle with butter. Bake uncovered at 350 for $45-60$ |  |
| minutes or until knife inserted in center comes out clean. Serve warm. |  |
| Serves $6-8$. |  |

ZUCCHINI PANCAKES Roger Berg

2 cups zucchini
2 tbsp butter 1/3 cup pancake mix
Mix all together in a bowl. Pour on hot griddle. Cook 'til done.
GOLDEN PUFFS
2 eggs
2 tbsp cheese

Sarah Hanson

| 2 cups flour | $1 / 4$ cup sugar |
| :--- | :--- |
| 3 tsp baking powder | 1 tsp salt |
| 1 tsp nutmeg | $1 / 4$ cup oil |
| $3 / 4$ cup milk | 1 egg |

Measure flour and sift. Blend dry ingredients. Add oil, milk and egg. Mix well with fork. Drop by teaspoonfuls into hot fat (375). Fry about 3 minutes, or until golden brown. Drain. Roll warm puffs in cinnamon/sugar mixture. Makes $21 / 1$ dozen puffs.

CORN BREAD
Ruby C. Meyer

| $1 / 2$ cup butter | $11 / 2$ cups flour |
| :--- | :--- |
| 1 cup sugar | 2 tsp baking powder |
| 2 eggs | $1 / 2$ tsp salt |
| 1 cup cornmeal | $11 / 2$ cups milk |

Cream butter and sugar, add eggs and beat well. Add cornmeal, dry ingredients and milk. Pour into greased baking dish. Bake 30-40 minutes at 375 .

2 cups cornmeal
1 tsp salt
1 tsp soda
2 tsp sugar

2 cups sour milk
2 eggs, beaten
2 tbsp melted shortening

Sift dry ingredients together and add milk, eggs and shortening. Mix well. Pour into greased pan and bake in hot oven, 400 , for 30 minutes or until done. Serves 9-10

## HUSH PUPPIES

Kay Dunlap
This recipe is about 40 years old. To my beloved grandmother, Mrs. Lelia Outlaw, who gave me this recipe and who was a very special part of my life when I was a little girl and even throughout my adult life. Thank you so very much for everything you taught me as I was growing up and learning to be my own person. Your guideness, your careness, and most of all your love and understanding. I will always miss you and you will forever be in my heart.

1/2 cup chopped white onion
1 cup yellow commeal
2 tsp baking powder
1 tsp pepper
3/4 cup buttermilk

1/2 cup chopped green onion
1 cup plain flour
I tsp salt
1 egg

Beat egg and milk real good, then add all other ingredients and mix well Drop by tablespoonfuls into deep fryer until hush puppies float to the top and are golden brown. Serve hot with butter.

MUFFINS
1 cup oatmeal
1/2-1 cup applesauce
1/4 cup boiling water
$11 / 2$ cup flour
$1 / 2$ tsp soda

Dianna Tiede
2.3 mashed bananas
$1 / 2$ cup brown sugar or $1 / 4$ cup honey
2 egg whites
2 tsp baking powder

Bake 350 for about 20 minutes
i $3 / 4$ cup flour
21/2 tsp baking powder
3/4 cup milk
$1 / 2$ cup sugar
1 egg, well beaten
$1 / 3$ cup cooking oil

Stir together thoroughly the flour, sugar and baking powder, make hole in center. Combine egg, milk and oil. Add all at once to dry mixture. Stir just til moistened. Fill well greased muffin pans or paper cup lined muffin pans $2 / 3$ full. Bake at 400 for $20-25$ minutes. Makes 12 muffins. NOTE: You may add $1 / 2-1$ cup of fruit with liquids.

## WHEAT GERM MUFFINS

2/3 cup Bisquick
1/4 cup sugar
1 ege, slightly beaten
2 tbsp metted butter

## Kathy Armitage

$1 / 3$ cup wheat germ
$1 / 2 \mathrm{tsp}$ vanilla
$1 / 3$ cup water

Combine Bisquick, wheat germ and sugar. In a small bowi, combine egg, water and melted butter. Beat smooth with rotary beater. Add to the dry ingredients. Stir just until well moistened. Spoon into greased muffin tins. Fill $2 / 3$ full. Bake 25 minutes at 375 ,

DONUT HOLES OR DOUGHNUTS Flora Stonex

| 2 eggs | 1 cup sugar |
| :--- | :--- |
| $1 / 3$ cup oil | 1 tsp salt |
| 1 tsp soda | 1 cup buttermilk |
| 1 tsp nurmeg | 31 sp baking powder |
| $31 / 2$ cups flour |  |

Beat eggs, add sugar and oil. Mix well and add salt, soda, buttermilk, nutmeg and baking powder. Stir well. Add 3 cups flour, mix well then add the other $1 / 2$ cup. Fry in hot oil, 350 degrees.

HINT: Shortly before taking cupcakes from the oven, place a marshmallow on each for the frosting.

FOOD FOR THOUGHT: One of the mysteries of life is how a boy who wasn't good enough to marry your daughter can be the father of the smartest grandchild in the world.

> 2 cups brown beans (boil day before in plain water until tender) 4 cups cornmeal $1 / 2$ cup flour I tsp soda

Put large kettle of water on stove to boil (Use largest pan in units) Put next size pan on stove with water in it and bring it to a boil also. Put corn shucks in glass cake pan. Set aside.
Bring beans back to a boil. Put cornmeal, flour and soda in large mixing bowl. Mix well. Add boiling beans and some of the juice to the cornmeal mixture to form a stiff dough. Pour boiling water from small pan on stove into the cake pan with the com shucks in it. Take a couple of softened corn husks and pull into strings. Tie two strings together to make one long string. Make several of these longer strings. Take corr husks out of water and dry on paper towel. Shape cornmeal/bean mixture into a small ball with hands. Place this mixture onto the husk Fold husk carefully around dough and tie in the middle with the strings. Place in a large stew pot and cook on medium heat for $30-45$ minutes.

## OATMEAL CARROT MUFFINS

Flora Stonex

1 cup old fashioned oats
1 cup skim milk
$1 / 2$ cup sugar
$1 / 4$ cup vegetable oil
1 tsp grated orange peel
$1 / 2$ cup whole wheat flour
$1 / 2$ tsp soda
$1 / 2$ cup raisins
$1 / 2$ cup shredded carrot
$1 / 2$ cup packed brown sugar
2 egg whites
$1 / 2$ cup all purpose flour
1 tbsp baking powder

In a large bowl, combine oats, raisins and milk; stir well. Cover and refrigerate 2 hours or overnight. Combine carrot, sugars, oil, egg whites and orange peel, stir into oat mixture. Combine dry ingredients; stir into the batter just until moistened. Coat muffin cups with non-stick cooking spray or use paper liners; fill cups $2 / 3$ full. Bake at 400 for $20-25$ minutes or until muffins test done. Cool in pan 10 minutes before removing to a wire rack. Makes 10 muffins.
One muffin is 227 calories, 6 gm fat, 184 mg sodium, trace cholesterol, 40 gm carbohydrate and 7 gm protein.

HINT: Before chopping nuts in a food processor, dust them with flour.
This keeps the muts from sticking to the processor.

| $21 / 2$ cups all purpose flour | 2 tsp baking powder |
| :--- | :--- |
| 1 tsp soda | 1 tsp cinnamon |
| $1 / 2$ cup unsweetened applesance | 1 cup sugar |
| 3 egg whites (or 2 whole eggs) | $1 / 2$ cup oil |
| $3-4$ medium ripe bananas, mashed | 1 tsp vanilla |
| In large bowl combine flour, baking powder, soda and cinnamon. |  |
| Combine remaining ingredients, stir into dry ingredients just until |  |
| moisiened. Coat muffin cups with non-stick cooking spray or use paper |  |
| liners, fill cups $2 / 3$ full. Bake 350 for $20-25$ minutes or until test done. |  |
| Cool in pan 10 minutes before moving to wire rack. Makes 15 muffins. |  |
| One muffin has 163 calories and a trace of fat. |  |

## CHERRY BL.OSSOM MUFFINS

Flora Stonex

| $1 / 4$ cup egg substitute | $2 / 3$ cup orange juice |
| :--- | :--- |
| 2 tbsp sugar | 2 tbsp vegetable oil |

2 cups low-fat buttermilk baking mix 1/2 cup chopped pecans
$1 / 2$ cup sugar free cherry fruit spread
In bowl, combine egg substitute, orange juice, sugar and oil. Add baking mix, stir for 30 seconds. Fold in pecans. Coat muffin cups with nonstick cooking spray or use paper liners, fill cups 1/3 full. Top each with 2 tsp fruit spread, cover with remaining batter Bake at 400 degree oven for 20-25 minutes or until muffins test done. Cool in pan 10 minutes before removing to a wire rack. Makes 9 muffins. One muffin has 241 calories and 10 gm fat.

SPICY CRACKERS
B.J. Brashear

This recipe was given to me by Ruby White, an Eastern Star Sister in Dallas, Texas. It's a popular item at parties. 2 pkgs Soup \& Oyster Crackers (Keebler makes a mini size)

1 cup oil
I tbsp dill weed 1 tbsp Mrs. Dash Seasoning

1 tbsp garlic powder
1 pkg Hidden Valley Dressing Mix (Original flavor), use dry

1 tsp red pepper (optional)
Heat oil until just warm, add other ingredients, mix thoroughly, drizzle over crackers in a large container. Mix together until well muxed. Store in an air tight container. Keeps well.

# Canning \& Freezing 



2 pounds strawberries ( 4 cups mashed)
2 pounds rhubarb ( 8 cups of $1 / 2^{\prime \prime}$ pieces)
6 cups sugar
Wash fruit. Cut rhubarb into $1 / 2^{\prime \prime}$ pieces. Cover rhubarb with half of the sugar and let stand 1-2 hours. Crush berries and mix with remaining sugar and combine with rhubarb. Place mixture over low heat until sugar is dissolved, then boil rapidly, stirring frequently to prevent burning. Cook until thick. Pour into sterilized Kerr jars to within 1/4" of top. Seal with lids. Process in boiling water bath 10 minutes. Yield $10-$ 8 oz jars.

## CANTALOUPE AND PEACH CONSERVE Shirley Ball

3 cups chopped cantaloupe
$41 / 2$ cups sugar
1 cup chopped nuts

3 cups chopped peaches
2 lemons, rind and juice

Combine the chopped fruit and sugar, add the juice and rind of the lemon. Cook this mixture until thick and clear. Add nuts. Seal in clean jars. Makes 6 glasses.

TRI-BERRY JAM
Flora Stonex

4 cups fresh or frozen blueberries
$21 / 2$ cups fresh or frozen raspberries
2 I/2 cups fresh or frozen strawberries
$1 / 4$ cup lemon juice
2 pkgs powdered fruit pectin
11 cups sugar
Combine berries and lemon juice. Crush fruit slightly. Stir in pectin. Boil, stirring constantly. Stir in sugar, return to a full rolling boil. Boil 1 minute, stirring constantly. Remove from heat, skim off foam. Pour hot into hot jars, leaving $1 / 4^{\prime \prime}$ head space. Adjust jars. Process for 15 minutes in a boiling water bath. Yield: About 6 pints.

WORTH CLIPPING: "How do you know when you're old? When you double your current age and realize you're not going to live that long."

| $41 / 2$ cups sugar | 1 cup cornstarch |
| :--- | :--- |
| 2 tsp cinnamon | $1 / 4$ tsp nutmeg |
| 1 tsp salt | 10 cups water |

Stir and cook until thick and bubbly. Add 3 tbsp lemon juice. Pack really tight (use a spoon to pack down in quart jar). Fill with the hot sugar mix, leaving $1 / 2^{\prime \prime}$ head space. Process 15 minutes for pints, 20 minutes for quarts.

## ZUCCHINI PINEAPPLE Shirley Ball

1 gallon of peeled, chopped zucchini (if you prefer chunk, cube the zucchini)
3 tbsp pickling salt
Sprinkle salt over zucchini and let stand 2 hours. Drain and rinse with cold water. Mix zucchini with 4 cups sugar. Add one 46 -oz can of pineapple juice and $21 / 2$ cups lemon juice (if using concentrate cut in half). Cook until golden in color. Pack in hot jars and seal. Pressure at $5 \#$ for 8 minutes.

## DILL GREEN BEANS

Flora Stonex
1/4 tsp cayenne pepper
1 head of dill
1 clove garlic
Put beans in next
Brine: $21 / 2$ cups water
2 I/2 cups vinegar
$1 / 4$ cup salt
Process for 10 minutes.
FREEZER SWEET PICKLES Evelyn Miller
4 cups sliced cucumbers "thin" 2-4 small onions
2 tbsp salt
Mix together and let stand 2 hours. Then drain.
$11 / 2$ cups sugar
1/2 cup vinegar

Bring to full boil, cool and add cucumbers and onions. Let stand $1 / 2$ hour. Then freeze. They are crispy and real good!

| 1 quart vinegar | 1 cup canning salt |
| :--- | :--- |
| 3 quarts water |  |
| Bring to boil. Add the following to each quart: |  |
| $1 / 8$ tsp alum | 1 clove garlic |
| 2 heads dill | 2 hot peppers |
| Cukes |  |

Seal jars and process.
DILL. BEANS Shirley Ball
2\# trimmed green beans $\quad 1 / 4$ cup salt
4 heads dill
1 cloves garlic

| tsp cayenne pepper |
| :--- |$\quad 21 / 2$ cups vinegar

$21 / 2$ cups water
Pack beans lengthwise into hot jars, leaving $1 / 4^{\prime \prime}$ head space. Into each
pint add $1 / 4$ tsp cayenne pepper and one clove garlic, one head of dill.
Combine salt, water and vinegar and bring to a boil. Pour boiling hot
over beans, leaving head space. Remove bubbles, adjust lids. Process in
hot water bath for 10 minutes.
FAKE PINEAPPLE (ZUCCHINI) Margaret Wallace

I can ( 46 oz ) pineapple juice, unsweetened 2 cups sugar 2 tbsp pineapple extract
$1 / 4$ cup lemon juice
I gallon peeled, diced zucchini
Boil above ingredients 10 minutes. Put in jars, waterbath for 10 minutes. You may substitute orange juice and also grate zucchini for the crushed type pineapple.

HOW TO PRESERVE A HUSBAND: Be careful in your selection. Do not choose too young. When once selected give your entire thought to preparation for domestic use. Some insist on keeping them in a pickle, others are constantly getting them into hot water. This makes them sour, hard and sometimes bitter. Even poor varieties may be made sweet, tender and good by garnishing them with patience, well sweetened with love and seasoned with kisses. Keep warm with a steady fire of domestic devotion and serve with peaches and cream. Thus prepared, they will keep for years.

| 2 gallons green tomatoes | 12 good size onions |
| :--- | :--- |
| 2 quarts vinegar | 1 quart sugar |
| 2 tbsp canning salt | 2 tbsp ground mustard |
| 2 tbsp black pepper | 1 tbsp cloves |
| 1 tbsp allspice |  |
| Mix well chopped tomatoes and onions in stew pot with other |  |
| ingredients and cook until tender, Put in jars and seal. |  |

Good with meat, fish and beans. This recipe was used by my great grandmother.

NANA'S SWEET PICKLES
Melody Smith

1 jar of garlic dill (4-6 oz)
3 cups sugar
1 cup cider vinegar
1 tbsp celery seed
1 tbsp mustard seed

Empty pickles and rinse pickles and jar. Cut pickles into chunks. Bring ingredients to boil and pour over pickles. Keep refrigerated and are good to eat in 3 days.
MIXED VEGETABLE RELISH Ada Cox

Combine: (Be sure to drain each)
18.5 oz can whole kernel corn
18.5 oz can julienne green beans
18.5 oz can julienne carrots
18.5 oz can lima beans
18.5 oz can julienne beets

Add:
1 cup chopped green pepper
1 cup chopped celery
1 cup chopped red pepper
1 chopped medium red onion
Bring to boil:
1 cup sugar
3/4 cup vinegar
1/2 cup salad oil
1 tsp salt
1 tsp pepper
Cook until sugar is dissolved. Cool. Pour over veggies. Let stand in fridge overnight. Drain. (Liquid can be used to make a salad dressing by adding spices or for cooking vegetables). Will keep at least a week in the fridge. Serve with roast turkey, beef or pork.

```
4 lbs of fish
Ist day - 1 cup pickling salt
    l quart water (enough to cover fish)
5th day - Drain
    Rinse well
    Cover with white vinegar
6th day - Rinse well
    Boil:2 cups vinegar I cup water
    3/4 cup sugar 2-3 tbsp pickling spice
        1 can white port wine
```

Layer fish with 6-8 onions and 1-2 lemons.
LIVER PASTE Kay Marie Jarvela

Liverwurst
6 oz cream cheese
Mayonaise

Kay Marie Jarvela
Onion
Dill pickles

FROZEN CORN
Jean Hager

| 9 cups corn (raw, cut from the cob) | $1 / 2$ cup sugar (or less) |
| :--- | :--- |
| 3 cups water | Salt |

Simmer 10 minutes. Cool and sack. Get juice with corn. Freeze. To serve, cook in its own juice.

FROZEN CABBAGE SLAW
1 gallon finely sliced cabbage
1 cup finely chopped celery
1 cup chopped green pepper
1 cup vinegar
1 tsp mustard seed
Mix cabbage and salt and let stand 3 hours. Drain. Add celery, carrots and green pepper. Put sugar, vinegar, celery and mustard seed in sauce pan and bring to a boil. Boil gently until sugar is dissolved. Cool. Pour over vegetables and spoon into freezer containers.

Wash and cut into $1^{\prime \prime}$ lengths. Pack tightly into jars to within $1 / 2^{\prime \prime}$ of top. Fill with light or boiling syrup to within $11 / 2^{\prime \prime}$ of top of jar. Seal with lids. Process: 15 minutes for pints; 15 minutes for quarts in boiling bath water.

## CANNED PUMPKIN

Kay Jarvela

Wash pumpkin, remove seeds and pare. Cut into 1 " cubes. Add water to cover, bring to a boil. Pack hot cubes into jars, leaving $1 / 2^{\prime \prime}$ headspace. Add $1 / 2$ tsp salt to pints, 1 tsp salt to quarts. Cover with boiling hot cooking liquid. Seal with lids. Process pints 60 min ; quarts 80 min ; 10\# of pressure.

| BERRY SYRUP | Mary Jane Dieter |
| :--- | :--- |
| 4 cups sugar | 1 cup water |
| 2 cups boiling berry juice | 1 cup light corn syrup |

Combine sugar and water. Boil gently for 3 min . Remove from heat. Gradually stir in boiling berry juice. Add corn syrup. Boil for 2 minutes stirring. Seal in pint jars. Makes 3 pints.

You may use blackberry, blueberry or raspberry juice. Homemade apple cider with 1 tsp cinnamon may also be used.

PRESERVE CHILDREN'S LIVES: Take 1 large grass field, $1 / 2$ dozen children, 2-3 small dogs, a pinch of brook, some pebbles. Mix the children and the dogs well together and put them in the field, stirring constantly. The brook over pebbles, sprinkle the field with flowers, spread over all a deep blue sky and bake in hot sun. When brown, remove and set to cool in the bathtub.

HINTS: Shine your leather or imitation leather shoes with .....a banana peel. Rub the peel on your shoes and buff with a soft cloth. The oils in the banana peel will make your shoes shine.

Place daffodils in a separate vase of water for half a day before combining them in a mixed bouquet. This way, their sap won't poison the other flowers.

## Soup, Salad \&

 Vegetables
$11 / 2$ cups zucchini, sliced, plus 3 paper-thin slices for garnish
$1 / 2$ cup diced onions
Salt and pepper to taste

1/2 cup celery
3 fresh basil leaves or $1 / 2$ tsp dried

1/2 cup Homemade Chicken Stock
Put all ingredients in one pot and simmer for 30 minutes. Then remove from heat, put in blender and blend. Serve hot with slices of raw zucchini on top. Makes 2 servings.

TURKEY NOODLE SOUP MIX Nancy Edwards
1 cup uncooked fine egg noodles
$11 / 2$ tbsp chicken flavored bouillon granules
$1 / 2$ tsp black pepper
$1 / 4$ tsp dried whole thyme
$1 / 8$ tsp celery seeds
$1 / 8$ tsp garlic powder
1 bay leaf
Combine all ingredients in a medium bowl. Store in an airtight container. Makes $11 / 8$ cups.

TURKEY NOODLE SOUP
Nancy Edwards

1 pkg Turkey Noodle Soup Mix
2 carrots, diced
$1 / 4$ cup minced onion

Combine the Turkey Noodle Soup Mix and the water in a large stockpot. Add the carrots, celery and onion and bring to a boil. Cover the soup and reduce the heat to a simmer. Simmer for 15 minutes. Discard the bay leaf. Stir in the turkey and simmer an additional 5 minutes.
T. J. MIRACLE SOUP Linda Hanson
6 large onions
Large head of cabbage
Large stalk of celery
Cut vegetables and cover with water in large pot,. Boil for 10 minutes. Cover, lower heat and simmer until vegetables are soft. Can be eaten anytime when you feel hungry in the day. Eat as much as you wish and as often as you like. This soup will not add calories, so eat all you want. The more you eat the more you will lose!

Paul Harvey says, "It's the best soup I ever tasted".<br>$1 / 2$ cup uncooked wild rice<br>2 tbsp butter or margarine 1 quart milk 1 lb . Velveeta cheese<br>Optional: 10 strips crisp bacon-crumbled<br>2 cups water<br>I medium onion, minced<br>2 cans cream of potato soup

In separate saucepan boil wild rice until done. Saute onion in butter until tender. Add water, milk and potato soup. Increase heat to medium stirring occasionally. When mixture is hot, add cheese in chunks to speed melting. When creamy add cooked wild rice. Garnish with bacon crumbled. Serves 6-8.

To make a creamy Wild Rice Soup: add 2 tbsp cooked wild rice, for each serving, to any cream of chicken, turkey, mushroom or celery soup.

24 oz V-8 juice
Veggies

Meat
Etc.

Start with V-8 in a BIG pot. If you have meat throw it in (if you like to cook you can brown it first; if you don't, don't - - unless it's hamburger, brown that). Now, chuck in veggies - any and all, cut to whatever size you like. Add the stuff you've been putting in the soup pot in the freezer. Now check the fridge, anything that hasn't grown a beard or otherwise began to reproduce can be thrown in. Simmer several hours. Great!

## CHICKEN NOODLE SOUP

3 cans chicken broth
2 chicken bouillon cubes
2 tbsp dried celery flakes
$11 / 2$ cups grated carrots
2-3 cups chicken, cooked and cubed

Sandra Hanson
1 quart water
1 tbsp dried minced onion
2 tbsp dried parsley flakes
6 potatoes, cubed

Combine above, cook on low until potatoes are tender. Add $1 / 2$ package of egg noodles, cook until done. Just before serving, add $11 / 2$ pints of cream. Reheat, but do not boil.

| 2 tsp olive oil | $1 / 2$ cup chopped onion |
| :--- | :--- |
| 2 cups diced potatoes | 4 cups chicken broth or water |
| 1 tsp salt | 2 cups chopped broccoli |
| Freshly ground pepper | $1 / 2$ cup skim milk |

In a 3 -quart sauce pan saute onion in oil until soft, not brown. Add broth and potatoes, bring to boil. Then simmer, covered, 10 minutes until soft. Add broccoli, simmer until soft. Puree in blender. Reheat. Stir in milk and heat through. Do not boil. Serves 4 .

WILD RICE SOUP
2 cups cooked chicken
2 tbsp dried celery flakes
4 cups water
1 can chicken broth
$1 / 2$ tsp pepper
$1 / 2$ tsp basil

Sarah Hanson
2 tbsp dried minced onion
1 chicken bouillon cube
1 can French Onion Soup
$1 / 2 \mathrm{tsp}$ salt
$1 / 2$ tsp oregano
1 cup uncooked wild rice

Mix, simmer for 1 hour. Add 2 cans cream of mushroom soup. Simmer 30 minutes more. Just before serving add 1 pint cream. Reheat, but don't boil.

## HOMEMADE CHICKEN STOCK Chuck Riffe

6 chicken breasts, skinned and all visible fat removed 6 stalks celery, including leaves
1 small onion, peeled and studded with 3 whole cloves
Several sprigs of fresh parsley plus any available stems
8 peppercorns
3 bay leaves
Place all ingredients in a large pot. Cover with water. Bring to rapid boil. Boil for 5 minutes and skim any debris from the top. Lower heat and gently simmer for $30-40$ minutes uncovered until chicken is tender. Add more water, if needed, during the cooking. Remove chicken from the pot. When cool enough to handle, cut chicken from the bones and return bones to stock pot. (When completely cool, refrigerate the chicken to use in salads, soups, etc.) Continue to simmer the stock for 1 hour. Remove from heat and let cool. Strain the stock into covered containers and refrigerate. When all fat has congealed, carefully remove and discard. Stock may be refrigerated up to I week or stored in freezer up to 3 months.

Mix together:
1 cup dry milk
3/4 cup flour (or 6 tbsp cornstarch)
2 tbsp chicken bouillon
Pepper
$1 / 2$ tsp onion powder
1/4 tsp dried thyme and/or basil (optional)
Store in covered container in refrigerator or cool place.
For $1 / 2$ cup prepared soup use 2 tbsp mix and $1 / 2$ cup water. For $11 / 2$ cup use $1 / 3$ cup mix and $11 / 2$ cup water.

For $103 / 4 \mathrm{oz}$ condensed soup substitute, use $1 / 3$ cup mix and $11 / 4$ cup water. Mix until smooth. Bring to a boil or microwave for $21 / 2-3$ minutes. Stir occasionally.

Suggested additions:
Cooked diced chicken
Sauteed chopped mushrooms
Grated cheddar cheese
Chopped parsley
Betty Thirkill

1 tofu, in small cubes
Cherry tomatoes
Head lettuce
$1 / 4$ cup soy sauce
1 tbsp sesame seeds

Diced cooked celery
Chopped cooked broccoli
Chopped cooked cauliflower

Fresh ginger, grated to your taste and a small amount of garlic, mashed.
SEAFOOD SALAD
1/2 loaf bread (frozen)
2 hard boiled eggs
$1 / 2$ cup celery, diced
1 can crab
Remove crusts. Butter slices of frozen bread, then cube. Mix and keep in refrigerator overnight. In morning grate eggs and add remaining ingredients.

This recipe is from Muscle Shoals, Alabama, Kay Dunlap's mother.

13 oz box lemon jello
13 oz box lime jello
1 cup hot water
1 small container cottage cheese

1 small can crushed pineapple 1/2 cup Eagle Brand Milk

Mix all ingredients well. Chill in refrigerator.

## LIME JELLO SALAD

13 oz pkg lime jello
I cup boiling water
Dissolve and stir together. Set aside to cool.
1/2 cup mayonaise
$1 / 2$ cup chopped walnuts
1 cup whipping cream
Fold the mayonaise, cabbage, walnuts and pineapple into the jello mixture when slightly thickened, but not set. Whip the whipping cream and stir or fold it into the rest of the jello mixture.

Note: I have used Dream Whip instead of whipping cream.

## LAYERED SALAD

$1 / 2$ head lettuce, chopped
1 cup celery, diced 1/2 cup onion, chopped

Linda Hanson

10 oz pkg frozen peas
1/4 cup green pepper, chopped
4 hard boiled eggs, sliced

8 slices bacon, fry and break up
Mix 2 tbsp sugar and 2 cups mayonaise
$1 / 2$ cup grated cheddar cheese
Put in large dish in order given. Cover. Refrigerate 8 -10 hours.

## CUCUMBER SALAD

## Alice Semler

3 medium cucumbers, unpeeled and thinly sliced
1 cup apple cider vinegar
I tsp Lite sweetener (or $1 / 2 \mathrm{tsp}$ other artificial sweetener)
Salt and pepper to taste
3 tbsp chopped fresh dill
Put cucumbers into bowl. In a separate bowl, combine remaining ingredients. Pour over cucumbers and mix. Refrigerate. 2 servings.

| 4 cups cooked rice | 1 tsp curry powder |
| :--- | :--- |
| 3 cans orange segments, drained | 3 cups orange yogurt |
| 3 cups white grapes | 1 cup plain yogurt or mayonaise |
| 3 stalks celery, cubed | 3 bananas, sliced, optional |
| 3 green onions, sliced | 1 cup peanuts, optional |
| 3 cups cooked chicken, diced | 1 large can pineapple chunks, drain | Combine rice, orange segments, grapes, celery, green onions, chicken and pineapple. Make dressing by combining curry powder, orange yogurt, and plain yogurt or mayonaise. Stir dressing into salad and refrigerate until serving. Serves approximately 14 .

Optional: Add peanuts and sliced bananas before serving.
HOT CHICKEN SALAD
2 cups cooked chicken
2 cups chopped toasted almonds 1/2 tsp salt
1 cup mayonaise
1 cup crushed potato chips
Combine all ingredients except cheese and potato chips. Toss lightly and put in greased casserole dish. Sprinkle with cheese and top with potato chips. Bake.

CHICKEN ASPIC SALAD
1 pkg unflavored gelatin
1 cup water
2 hard cooked eggs
1 stalk celery
2 mushrooms
Few drops soy sauce
2 tbsp light mayonaise
Dissolve gelatin in cold water. Add chicken stock and let cool. Chop other ingredients, mix and add seasonings. Add mayonaise to the cooled stock, then add this to the chicken and vegetable mixture. Stir and pour into a mold or loaf pan. Refrigerate at least 3 hours. Serve cold on a bed of lettuce. Yields 2 servings.

| 1 cup mayonnaise | $1 / 4$ cup sugar |
| :--- | :--- |
| $1 / 4$ cup vinegar | $1 / 4$ tsp salt |
| 4 cups sliced cucumbers |  |

In a bowl, combine mayonnaise, sugar, vinegar and salt. Add cucumbers; stir to coat. Cover and refrigerate for 2 hours. Yield: 6-8 servings. This is very good!

MARINATED SLAW Rose Bahr
8 cups shredded cabbage ( $11 / 2-2 \mathrm{lb}$ ) 2 tbsp chopped pimentos
$1 / 2$ cup chopped green pepper 1 cup sugar 1/2 cup water

3/4 cup chopped onion
I cup vinegar
1 tbsp mustard seed

In a large bowl, combine the cabbage, pimentos, green pepper and onion. Toss lightly; set aside. Combine remaining ingredients in a medium saucepan, bring to a boil. Reduce heat; simmer, uncovered, for 20-25 minutes or until slightly thickened. Pour over cabbage mixture. Cover and refrigerate overnight. Slaw will keep in the refrigerator for several days. Yield: 8-10 servings.

CABBAGE SLAW Judy Riffe
1 head of cabbage, chopped 1 green pepper, chopped
Onions, chopped
Sprinkle 1 cup sugar over the above. Boil together:
1 cup cider vinegar $\quad 1$ tsp dry mustard
1 tbsp salt $\quad 1 / 2$ cup salad oil
1 tsp celery seed
Pour over cabbage mixture. Refrigerate.
Donna Thompson
1 lb cranberries, chopped
1/2 cup white grapes, halved/seeded
1 cup walnuts, chopped
2 cups sugar
1/2 cup red grapes, halved/seeded 10 oz Cool Whip
Mix cranberries and sugar, let set in refrigerator overnight. Combine the remaining ingredients, return to refrigerator to cool. Enjoy!
$1 / 2$ or more head cabbage, shredded 4 green onions, chopped
1 pkg Top Ramen noodles, crushed
(Chicken flavor - save seasoning packet for dressing)
Toast $1 / 2$ cup slivered almonds and 2 tbsp sesame seeds about 5 minutes until golden brown. Mix all of above ingredients.
DRESSING:

I tbsp sugar
$1 / 2$ tsp salt
$1 / 2$ tsp pepper
3 tbsp red wine vinegar
Seasoning packet
Add dressing just before serving.

## BLUEBERRY GELATIN SALAD Evelyn Miller

$1 \mathrm{pkg}(6 \mathrm{oz})$ cherry jello $\quad 2$ cups boiling water
1 can ( 15 oz ) blueberries in syrup(not pie filling)
Mix jello, then add blueberries. Pour in $8^{\prime \prime} \times 2^{\prime \prime}$ dish. Chill until set. In bowl, beat together :
1 pkg ( 8 oz ) cream cheese
1/2 cup sugar
1 tsp vanilla
1 cup ( 8 oz ) sour cream
Spread on set jello. Sprinkle $1 / 4$ cup chopped pecans over this.
VERY GOOD:
ASPIC SALAD
Betty Tryon
1 pkg lemon jello $\quad 1$ cup hot water
1 small can tomato sauce $\quad 1 / 4$ tsp salt
1 tbsp grated onion
2 tbsp vinegar
1 tomato sauce can chopped celery
2-3 drops of Tabasco sauce

1 can drained shrimp
Dissolve jello with hot water. Add small can tomato sauce, salt, onion, vinegar and Tabasco sauce. Add shrimp and celery. Refrigerate to set.

FRUIT AMBROSIA
Geana Dobyns
1 cup each:
Blueberries
Raspberries
Honeydew Melon
Cover with 7-up.
Peaches Strawberries

Apples Orange
Cantaloupe

1 big pkg cooked shell salad noodlesChopped cheddar cheese

Chopped green onions
Chopped green pepper Chopped tomatoes
Mix all together with mayonnaise (just to hold together). This is good!

BOW TIE PASTA
Kathy Armitage
4 I/2 oz black olives, sliced/chopped Fresh spinach, torn

Bow tie pasta
Feta Cheese, crumbled

Chopped ham
Chopped ripe olives

Italian dressing
Cook pasta according to package directions. Drain and rinse under cold water. Add the rest of the ingredients EXCEPT THE DRESSING. Chill for 1-1 $1 / 2$ hours. Before serving, add the dressing to taste. Toss and enjoy.

JUNE'S ONE CUP SALAD
1 cup chunk pineapple (drained)
1 cup green grapes
1 cup sour cream

Kathy Armitage
1 cup mandarin oranges (drained)
1 cup red grapes
1 cup coconut

1 cup mini marshmallows
Mix all ingredients together. Let sit overnight in refrigerator.
APPLESAUCE SALAD
13 oz pkg lime jello
1 cup applesauce
$1 / 2$ cup chopped walnuts
13 oz pkg cream cheese
Dissolve jello in hot water. Add applesauce and lemon juice. Put $1 / 2$ of the jello in a $9^{\prime \prime}$ pan. Set until firm. Combine rest of ingredients and spread on firm jello. Add remaining jello and set until firm.

HINT: To prevent mold on cheese, wrap the cheese in a cloth that's been dampened with apple-cider vinegar, then seal in a plastic bag. The acid in the vinegar will ward off mold.

1 large can crushed pineapple 1 lb seedless grapes, halved Drain pineapple and mix with grapes. Let sit overnight.

| 1 cup sweet milk | 4 egg yolks |
| :--- | :--- |
| Pinch of salt | Pinch of dry mustard |
| Juice of 1 lemon or $1 / 3 \mathrm{c}$ juice | 1 lb miniature marshmallows |
| Cook all of above (except grapes and pineapple) in double boiler. Cool |  |
| and add 2 cups of Cool Whip. Add fruit and 1 lb . sliced Brazil nuts or |  |
| almonds. Stir well and put in your best serving bowl to serve as this is |  |
| very special. |  |

## MOLDED CABBAGE-APPLE SALAD Alice Semler

| 2 envelopes unflavored gelatin | 3 cups water, divided |
| :--- | :---: |
| $1 / 3$ cup lemon juice | $11 / 2$ tsp Lite sweetener or $3 / 4$ tsp |
| $1 / 8$ tsp salt, optional | other sweetener or to taste |
| 2 tbsp apple cider vinegar | 2 medium red apples |
| 1 tbsp prepared horseradish | 2 cups loosely packed shredded |
| $1 / 2$ cup celery, sliced | cabbage |

Cut one apple in cubes, one thinly sliced for garnish. Soften gelatin in $1 / 2$ cup of cold water. Boil $21 / 2$ cups water, add lemon juice, sweetener, salt and vinegar. Mix with gelatin mixture. Pour $1 / 3$ cup mixture into mold sprayed with Pam cooking spray. Chill until thickened. Lightly press apple slices, skin down, into gelatin, so pretty pattern shows when unmolded. Chill rest of gelatin mixture until consistency of unbeaten egg whites. Fold in apple cubes, horseradish, cabbage and celery. Place in mold. Chill until set. Makes 4 servings.

## PEG CORN SALAD

1 can white corn
I can french cut beans
1 cup finely chopped celery
1 green or red pepper
$3 / 4$ cup vinegar $1 / 2$ cup oil
Drain all vegetables and place in salad bowl. Bring sugar, vinegar and oil to a boil; let cool. Pour over vegetables and let stand overnight or several hours.

1 quart green beans
1/2-3/4 lb . hamburger
$3 / 4$ tsp salt
1/2 tsp garlic powder
Cook green beans. Drain well and cool in fridge. Fry hamburger until all red is gone from meat. Drain. Put in sieve and rinse under hot tap water to rinse out fat. Put back in fry pan and cook in $1 / 2$ seasonings. Put on paper towel and cool in fridge. Mix all ingredients at least an hour before you serve to let flavors meld. Add more seasonings to taste.

CRANBERRY SALAD
$1 / 2 \mathrm{lb}$. cranberries. chopped
1 small can crushed pineapple 16 large marshmallows, cut up
(1 use small ones)
Mix. Chill for at least an hour. Whip I cup cream and fold into other ingredients. (I use Cool Whip) Pour in mold or pan and chill. This can be made the day before.

## APRICOT SALAD

2 pkg ( 3 oz each) apricot gelatin
$1 \mathrm{pkg}(8 \mathrm{oz})$ cream cheese
1 can ( 20 oz ) crushed pineapple, undrained

Billie Makko
2 cups boiling water
1 cup milk
I carton ( 4 oz ) frozen whipped topping, thawed

Dissolve gelatin in boiling water and set aside. In a mixing bowl, beat cream cheese until smooth. Gradually beat in milk until smooth. Stir in gelatin. Add pineapple and mix well. Chill. When mixture begins to thicken, fold in whipped topping. Pour into a $21 / 2$ quart serving bowl. Chill at least 2 hours. Yield: $8-10$ servings.

FOOD FOR THOUGHT: To get something accomplished, it's only necessary to be half as busy today as you plan to be tomorrow.

If we can put a man on the moon, why can't we figure out a way to make gasoline out of zucchini?

Never let the seeds keep you from enjoying the watermelon.

| 1 pkg lime jello | 1 cup cabbage, cut fine |
| :--- | :--- |
| 1 cup hot water | $1 / 2$ cup chopped celery |
| $1 / 2$ cup cold water | $3 / 4$ cup cottage cheese |
| $1 / 2$ cup mayonnaise |  |
| Dissolve jello in hot water. Add cold water and mayonnaise; mix well. |  |
| Place in refrigerator until it begins to set. Then mix in cabbage and |  |
| cottage cheese. Place back in refrigerator until firm. Can be molded in |  |
| a large pan or individual molds. Garnish as desired. |  |

SWEET AND SOUR SALAD Linda Hanson
(use 16 oz cans; 1 of each)
Cut green beans Kidney Beans
Butter Beans Garbanzo Beans
Sliced Carrots
Drain well.
1 can pineapple chunks (save $1 / 2$ cup juice)
1 small green pepper, cut in strips
1 small onion, rings
$1 / 4$ cup salad oil
1/2 cup sugar
2/3 cup vinegar
1 tsp salt
1/2 tsp pepper
Combine drained vegetables, mix with pineapple, green pepper and onion; combine remaining ingredients and pour over bean mixture. Mix well. Refrigerate for 48 hours.

SEAFOOD SALAD
Flora Stonex

1 loaf sandwich bread (put in freezer a couple hours or overnight)
Cut off the crust and butter it. Cut in cubes. Mix with:
$1 / 2$ cup chopped onion
4-6 hard boiled eggs
Put in the refrigerator overnight.
6 HOURS before serving add:
2 cans shrimp, drain
1 cup chopped celery
1 can crab, drain
3 cups mayonnaise
FOOD FOR THOUGHT: Jelly is the stuff you see on toast, neckties and piano keys.

This recipe is great for the Christmas holidays, especially for "Christmas Open House".
First layer:
$11 / 2$ cup finely crushed pretzels $\quad 1 / 2$ cup melted butter or margerine 1/2 cup sugar
Mix all ingredients; spread evenly in a deep baking dish. Bake at 350 for 7 minutes; then cool.
Second Layer:
$1(8 \mathrm{oz})$ pkg cream cheese $\quad 1 / 2$ cup sugar
1 (12 oz) container Cool Whip
Mix all ingredients; spread over cooled pretzels.
Third Layer:
2 cups boiling water 1 large box raspberry jello
2 boxes frozen raspberries
Dissolve jello in boiling water; cool with frozen berries stirring approximately 10 minutes. As you stir the jello, the mixture will thicken. Spread over cheese topping. Refrigerate and chill for several hours.
Note: Berries must stay frozen until ready to use. Do not unthaw! Strawberries may be substituted for strawberries.

SUMMER CHICKEN SALAD
Scott Johnson
Spinach leaves
I can ( 5 oz ) chunk white chicken, drained
1 cup cut up mixed fruit (oranges, strawberries, or nectarines)
$1 / 4$ cup sliced celery
1 tbsp sliced almonds
1 tbsp sliced green onion
2 tbsp non-fat mayonnaise dressing
4 tsp orange juice
Orange slices and strawberries for garnish.
On salad plates, arrange spinach leaves, chicken, fruit, celery, almonds
and green onion. In cup mix together mayonnaise and orange juice.
Drizzle over chicken mixture. Garnish with orange slices and strawberries. (2 servings)

FOOD FOR THOUGHT: No woman lives long enough to try all the recipes she clips out of the paper.

1 pkg of Louis Kemp Delights Chunks Crabmeat
$1 / 2$ cup Miracle Whip salad dressing
2 medium celery stalks, finely chopped
3 tbsp finely chopped onion
1-2 dashes of lemon juice (optional)
Chop up the chunks of crabmeat and combine with remaining ingredients. Thoroughly mix all ingredients; store in a tightly covered container and chill overnight. Serve with crackers. Makes 2 cups This is a great recipe for parties. I first served this at my 1984 Christmas party and again for my daughter's 4th birthday party. For both events it immediately became a very popular recipe and everyone wanted it.

## CHINESE SALAD

1 small head green cabbage
18 oz can water chestnuts
8 small green onions, chopped
Finely shred the cabbages. Mix with rest of above ingredients.
Dressing: $\quad 3 / 4$ cup oil $\quad 4$ tbsp vinegar 4 tbsp sugar Seasoning pack from Top Ramen 2 tsp salt
Mix dressing ingredients together. Pour over chopped vegetables. Keeps well.

## PINEAPPLE LIME RING

13 oz pkg lime jello
$1 / 2$ cup cold water
18 -oz pkg cream cheese, softened
$28-1 / 4 \mathrm{oz}$ cans crushed pineapple (drained)

Ruby Ford
1 small head red cabbage
2 stalks celery, chopped fine 2 pkgs chicken Top Ramen
$\qquad$ .

Kay Dunlap

1 cup boiling water
1 tbsp lemon juice
$11 / 2$ cups miniature marshmallows
1/2 cup nuts, chopped

Dissolve gelatin in boiling water; add cold water and lemon juice.
Gradually add gelatin to cream cheese, mixing until blended. Chill until thickened but not set, fold in marshmallows, pineapple and nuts. Pour into a 6 -cup ring mold; chill until firm. Unmold onto serving plate. Garnish with flaked coconut and miniature marshmallows, if desired. "Put some spring in your ring" Put pink, yellow and green miniature marshmallows in the center hole of your mold and sprinkle some coconut around the bottom edge of your jello mold. This is great for Easter, plus it's very colorful.

| BLUE CHEESE DRESSING | Katy Schulz |
| :---: | :---: |
| 1/4 lb. blue cheese | 2 cups mayonnaise |
| $1 / 4$ cup vinegar | 2 tbsp sugar |
| 1 cup sour cream | Clove of garlic, minced |
| Mix together and refrigerate. Keeps well. |  |
| THOUSAND ISLAND DRESSING | Ruth Walker |
| I cup salad dressing | 2 tbsp chili sauce |
| 1/4 cup catsup | Dash of Tabasco |
| 1 cooked egg, chopped | 1/4 cup relish |
| Dash scraped onion | Dash celery salt |
| Dash garlic salt | Dash Worcestershire Sauce |
| Mix together and refrigerate. |  |
| BECKY K'S SALAD DRESSING | Judy Phillips |
| 1/2 cup sweet pickle juice or vinegar $1 / 2$ cup sugar |  |
| 1 cup salad oil | 1 cup catsup or half chili sauce |
| 1 tsp salt | 1/2 tsp prepared mustard |
| $1 / 4$ cup grated onion or 2 tsp onion flakes | 2 tsp parsley flakes |
| Put in jar, put lid on and shake well. | Let sit for awhile to blend flavors. |
| FRENCH DRESSING | Linda Hanson |
| 1 cup catsup | $11 / 4$ cup sugar |
| 2 tsp mustard | 1 small onion, chopped |
| 2 cloves garlic, smashed | 1 cup vinegar |
| Mix! That's all. |  |
| MC GILVRAY'S FRUIT SALAD DRESSING Nancy McGilvray |  |
| $1 / 4$ cup pineapple juice | 1/4 cup salad oil |
| 1 tbsp honey | 1/4 tsp salt |
| 1 tsp curry powder | 1 tsp lemon peel |
| 1/4 tsp coriander | 1 tsp poppy seeds |
| 2 tosp wine vinegar |  |
| Combine all in a jar and shake well. | Refrigerate and shake before using |

Dough for $10^{\prime \prime}$ crust: line $10^{\prime \prime}$ pan and make a high fluted edge. Cook $11 / 2 \mathrm{lbs}$ fresh spinach or $210-0 z \mathrm{pkgs}$ frozen chopped spinach. Press out all moisture. Chop fine,

Saute in 2 tbsp butter: 1/2 cup chopped onion and 1 clove garlic, chopped. Stir in spinach.

In saucepan, melt 3 tbsp butter; stir in 3 tbsp flour, gradually stir in $11 / 2$ cups milk. Stir over low heat until it thickens.

Stir in: $11 / 2$ tsp salt, $1 / 4$ tsp pepper, dash nutmeg, and the spinach mixture.

Beat 6 eggs until blended.
Stir into spinach mix, add 8 oz shredded mozzarella. Pour into pie shell. Bake at 350 for $40-45$ minutes until puffed and firm to touch in center.

Garnish with any of the following: thin red onion slices, chopped ham, tomato slices, shredded cheese, diced or shredded meats or your choice.

## CABBAGE ROLLS

1/2 cup uncooked rice
$1 / 2 \mathrm{lb}$ ground pork
1 tsp salt
1 tsp pepper
2 eggs
Sauce: 3 cans ( $8-\mathrm{oz}$ ) tomato juice
2 tbsp cooking oil
3 tbsp flour
Boil cabbage in salt water 5 minutes. Mix rice, beef, pork, onion, salt, pepper, garlic and eggs together. Place spoonfuls of mixture in leaves that have been dusted with salt and paprika, and roll tightly. Place in a 2 qt casserole dish. Brown flour in oil and stir in tomato juice, cook until slightly thick. Pour over rolls, put in 300-325 oven for 2 hours. Cook slowly.

GERMAN COOKED CABBAGE
Holly Bailey

| 16-oz green beans, cut up | $1 / 2$ cup sour cream |
| :--- | :--- |
| 1 tbsp flour | $1 / 4$ cup milk |
| 2 tbsp finely chopped onion | $1 / 2$ tsp sugar |
| $1 / 2$ tsp salt | 4 oz caraway cheddar cheese |

Cook green beans in salted water, covered, about 25 minutes until tender. Drain. In a small saucepan blend together sour cream and flour. Stir in milk, onion, sugar, salt and a dash of pepper. Cook and stir over low heat until mixture bubbles. Add cheese, stir until melted. Pour over hot drained green beans. Toss to coat and serve.
POTATO CASSEROLE Margaret Wallace

2 lbs Southern hashbrown potatoes 1 tsp salt
1/4 tsp pepper
2 tbsp dried onion
1 can cream of chicken soup
Toss gently the potatoes, salt, pepper, dry onion, soup, cheese and sour cream. Pour into a 9x13 Pyrex pan. Top with crushed corn flakes. Pour butter onto corn flakes. Bake 1 hour at 350 .

## CREAMED PEAS AND POTATOES Flora Stonex

4 medium red potatoes, cubed 1 tsp sugar
2 tbsp flour
$1 / 4 \mathrm{tsp}$ white pepper
2 tbsp minced fresh dill
Place potatoes in saucepan; cover with water and cook until tender. Cook peas according to package directions, adding the sugar.
Meanwhile, melt butter in a saucepan; add flour, salt and pepper to form a paste. Gradually stir in milk. Bring to a boil; boil for 1 minute. Add dill; cook until thickened and bubbly. Drain potatoes and peas; place in serving bowl. Pour sauce over and stir to coat. Serve immediately. Yield: 6-8 servings.

TROLLEY ONION RING BATTER

1 egg
1 scant tsp salt Mix.

1 pkg ( $10-\mathrm{oz}$ ) frozen peas
2 tbsp butter or margarine
$1 / 2 \mathrm{tsp}$ salt
$11 / 2$ cups milk

1 pint sour cream
2 cups grated cheddar cheese
$11 / 2$ cup crushed corn flakes
1/2-3/4 cup melted butter

| 2 eggs | 1 small onion, diced |
| :--- | :---: |
| $1 / 2 g$ green or red pepper, diced | 1 can ( $17-$ ozz cream style corn |
| $2 / 3$ cup milk | 2 tbsp butter or margarine, |
| $3 / 4$ cup crushed Ritz crackers | cut in small pieces |
| $1 / 4$ tsp each salt and pepper | $1 / 8$ tsp garlic |
| In bowl, beat eggs until frothy. Stir in remaining ingredients until well |  |
| blended. Turn into a greased 1 quart casserole. Bake in 350 oven for |  |
| 1 hour or until knife inserted in the center comes out clean. |  |

FROSTED CAULIFLOWER

| 1 medium whole head cauliflower | $1 / 2$ cup mayonnaise |
| :--- | :--- |
| $1 / 4$ tsp salt | $1-2$ spp mustard |
| $3 / 4$ cup grated cheddar cheese | Paprika |

Remove base from cauliflower. Leave whole and cook until tender. Mix mayonnaise, salt and mustard. Microwave 1 minute. Frost on cauliflower. Sprinkle with cheese. Microwave 1 minute until cheese melts. Sprinkle with paprika.

## ORANGE-N-NUT CARROTS

1 cup miniature marshmallows
$1 / 4$ cup butter or margarine
$1 / 2$ cup chopped nuts
Over low heat, cook marshmallows, juice and butter until melted. Stir to prevent sticking. Add carrots and nuts. Heat through. Makes 4-6 servings.

SWEET \& SOUR CABBAGE Judi C.

1 head red cabbage, sliced fine 2 medium apples, unpeeled, sliced fine
1 cup water
cup water
Cut bacon fine and fry until crisp. Pour off half the fat. Add cabbage, onions, apples, brown sugar and water. Cover and cook until tender, about 20 minutes. Add vinegar and let stand about 10 minutes over low heat. Serve warm.
(Try this if you're not crazy about cabbage)
4 cups shredded cabbage cooked $10-15$ minutes, until tender. Place in casserole and cover with medium white sauce made from: 2 tbsp flour, 1 cup milk, 1 tbsp margarine, salt and pepper. Cover cabbage and cream sauce with shredded cheese and bake for 20-25 minutes in 350 oven.

## NIPPY BEET RING

Helen Mallonee
1 lb can beets, shredded 1/4 tsp salt 2 tbsp horseradish (optional) Drain liquid from beets, add water to measure $11 / 2$ cups. Heat to boiling; add gelatin, stir to dissolve. Add salt and vinegar. Chill until slightly thickened. Stir in beets and celery or pineapple. Chill til firm.

MOM'S SPECIAL POTATOES

2 large pkg frozen hash browns
1 can cream of potato soup
$1 / 2$ onion, diced
1/4 tsp pepper Cheddar cheese
Thaw hash browns. Mix all soups together (no water) add onion, salt, pepper and sour cream. Mix well. Spread hash browns in a greased loaf pan. Top with mixture. Bake $11 / 2$ hours at 350 . Top with grated cheddar cheese and reheat for 10 minutes.

## STIR FRIED ZUCCHINI

Opal Sparks Lester
Cut 6 slices of bacon into $1 / 2^{\prime \prime}$ pieces. Place in skillet and fry until about half done. Drain grease, continue to fry until there is a little more grease. Add 1 medium chopped onion, medium zucchini, shredded, and 1 diced ripe tomato. Stir until vegetables are tender and bacon is cooked through. Serve on rice or plain.

HINT: After cutting an onion in half, put a little butter on the half that is left over, it will keep fresh and not mold.

| 3 cups sweet potatoes, mashed | 1 cup sugar |
| :--- | :--- |
| $1 / 2$ tsp salt | 2 eggs, beaten |
| $1 / 2$ stick butter, melted | $1 / 2$ cup milk |
| $1 / 2$ tsp vanilla |  |
| Combine, beat well. Place in baking dish. |  |
| Topping: $\quad 1$ cup brown sugar | $1 / 3$ cup flour |
|  | 1 cup nuts |
| $1 / 2$ cup butter |  |

Combine topping ingredients and place on top of sweet potato mixture. Bake 35 minutes at 350 . Serves 15 people.

## SQUASH STUFFING

2 lbs yellow summer squash or or zucchini, sliced (6 cups)
1 cup sour cream
18 -oz pkg Stove Top stuffing (or stuffing mix)
In saucepan, cook sliced squash and chopped onion in boiling water for 5 minutes, drain. Combine cream of chicken soup and sour cream. Stir in shredded carrots. Fold in drained squash and onion. Combine stuffing mix and butter. Spread half of stuffing in bottom of $12 \times 7 \times 2$ baking dish. Spoon vegetable mixture on top. Sprinkle remaining stuffing over vegetables. Bake for $25-30 \mathrm{~min}$ at 350 or until heated through.

SPINACH STIR FRY
Susan Zandell
Fresh spinach (also try bok choy or beet greens in place of spinach)

2-3 garlic cloves, minced Oil
Dash of sugar (optional) Wash spinach, drain in colander. Mince garlic and chop onion. Heat small amount of oil in wok or fry pan (for 1 lb spinach use about 2 tbsp oil). Fry garlic (do not brown) add green onions and quickly add spinach. Stir fry on high heat, add soy sauce, sugar and a dash of salt. Stir, place in serving bowl, garnish with sesame seeds or green onion. Serve with steamed rice.
A great dish to accompany Hot Pepper Chicken.
HINT: Bacon dipped in flour will not shrink.

5 potatoes, peeled and thinly sliced
$3 / 4$ cup chopped onion
Sauce:
5 tbsp margarine $\quad 3 / 4$ tsp salt
$1 / 4$ cup flour
13 oz chicken broth
$1 / 4$ cup mayonnaise
Put potatoes and onion in large casserole. Make sauce and pour over potatoes and onions. Top with paprika. Bake 1 hour 15 minutes in 350 oven.

CANDIED SWEET POTATOES Kay Dunlap

6 medium sweet potatoes
3 tbsp butter
Dash of nutmeg and cinnamon (or as much as you want)

1/4 tsp pepper
Paprika

Peel potatoes and cut in thick slices lengthwise, and put in a heavy duty iron skillet. Add just enough cold water to cover potatoes. Pour sugar over potatoes, sprinkle with nutmeg and cinnamon. Dot with butter and drizzle with molasses. Cook on top of stove on medium heat until potatoes are tender, stirring occasionally. Or - you can bake in oven at 400 for 30 minutes, or until potatoes are tender, basting occasionally.

SQUASH CASSEROLE
2 cups sliced yellow squash $1 / 2$ cup milk
1/4 cup cracker crumbs Salt and pepper to taste In saucepan, cook sliced squash and chopped onion until done, drain. Mash and mix with milk and egg. Pour into buttered casserole dish and top with cheese and cracker crumbs. Dot with margarine. Bake at 350 for 30 minutes or until bubbly throughout.

HINTS: One tablespoon of molasses to 2 cups of white sugar makes a good substitute for brown sugar.

2 teaspoons of cocoa and $1 / 2$ teaspoon butter equal I square of chocolate.

2\# frozen chunky hash browns
1 pint sour cream
$1 / 2$ cup butter
1/4 tsp pepper

2 cans cream of chicken soup
2 cups grated cheddar cheese
$1 / 2$ cup chopped onion
1 tsp salt

Saute butter and onions. Mix all together. Put in pan and top with $1 / 4$ cup melted butter mixed with 2 cups crushed corn flakes. Bake 45 minutes in 350 oven.

SQUASH HUSH PUPPIES
2 cups grated yellow squash 6 tbsp flour 1 small onion, chopped
Salt and pepper to taste
Mix together the squash, onion and egg. Add remaining ingredients and mix well. If this is too soupy, then add more cornmeal. Drop by tablespoonful into deep fryer until hush puppies float to the top and are golden brown. Serve hot with butter.

This recipe is probably $35-40$ years old. My mama, Catherine Nabers, gave me this recipe which originates back to her mother and my grandmother. The one thing I remember the most throughout my life was how extraordinary these two women were. Both women worked hard all their lives to help provide for the family. They may not have had much back in those days except a lot wisdom and courage and plenty of love to give to all of us kids.

## SCALLOPED CARROTS

4 cups sliced carrots
$1 / 4$ cup melted butter 1 can cream of celery soup

Kay Dunlap
1 egg , slightly beaten
1 tbsp sugar
1/4 cup cornmeal

## Pies, Pastry \&

 Desserts

2 cups rhubarb, thinly sliced
3 eggs, beaten
$1 / 4$ tsp salt
1 tsp vanilla

1 cup sugar
Nutmeg and cinnamon
1/4 cup sugar
$11 / 3$ cup milk

Cover bottom of unbaked pastry shell with rhubarb; sprinkle with nutmeg and cinnamon, to taste. Cover with 1 cup sugar. Bake at 350 for 20 minutes. In the meantime, prepare custard: beat eggs, add milk, $1 / 4$ cup sugar, salt and vanilla. Reduce heat to 300 oven. Pour over rhubarb and continue baking until custard is done (when knife inserted in the middle comes out clean when testing - custard is done.)

ANGEL FOOD CAKE DESSERT Flora Stonex

Juice of 1 lemon
I cup sugar
1 pkg unflavored gelatin

Dissolve gelatin in $1 / 4$ cup cold water. Let stand 5 minutes. Add $1 / 4$ cup boiling water, let set until slightly thick. Whip cream, add sugar, lemon and orange juice; fold into gelatin. Tear cake in small pieces; put part of cream mixture into $9 \times 13$ pan; add cake pieces and then the rest of the cream mixture. Chill.

Kathy Nelson

I cup flour
1/2 cup butter
1 tsp sugar
18 -oz cream cheese, softened

1 cup orange juice
1 pint whipping cream
1 angel food cake

## LEMON LUSH DESSERT

Combine flour, butter and sugar; pat in the bottom of a $9 \times 13$ pan. Bake until light brown, about 20 minutes, at 350 . Cool. Beat cream cheese, Cool Whip and powdered sugar together. Spread this mixture over cooled crust. Mix pudding and milk; beat for 3 minutes. Pour over cream cheese mixture and top with Cool Whip. Refrigerate.

HINT: Vegetable storage bags with tiny holes are perfect for storing fresh-baked muffins. The muffins stay nice and moist and don't get sticky.
FOOD FOR THOUGHT: A fish in the frying pan is worth a dozen in the creek.

5 cups diced rhubarb
1 cup sugar +1 big tsp frutex 1 cup cold water

13 -oz pkg cherry jello
1 box Jiffy Cake mix, white/yellow
Butter

Put rhubarb in a 9x12 pan. Sprinkle dry jello over the rhubarb. Sprinkle sugar over jello. Sprinkle dry cake mix over top of the other ingredients. Dot with butter. Pour water over the top. Bake at 350 for $35-40$ minutes. Serve with whipped cream.

BANANA SPLIT DESSERT June Hansen
Mix together:
1 cup melted margarine $\quad 2$ tsp sugar
2 cups graham cracker crumbs
Pat in a $9 \times 13$ pan. Refrigerate for 1 hour.
2nd layer:
$1 / 2$ cup soft margarine $\quad 1$ egg, beaten
2 cups powdered sugar 1 tsp vanilla
Cream butter, egg and vanilla: Add sugar. Put on top of crumb mixture.
Refrigerate 1 hour.
Topping:
Slice 3-4 large bananas on top of second layer. Spread 2 pkg frozen strawberries over the bananas, then $119-\mathrm{oz}$ can well drained, crushed pineapple. Cover with 1 cup whipped cream. Sprinkle 1 cup nuts on top. Chill. MIGHTY GOOD DESSERT!

NELLIE \& JOE'S KEY LIME DESSERT Nellic Williams
$11 / 2$ cup graham cracker crumbs $\quad 1 / 2$ cup sugar
$1 / 2$ cup butter or margarine, melted 2 cans SWEETENED condensed 6 egg yolks (no whites) milk (not evaporated)
1 cup Nellie \& Joe's Key Lime juice
Prepare graham cracker crust by mixing graham crackers, sugar and melted margarine. Pat into $9 \times 13$ baking dish. Bake at 350 for 10 minutes. Let cool. Combine condensed milk, egg yolks and lime juice.
Blend until smooth. Pour filling into cooled crust and bake at 350 for 10 minutes longer. Allow to stand for 10 minutes before refrigerating. Just before serving, garnish with a dab of whipped cream and lime slices.

FOOD FOR THOUGHT: What brings joy to a friend's heart is not so much the friend's gift as the friend's love.
$3 / 4$ cup shortening, melted
$3 / 4$ cup baking cocoa
4 eggs, beaten
$11 / 2$ cups flour
1/2 tsp salt
Topping:
2 pkg (8-oz each) cream cheese softened
I ripe banana, sliced
I/4 cup chopped toasted pecans I tbsp butter/margarine
In a large bowl, combine shortening, butter and cocoa. Stir in sugar, eggs and vanilla. Combine flour, baking powder and salt; stir into egg mixture. Spread evenly over a well-greased $12^{\prime \prime}$ to $14^{\prime \prime}$ pizza pan. Bake at 350 for $20-25 \mathrm{~min}$. Cool. In a mixing bowl, beat cream cheese and sugar until smooth; spread over brownie crust. Drain the pineapple, reserving juice; dip banana slices in juice (then discard the juice). Arrange bananas, pineapple and strawberries over cream cheese layer; sprinkle with pecans. In a small saucepan over low heat, melt chocolate and butter; drizzle over top of pizza. Chill for 1 hour. Refrigerate any leftovers, Yield: 12 servings. NOTE: Purchased caramel or strawberry sauce may be substituted for the chocolate topping.

## CHOCOLATE ANGEL FOOD DESSERT Flora Stonex

2 cups ( 12 oz ) semisweet chocolate chips
3 egg yolks, beaten
2 tsp sugar
1 angel food cake ( 10 oz )
In the top of a double boiler over boiling water, melt chocolate chips. Combine milk, egg yolks and sugar; gradually add to chocolate, stirring constantly. Cook 2-3 minutes. Remove from heat; cool to room temperature. Fold in cream. Tear cake into bite-size pieces; place half in a greased $13 \times 9 \times 2$ baking pan. Top with half of the chocolate mixture. Repeat layers. Cover and refrigerate overnight. Serve chilled. Yield: 16-20 servings.

FOOD FOR THOUGHT: God doesn't use an answering machine....He takes each call personally.

1 cup orange juice
1 pint whipping cream
1 envelope Knox gelatin

Juice of 1 lemon
1 cup sugar
1 large tube angel food cake
(at least a day old)

Dissolve gelatin in $1 / 4$ cup cold water for 5 minutes. Add $1 / 4$ cup boiling water and let it stand until slightly thick. Whip cream; add sugar, lemon and orange juice, fold into gelatin. Tear cake into small pieces and put in bottom of $9 \times 13$ dish. Cover with the above mixture and chill overnight.

## STRAWBERRY FLUFF DESSERT <br> Charlotte Muir

2 cups crushed pretzels
$1 / 2$ cup melted butter/margarine
1 cup powdered sugar
1 large pkg strawberry Jello
$11 / 2$ cup boiling water

1/2 cup sugar
18 -oz pkg cream cheese
116 -oz container Cool Whip (will use in 2 separate amounts)
2 cans frozen strawberries, sweetened

Make crust with crushed pretzels, sugar and melted margarine. Press into the bottom of a $9 \times 13$ size pan. Bake at 350 for about 10 minutes. Set aside to cool. Dissolve jello in the boiling water. Cool down with the strawberries. Let set for about 5 minutes, stirring every so often. When partially set up, set aside about 1 cup of jello mixture. Pour remaining part of jello mixture over the crust. Allow to set until firm. Mix cream cheese with powdered sugar. Beat until well mixed. Add about 12 ounces of Cool Whip. Smooth over top of jello in pan. Mix remaining jello and Cool Whip together. Place on top of cream cheese mixture. Allow to set for several hours or overnight. When serving, garnish with a fresh strawberry. (May use raspberry jello and frozen raspberries for the same effect)

DIABETIC ICE CREAM TREAT<br>Austin D. Jarvela \& his Grandpa

> $21 / 2$ cups Lite vanilla ice cream
> 1 I/2 cups Lite Cool Whip
> 1 tsp almond extract

Put in cupcake liners or flat-bottomed cones. Freeze.

1 yellow cake mix

## 1 egg

1 stick margarine, softened
Mix together and press into $9 \times 13$ oblong cake pan.
18 -oz pkg cream cheese, softened 2 eggs
1 box powdered sugar
Mix and spread over the first mixture. Bake at 350 for 35 minutes or until golden brown.

## ORANGE CHEESECAKE June Hansen

(Made in microwave)
3 tbsp margarine $\quad 2 / 3$ cup graham crackers crumbs
I tbsp sugar
Melt margarine in microwave 45 seconds. Add crumbs and sugar. Press in glass pie pan. Cook on high 45 seconds; turn. Cook 45 seconds more.
6 oz cream cheese
Cook at $50 \%$ for $11 / 2$ minutes.
1 egg, beaten $\quad 1 / 3$ cup sugar
$1 / 3$ cup sour cream
Stir into cream cheese.
1 tsp fine orange peel 3 tbsp orange juice
1/4 tsp vanilla
Add to cheese mixture; mix well.
Pour into crust. Cook uncovered on medium 8-10 minutes until a knife comes out clean. Give pie plate a quarter turn every 2 minutes. Center will be slightly set but not firm. Cook $1 / 4$ cup orange marmalade on high $30-60$ seconds. Spoon on top of pie. Refrigerate for 3 hours. Makes 6 servings.

CHEESECAKE CHICAGO
$11 / 2$ cups flour
$1 / 2$ cup chopped nuts
$11 / 2$ cubes margarine, melted 8 oz cream cheese
Mix together flour, nuts and margarine. Press into oblong pan and bake at 350 for 15 min . Cool. Beat cheese and powdered sugar til smooth. Add $1 / 2$ of Cool Whip. Spread over crust. Next beat pudding and milk for 2 min . Pour on and spread remaining Cool Whip on top. Refrigerate. For variety, use any flavor instant pudding.

STRAWBERRY CHEESE CAKE
$21 / 2$ cups graham cracker crumbs
1 cup margarine
1 cup sugar
28 -oz pkg cream cheese
Heat oven to 350 . Mix crumbs, $1 / 2$ cup sugar and margarine. Press with fingers evenly in bottom of lightly floured and greased $13 \times 9 \times 2$ pan. Beat eggs until thick and lemon-colored; beat in 1 cup sugar, cream cheese and vanilla until smooth. Pour this over the crumb mixture. Bake about 30 minutes. When completely cool, but Cool Whip on top of cream cheese mixture. Mix as directions on package - 1 pkg strawberry glaze mix. Let completely cool. Slice fresh strawberries, fold into strawberry glaze mixture that has been completely cooled. Spoon over Cool Whip mixture. Refrigerate until ready to use.

## EASY DESSERT

1 box yellow cake mix
1 large pkg instant vanilla pudding Ground walnuts

Nadine Durazo
1 can ( 20 oz ) crushed pineapple (do not drain)
Cool Whip

Mix yellow cake, following directions on box. Bake $30-35 \mathrm{~min}$. or until done for a $9 \times 13$ pan. Remove from oven and while hot put undrained crushed pineapple on top of cake. While cake is baking mix instant pudding with $13 / 4$ cup milk, beating with beater until thick. Spread over pineapple. Refrigerate. Just before serving spread Cool Whip over pudding so it looks like frosting. Sprinkle with nuts, if desired.

RASPBERRY OATMEAL BARS 1 pkg Duncan Hines Deluxe Yellow Cake Mix
$I$ cup ( 12 oz jar ) raspberry preserves or jam
Preheat oven to 375 . Grease $13 \times 9 \times 2$ pan. Combine dry cake mix and oats in large bowl; add melted butter and stir until crumbly. Measure half of crumb mixture (about 3 cups) into pan. Press firmly to cover bottom. Combine preserves \& water; stir til blended. Spread over crumb mixture in pan. Sprinkle remaining crumbs over, pat firmly to make top even. Bake at 375 for $18-23$ minutes or until top is light brown. Cool in pan, cut into bars. Store in tight container.
PARTY CHEESECAKE
For cooky crust: 1 cup sifted flour $1 / 3$ cup butter

| $1 / 4$ cup sugar | 1 egg yolk |
| :--- | :--- |
| $1 / 4$ tsp vanilla |  |

Sift flour and sugar together. Make a well in center. Add butter, egg yolk and vanilla. Blend all ingredients quickly with hands, add a little water if necessary to hold dough together. Wrap in waxed paper and chill I hour. Place $1 / 3$ of dough on bottom of $9^{\prime \prime}$ spring form pan. Roll dough to cover bottom completely, trim off excess with knife. Bake at 400 for 10 min , or until golden brown. Cool. Lightly butter sides of pan and place over base. Roll out remaining dough in strips. Line sides of pan with cooky strips pressing dough firmly against baked bottom crust. For filling: $\quad 58-\mathrm{oz} \mathrm{pkg}$ cream cheese $\quad 1 / 4$ cup heavy cream

| $13 / 4$ cup sugar | 1 tsp grated orange rind |
| :--- | :--- |
| 3 tbsp flour | 1 tsp grated lemon rind |
| $1 / 4$ tsp salt | 5 eggs |
| $1 / 4$ tsp vanilla | 2 egg yolks |

Beat cheese until light and fluffy. Combine sugar, flour and salt and blend into cheese. Add vanilla, cream, lemon and orange rind. Beat eggs and egg yolks until just blended. Add slowly to cheese mixture, mixing thoroughly. Pour filling into lined pan. Bake at 500 for 12 minutes until cooky dough is golden brown. Reduce oven temperature to 200 and continue baking for 1 hour. Turn off oven and allow cake to cool in closed oven at least 2 hours. Chill. Makes 12 servings.

## CHOCOLATE LUSH DESSERT Pat Hudson

1 cup flour
3/4 cup chopped walnuts
1 cup powdered sugar
3 cups milk Combine flour, butter and walnuts, blend well. Pat into $13 \times 9 \times 2$ pan. Bake 15 minutes at 350 . Let cool. Combine cream cheese, powdered sugar and 1 cup Cool Whîp, blend well. Spread evenly onto cooled crust in pan. Combine instant pudding and milk, stirring until smooth. Spread over cream cheese layer in pan. Spread with remaining Cool Whip. Chill thoroughly before serving. Makes 12 servings.

FOOD FOR THOUGHT: Make up your mind you can't do something and you're absolutely right.

ITALIAN CHEESECAKE
For crust: 2 cups sifted flour
1/2 tsp salt
1 tsp water
For filling: $11 / 2 \mathrm{lbs}$ ricotta cheese 1 tsp vanilla
4 eggs, slightly beaten 1/3 cup sugar

June Hansen
2/3 cup butter
2 tbsp dry sherry
1 tbsp diced candied cherries $1 / 3$ cup toasted chopped almonds 1 tbsp chopped citron
1 tbsp diced candied orange peel Sift flour and salt together. Cut in butter. Add sherry and water, stirring with a fork. Wrap in waxed paper and chill 1 hour. Mix ricotta cheese, almonds, citron, orange peel, cherries and vanilla. Combine eggs and sugar, then add to cheese mixture, stirring until blended. Roll $2 / 3$ of dough between 2 floured sheets of waxed paper in a circle to fit a $9^{\prime \prime}$ loose bottom cake pan or $10^{\prime \prime}$ pie plate. Fit rolled dough in pan. Fill with cheese mixture. Roll remaining dough and cut into $1 / 2^{\prime \prime}$ strips. Arrange strips in lattice pattern on top of filling. Crimp edges. Bake at 350 for 45 minutes or until lightly browned and crust is golden. Cool. Makes 6-8 servings.

LEMON CUSTARD PUDDING CAKE Cheri Chambell 6 tbsp flour $\quad 6$ tbsp butter or margerine, melted 2 cups sugar, divided 4 eggs, separated $11 / 2$ cups milk Grated peel of 1 lemon
2 tbsp lemon juice Powdered sugar
In a large bowl, combine flour, butter and $11 / 2$ cups sugar. Beat egg yolks, add to mixing bowl along with milk and lemon peel. Mix well. Add lemon juice. In another bowl, beat egg whites until stiff, slowly adding remaining $1 / 2$ cup sugar while beating. Fold into batter. Pour into a greased 2 qt baking dish. Place in shallow pan of hot water and bake at 350 for 50-60 minutes, or until light brown. Serve warm or chilled with powdered sugar.

BETTER THAN SEX CAKE
1 box yellow cake mix w/pudding
1 large Cool Whip
t large crushed pineapple

Cheri Chambell
3-4 bananas, sliced
1 cup sugar
1 large instant vanilla pudding

Chopped nuts.
Mix and bake cake according to package, put in $9 \times 13$ pan. Combine pineapple and sugar, bring to boil, boil 5 min . Make up pudding by directions, cool. Pour pineapple mixture over baked cake; cool.
Arrange bananas over pineapple. Pour pudding over bananas. Top with Cool Whip and sprinkle with nuts.
1 cup brown sugar $\quad 2$ cups boiling water

Butter size of an egg
Boil above ingredients together for syrup. Make a batter of $1 / 4$ cup sugar, $1 / 4$ cup milk, small piece of butter, $11 / 2$ tsp baking powder, enough flour to make a stiff batter. Drop batter into syrup. Bake.

This recipe was used in Herdis (Hansen) Kelly's first year Home Economics class 1930-1931 at Onalaska High School. She taught there 40 years ago.

DROP DOUGHNUTS

| $1 / 2$ cup mashed potatoes (mashed | $1 / 4$ cup sugar |
| :--- | :--- |
| with milk and butter) | 1 egg, beaten |
| $1 / 2$ cup sour cream | $1 / 2$ tsp vanilla |
| $11 / 2$ cups flour | $1 / 2$ tsp baking soda |
| $1 / 4$ tsp baking powder | Cooking oil for deep fat frying |
| Additional sugar or powdered sugar, optional |  |

In a bowl, combine potatoes, sugar, egg, sour cream and vanilla. Combine dry ingredients; stir into potato mixture. Heat oil in an electric skillet or deep-fat fryer to 375. Drop dough by teaspoonfuls, 5-6 at a time, into hot oil. Fry for 1 minute per side or until golden brown. Drain on paper towels. Roll in sugar if desired. Serve immediately. Yield: 3 to $31 / 2$ dozen. VERY GOOD!

PUFF BALLS

2 cups sifted flour
3 tsp baking powder
1 tsp nutmeg or mace
1 egg

Jake Hanson

$$
\begin{aligned}
& 1 / 4 \text { cup sugar } \\
& 1 \text { tsp salt } \\
& 1 / 4 \text { cup Wesson oil } \\
& 3 / 4 \text { cup milk }
\end{aligned}
$$

Sift dry ingredients together. Add oil, milk and egg. Stir with fork until thoroughly mixed. Drop by teaspoon into hot Wesson oil or fat. Drain. Roll in powdered sugar or cinnamon sugar.

FOOD FOR THOUGHT: The nice thing about having a garden is you can grow the vegetables your children won't eat instead of buying them.

The human tongue is only a few inches away from the brain, but when you listen to some people talk, the two seem miles apart.

Melt one stick of butter in deep baking dish or $12 \times 9 \times 2$ baking dish. In another dish mix: 1 cup sugar, 1 cup flour, 2 tsp baking powder and $3 / 4$ cup milk. Pour mixture over melted butter. Do not stir. Pour I can pie cherries (juice and all) over this. Do not stir. Pour over this $3 / 4$ cup sugar. Do not stir. Bake in 325 oven for 1 hour. Serve warm or at room temperature. This is also delicious with frozen or canned peaches instead of the cherries.

## DATE NUT PUDDING

1 cup chopped dates
2 cups flour
1 cup sugar
$1 / 2$ tsp salt
Sift dry ingredients together; then mix with dates, nuts and milk.
Mix:
$11 / 2$ cups brown sugar $\quad 1$ cup boiling water
Pour into $12 \times 12$ pan, then pour batter into sugar/water mixture. Bake in 350 oven for 30-35 minutes.

APPLE RAISIN BREAD PUDDING Helen Thomsen

4 cups french bread, cut in large cubes
$11 / 2$ cups diced apples
$1 / 3$ cup raisins
1 tsp vanilla
1/4 tsp cinnamon
$1 / 4$ tsp nutmeg
Combine bread cubes, apples and raisins and place in a 2 quart baking dish lightly sprayed with non-fat cooking spray. Combine remaining ingredients and pour over bread mixture. Bake at 350 for $45-50$ minutes. Serve warm. Makes 8 servings. 216 calories each and .8 grams fat

## APPLE DUMPLINGS

Betty Barton
Peel and core apples, put in a pie crust or put in a shallow pan. Make sugar syrup of 2 cups sugar, 1 cup water, 1 tsp cinnamon, 1 tbsp butter and pour over dumplings. Bake at 350 for $1-11 / 2$ hours. Baste every now and then.

| 1 tbsp butter | $1 / 2$ cup sugar |
| :--- | :--- |
| 1 cup flour | 1 tsp baking powder |
| 1 tsp soda | 1 tsp vanilla |
| 1 tsp salt | $1 / 2$ cup raisins |
| $1 / 2$ cup milk |  |
| Mix as for a cake and put into a $9 \times 9$ greased pan. Bring to a boil 1 cup |  |
| brown sugar, 2 cups water and 2 tbsp butter. Pour over batter and bake |  |
| $45-60$ minutes at 350 . Serve with whipped cream or ice cream. |  |

## TOO EASY FRUIT COBBLER Sandee White

Melt 1 cube butter or margarine in $9 \times 13$ baking dish. Mix 4 cups of fruit (your choice) with 1 cup sugar and 2 tbsp cornstarch; mix well and pour over melted butter. In a medium size bowl mix 1 cup flour, 1 cup sugar, 2 tsp baking soda and $3 / 4$ cup milk. Mix well and pour over fruit. Bake at 350 for 45 minutes. Let cool 20 minutes. Serve with whipped cream or ice cream. Serves 9-12.
APPLE CRISP
(From Under the Rainbow Nursery School) Kayla Marie Dunlap
Age 4

5-6 apples peeled, cored and sliced
Place in a greased baking dish. Mix together:
1 cup flour
1 tsp baking powder
3/4 tsp vanilla
Mix all ingredients with a fork. Mixture should be crumbly. Spread on top of apples. Pour $1 / 2$ cup melted butter on top of crumb topping and sprinkle with cinnamon. Bake at 350 for $35-45$ minutes.

This is a nursery school tradition for 12 years!

## NEVER FAIL HOT WATER PIE DOUGH Katy Schulz

$3 / 4$ cup shortening
1 tbsp milk
1 tsp salt
Put shortening in bowl. Add hot water and milk. Beat with fork until smooth. Put in flour and salt. Stir quickly. Chill in waxed paper before rolling. Makes $18-9 "$ crust.

4 cups peeled and sliced peaches or 2 medium cans of peaches

2 cups sugar, divided
1 cup flour
$1 / 2 \mathrm{tsp}$ salt

I stick margarine
2 tsp baking powder
$3 / 4$ cup milk

Preheat oven to 325 . Combine peaches and 1 cup sugar, set aside. If using canned peaches in heavy syrup, omit one cup of sugar. Melt margarine in $9 \times 13$ glass dish. Combine all remaining ingredients; mix until all lumps are gone. Pour over margarine and spoon fruit on top of batter. Bake at 325 for $50-60$ minutes.

This is my favorite pie to make and it's so easy! Other fresh fruits may be used. Serve warm with cream, milk, ice cream or frozen yogurt for a summer taste treat.

BLUMBERRY PIE
Mix together: 1 cup chopped rhubarb
1 cup frozen blackberries
1 cup sliced apples
1 tsp lemon juice
Sprinkle of salt

Roberta Weiher
1 cup frozen strawberries 1 cup frozen blueberries
1 cup sugar
5 tbsp flour

Pour into a $91 / 2^{\prime \prime}$ pie plate lined with pie dough. Put a few chunks of butter over fruit mixture. Cover with top pie crust. Sprinkle with sugar and bake at 425 until crust is nicely browned and juice bubbles through slits. Serve warm or cold.

| 3/4 cup sugar | $1 / 4$ cup cornstarch |
| :--- | :--- |
| 1 can (20 oz) crushed | 2 tbsp lemon juice (optional) |
| pineapple (juice pk) | 2 tbsp butter |
| 2 egg yolks, slightly beaten | 1 cup whipping cream, whipped |
| In a saucepan, combine sugar, cornstarch, pineapple, lemon juice, and |  |
| butter. Cook over medium heat until thick. Add egg yolks and cook $1-2$ |  |
| minutes more. Chill until cold. Fold into whipped cream. Pour into a |  |
| baked pie shell and chill $2-3$ hours before serving. |  |

HINT: Brush cream or milk on top of 2 -crust pies for a nice brown pie.

> 1 graham cracker crust: 8-2 1/2" squares of graham crackers, crushed
> 1/4 cup melted margarine
> 2 tbsp sugar

Mix together and mold in a pie pan.
Filling: 1 quart ( $1 / 2$ of a $1 / 2$ gallon) vanilla ice cream
1/2 cup Cool Whip
1/2 cup peanut butter
Soften ice cream and Cool Whip. Mix all and pour into pie pan. Freeze for 2 hours.

RHUBARB CUSTARD PIE Lois King
2 cups rhubarb, cut into $1^{\prime \prime}$ lengths 2 cups sugar
2 eggs
2 tbsp water
2 tbsp flour
Put rhubarb in unbaked crust and cover it with other ingredients, which have been beaten into a creamy consistency. Bake in moderate oven until rhubarb is tender and custard is set.

FRENCH LEMON PIE
Flossie Pohosky Sparks
4 eggs
I cup white Karo syrup
1 tsp grated lemon rind
2 tbsp melted butter
2 tbsp flour
Beat eggs well, add Karo syrup, lemon peel, juice and butter. Combine sugar and flour. Stir into egg mixture. Pour into unbaked pie shell. Bake at 350 for 50 minutes. Top with Cool Whip.

PEANUT BUTTER PIE
$19^{\prime \prime}$ graham cracker crust
1 cup powdered sugar
1/2 cup milk
18-oz Cool Whip
Beat cream cheese until fluffy, mix in powdered sugar and peanut butter. Slowly add milk, mixing well. Fold in Cool Whip. Pour into crust.
Refrigerate 2 hours or freeze. Sprinkle with chopped nuts or graham cracker crumbs.
Super, super delicious!
O. Kulp

18 -oz cream cheese
$1 / 2$ cup peanut butter, creamy or chunky

1/3 cup lemon juice
1/2 cup sugar
$21 / 2$ cups flour $1 / 2$ tsp salt
Corn flakes
8-10 thinly sliced apples
Cinnamon
1 tbsp sugar
Glaze: $3 / 4$ cup powdered sugar Milk
Vanilla
Blend flour, shortening and salt; add liquid. Roll out $1 / 2$ of the dough and put on cookie sheet. Take corn flakes and sprinkle 4-5 handfuls over the bottom crust, crushing as you sprinkle. Spread apples, sugar and cinnamon. Dot with butter. Roll out top crust, place over apples and seal edges. Take egg white and beat until stiff, add 1 tbsp sugar. Brush over top of pie. Bake at 375 for 45 minutes. Mix glaze to spreading consistency and apply to hot pie.

SWEET INSPIRATIONS MUD PIE

6 oz chocolate "Famous" cookies or 24 Oreos w/filling removed
1 cube butter
Crushed peanuts
1 qt each of 2 kinds of ice cream (ie 1 chocolate/ 1 mint)
1 large butterfinger candy bar, crushed
Crush cookies, then combine with butter and peanuts and mash into bottom of a spring form pan. Layer softened ice cream into pan, one flavor at a time. Freeze solid. Spread with peanut butter and sprinkle with crushed butterfinger. Refreeze until ready to serve. Slice and serve with chocolate, whipped cream, nuts and a cherry.

PINEAPPLE SOUR CREAM PIE
$151 / 2 \mathrm{oz} \mathrm{pkg}$ vanilla instant pudding
18 oz can crushed pineapple w/juice
$19^{\prime \prime}$ baked pie crust, cooled
Combine instant pudding, pineapple and juice, sour cream and sugar. Beat slowly at lowest speed of electric mixer for 1 minute. Pour into pie crust. Chill about 3 hours and garnish with whipped topping to serve.

1 can ( 14 oz ) sweetened condensed 1 square ( 1 oz ) unsweetened milk, divided
1/2 tsp almond extract, divided 1 jar ( 10 oz ) maraschino cherries, drained
$1 \mathrm{pkg}(3.4 \mathrm{oz})$ instant vanilla pudding mix chocolate
1 pastry shell ( $9^{\prime \prime}$ ), baked
1 pkg 8 oz cream cheese, softened
1 cup cold water
1 cup whipping cream, whipped
$1 / 2$ cup chopped toasted almonds
Chocolate curls, optional
In a saucepan over low heat, cook and stir $1 / 2$ cup milk and chocolate until the chocolate is melted and mixture is thickened, about 4-5 minutes. Stir in $1 / 4$ tsp extract. Pour into pastry shell; set aside. Reserve 8 whole cherries for garnish. Chop the remaining cherries, set aside. In a mixing bowl, beat the cream cheese until light. Gradually beat in water and remaining milk. Add pudding mix and remaining extract; mix well. Fold in whipped cream. Stir in chopped cherries and almonds. Pour over the pie. Chill 4 hours or until set. Garnish with whole cherries and chocolate curls if desired. Yield: 8-10 servings.

## TOFU PIE (LOW CHOLESTROL/LOW FAT) Betty Thirkill

$16-\mathrm{oz}$ box lemon jello (sugarless) 2 cups hot water
4 tbsp lemon juice
Combine, cool and refrigerate until syrup consistency.
2-3 drops lemon extract
1 block soft tofu, beaten smooth
$28-\mathrm{oz} \mathrm{Cool} \mathrm{Whip}$
Combine three ingredients (Suggestion: use an electric mixer then combine jello mix with tofu mix)
Fill two $8^{\prime \prime}$ already prepared butter-flavored pie crusts. Refrigerate until firm.

BUMBLEBERRY PIE
Verna Brent
Pastry for a two-crust pie. One cup each fresh or frozen:
Blueberries
Sliced strawberries Chopped Rhubarb
2 cups chopped, peeled apples 1 cup sugar
$1 / 3$ cup flour
Mix berries and apples well, sprinkle with 1 tbsp lemon juice. Mix 1 cup sugar and $1 / 3$ cup flour, add to berry mixture and mix well. Spoon into pastry-lined pie plate. Top with remaining pastry. Bake at 350 for 50-60 minutes.

BUTTERMILK PIE
B. J. Brashear
$11 / 2$ cup sugar
2 tbsp butter or margarine 1 tsp vanilla

3 eggs
$1 / 2$ cup buttermilk
1/4 tsp cinnamon

Beat eggs well. Add all the other ingredients to the eggs. Pour into 2 regular pie shells ( 1 deep dish). Bake at 325 about 1 hour til top is a nice even golden brown and doesn't look real moist in center. Note: This will rise in baking and fall when cooled.

This recipe was given to be by a really good friend, Julia Davis. It is a super rich pie and those of us with really "heavy duty" sweet tooths love it!! Caution: grown men have been known to fight like 2 year olds over the last piece. ***If you have someone that won't touch anything with buttermilk (because they HATE buttermilk) in it, just call this a "Jeff Davis Pie". They may change their minds about buttermilk!!

| PEANUT BUTTER PIE | Ruby C. Meyer |
| :--- | :--- |
| $3 / 4$ cup sugar | 3 tbsp cornstarch |
| $1 / 2$ tsp salt | 2 cups half $\&$ half, divided |
| 2 eggs, beaten | 1 tsp vanilla |
| $3 / 4$ cups creamy peanut butter | $1 / 4$ cup brown sugar |
| $1-11 / 2$ tbsp water | $19 "$ pie crust, baked |
| In a large glass bowl, combine sugar, cornstarch and salt. Add $11 / 2$ |  |
| cups half and half and cook on high in microwave oven, stirring often |  |
| until thickened. Combine eggs and rest of half and half. Add egg |  |
| mixture and cook another 2 minutes. Remove and add vanilla and let |  |
| cool. In a bowl, mix peanut butter, brown sugar and water to make a |  |
| paste. Add peanut butter mixture to the cooled custard, pour into pie |  |
| shell and top with Cool Whip. Yummy good!! |  |

APPLE PIE DELIGHT (Diabetic) Ruby Sparks Meyer
Pastry for 9 " two-crust pie
2 tbsp Equal
$1 / 4$ tsp nutmeg
Dash salt 1 tbsp margarine
In a mixing bowl, combine Equal, flour, nutmeg, cinnamon and salt. Add dry mixture to apples. Toss gently to coat apples. Fill the pastry lined pie plate with apple mixture, dot with margarine. Cover with top crust. Bake 15 minutes at 425 , turn oven down and bake an additional 30 minutes.

1/3 cup butter
1/2 cup chopped pecans
3 cups milk
Vanilla pudding \& pie filling or: 2 pkgs Jello pudding $31 / 2$ cups milk

Heat butter and brown sugar with nuts. Spread in pie shell. Bake at 450 for 5 minutes. Cool. Prepare jello; cool. Measure I cup; cover with waxed paper and chill. Pour remainder into pie shell; chill. Prepare whipped topping, fold in 1 cup of pudding. Spread over pie filling. Chill

COOKIE SHEET APPLE PIE
33/4 cup all purpose flour
$3 / 4$ cup shortening
1/3 cup milk
$11 / 2$ cups sugar
$1 / 2$ tsp nutmeg
1 egg white, beaten
In a bowl, combine flour and salt. Cut in shortening until mixture resembles coarse crumbs. Add eggs and milk; mix to form dough. Chill for 20 minutes. Divide dough in half; roll one half to fit the bottom and sides of a greased $15 \times 10 \times 1$ baking pan. Arrange apples over crust. Combine sugar, cinnamon, nutmeg and cornflakes. Sprinkle over apples. Roll remaining dough to fit top of pan and place over apples. Cut slits in top. Brush with egg white. Bake at 400 for 15 minutes. Reduce heat to 350 , bake for $25-30$ minutes or until golden.
Yield: 16-20 servings.
APPLE TORTE
Naomi Dow

2/3 cup flour
3 tsp baking powder
1 tsp salt
2 eggs, well beaten

Rose Bahr
$11 / 2$ tsp salt
3 eggs, lightly beaten
8 cups sliced peeled baking apples
I tsp cinnamon
1 cup crushed cornflakes

| Crumble Crust: | 2 cups flour |
| :--- | :--- |
|  | 1 cup butter |
|  | $1 / 2$ cup brown sugar |
|  | 1 cup nuts |
| Filling: | 2 pkgs Dream Whip |
|  | 8 oz cream cheese |
|  | 1 cup powdered sugar |
|  | 2 cans Wilderness Cherry Pie mix |

Mix the crust ingredients together as for pie crust. Press into pan and bake approximately 15 minutes at 400 . Cool and chop with fork to crumble. Repress into bottom of $9 \times 13 \times 2$ dish or pan. Beat together Dream Whip and cream cheese; add powdered sugar. Spread on crust; add the cherry pie mix and swirl together. Sprinkle nuts on top, if desired.

2 cups sugar
$11 / 2$ cups pecans
1 tsp vanilla Combine sugar and Combine sugar and butter; mix well. Add lightly beaten eggs, syrup. vanilla and the pecans. Mix all ingredients. Pour into two 9 " unbaked pie shells and bake at 325 for 30-45 minutes.

This recipe comes from my aunt, Ernestine Outlaw, who was my inspiration and the one person who I could always depend on.

MOM'S PUMPKIN PIE
Pat Hudson
2 cups pumpkin
2 eggs
$11 / 2$ tsp cinnamon

6 eggs, slightly beaten
1 cup white Karo syrup
3 tbsp butter

Beat eggs well, mix all other ingredients together, pour into large unbaked pie shell. Bake at 350 for 1 hour. Makes 1 pie.

This is the best pumpkin pie I have ever eaten!
FOOD FOR THOUGHT: About the only things most of us save for a rainy day are picnics and new shoes.

A great treat on a hot summer day or when the flu season strikes and you are looking for an innovative way to introduce fluids and vitamin C.
2 cups water $\quad 11 / 2$ cups sugar

2 cups freshly squeezed orange $1 / 2$ cup lemon juice ( 1 lemon) juice (8 oranges)
In a medium saucepan, bring the water and sugar to a boil. Continue boiling for 10 minutes over medium high heat. Remove from the heat and cool. In a 2 -quart casserole, combine the orange juice and lemon juice. Stir in the sugar water. Cover with plastic wrap and place in the freezer. After 2-3 hours, just as the mixture begins to freeze, remove the mixture from the freezer and stir. Cover and return to the freezer for another $1-2$ hours. Scoop out and serve in small bowls. Serves 8 .

THE NEXT BEST THING TO ROBERT REDFORD Pat Hudson Mix together until crumblike: I cup flour
$1 / 2$ cup butter or margarine, softened 1 cup finely chopped pecans
Press mixture into greased $13 \times 9$ pan. Bake at 350 for $15-20$ minutes until lightly golden. Cool. Beat until smooth: 8 oz pkg cream cheese, softened and 1 cup sugar. Fold in $1 / 2$ of 9 oz . carton Cool Whip. Spread mixture over cooled crust. Combine $63 / 4 \mathrm{oz} \mathrm{pkg}$ instant vanilla pudding and a $63 / 4 \mathrm{oz} \mathrm{pkg}$ instant chocolate pudding. Beat in 3 cups of cold milk. Spread over cream cheese layer. Spread remaining Cool Whip over top. Cover and refrigerate overnight. Serves 16.

## STRAWBERRY PIE

1 baked pie crust
1 cup water
2 tbsp cornstarch
2 tbsp strawberry jello
Stir together salt, cornstarch and sugar. Add water and boil until thick, Add jello and cool. Place berries (whole) in pie crust. Pour mixture over berries and chill. Serve with whipped cream.

HINT: Lemons will keep for up to 10 days unrefrigerated and up to 6 weeks in the vegetable crisper. Lemons give more juice at room temperature. Heat refrigerated lemons in hot water for $10-15$ seconds. Always roll lemons on the counter before juicing to get more liquid.

## Meat, Poultry \&

 Seafood

2 eggs
2 cups quick oats
I can ( 12 oz ) evaporated milk
I cup chopped onion
Sauce:
2 cups catsup
$1 / 2$ cup chopped onion
1/2 tsp garlic powder
In a large bowl, beat eggs. Add oats, milk, onion, salt, pepper and garlic powder. Add the ground beef, mix well. Shape into $11 / 2^{\prime \prime}$ balls. Place in two $13 \times 9 \times 2$ baking pans. Bake uncovered at 375 for 30 minutes.
Remove from the oven and drain. Place all of the meatballs in one of the pans. In a saucepan, bring all the sauce ingredients to a boil. Pour over meatballs. Return to the oven and bake, uncovered, for 20 minutes or until meatballs are done. Yield: 4 dozen

## LAZY MAN'S ROAST

3-4\# rump roast
$11 / 2$ tsp salt
1 $1 / 2$ tbsp brown sugar
$1 / 2$ tsp dried sage
Trim fat. Put ingredients in casserole. Cover very tightly. Cook in oven 4 hours at low heat 300-325.

Jane Gillie

1 cup Burgundy or Claret
10 whole black peppercorns
3 bay leaves

SAUTEED STEAK \& ONIONS
2 tbsp oil
1 1/2 \# skirt or round steak
cut into pieces
2 tbsp vinegar
$1 / 4$ tsp salt

## Elaine Hanger

2 medium onions, sliced
1/2 cup beef broth
2 tbsp catsup
1/4 tsp thyme
1/8 tsp pepper

Saute onions until brown; remove from pan. Brown meat, add onions and the remaining ingredients. Simmer until meat is tender.

HINTS: For quick and easy garlic breadsticks, split a hot dog bun down the middle and cut each half lengthwise. Butter each strip, sprinkle with garlic salt or powder. Place on a baking sheet and broil until toasted.

SOUTH SEAS STEAK
"Good for tough cuts of meat"
1-2\# lean beef (chuck/sirloin)
I clove garlic
1/2 cup salad oil
1/4 tsp salt
$1 / 2$ cup vinegar
$1 / 2$ tsp pepper
4 tbsp sesame seeds (optional)
1/2 cup sugar
2 tbsp soy sauce
Chopped onion
Place meat in a flat pan that can be covered (foil is fine). Mix all ingredients and pour over meat. Refrigerate overnight. When you are ready to cook, either broil or roast in the same pan. Baste with surplus sauce either way you cook it. Serves 6.

## "AFTERNOON OUT" PORK ROAST Jeannie Frase <br> 1 envelope Onion Soup Mix $5 \#$ pork loin roast <br> 1/2 cup water <br> $1 / 4$ cup flour

Line baking dish or pan with foil large enough to completely enclose the roast. Sprinkle soup mix in the center of the foil. After trimming excess fat, place the roast fat side down on the foil. Fold the foil over and seal securely. Bake at 300 for $31 / 2$ hours (if only partially thawed, increase cooking time by 10-15 minutes per pound). Open foil- remove meat to warm platter and keep warm. For gravy, measure drippings; add enough water to measure 2 cups. Pour into saucepan; heat and thicken with paste made of $1 / 2$ cup water and $1 / 4$ cup flour. Boil and stir for 2 minutes.

BARBECUED SPARERIBS
4\# pork spareribs, cut into serving size pieces
$1 / 4$ tsp pepper
Sauce:
1/2 cup cider vinegar
1/2 cup catsup
2 tbsp chopped onion
1/2 tsp dry mustard
Dash cayenne pepper
In large kettle or Dutch oven, place ribs and onions, sprinkle with salt/pepper; add enough water to cover ribs, bring to boil. Reduce heat; cover and simmer for $11 / 2$ hours or until tender; drain. Combine sauce ingredients in saucepan; simmer uncovered for 1 hr or until slightly thickened, stirring occasionally. Arrange ribs on rack in broiler pan. Brush with sauce. Broil $5^{\prime \prime}$ from heat for 5 min . on each side, brushing frequently with sauce. Yield: 4 servings.

Rose Bahr
1 medium onion, quartered 2 tsp salt

1/2 cup packed brown sugar
I/2 cup chili sauce
1 tbsp lemon juice
1 garlic clove, minced

2 cups soft bread crumbs
1\# pork sausage
$1 / 2$ cup milk
$1 / 2$ tsp dry mustard
1/2 tsp pepper
Sauce:
1/4 cup brown sugar
1 bottle chili sauce
Mix meatball ingredients and chill for 1 hour or so. Make into meatballs and brown in medium hot skillet. Put in casserole. Mix sauce and pour over, simmer in oven 1 hour.

SICILIAN MEATLOAF
2\# hamburger
$1 / 2$ cup Italian bread crumbs
2 pkg thin sliced ham

Cheri Chambell
2 eggs
1 can Italian tomatoes
1 pkg shredded mozzarella or jack cheese

Mix hamburger, eggs, bread crumbs and tomatoes well. Pat out in a sheet of plastic wrap to about $1 / 2^{\prime \prime}$ thick. Put ham on top of mixture to cover, then add cheese. Roll like you would a jelly roll. Put in pan seam side down, seal ends. Bake for about 1 hour at 350 . If desired, place a little cheese on top the last 5 minutes of baking. Let sit $10-15$ minutes before slicing.

GONE ALL DAY STEW Elaine Hanger
I can tomato soup or crushed tomatoes

1 can water
1\# stew meat
1 onion, cut
1 cup cut celery
2 beef cubes
1 tsp thyme
1 tsp pepper

1/4 cup flour
4 carrots, cut
4 small potatoes, cut
1 cup mushrooms
1 tsp oregano
1 tsp rosemary
1 bay leaf

Mix soup, water and flour until smooth; add seasonings, vegetables and meat in a large roaster. Bake at 275 for $4-5$ hours. (The crock pot works great too!)

FOOD FOR THOUGHT: It costs nothing to say something nice.

| 1\# ground beef | $3 / 4$ cup oatmeal |
| :--- | :--- |
| 1 egg | $1 / 2$ cup milk |
| 1 tsp salt | $1 / 2$ tsp pepper |
| $1 / 3$ cup flour | 2 tbsp fat |
| $1 / 2$ envelope dry onion soup | $21 / 4$ cups water |
| Mix beef, oats, egg, milk, salt and pepper. Shape into balls, roll in flour |  |
| and brown in hot fat. Dissolve onion soup in boiling water. Add to meat |  |
| balls and cook slowly 45 minutes. Sprinkle with Parmesan cheese |  |
| before serving. |  |

BEEF BRISKET
4-5\# beef brisket
1 tsp hot sauce
2 tbsp mustard $1 / 4$ tsp cinnamon

Susan Weaver Potter
1 cup catsup
1/4 cup brown sugar
2 tbsp flour
2 tbsp Worcestershire sauce

Mix all together; cover and refrigerate. Place meat in a large cooking bag. Brush catsup/flour mix over both sides. Seal bag tightly. Cook at 200 about 6 hours. The last $20-30$ minutes open bag and brush remaining sauce. Turn at least once.

## CHUCK ROAST

3-4\# beef chuck pot roast
14 -oz can sliced mushrooms
Sliced carrots

Kay Dunlap
2 cans cream of mushroom soup
Potatoes, cut in chunks
Onions

Drain and rinse mushrooms. Sprinkle roast with garlic salt, pepper, and meat tenderizer. Brown roast on all sides in a heavy skillet using about 2 tbsp bacon drippings or Wesson oil. Put $1 / 2$ can mushroom soup in the bottom of a large, heavy pyrex dish. Place roast on top of soup and arrange vegetables and mushrooms around the roast. Spread remaining mushroom soup over entire roast and the vegetables, then add $1 / 2$ can of water. Cover with foil and bake 325 for 2 1/2-3 hours basting every $1 / 2$ hour.
Directions for pot roast in crock pot:
Prepare roast as above except cut meat to fit the crock pot. Add mushroom soup as above, put meat next, cover with vegetables (you will have to cut them thinner). Add $1 / 2$ can water. Cook on low heat 6-8 hours. Note: Sometimes I use 3 cans of soup if I want a lot of gravy and of course you will need a pan of cornbread!

2 chicken breasts ( 4 oz each) 4 tbsp bread crumbs

1 egg
$1 / 2$ tsp poultry seasoning 1 tbsp chopped parsley Cut chicken breasts in bite-size pieces, approximately $1^{\prime \prime} \times 1^{\prime \prime} \times 1^{\prime \prime}$. Beat egg, add poultry seasoning and parsley. Dip chicken pieces in egg and roll in bread crumbs. Place on a Pam sprayed baking pan and bake at 350 for 30 minutes, turning once. Makes 2 servings.

CHICKEN SHISH KEBAB
Eric Riffe
2 chicken breasts ( 4 oz each) $\quad 1 / 2$ cup cider vinegar
$1 / 2$ tsp sweetener (Equal)
Dash soy sauce
2 cups mixed raw vegetables: onion, green pepper or zucchini Cut chicken into $11 / 2^{\prime \prime}$ cubes. Mix marinade ingredients, pour over chicken and marinate for $3-4$ hours or overnight. Cut vegetables in similar chunks. Thread chicken and vegetables alternately onto 2 skewers, $1 / 2$ of each onto each skewer. Grill over medium heat until chicken is done and vegetables are tender crisp ( $10-15 \mathrm{~min}$ ). Makes 2 servings.

## CHICKEN \& GREEN CHILI

i clove garlic, cut in half
1 chicken breast ( 4 oz )
ground or cut in small pieces 1 tsp oil
In non-stick skillet, saute garlic until brown; remove. Cook onion until tender and add chicken breast. Saute until almost done. Add cumin and green chile and cook a few minutes longer. Remove from heat and add oil. Yield: I serving

TERIYAKI CHICKEN
Ruby Ford
1 cut-up chicken it cup catsup
1 cup brown sugar 1 cup soy sauce
Mix catsup, brown sugar and soy sauce, heat to boiling point. Pour mixture over chicken and bake at 350 for 1 hour. Turn chicken halfway through baking.
$2-4$ chicken breasts, cut in half, boned and pounded out. Lay 1 each: thinly sliced ham (pressed ham) and thinly pressed Swiss or mozzarella cheese. Roll up and pin with toothpick. Dip in milk and roll in Chicken Shake \& Bake. Brown in oil and butter. Put in a baking dish. Add 1 can cream of chicken soup mixed with 1 pkg dry chicken gravy mix and $1 / 2$ can water. Mix together and pour over chicken. Bake at 350 for 1 hour 20 minutes.

## CHICKEN BREASTS SUPREME Mary Jane Dieter

6 boned, skinless chicken breasts I small pkg wafer beef halves
3 slices bacon, cut in half I can mushroom soup
$1 / 2$ pint sour cream
Slivered almonds
Cut beef into strips and place in a greased baking dish. Wrap the rolled chicken breast halves in the bacon slice halves. Place in the baking dish. Mix the soup and sour cream and pour over chicken. Sprinkle with paprika and slivered almonds. Bake 4 hours at 250. May be partially baked, then frozen. Finish baking before using.

This is a wonderful company do-ahead main dish. Nice served with rice pilaf

CHICKEN IN WINE SAUCE Alison Cunningham
"Pollo Alla Montanara - Vienna"
(European measure - 1 cup $=8 \mathrm{oz}$ )
2 (2\#) frying chickens cut in serving pieces 1 tsp salt
Freshly ground black pepper
4 tbsp flour
$1 / 3$ cup shredded boiled ham
3 tbsp olive oil
1 1/4 cups dry white wine
$1 / 2$ tsp sage
Season the chicken pieces with salt \& pepper and dredge with flour. Heat oil in large skillet. Add chicken and fry until golden brown on all sides. Add ham and saute for another 2 minutes. Add the wine and sage. Cover and bake in 375 oven for 40 min or until tender.
Yield: 4 servings
This recipe is as Viennese as the Viennese Waltz in the "Wiener Backhendl" eaten in the cellars outside Vienna where you can taste the "Heurige" a young wine from the last vintage.

3\# halibut fillets (or a white fish) 1 cup mayonnaise
Paprika
Bread crumbs
Cut halibut into serving sizes; put in a bowl and cover with dry white wine; cover bowl and put in a cool spot to marinate 2 hours. Drain and pat as dry as possible, between two towels. Roll in bread crumbs and place in a single layer in a baking dish. Mix together sour cream, mayonnaise and onion. Spread over fish, smoothing out over edge of pan. Sprinkle with paprika. Bake at 500 for $15-20$ minutes or until brown. Serve at once. VERY GOOD!

HEARTY TUNA CASSEROLE
Flora Stonex
2 cans ( 6.5 oz each) chunk-style tuna 6 oz ( 3 cups ) uncooked egg $1 / 2$ cup chopped celery
$1 / 3$ cup sliced green onions
2 tsp mustard
$1 / 2$ tsp dried thyme leaves
1 small zucchini, scrubbed, sliced
1 cup shredded Monterey jack cheese
Drain and flake the tuna. Set aside. Cook noodles according to package directions. Drain and rinse in hot water. Combine noodles with the tuna, celery and green onions. Blend in the sour cream, mustard, mayonnaise, thyme and salt. Spoon half the mixture into a buttered 2quart casserole. Top with half the zucchini. Repeat layers. Top with the cheese. Bake at 350 for 30 minutes or until hot and bubbly. Sprinkle with the chopped tomato. NOTE: Flora uses turkey instead of tuna.

This is a great recipe to keep on hand for a quick meal. Zucchini and tomatoes add a fresh taste to the casserole.

POACHED SOLE
June Hansen
Butter a flat baking dish. Lay sole in dish; top with onion slices. Add milk to cover fish; add pickling spice. Bake 30 minutes at 325 , Delicious!

HINT: When breading chicken, coat with mayonnaise instead of egg. The mayonnaise clings to the chicken and doesn't drip like the egg does, plus it adds a nice flavor.

Mix together:
1/4\# American cheese, grated 3 hard-boiled eggs, chopped
7 oz can tuna 1/2 cup mayonnaise
2 tbsp green pepper, onions, olives, sweet pickles and celery.
Place in hamburger buns and wrap in aluminum foil and bake for 20 minutes. VERY GOOD!

## CHEESY TUNA PIE <br> Jodi

1 cup shredded cheese
$1 / 4$ cup chopped onion
6 oz can tuna
1 cup milk
1/8 tsp nutmeg
Chopped celery
3 oz pkg cream cheese
3/4 cup Bisquick
Grease 9" pie plate. Grate in cheese. Mix in celery, onion and tuna.
Grate cream cheese over top. Mix together milk, eggs, Bisquick and nutmeg; pour over. Bake at 400 for $30-35$ minutes.

Transports easily and is good hot or cold or in-between.

FRESH SALMON SPREAD<br>Kay Dunlap

$3 / 4 \mathrm{lbs}$ fresh salmon (filet with no bones)
3 ( 12 oz ) containers of cream cheese, softened
3 stalks celery, chopped
1 small onion, chopped
Broil salmon in a small amount of water; remove skin from salmon. Combine with all other ingredients and mix thoroughly until well blended. Store in a tightly covered container and chill for 2 hours. Serve with crackers.

I served this at Kayla Marie's 5th birthday party and like many other recipes, it as well became very popular and everyone wanted it.

HINT: If picky eaters in your family don't like chunks of onion or green pepper in meat loaf, put those ingredients in the blender and blend before adding to the ground beef. Your meat loaf will be tasty and slice well.

SALMON TICINO STYLE
"Salmone Alla Ticinese" - Switzerland
(European measure- I cup $=8 \mathrm{oz}$ )
$4(1 / 2 \mathrm{lb})$ salmon steaks
1/2 tsp salt
1/4 cup grated Emmenthhaler swiss cheese (any swiss cheese can be used)
1 tbsp flour
$1 / 2$ cup sour cream
Fresh ground pepper
$1 / 2$ cup sour cream
Fresh ground pepper
Dash of nutmeg
4 tbsp oil
1 lemon, thinly sliced
Sprigs of parsley
1 cup tomato sauce, optional
Sprinkle salmon steaks on both sides with salt. In a small bowl combine the cheese, flour, sour cream, pepper and nutmeg. Heat oil in large
skillet and saute the salmon steaks over high heat about 30 seconds on
both sides. Arrange the steaks in a buttered baking dish and spoon the
sauce over. Bake at 375 for $10-15$ minutes. Garnish with lemon slices the cheese, flour, sour cream, pepper and nutmeg. Heat oil in large
skillet and saute the salmon steaks over high heat about 30 seconds on
both sides. Arrange the steaks in a buttered baking dish and spoon the
sauce over. Bake at 375 for $10-15$ minutes. Garnish with lemon slices the cheese, flour, sour cream, pepper and nutmeg. Heat oil in large
skillet and saute the salmon steaks over high heat about 30 seconds on
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sauce over. Bake at 375 for $10-15$ minutes. Garnish with lemon slices the cheese, flour, sour cream, pepper and nutmeg. Heat oil in large
skillet and saute the salmon steaks over high heat about 30 seconds on
both sides. Arrange the steaks in a buttered baking dish and spoon the
sauce over. Bake at 375 for $10-15$ minutes. Garnish with lemon slices and parsley sprigs.

Ticino is the "southernmost canton" of Switzerland, and here the sun and the food are somewhat Italian. This salmon dish prepared with grated cheese and sour cream is a Swiss/Italian mixture.

## SAUSAGE

Linda Hanson

| 5 lbs hamburger | $21 / 2 \mathrm{tsp}$ mustard seed |
| :--- | :--- |
| $21 / 2$ tbsp coarse ground pepper | $21 / 2$ tbsp garlic salt |
| 5 tsp Morton tender quick salt | 1 tbsp Hickory smoke salt |

1st day - Mix together and put in refrigerator.
2nd day - Mix again, cover and refrigerate.
3rd day - Make 5 rolls, put in pan on bottom rack in 140 degree oven and bake for 8 hours. Leave door open a little, turn every 2 hours.

TARTAR SAUCE
Chuck Riffe
Mayonnaise
Real lemon juice
Sweet pickle relish
Worcestershire sauce
Alison Cunningham

## A

Garlic salt

1 clove garlic (diced)
2 green peppers, diced
Dash of Liquid Smoke

2 (8 oz cans) tomato sauce
1 large onion, diced
1 lb brown sugar

Simmer together for $11 / 2$ hours. Add to any cooked, diced meat.

BASIC MEAT SAUCE
I/4 cup butter or margerine
4 cloves garlic, chopped
2 tbsp oregano
1 bay leaf
4 cups water
2 tbsp salt
2 tsp sugar

Marie Phillips
4 cups chopped onion
5 lbs . ground beef
2 tbsp basil
3 cans ( 2 lbs each) tomato puree
3 beef cubes
I tsp Tabasco
1/4 tsp cinnamon

In large kettle, melt butter, add onion, garlic and cook until tender. Add ground beef, break up with a fork, cook until brown. Add remaining ingredients, simmer for $11 / 2$ hours until flavors are blended and sauce has thickened. Turn into 1 quart and 2 quart freezer containers and refrigerate overnight and then freeze. Use with spaghetti noodles or rice. Makes 6 quarts.

This is great to have on hand for unexpected company, quick meals. Can defrost in slow microwave.

CRANBERRY SAUCE
Betty Tryon
$141 / 2-\mathrm{oz}$ can of stewed tomatoes, then blended.
Heat in microwave, add 1 tbsp vinegar; add I pkg strawberry jello to heated tomatoes. Pour back in tomato can and put in refrigerate to set. U'mmmmm good!

## HOT SAUCE

1 can tomato sauce
1 can tomato paste
2 tsp salt
2 tsp cumin
12-15 drops Tabasco sauce
Can use other tomato sauces; i.e. with herbs, etc.

| 5 lb hamburger | 1 cup water |
| :--- | :--- |
| Onions | 3 cans tomato soup |
| $11 / 2$ tsp chili powder | 1 tsp red pepper |
| 2 tsp salt | Dash pepper |
| 1 cup catsup |  |
| Mix hamburger and water, brown, drain. Add rest of ingredien |  |
| Cook. Serve on buns; put chopped raw onions on top. |  |
| SPAGHETTI SAUCE | Linda Hanson |
|  |  |
| 1 large can tomato puree | 1 large can tomato paste |
| 1 large can water | 1 small can water |
| 4 tsp parsley flakes | $1 / 4$ tsp sweet basil |
| 2 tsp salt | $1 / 4$ tsp pepper |
| Chili pepper | Red pepper |
| Onions | Hamburger |
| Mix all together and cook. Serve over cooked spaghetti. |  |

## HAM GLAZE <br> Kay Dunlap

Drain 18 -oz can crushed pineapple in unsweetened juice, drain reserving $1 / 4$ cup of juice. In small saucepan, combine pineapple, the reserved juice and $3 / 4$ cup Aunt Jemima syrup. Bring to boil, simmer for 5 minutes. Spoon glaze over ham during the last 30 minutes of baking time. Makes $11 / 2$ cups glaze.

## Main Dishes \&

## Casseroles



2 chicken breasts
1/4 cup margarine 1 can cream of chicken soup
Cut chicken breasts in $1^{\prime \prime}$ cubes, saute. Mix rest of ingredients together and pour over 3 cups cooked pasta or rice in $11 / 2$ quart casserole dish. Top with 1 can of asparagus, drained and $1 / 4 \mathrm{lbs}$ grated medium cheddar cheese. Bake until bubbly, about 30 minutes at 350 .

## SPINACH CASSEROLE

1 (10 oz) pkg of chopped spinach
1 tbsp chopped onion
$3 / 4$ cup grated white sharp cheddar cheese 1/4 cup milk

## Kay Dunlap

1 egg , slightly beaten $1 / 4$ cup margarine, melted 1 can cream of mushroom soup 1 cup Pepperidge Farm herb seasoned stuffing

Cook and drain spinach well. Mix all ingredients; reserve some stuffing for topping. Put mixture in greased 1 qt casserole dish and bake at 350 for 30 minutes.

QUICK CASSEROLE Candy Haskin
1 lb browned ground beef 1 can tomato soup
1 can green beans
Put in casserole cover with mashed potatoes and grated cheddar cheese.
Bake at 350 until brown around edges, 30 minutes or so.
MEAT AND POTATO PIE

1 can cream of mushroom soup
1 lb hamburger
1 egg , beaten
$1 / 8 \mathrm{tsp}$ salt
Grated cheese
Mix 1/2 can mushroom soup, hamburger, onion, egg, crumbs, salt and pepper. Press into $9^{\prime \prime}$ pie plate and bake at 350 for 25 minutes. Spoon off any fat. Cover with mashed potatoes and spread remaining soup over the top. Sprinkle with cheese and bake 10 minutes more.

HINT: To give gravy and stew great color and flavor, add a few teaspoons of soy sauce.

3 cups macaroni
1 large can stewed tomatoes
1/4 cup chopped celery
Salt to taste
Pepper to taste As you cook macaroni, fry the hamburger, onion, celery and garlic until browned. Drain hamburger. Drain cooked macaroni. Mix together. Drain some juice off tomatoes (save to moisten when reheated). Add to hamburger/macaroni and add margarine. I heat again on low on stove but you could put in casserole dish and bake for 20 minutes.

## CAMP-OUT DINNER

I large can Campbell's Vegetable Beef soup
1 lb , hamburger
1/4 tsp salt
$1 / 4$ tsp oil
Brown hamburger in oil. Don't break up real small. Add soup and maybe just a little water. Heat until hot. Serve with slice of bread and butter.
BREAKFAST CASSEROLE Kim Ostlund

8 slices of cubed bread
2 lbs cooked link sausage
2 1/2 cups milk
3/4 tsp dry mustard
Dilute soup with $3 / 4$ cup water. Layer bread, cheese, sausage. Repeat. Beat eggs, mix with milk, salt, mustard and soup. Pour over layers and cover. Refrigerate overnight. In morning, bake at 325 for 1 hour.
Serves 6.
TUNA CASSEROLE
Marie Phillips
2 cans tuna
1 can mushroom soup
$11 / 2$ cups uncooked macaroni or egg noodles
Cook the pasta, drain. Add the tuna and soup. If it doesn't seem as moist as you would like, add a little milk. You can sprinkle a bit of cheese grated over all and bake at 350 until it bubbles. Serves 2-3.

2 cups cooked rice
1 lb meat (ground beef or pork sausage)
1 can corn

18 -oz can tomato sauce
Taco seasoning in package
Chili powder to taste
Cheddar cheese

Brown meat; drain, if necessary. Add taco seasoning and some water and let cook down. Rice can be prepared beforehand or at the same time. Mix all ingredients together and spread in a $13 \times 9$ pan. Cover with grated cheese and bake $1 / 2$ hour. Can be made ahead and stored in refrigerator. Bake a little longer.

BROCCOLI NUT CASSEROLE Marie Phillips

> 2 small pkg chopped frozen broccoli 1 can cream mushroom soup or I large 20 oz pkg or $1 \mathrm{l} / 2 \mathrm{lbs}$ raw
> 2 eggs, well beaten
> 1 cup mayonnaise
> $11 / 2$ tbsp chopped onion flakes or 1 med onion, chopped
> $3 / 4$ cup sliced almonds - or -- I small can water chestnuts
> 3/4-I cup grated sharp cheese
> Cut and place broccoli in casserole with $1 / 2$ cup water. Put in microwave on high for 5 minutes. Drain. Save a bit of cheese to put on top, but mix everything else and pour over broccoli. Mix very well. Top with cheese and bread crumbs. Bake at 350 for 40 minutes. This can be put together the day before. Even people who say they don't like broccoli ask for seconds!

## ZUCCHINI CASSEROLE

4 cups grated zucchini
3/4 cup green pepper, diced (about $1 / 2$ of large bell pepper)
t/4 cup Canola oil
I roll Ritz crackers, crushed (about 2 cups)
Mix all ingredients in a large bowl. Pour in a greased casserole dish sprayed with Pam. Bake at 375 approximately 45 minutes, until a toothpick inserted in middle comes out clean.

FOOD FOR THOUGHT: Remember when family meals were carefully thought out instead of thawed out?

In the bottom of a casserole with a tight lid, put 4 carrots sliced and 2 big or 4 small potatoes and onion. Put in 1 Kielbasa sausage, cut into $3^{\prime \prime}$ lengths. Pour 1 quart sauerkraut over all. If it is real salty, pour off the juice and add about $1 / 2$ cup water. Sometimes sauerkraut is too salty, other times you can use the juice for moisture. Bake at 325 for 2-3 hours.

## BACON CHEESE POTATOES Evelyn Miller

8 -10 medium potatoes ( $21 / 2-3 \mathrm{lbs}$ ) I cook potatoes with peelings on, then peel.
$1 / 2$ cup finely chopped onion
1 lb processed American cheese, cubed
1 cup mayonnaise
$1 / 2 \mathrm{lb}$ sliced bacon, cooked and crumbled
$3 / 4$ cup sliced ripe olives
Chopped fresh parsley, optional
Paprika, optional
Peel the potatoes and cube in a bowl. Mix potatoes with onion, cheese and mayonnaise. Transfer to greased $13 \times 9 \times 2$ pan. Sprinkle with bacon and olives. Cover and bake 350 for 30 minutes or until heated through. If desired, sprinkle with parsley and paprika. VERY GOOD!

SAVORY BEEF STEW
2 lbs stew meat
$1 / 4$ cup oil
$11 / 2$ cup chopped onions
1 large can tomatoes, chopped
or $12-16$ oz V8 juice
$1(10.5 \mathrm{oz})$ can beef broth
3 tbsp quick cooking tapioca
1 tbsp parsley flakes

Jeannie Frase
$21 / 2$ tsp salt
$1 / 4$ tsp pepper
1 bay leaf
6 medium carrots
3-5 medium potatoes
$1 / 2$ cup chopped celery
1 clove garlic

Brown beef in hot oil. Add onion, tomatoes, tapioca, broth, garlic, parsley, salt, pepper and bay leaf. Bring to a boil. Put into a 3 quart casserole (or $9 \times 13$ pyrex). Cover. Bake at 350 for $11 / 2$ hours. Add carrots, potatoes and celery. Continue baking for 1 hour or until vegetables are tender.
***Tender and a wonderful flavor!

2 cups mashed, cooked sweet potatoes (approx 2 lb can)

2 eggs, beaten
$1 / 3$ cup milk
1 cup sugar
1 tsp vanilla
1/2 cup butter or margarine, melted
Topping (see below)
Combine sweet potatoes, sugar, butter, eggs, vanilla and milk. Mix well Spoon into a 2 quart casserole. Cover with topping. Bake at 350 for 25 30 minutes.
Topping:
$1 / 2$ cup brown sugar
$1 / 4$ cup flour
$21 / 2$ tbsp butter or margarine, melted
$1 / 2$ cup pecans, chopped (optional)
Combine all ingredients, mixing well. Sprinkle on top of the potato mixture before baking.

This is a really good casserole from "down South". A favorite at Thanksgiving or Christmas, or any day of the year!

SAUERKRAUT HOT DISH
1 can \& jar drained sauerkraut
Onion soup mix
1 cup crushed egg noodles
Mix together. Bake 1 hour at 350 .

## SPINACH PIE

1 large lemon, thinly sliced
1 can tuna ( $121 / 2 \mathrm{oz}$ ) or
2 cups chopped chicken, turkey or ham
$1 / 2$ tsp thyme or marjoram
1/2 cup milk
$2(10 \mathrm{oz}) \mathrm{pkg}$ frozen spinach thawed and drained
Preheat oven to 400 . Arrange lemon slices on bottom of $10^{\prime \prime}$ round pan. Beat eggs, add tuna, stuffing mix, onion, soup and milk. Spoon half the mixture over the lemon. Layer spinach over that. Spread rest of tuna mixture on top. Mix corn bread mix and spread on top of tuna mix.
Bake, uncovered, 20-25 minutes.

3 tbsp flour
1/8 tsp pepper
2 cups pared/sliced potatoes
2 tbsp chopped onion

2 tsp salt (or less)
$1 / 2$ cup diced celery
2 cups pared/thinly sliced carrots 2 cups milk

3 tbsp butter
Combine flour, salt and pepper. Arrange a layer of half the potatoes, then a layer of half the carrots in a greased $11 / 2$ quart casserole.
Sprinkle each layer with celery, onions and flour mixture. Repeat. Pour on milk, dot with butter. Bake in 375 oven for about 45 minutes.

KAY'S BAKED MACARONI \& CHEESE Kay Dunlap

18 -oz pkg cooked macaroni
18 -oz carton sour cream
$1 / 2$ cup milk
Salt to taste
Cook macaroni according to package directions. Drain, rinse and set aside. Combine rest of ingredients. Add the macaroni and stir well. Pour into buttered 2 quart casserole dish and bake at 350 for 45 minutes. The last 5 minutes of baking, sprinkle on some grated cheese. 6-8 servings.

SWEET POTATO CASSEROLE June Hansen

2 eggs, beaten
1/4 cup sugar
1 tsp vanilla
1/3 cup milk
Beat eggs, add sweet potatoes, sugar, vanilla and margarine. Spoon into $9 \times 13$ pan. Sprinkle topping over all.
Topping:
3 cups cornflakes
2/3 cup melted margarine
I cup brown sugar
$1 / 2$ cup nuts

1/2 cup raisens
Bake at 350 for 30-40 minutes.
FOOD FOR THOUGHT: Advice should be consumed between two thick slices of doubt.

| 1 cup dry rice | 2 chopped green peppers |
| :--- | :--- |
| 1 quart milk | 1 tbsp grated onion |
| 1 can Spam | $3 / 4$ cup nippy cheese |
| 1 cup grated carrots | Salt \& pepper |

Mix and bake in greased casserole, uncovered, at 375 for 1 hour.

## CHICKETTI

$11 / 4$ cups raw spaghetti
1/4 cup minced pimento
$1 / 2$ cup minced onion
$1 / 2$ cup chicken broth
$1 / 8$ tsp pepper

The late Beryl Coutts
$11 / 2$ cups cooked cubed chicken
1/4 cup chopped green pepper
1 can cream of mushroom soup
$1 / 2 \mathrm{tsp}$ salt
13/4 cup grated cheese

Cook spaghetti 7 minutes in boiling water, drain and add cut-up chicken, minced pimento, green pepper, onion, $11 / 4$ cup grated cheese, soup, broth and seasonings. Mix with 2 forks so as not to break spaghetti. Top with remaining $1 / 2$ cup grated cheese. Bake at 375 until top is slightly browned.

## QUICK 'N EASY TUNA CASSEROLE D. Allin

Make a white sauce of:
2 tbsp butter or margarine 2 tbsp flour
Cook together one minute, stirring constantly. Add $11 / 2-2$ cups milk a little at a time to make a medium thick white sauce. Add 1 can tuna (water packed, drained) and $14-\mathrm{oz}$ can mushroom pieces, drained. Mix well. Stir in $4-5$ oz of broken up potato chips. Mix and put in microwave (flat) casserole. Sprinkle some potato chips over top and microwave for 2 minutes on high, turn dish around and microwave 2 more minutes or until heated well throughout. Microwave 1 more minute. Serve while hot. Makes 4-5 servings.

QUICKEST EVER CHICKEN CASSEROLE Kim Ostlund
1 cup rice
1 can cream of mushroom soup
$11 / 2$ cup water or milk (milk best) $2 \mathrm{l} /-3 \mathrm{lb}$ chicken thighs, breasts Combine all ingredients except chicken in a greased casserole. Place chicken on top of mixture (skin if desired). Bake covered 1 hour 15 minutes at 350 . Uncover and bake 30 minutes longer.

RICE HAMBURGER CASSEROLE 2 minced onions
5 tbsp butter
Cook to a golden color. Add $1 / 2 \mathrm{lb}$ lean hamburger, prevent from caking by stirring often, when cooked add 2 tsp salt, dash of pepper and pinch of oregano. Mix with 3 cups cooked rice, 1 cup frozen peas and 2 1/2 cups canned tomatoes. Mix well. Pour into a greased baking dish, sprinkle with 3 tbsp grated cheese. Bake at 450 for 20 minutes.

MEXICAN CASSEROLE
2 lb lean ground beef
Brown together. Add:
I can mushroom soup
1 small can mushrooms
1 small can Ortega green chilis
I small can water
Cook all together for 20 minutes. Layer with 12 corn tortillas and 2 cups shredded cheddar cheese. Bake in $9 \times 13$ pan. Bake at 350 for 20 minutes, longer if cold.

CHICKEN AND RICE
I cut-up fryer, browned
Salt \& pepper 1 can chicken soup

Naomi Dow
1 clove garlic, chopped

Brown gether Add:

Put rice in a 9 xI3 pan. Mix soups together in bowl. Rinse each can with a little water. Cover rice with soups. Place browned chicken on top. Bake 2-2 1/2 hours at 275 oven.

POLISH REUBEN CASSEROLE
2 cans cream of mushroom soup
1 tbsp prepared mustard
2 cans ( 16 oz ) sauerkraut (rinsed \& drained)
$11 / 2$ lbs Polish sausage, sliced
3/4 cup whole wheat bread crumbs Combine soup, milk, mustard and onion. Spread sauerkraut in greased $9 \times 13$ pan. Top with uncooked noodles. Spoon soup mixture over noodles. Sprinkle with sausage pieces, then cheese. In small bowl stir together crumbs and melted butter, sprinkle over cheese layer. Cover lightly with foil. Bake at 350 for 1 hour or until noodles are tender. Yield: 8-10 servings.

Ingredients: Will make somewhere around 4-5 quarts of mouth waterin' "Buckeye Chili"

1. MEAT - About 3 pounds will do. This is one place where you need to make a decision, for simplicity's sake I'll use my own favorite, hamburger. You don't need the best hamburger you can buy, but after you cook it, be sure to get all the grease off it that you can. A better meat is a cheap steak cut into tiny quarter inch or so pieces.
2. ONIONS - about four fairly large onions will do.
3. JALAPENO PEPPERS - One cup. Use the sliced rings in jars, not fresh peppers. (Don't use the juice).
4. CHILI POWDER - About $1 / 2$ cup
5. SALT - To taste
6. TOMATO JUICE-(V8 is good) - Two quarts will do 7. RED OR KIDNEY BEANS -- Three 15 1/2-oz cans Cut the onions up in pieces about half the size of your thumb (peel 'em first), add the Jalapeno peppers and fry with the meat, salting to taste. (Don't leave out the salt. It needs to be there!) Fry until the meat is brown and then drain off the grease. While the meat is cooking, open the cans of beans (drain) and tomato juice and pour them in a kettle big enough to hold everything, add the chili powder, and, when once it's browned, the meat. Mix everything together and bring to a slow boil, then let simmer for about an hour. Now comes the hard part, you need to wait, until tomorrow 'til you sample it! The peppers will naturally be absorbed into the meat, juice and beans, making a much better bowl of chili. If you should ever end up with too much juice, add a handful or two of wide noodles. This will not change the taste at all and will make the whole mess a little thicker!

Give it a try. Watch your wimpy friends loosen their collars and, with sweating foreheads, and ask for seconds of your "Buckeye Chili"

Roger found this recipe by Dick Noel in a Mining Connection paper. He tried it and it is definitely collar loosening and forehead sweating good!

DOROTHY'S CROCK POT ROAST ITALIAN Joyce LeMonds
$5 \#$ or so rump roast, browned
1 pkg dry onion soup mix
2 tbsp thyme
Mix and cook 5 hours in crock pot. Slice thin and serve on Hoagy buns, Add a little juice as you eat. VERY GOOD!

6-8 medium pork chops
1 medium green pepper, sliced in rings

1 medium onion, sliced in rings
2 cans cream mushroom soup
$1 / 2$ can water

Season pork chops with salt, pepper and tenderizer. Brown chops on both sides in hot fat. Place a layer of mushroom soup on bottom of a large pyrex dish. Place 3-4 pork chops on top of mushroom soup, a layer of onion rings, green pepper rings and another layer of mushroom soup. Repeat a second layer of pork chops, onion rings, green pepper rings and remaining mushroom soup. Pour $1 / 2$ can of water over casserole, cover with aluminum foil and bake at 350 for 45 minutes or until hot and bubbly. Note: Boneless pork chops are the best.

This is an old family recipe that my mama, Catherine Nabers, who lives in Muscle Shoals, Alabama used quite often for family gatherings.

## CHICKEN \& RICE

I can mushroom soup
3/4 cups uncooked rice 1/4 tsp pepper

Place chicken in 9x12 pan. Mix all and pour over. Bake 350 for 1 hour. Serves 4.

## WILD RICE AND CHICKEN BREASTS Linda Hanson

1 cup uncooked wild rice
3 tbsp butter or margarine
$1 / 2$ cup slivered almonds
1 can cream of mushroom soup
$1 / 2$ cup chicken broth
Cook wild rice in 4 cups water, cover. Boil 50-55 minutes; drain. Brown chicken breasts in butter or margarine. Remove from pan. Brown onion. Brown almonds. Mix rice, onions, almonds and pimento. Place in a greased baking dish. Place chicken breasts on top. Mix soup, sour cream, broth, salt and pepper; mix until smooth. Pour over chicken. Bake at 325 for 1 hour.

Middle-aged Lament: My bifocals are adequate. My dentures are fine. My uplift is holding. But I sure miss my mind!

1 chicken, cut-up<br>1 can cream of celery soup or cream of chicken soup

$1 / 4$ pkg dry onion soup mix

Heat soups and milk; stir in rice. Put in pan, arrange raw chicken pieces on top of mixture. Sprinkle with dry onion soup. Seal with foil. Bake at 325 for 2 hours 15 minutes. You may broil this for browness. Add milk if it seems too dry.

OVEN BAKED CHICKEN
Margaret Burchett
2 broiler-fryer chickens
2 cans cream of chicken soup
Wash chicken and dry on absorbent towel. Place in single layer in baking pan ( $10 \times 14$ inch), skin side up. Blend together soup and cheese. Spread over chicken. Bake in 350 oven 1 1/2-2 hours or until chicken is tender and top well browned.

TURKEY HASH
1/4 cup Crisco shortening
$1 / 2$ cup finely chopped onion
2 cups diced, cooked potatoes
1 tsp salt
$2 / 3$ cup undiluted evaporated milk
Melt Crisco in skillet. Add mushrooms and onion and saute about 5 minutes. Remove from heat and stir in turkey, potatoes, parsley, salt and pepper. Gradually add evaporated milk, stirring gently. Heat mixture thoroughly (about 5 minutes). This can be doubled. Serves 6 .

## CHICKEN/SOUR CREAM ENCHILLADAS Louise Lloyd

Cook chicken and remove meat from bone. Cut in bite-size pieces. In saucepan, heat I pint sour cream, 2 cans cream of chicken soup and 14 oz can chopped mild green chilis. Heat and cook for 5 minutes. Place 2 heaped tablespoons of mixture in a heated corn or flour tortilla. Wrap the filled tortilla and place in a $13 \times 9 \times 2$ lightly greased pan. Pour the remaining mixture over the rolled tortillas. Sprinkle with 3 cups grated cheddar cheese and top with 5-6 chopped green onions. Bake uncovered in a 350 oven about 30 minutes. Serves 4-6.

4 green peppers (hollowed)
1 lb ground meat
$1 / 2$ cup raisens
1/4 tsp cloves
$1 / 2$ tsp salt

2 slices bread soaked in $1 / 2$ cup milk
$1 / 2$ cup ground pecans
$1 / 4$ tsp cinnamon
4 slices cheese

Mix all ingredients well. Stuff peppers. Put in baking dish. Cover with Spanish Sauce (below). Bake 350 for 1 hour. Put cheese on top 10 minutes before serving.
Spanish Sauce:
1 can tomato paste $\quad 1 / 2$ cup water
1 chopped onion $\quad 1$ chopped green pepper
1 tsp salt
$1 / 2$ tsp pepper
Cook 20-25 minutes, stirring frequently.

## ENCHILADAS

Cindy Hanson

Cook 1 lb ground beef; when browned add salt, pepper and garlic to taste. Add 14 -oz can of Ortega chopped green chilis.
Grate 1 lb of cheddar cheese.
Chop one medium onion.
One dozen corn tortillas, use a pancake turner to dip tortillas one at a time into simmering enchilada sauce (below). Place on a plate and put about 2 tbsp of meat mixture, a little onion and cheese on one side of tortilla and roll up. Place in a $13 \times 9 \times 2$ pan. Spoon on a small amount of sauce on top. Sprinkle with grated onion and cheese. Bake in a 350 oven for 30 minutes.
Enchiladas Sauce:
Pour about 2 tbsp of oil in sauce pan. Add 3 tbsp chili powder, 18 -oz can tomato sauce, salt and pepper, $1 / 4$ tsp garlic powder, 3 cans water and $1 / 8 \mathrm{tsp}$ cumin. Simmer 15 min . Thicken with cornstarch and water.

## MEXICAN RICE

Cindy Hanson

Put enough oil in pan to cover the bottom. Add I cup raw rice and $\mathrm{I} / 2$ chopped onion. Cook, stirring until brown. Add:
$11 / 2$ cups water
1 chicken bouillon cube
1 tsp Italian seasoning
$1 / 2$ cup tomato sauce
Salt and pepper
$1 / 4$ tsp garlic powder

Bring to a boil; lower heat; cover and simmer for 15 minutes. Turn off heat and let set for 15 minutes. Serve.

1 large bag Doritos $\quad 1$ can cream of chicken soup
1 can cream of mushroom soup
$1 / 2$ can milk
4 cups shredded cheese
Heat soups in pan with hamburger; add milk. Layer in casserole dish with the Doritos and cheese; top with the can of enchilada sauce. Bake for $1 / 2$ hour in a 350 oven.

## TAMALE PIE

## Marie Phillips

2 tbsp butter
$10-\mathrm{oz}$ can tomato puree
1 small can sliced olives
2 cups milk
1 tsp salt
1 tsp Tabasco
$1 / 2$ tsp cumin
$1 / 2$ tsp ground chili peppers $1 / 2$ tsp oregano until meat looses its redness. Add everything else to meat and onion. S Spray a 9x12 pan with Pam and put into a 350 oven. Stir about every 15 minutes for 1 hour. You can put more or less of the hot stuff to suit yourself. Serves 6-8.

MINI PIZZA
1 lb cheddar cheese, grated
1 small can chopped black olives
1 small can tomato sauce
1 tbsp Worcestershire sauce

Ruby Sparks Meyer

Mix all ingredients together. Use Buffet French bread, cut in thin slices. Spread with cheese mixture, place on cookie sheet under the broiler for a few minutes. Watch closely; serve warm.

Wisdom is the reward you get for a lifetime of listening when you would have preferred to talk.

How can I be over the hill when I never even got to the top?
My mind not only wanders, sometimes it leaves completely.

SCHOOL LUNCHROOM PIZZA Maxine Wherry
Opal Lester
This is Annie Peterson's and Van Guenther's pizza recipe. Together, they figured out this recipe to get the kids to eat the commodities. To this day, the cooks at Onalaska school still use this same pizza recipe.
Dough:
1 egg
1/4 cup shortening
$21 / 2$ tbsp yeast
1 tbsp salt
$21 / 2$ tbsp sugar
2 cups flour
Mix, knead and let rise
Sauce:
$21 / 2$ tbsp oil
1/4 cup celery
5 tbsp water
5 tbsp brown sugar
$11 / 2$ cup warm water

1/2 tbsp salt
4 tbsp chopped onions
3 tbsp lemon juice
1 can tomato paste
$1 / 4$ tbsp dry mustard
1/4 tbsp oregano
1/8 tbsp garlic
1 cup cheese, grated
Saute onions and celery in oil until tender, remove from pan, brown ground beef. Mix remaining ingredients, simmer for $1 / 2$ hour. Shape dough on pan, pour sauce over dough, sprinkle cheese on top. Bake in 400 oven for 20 minutes.

CALICO BAKED BEANS
1/4 lb bacon, chopped
1 lb hamburger
1/2 chopped onions
1 cup brown sugar
2 tbsp vinegar
1 tsp salt
Brown hamburger, add bacon and onion, saute. Make a sauce with other ingredients, except beans. Drain lima and kidney beans. Combine all. Bake at 300 for $11 / 4$ hours.

HINT: When making homemade cherry pie, mix a small package of cherry jello into the filling. It gives the pie better flavor and a rich, appetizing color that brings people back for a second slice. Use raspberry jello when making a berry pie.

| $1 / 2 \mathrm{lb}$ ground beef | $1 / 2$ cup catsup |
| :--- | :--- |
| $1 / 2$ large onion, chopped | $1 / 2 \mathrm{tsp}$ ground ginger |
| $1 / 4$ medium green pepper, chopped | Dash ground cloves |
| 2 celery stalks, chopped | 2 cans (31 oz each) pork \& beans |

1/2 cup brown sugar
In a large skillet, brown beef with onion, green pepper and celery until meat is browned and vegetables are tender. Drain fat. Stir in brown sugar, catsup, ginger and cloves; add beans and mix well. Spoon into a 2 $1 / 2$ qt casserole. Bake, uncovered, at 350 for 1-1 $1 / 2$ hours or until beans are as thick as desired. Yield: $8-10$ servings.

CALICO BEANS
Mary Fremersdorf
1 lb hamburger
$3 / 4$ cup celery, cut up
1 onion, chopped
Brown and drain off fat. Add the following:
1 cup catsup
1 tbsp prepared mustard
Garlic powder to taste
1 can lima beans
1 can pork \& beans
1 can pinto beans or other beans, if desired.
Mix all of above and stir well. Bake at 350 for 1 hour.
A little less sugar could be used, and I have added 1 cup cooked macaroni to it for a change.

## BUFFET BAKED EGGS

Mary Jane Dieter
1/2 cup butter
$11 / 2$ cup grated cheddar cheese
$1 / 2 \mathrm{tsp}$ salt
Parmesan cheese
Heat oven to 350 . While heating, place butter in $9 \times 13$ glass dish and let melt. Whip eggs slightly with fork or whip. Add grated cheese, buttermilk, salt and parsley. Sprinkle with grated Parmesan. Bake uncovered for about 30 minutes until eggs are set. Garnish with crisp bacon. Serves 10-12.

This is a delicious brunch dish!

Saute onion, green pepper, celery, mushrooms. Beat 3 eggs and 2 tbsp milk; pour into medium hot pan. Sprinkle other ingredients over top; cover and cook slowly 5 minutes. Fold and cook 5 minutes more.

EGG PUFF
10 eggs
1 tsp baking powder
1 lb Jack Monterey cheese
1 pint small curd cottage cheese

Kay \& Kayla Dunlap
$1 / 2$ cup flour
$1 / 2 \mathrm{tsp}$ salt
1/2 cup butter, melted
24 -oz cans green chilis

Beat eggs until lemon colored. Mix remaining ingredients and add to the egg mixture. Grease a $9 \times 13$ casserole dish with butter and pour the egg mixture into the dish and bake at 350 for $30-40$ minutes.

When my daughter, Kayla Marie, was born, all my girlfriends in Gresham, Oregon all got together and gave us a baby shower and brunch. This is one of the dishes that was served for the brunch and has been a favorite ever since.

IMPOSSIBLE QUICHE
Linda Hanson
Mix:
3 eggs
$11 / 2$ cups milk
1/2 cup Bisquick
1 cup cheese, grated
Add what ever extras sound good (vegetables, ham, etc.) Pour into a greased pie pan and bake until golden brown, at 350 for approximately 30-40 minutes. EASY!

STROGONOFF FOR THE WORKING WIFE Bev Lyons
1 lb hamburger
$1 / 4$ cup chopped onion
Cooked noodles or rice
Dash of pepper
In skillet, brown beef and onions. Use a potato masher to help separate the meat. Add soup, sour cream and seasonings, simmer 5 minutes. Serve over noodles or rice. Delicious with french bread and a tossed salad.

3 ( 8 oz ) cans of lump crab meat, the best you can buy. You may also use fresh crab meat, which is even better. Pick through the crab meat and pick out all the bones.
4 hard boiled eggs, chopped fine $\quad 1 / 4$ cup onion, chopped fine 1/4 cup celery, chopped fine
Mix eggs with crab meat. Saute onion and celery in a small amount of butter. Add onion and celery to crab meat mixture and mix well. Make a heavy white sauce which consists of:

| $1 / 4$ cup flour | $1 / 4$ cup butter or margarine |
| :--- | :--- |
| $1 / 4$ tsp salt | $1 / 8$ tsp pepper |

1 cup milk
In a small saucepan melt butter or margarine. Stir in flour, salt and pepper. Add milk all at once. Cook over low heat, stirring constantly until thickened and bubbly. Cook and stir 1-2 minutes more. Mix white sauce with crab meat mixture, mix well. Add some Accent to bring out the flavor of the crab meat. Put crab meat in Tupperware bowl with lid and chill overnight in the refrigerator. The next day, make egg/water mixture: 2 eggs per cup of water. Make crab patties, dip into flour lightly, then into the egg and water mixture. Dip into cracker meal and again into the egg and water mixture. Last and final step, dip into crushed bread crumbs. Put patties on a tray lined with waxed paper and put into refrigerator for 3-4 hours. Heat heavy skillet with oil and fry the crab patties until brown on both sides. Makes $18-20$ crab patties,

This recipe has been in our family for 25 years and originates back to my husband's aunt, Mrs Grace Krause, who owned and operated the Old Mainland Inn in Mainland, PA. Ron's mother, Mrs Kathryn Dunlap, a sister to Mrs Grace Krause, worked at the Mainland Inn and prepared the crab patties for the restaurant for 15 years.

ISLAND SEAFOOD SAUCE
1 carton ( 8 oz ) plain yogurt
2 tbsp catsup
1 tbsp minced onion
Mix all ingredients in small bowl until well blended. Serve with crab patties, claws or baked fish. Makes $11 / 2$ cups.

Note: Tartar sauce is just as good with the crab patties.

14 large raw shrimp
I tsp soy sauce
3 tbsp peanut oil
$1 / 2$ tsp salt
$1 / 2$ cup water chestnuts, sliced
I/2 large onion, cut in half, crosswise, then cut in small wedges
1/2 large carrot, thinly sliced

1/2 tsp sugar
$11 / 2$ tsp cornstarch dissolved in I tbsp water 1/3 cup chicken broth
$11 / 2$ cups pea pods or 1 pkg frozen pods, partially thawed
2 small stalks celery, cut crisscross in $1 / 4^{\prime \prime}$ slices

Shuck shrimp, de-vein. Mix sugar, soy sauce, cornstarch and water, Heat oil over high heat, add salt, turn shrimp all at once into pan, stir and cook I minute; add broth and vegetables. Cover and cook $11 / 2$ minutes. Remove cover once to stir. Add soy sauce mixture. Stir for 30 seconds until sauce is lightly thickened and serve at once.

## Cakes, Cookies \& Candy

1 German Chocolate Cake mix 3/4 cup butter
1 cup real chocolate chips Cool Whip (optional)
Grease and flour a $9 \times 13$ cake pan. Mix the cake mix according to directions. Pour $1 / 2$ into greased cake pan and bake at 350 for 15 minutes. Melt the bag of caramels, evaporated milk and butter together on medium high heat. (Watch so it does not scorch, or use a microwave oven). Pour over cooled cake. Sprinkle chocolate chips and nuts over the top of caramel mixture. Pour rest of the batter on and continue baking for $20-30$ minutes. Serve warm with Cool Whip or ice cream.

This was the Mothers Tea dessert in 1988.
BLACK WALNUT CAKE Connie Rakoz
2 cups sugar
1 cup butter
$13 / 4$ cup flour
6 eggs
Blend all ingredients (except nuts) on low speed until mixed. Switch to high for 5 minutes. Add nuts. Bake 1 hour 15 minutes at 325 .

## RHUBARB CAKE

Cream $1 / 2$ cup butter
1/2 cup white sugar
Add:
2 cups flour
$1 / 2$ tsp salt
1 cup buttermilk

Gerry Elefritz
1 cup brown sugar
1 egg
1 tsp soda
1 cup nuts
$11 / 2 \mathrm{cups}$ chopped fresh rhubarb

Put in a greased $9 \times 12$ cake pan.
Mix and cream together for topping:
1/2 cup white sugar
1 tsp cinnamon
2 tbsp butter
Topping goes on before cake is baked. Bake at 350 for about 50 minutes.
FOOD FOR THOUGHT: Wear your smile; don't pin it on when you need it.

Mix together:
5 cups rhubarb, cut up $31 / 2$ oz raspberry jello
1 cup sugar
3 cups mini marshmallows
Grease $9 \times 13$ cake pan. Add mixture and sprinkle with 1 white or yellow cake mix. Bake at 350 for 25-30 minutes.

RHUBARB CAKE
Ruby Ford
$11 / 2$ cups sugar
1/2 cup butter
2 eggs
1 cup sour milk
2 cups diced rhubarb
Mix and pour into oblong pan, $9 \times 13$. Sprinkle on top cinnamon and sugar. Bake at 350 for 40 minutes.

RHUBARB CAKE

6 cups sliced rhubarb
3 oz strawberry jello
1 white cake mix, mix as usual
In a $9 x 13$ pan, place rhubarb. Sprinkle sugar and jello over rhubarb.
Sprinkle marshmallows over jello. Cover with prepared cake mix. Bake 50 minutes at 350 .

## BETTER THAN ANYTHING CAKE Marie Phillips

Bake 1 yellow or white cake mix according to directions. While warm, poke holes all over with a wooden spoon handle. Refrigerate until cold. 1 large package vanilla instant pudding mixed with 2 cups milk and 8 oz cream cheese. Pour over cooled cake. Place on cake: 4 bananas sliced lengthwise, add Cool Whip over that. Add whatever, pecans, coconut or marachino cherries.

## MAYONNAISE CAKE

1 cup sugar
6 tbsp cocoa
1 cup mayonnaise

Cheryl Johnson
2 cups flour
$11 / 2$ tsp soda
1 cup cold water

Mix all. Bake at 350 for 35 minutes.
Excellent with ice cream over warm cake!

## WALDORF-ASTORIA PERFECT CHOCOLATE CAKE <br> Jackie Smothers

4 tbsp butter
$21 / 2$ cups sugar, divided
4 sq. melted chocolate
$11 / 2$ cups milk
3 eggs, separated
Cream butter and $11 / 2$ cup sugar. Add melted chocolate. Beat in egg yolks thoroughly. Add flour and milk alternately to chocolate mixture. Beat egg whites until very stiff, then add remaining 1 cup sugar, beating well until thick and heavy. FOLD into cake batter. **Sprinkle baking powder on top and fold in vanilla and nuts. Bake at 350 for $30-35$ minutes.
Erosting:

1/4 cup soft butter
1 beaten egg
1 tsp vanilla
Blend well and frost above cake.
BURNT SUGAR CAKE
$1 / 2$ cup shortening
$11 / 2$ cups sugar
1 tsp vanilla
2 egg yolks
$21 / 2$ cups cake flour
$21 / 4$ cups powdered sugar
2 squares melted chocolate
$21 / 2$ cups sifted cake flour
2 tsp vanilla
**2 tsp baking powder
1 cup chopped nuts

Katy Schulz

Thoroughly cream shortening and sugar; add egg yolks and vanilla; beat until fluffy. Add sifted dry ingredients alternately with milk, beating well after each addition. Add burnt sugar and fold in egg whites. Bake at 350 for 30 minutes. Cool and frost with Carmel Nut Frosting.

## Burnt Sugar

Melt $1 / 2$ cup white sugar in a large skillet over LOW heat until dark brown and smooth. Remove from heat; add $1 / 2$ cup boiling water, return to heat and stir rapidly until molasses- like syrup melts.
Carmel Nut Frosting

2 cups brown sugar
$1 / 2$ cup butter or margarine 1 tsp vanilla

1/2 cup light cream
f.g. salt

1 chopped nuts

Combine all but nuts and vanilla. Stir over low heat until dissolved.
Boil to soft ball stage, add nuts, vanilla and spread.
This is my favorite!

CREAM CHEESE POUND CAKE
1 $1 / 2$ cups margarine 6 eggs
1 tsp vanilla

Jodi
8 oz cream cheese
3 cups sugar
1 tsp almond extract

3 cups flour
Cream margarine and cream cheese. Add eggs and sugar ( 2 eggs and 1 cup sugar at a time), beating well. Beat...beat...beat...Add extract and beat some more. Add flour and beat another minute. Spoon into a greased and floured tube pan. Bake at 325 for 1 hour 25 minutes. Cool on a wire rack 5 minutes before turning out.

CHOCOLATE EARTHQUAKE CAKE Evelyn Miller
1 2-layer size German Chocolate cake mix 1 cup coconut
1 cup chopped walnuts
18 -oz pkg cream cheese, softened
2 tbsp unsweetened cocoa powder
$1 / 2$ cup butter, melted 4 cups powdered sugar 6 tbsp Cola (1 used milk) Grease bottom of a $13 \times 9 \times 2$ pan. Spread walnuts and coconut evenly. Make cake according to directions, pour in pan over nuts and coconut. Then combine melted butter, cream cheese and powdered sugar; beat until smooth. Pour over cake batter. Bake at 350 for 45-55 minutes or until done. Cool. Cake top will crinkle. Frosting:
2 tbsp cocoa 6 tbsp Cola
$1 / 2$ cup butter or margarine
2 cups powdered sugar
(use milk or cream if I don't have Cola)
Combine cocoa, Cola, and butter in medium sauce pan. Bring to a boil, stirring constantly. Remove from heat. Pour over powdered sugar, beat until smooth, spread over cake.

TOMATO SOUP CAKE
Cream together:
1 cup sugar
1 tsp salt
Add:
1 small can tomato soup
I tsp cinnamon
1/2 tsp ground cloves
$11 / 2$ cups flour
$1 / 2$ cup nuts
Pour into a greased $8^{\prime \prime}$ square pan. Bake 40 minutes at 350 or until tested done. Make frosting of 1 cup sifted powdered sugar and small package of cream cheese. Stir together until smooth and frost cake.

## RAISIN APPLE CINNAMON CAKE Evelyn Miller

2 cups sugar
3/4 cup vegetable oil
2 cups flour
$11 / 2$ tsp soda
4 cups chopped tart apples
1 cup raisins
Combine eggs, sugar, oil and vanilla. Beat until light and fluffy. Add dry ingredients. Mix well. Add nuts and raisins. Put in a greased $13 \times 9 \times 2$ baking pan. Bake at 350 for $40-45$ minutes.

CARROT CAKE
In large bowl mix:
2 cups flour
$13 / 4$ cup sugar
Make well in center and add:
1 cup oil
3 beaten eggs
1 cup crushed nuts
1 cup coconut
Mix well. Put in a greased $9 \times 13$ pan.. Bake in 350 oven for $45-50$
minutes.
Frosting:
18 -oz pkg cream cheese $\quad 1 / 2$ cup margarine
1 tsp vanilla
Powdered sugar to thickness desired

## APPLESAUCE BRAN CAKE

Buck Hanson
In a $11 / 2$ quart bowl, mix:
1 cup All Bran cereal $\quad 11 / 4$ cup milk
Let stand 5 minutes. Add:
3/4 cup oil
1 cup applesauce
In large bowl, mix:
$21 / 3$ cups flour
1 tbsp baking powder
1 tsp nutmeg
$1 / 2$ tsp salt
Make well in dry ingredients. Stir in bran mixture only until mixed, then stir in 1 cup crushed nuts and 1 cup raisens. Put in greased bundt pan and bake in 325 over for $60-75$ minutes. Dust with powdered sugar, if desired.

| 4 eggs, beaten slightly | 1 large can pumpkin |
| :--- | :--- |
| 1 cup sugar | 1 tsp salt |
| 1 tsp cinnamon | 1 tsp ginger |
| $1 / 2$ tsp cloves | 1 large can evaporated milk |
| Mix all together well. Put in a greased $9 \times 13$ pan. Pour a large box of |  |
| yellow cake mix over. Melt 2 cubes of margarine and dribble over the |  |
| top of cake mix; then sprinkle 1 cup chopped nuts over that. Bake for 1 |  |
| hour in 325 oven on lower rack. The pumpkin will set like pumpkin pie. |  |

## CHOCOLATE UPSIDE DOWN CAKE <br> M. Phillips

| $11 / 4$ cup white sugar | $11 / 2$ tbsp cocoa |
| :--- | :--- |
| 1 tbsp butter | $1 / 2$ cup chopped nuts |
| $1 / 2$ cup milk | $1 / 2$ cup brown sugar |
| $1 / 4$ tsp salt | $11 / 4$ cups boiling water |
| 1 cup flour | 1 tsp baking powder |
| Whipped cream | $1 / 4$ cup cocoa |

Cream $3 / 4 \mathrm{cup}$ white sugar and butter, add milk and stir well. Sift together flour, salt, baking powder and $11 / 2 \mathrm{tbsp}$ cocoa. Add to first mixture; stir well. Put into a 9 " square buttered baking pan. Sprinkle with nuts. Mix remaining white sugar, brown sugar and $1 / 4 \mathrm{cup}$ cocoa together and spread over top. Pour boiling water over all. Bake at 350 for 30 minutes. Cool slightly in the pan. Top with whipped cream if you can handle the calories. Serves about 6. Double it and use a $9 \times 13$ pan.

VELVET SPONGE CAKE<br>Evelyn Miller

2 eggs, well beaten $\quad 1$ cup sugar
Cream together and beat until light. Add:
I tsp lemon extract

| Mix well, |
| :--- |
| 1 cup flour, sifted |$\quad$| Pinch of salt |
| :--- |


| sift flour again and add $1 / 2$ cup to eggs and sugar. Beat well. Add 1 tsp |
| :--- |
| baking powder to remainder of flour, add to the batter. Beat well. Last, |
| add $1 / 2$ cup boiling water. Stir well. Bake in a greased loaf pan in a |
| quick oven, 400 , for 30 minutes or until done. |

This cake is one my grandmother made. It's easy to make, no shortening. Very good served with berries or other fruit, with whipped cream or ice cream.

DEVIL'S FOOD CAKE
Cream together:
$1 / 2$ cup shortening
Add:
2 eggs
1 tsp soda, mix with sour cream
Stir together well and add:
2 cups cake flour
$1 / 2$ tsp soda
1 tsp vanilla
Bake at 350 for 35 minutes.
RHUBARB CRUMB CAKE
$1 / 2$ cup sugar
1 tbsp butter
1 1/2 cup brown sugar
1 tsp soda
2 cups four, sifted
itsp vanilla

Mrs Foley
2 cups sugar, white and brown
1/2-1 cup sour cream

2/3 cup cocoa
$3 / 4$ cup boiling water Walnuts, if desired

Vivian Miller
1 tsp cinnamon
$1 / 2$ cup shortening
1 egg
1 cup dairy sour cream
$11 / 2$ cup rhubarb, cut in $1 / 2^{\prime \prime}$ cubes
$1 / 2$ cup chopped nuts (optional)

Combine sugar, cinnamon and butter; set aside. Cream shortening and brown sugar. Stir in egg, blend well. Combine soda and sour cream; add alternately with flour. Stir in rhubarb and vanilla. Turn batter into a greased $9 \times 13$ pan. Sprinkle with topping (sugar, cinnamon and butter) plus chopped nuts, if desired. Bake at 350 for $35-40$ minutes.
Yield: 12-15 servings
BURNT SUGAR CAKE
$11 / 2$ cups sugar
2 egg yolks
1 cup cold water
$21 / 2$ cups flour
$1 / 4 \mathrm{tsp}$ salt
2 egg whites
Cream sugar and butter, add egg yolks; beat well. Add flavoring and water, beat well. Add 2 cups flour, beat well. Mix $1 / 2$ cup flour with the baking powder and salt. Add the burnt sugar syrup; mix well. Fold in beaten egg whites. This makes a 3-layer cake. Bake at 350 until done. Frost with same flavor frosting. To make burnt sugar syrup: put some sugar in heavy pan, let get dark then add hot water. Let stand to dissolve.
My mother used to make this cake while raising the family. I also did the same.

PUMPKIN CAKE ROLL
3 eggs
$2 / 3$ cup canned pumpkin
$3 / 4$ cup flour
2 tsp cinnamon
$1 / 2$ tsp nutmeg
1 cup nuts, optional
Beat eggs on high speed of mixer for 5 minutes. Gradually beat in sugar, pumpkin and lemon juice. Stir together the dry ingredients and fold into pumpkin mixture. Spread in a greased and floured $15 \times 10 \times 1^{11}$ pan. Top with nuts, if desired. Bake at 375 for 15 minutes. Turn out on towel sprinkled with powdered sugar. Starting at the narrow end, roll towel and cake together. Cool 2 hours, unroll.
Filling:
1 cup powdered sugar
8 -oz cream cheese
4 tbsp butter or margarine
Beat until smooth. Spread over cake and re-roll. Chill thoroughly.
SOUR CREAM CAKE
Beat: 2 eggs
1 cup sour cream
Sift together:
Pinch of salt
$11 / 2$ cups flour
1 tsp cinnamon

Grandma Fitzhugh
1 cup sugar
1 tsp soda
$1 / 4$ tsp nutmeg
1 tsp baking powder
1/4 tsp cloves

Mix as for a cake and pour into 2 round greased cake pans. Bake at 350 until done. Cool. Frost with sweet whipped cream on top and in middle. Keeps in refrigerator.

| BANANA CAKE | B. J. Brashear |
| :---: | :---: |
| 1 Duncan Hines Supreme Cake Mix 2 mashed bananas |  |
| Nuts of your choice, optional | (really ripe bananas work best) |
| Prepare the cake mix as directed and nuts. Bake as directed. Wh below. Apply to cake after it ha | the box, add in the mashed bananas, ake is baking mix up icing shown oled some. |
| Icing: |  |
| 1 box powdered sugar | 2 mashed bananas (really ripe ones) |
| 1 stick butter/margarine, melted | 1 tsp vanilla |

This recipe was given to me by my sister, Gayle Porter. It makes a really moist cake.

STRAWBERRY CAKE
1 box Pillsbury white cake w/pudding 3 tbsp flour
1/2 cup water

Cheri Chambell
1 large box strawberry jello
4 eggs
1 cup oil

1 cup frozen strawberries
Combine all ingredients and mix well. Pour in a 13 x 9 cake pan. Bake at 350 until toothpick inserted comes out clean.

## Frosting:

$1 / 2$ cup margarine $\quad 1$ box powdered sugar
1 cup strawberries
1/2 tsp vanilla
Beat margarine; add sugar, alternating with strawberries and vanilla.
Pour on cooled cake.

| APPLESAUCE CAKE | B. J. Brashear |
| :--- | :--- |
| $1 / 2$ cup Wesson oil | 2 tsp cinnamon |
| 2 cups applesauce | 1 tsp cloves |
| 1 cup brown sugar | 1 tsp nutmeg |
| 1 cup raisens | 1 tsp salt |
| 1 tsp vanilla | 1 tsp lemon extract |
| 1 egg | $21 / 4$ cup flour |
| 2 tsp soda |  |

Mix all ingredients in large bowl until well blended. Pour into a greased and floured $9 \times 13$ pan. Bake at 350 for $40-45$ minutes, until toothpick inserted in center comes out clean.

This recipe has been handed down in the family from Tony Thomsen's Grandmother Berg. It is a very moist cake and can be served warm or cold, with or without icing. You can ice it with your favorite icing; if I ice it I usually use a purchased Sour Cream Icing.

WHIPPED CREAM CAKE
2 cups cake flour
3 tsp baking powder
1 cup heavy cream
$1 / 4 \mathrm{tsp}$ salt 1/2 cup water
Sift together the flour, sugar, baking powder and salt twice. Whip until stiff the heavy cream. In another bowl whip egg whites and salt together. Combine egg mixture and cream and fold gently together with vanilla or almond flavoring and water. Add to the flour mixture slowly and a small amount at a time. Fold in carefully. Put in a greased $9^{\prime \prime}$ pan or bundt pan. Bake at 375 for 45 minutes.

CARROT CAKE
2 cups flour
1/2 tsp salt
2 tsp cinnamon
$11 / 2$ cups vegetable oil
1 tsp vanilla
1 cup shredded coconut

Dianna Fielde
2 cups sugar
1 tsp soda
3 eggs
2 cups finely grated carrots
1 cup crushed pineapple, drained
1 cup chopped nuts, divided

Combine dry ingredients. Add eggs, oil, carrots and vanilla; beat until combined. Stir in pineapple, coconut and $1 / 2$ cup nuts. Pour into a greased $13 \times 9 \times 2$ baking pan. Bake at 350 for 50-60 minutes or until cake tests cone. Cool.

## Frosting:

2 pkg (3-oz each)cream cheese, softened
3 cups powdered sugar 6 tbsp butter or margarine, softened 1 tsp vanilla
Combine all in a small bowl, mix until well blended. Frost cooled cake. Sprinkle with remaining nuts. Store in refrigerator. 12-16 servings.

BANANA CAKE
1/2 cup butter
11/2 cups sugar
2 eggs, beaten
1 tsp vanilla or lemon or both
1/4 tsp salt

Cheri Chambell
2 cups cake flour
$1 / 2 \mathrm{tsp}$ soda or 1 tsp if sour milk is used
$1 / 2$ cup sweet or sour milk
1 cup mashed banana

Cream butter; add sugar gradually. Add eggs and beat thoroughly. Add mashed bananas and flavorings. Sift dry ingredients together and add alternately with milk. Bake at 350 for 20-30 minutes.
For Banana Nut Cake add $1 / 2$ cup chopped nuts to mixture. Frost with Cream Cheese Frosting;

CHOCOLATE ZUCCHINI CAKE
$1 / 2$ cup soft margarine
1/2 cup vegetable oil
$13 / 4$ cup sugar
2 eggs
$1 / 2$ cup sour milk
4 tbsp cocoa
1 tsp vanilla
Cream margarine, oil, sugar, eggs, vanilla and sour milk. Mix dry ingredients and add to creamed mixture. Beat well with electric mixer.
Stir in zucchini; spoon batter into greased and floured $9 \times 12 \times 2^{\prime \prime}$ pan.
Sprinkle chocolate chips on top. Bake at 325 for $40-45$ minutes.

APPLESAUCE CAKE
1 cup butter or margarine
$21 / 2$ cups flour
2 cups nuts
2 eggs, well beaten
2 tsp cinnamon
2 tsp soda
Cream shortening and sugar; add eggs and blend well. Sift dry ingredients, add to the first mixture. Dredge raisins and nuts in part of the flour. Add hot apple sauce. Put in a greased $9 \times 12$ baking pan. Bake at 350 for $35-40$ minutes. Take from the oven and top with 1 lb . brown sugar, dampened with cream or milk thin enough to spread, add 2 cups shredded coconut. Makes a large cake.

CREAM OF COCONUT CAKE
1 pkg white cake mix
2 tbsp oil
2 (4 oz each) cans coconut

## Lois Stall

3 egg whites
$1 \mathrm{I} / 3$ cup milk
1 can cream of coconut

18 -oz container whipping cream
Mix cake mix, egg whites, oil, milk and I can of coconut. Pour into a $9 \times 13$ greased cake pan. Bake at 350 for $20-25$ minutes. Prick warm cake with fork. Pour cream of coconut over cake. Cool. Mix 2nd can of coconut and whipped topping. Spread and chill overnight.

RICH COFFEE CAKE
$1 / 2$ cup butter
1 cup brown sugar
4 eggs
$31 / 2$ cups flour, sifted
5 tsp baking powder
1 tsp cinnamon
1 cup strong coffee
1 cup chopped walnuts
Beat butter, shortening, brown sugar and white sugar together. Add eggs and cream well; add molasses. Blend in dry ingredients. Add coffee alternately with the flour mixture to the creamed mixture. Stir in raisins and walnuts. Pour into greased and floured $9 \times 13$ oblong pan. Bake about 45 minutes at 350 . Cool. Frost with : 2 cups powdered sugar, $1 / 4$ cup butter, 3 tbsp cream, 2 tsp vanilla. Blend well at high speed. If too thick to spread, add more cream.

This recipe has been handed down for 4 generations

OLD FASHIONED STRAWBERRY SHORTCAKE Jean Wood
2 cups flour
3 tsp baking powder
1 tsp salt
Sift dry ingredients and cut butter into mixture. Beat 1 egg well, add $2 / 3$ cup milk and add to dry ingredients. Bake in 2 buttered $8^{\prime \prime}$ cake pans for 12 minutes at 450 . Cover bottom layer with sweetened sliced strawberries and also top layer. Serve with cream. Feeds 6.

My mother made this in the '20's -- different from the cake-type served today.

WACKY CAKE
3 cups flour
2 tsp soda
2 cups sugar
Sift or mix together. Level off. Make 3 holes; add:
Hole \#1 - 2 tbsp vinegar
Hole \#2-2 tsp vanilla
Hole \#3 - 10 tbsp melted shortening
Cover whole mix with 2 cups cold water. Mix well! Put in $9 \times 13$ baking pan and bake at 325 for about 45 minutes. No frosting necessary!

This recipe came from our Grandma. This is something the kids can do and great to serve with no frosting. A rainy day or special occasion.

QUICK CAKE
$11 / 2$ cups flour
1 cup sugar
$1 / 2$ tsp salt
Sift all dry ingredients together in round greased pan. Make 3 holes with spoon. Into 1 st hole put 1 tbsp vanilla; in 2nd hole put 1 tbsp vinegar; in 3rd hole put 6 tbsp vegetable oil. Pour 1 cup cold water over above ingredients. Stir well with fork. Bake 25-30 minutes at 350 .

FOOD FOR THOUGHT: Want a good recipe for soup? Just let your ice cream melt.

Home is where you hang your memories.
Dirty dishes have a tale to tell - while others may go hungry, we're eating very well!

LEMON FUN CAKE
D. Allin

Mix together I box lemon or yellow cake mix (DON'T FOLLOW PACKAGE DIRECTIONS), 13 -oz pkg lemon jello, 4 eggs, and $2 / 3$ cup water. Mix together for 3 minutes. Add $3 / 4$ cup cooking oil and mix well 1 more minute. Pour into greased $9 \times 13$ pan. Bake at 350 for $45-50$ minutes or until done (cake pulls away from edges of pan). While cake is baking prepare glaze: Grated rind of 2 lemons, juice of 2 lemons and 2 cups powdered sugar. Mix well. When cake comes out of oven, poke holes evenly all over top with large serving fork, then pour glaze over, allowing topping to soak into the cake.

FRESH APPLE CAKE
3 eggs
3 cups flour
1 tsp salt
2 tsp vanilla
I cup chopped nuts (I use pecans)

Kay Dunlap
$11 / 2$ cup salad oil
2 cups sugar
1 tsp soda
3 cups chopped apples (3 large red apples)

Beat eggs and oil. Add remaining ingredients and mix well. Place in large greased baking pan and bake at 350 for 45 minutes.
Topping:
$1 / 2$ cup margarine $\quad 2$ tsp vanilla
$11 / 2$ cups brown sugar $\quad 11 / 4$ cup milk
Mix and bring to a boil and pour over hot cake.
APRICOT NECTAR CAKE
1 pkg yellow cake mix
3/4 cup oil
3/4 cup apricot nectar
Combine above and mix well. Bake in a greased tube pan at 350 for 1 hour. Take out of pan and let cool 5 MINUTES. Ice with a mixture of the juice of 1 lemon and I cup powdered sugar.

PUMPKIN PIE CAKE
I 29-oz can pumpkin
$113-$ oz can evaporated milk
2 tsp cinnamon
$1 / 2$ tsp nutmeg
1 cup margarine, melted

Cindy Hanson
4 eggs
$11 / 2$ cups sugar
1 tsp ginger
1 pkg yellow cake mix
1 cup chopped nuts

Beat all except cake mix and put in a greased $9 \times 13$ cake pan. Sprinkle dry cake mix over mixture. Pour melted margarine over cake mix and sprinkle with chopped nuts. Bake at 350 for I hour. Top with whipped cream when serving.

CHOCOLATE ZUCCHINI CAKE Naomi Dow 1/2 cup margarine 2 eggs 1/2 cup oil $13 / 4$ cup sugar I tsp vanilla 1/2 cup buttermilk
Mix ingredients together, add and mix:
$21 / 2$ cups flour
4 tbsp cocoa
$1 / 2$ tsp cinnamon
$1 / 2$ tsp nutmeg
$1 / 2$ cup chopped walnuts
Pour in a greased baking pan. Sprinkle $1 / 4$ cup chocolate chips on top of batter. Bake at 325 for 45 minutes.

KAY'S SOUR CREAM POUND CAKE Kay Dunlap

1/4 cup water
4 eggs
$1 / 2$ pint ( $8-\mathrm{oz}$ ) sour cream

1/4 cup sugar
1/2 cup Crisco oil
1 Duncan Hines butter cake mix (yellow cake mix)

Mix eggs and cake mix, add sugar, oil, water and beat until smooth. Fold in sour cream. Preheat oven to 375 and bake for 45 minutes. (1 bake my cake on 350 for 45 minutes, it all depends on how hot your oven is).
Glaze:
1 cup sugar
$1 / 2 \operatorname{cup}$ water
1 tsp almond flavoring (you can substitute cherry or coconut flavoring)
Combine all ingredients. Boil for 1 minute. Pour over top of cake while both are still warm.

LEMONY HONEY TOPPING
$1 / 2$ cup whipping cream
$1 / 2$ tsp grated lemon peel In a small mixing bowl combine whipping cream, honey and lemon juice. Beat with electric mixer on low speed about 5 minutes or until soft peaks form (tips curl). Gently fold in the lemon peel. Serve immediately or chill for up to 1 hour. Serve over slices of cake or fresh fruit. Makes 1 cup of topping.

FOOD FOR THOUGHT: Why is it those who can wait 3 hours for a fish to bite can't wait 5 minutes for dinner?

Take care of your garden and keep out the weeds.....fill it with sunshine, kind words and deeds.

RUM CAKE
1 cup chopped pecans or walnuts
1 small box instant vanilla pudding

Juanita Leonardo
1 yellow cake mix (no pudding in mix)
$1 / 2$ cup cold water
1/2 cup Dark Rum
1/2 cup Wesson oil
(If cake mix has pudding in it, omit pudding. Use 3 eggs, not 4 , and 1/3 cup oil, not $1 / 2$ cup)
Mix as directed on cake mix box. Sprinkle nuts on bottom of greased, floured bundt pan. Pour batter over nuts. Bake 1 hour or until done. Set on rack or plate to cool. Poke top of cake with fork.
Glaze:
$1 / 2$ cup butter (not margarine) $\quad 1 / 4$ cup water
1 cup white sugar $\quad 1 / 2$ cup Dark Rum
Melt butter, sugar and water in small pan. Boil 5 minutes on medium heat, stirring constantly. Pour in Rum, cook another minute. Remove from heat. Let cool, then pour onto top of cake.

| MILKY WAY CAKE | Kay Dunlap |
| :--- | :---: |
| 8 Milky Way candy bars | $1 / 2$ cup butter |

I cup pecans
Mix together over low heat. Let cool and fold into batter.
Batter:
1 cup Wesson oil
2 cups sugar
4 eggs
$21 / 2$ cups flour
1 1/4 cup buttermilk
1 tsp baking powder
$1 / 2$ tsp soda
2 tsp vanilla
Mix well and bake in $3\left(8^{\prime \prime}\right)$ cake pans at 350 for $25-30$ minutes.
Icing:
$21 / 2$ cups sugar
1 cup evaporated milk
1/2 cup butter
1 pkg chocolate chips

## $3 / 4$ cup marshmallow cream

Cook until it forms a soft ball when dropped into cold water. Fold in $3 / 4$ cup of marshmallow cream and mix well, then spread on cake layers.

This recipe is about 38 years old and is one of my favorite cakes that my grandmother always baked for the kids! In memory to my grandmother, Mrs Lelia Outlaw, who always encouraged me to reach for the stars and to accomplish whatever life had to offer as long as I believed in myself; but more than anything, believe in God above.

HINT: Place a crust of bread on top of cabbage or sauerkraut when cooking, there will be no odor in the house

TOLLHOUSE CAKE
$21 / 4$ cups unsifted flour
1 tsp salt
$11 / 2$ cups brown sugar, packed 2 eggs
$1 / 2 \mathrm{pkg}$ mini chocolate morsels
Preheat oven to 350 . In small bowl, combine flour, soda and salt. Set aside. In large bowl, combine butter, brown sugar, and vanilla. Beat until creamy. Add eggs, one at a time, beating well after each.
Alternately blend in flour and milk. Stir in chips. Pour into 2 greased and floured $8^{\prime \prime}$ or $9^{\prime \prime}$ round pans. Bake 35 minutes. Cool 15 minutes. Remove from pans. Cool completely on wire rack. (DO NOT TEST WITH TOOTHPICK FOR CAKE MAY LOSE VOLUME)

CHOCOLATE BUTTER POUND CAKE Juanita Leonardo
1 pound butter ( 2 cups ) not margarine 3 cups white sugar
Cream together well.
5 eggs 3 cups flour (all purpose or
$1 / 2$ tsp baking powder
$1 / 2$ cup cocoa
$11 / 2$ cups milk
In small bowl, mix all dry ingredients. After creaming butter and sugar add one egg at a time and mix good. Then blend dry ingredients, a little at a time, alternating the dry ingredients with the milk and vanilla. Pour into a 12 -cup bundt pan, greased and floured. Bake at 350 for 1 hour or until done.
Chocolate Pudding Frosting:
14 -oz box chocolate pudding (Cook 'n Serve, not Instant)
1/4 cup milk
1/4 cup butter
Combine in saucepan; bring to a boil over medium heat. Stir constantly.
Cool 15 minutes and add:
1 tsp vanilla $\quad 2$ cups powdered sugar
1 tbsp hot water
Mix well and frosting is done.
HINTS: The best time to shell Brazil nuts is after they have been frozen.
They will crack more readily, and the meats will come out whole. Try this for any nuts.

Add 3-4 cloves to vacuum bag for fresh air scent.

## TOMATO SOUP CAKE

1 cup raisens, add I cup water and boil 5 minutes. Let them cool down. (I put cold water in the sink and put pan of raisens in to cool while I stir up the rest.

1 cup shortening
1 tsp soda
2 cups flour
1 tsp cinnamon
1 tsp nutmeg
Blend shortening and sugar. Dissolve soda in tomato soup and add to sugar mixture. Sift dry ingredients together and add to mixture, stir in raisens and nuts. Pour in a buttered pan and bake in 350 oven for 50 minutes, or until toothpick comes out clean. (I double this recipe to make a bigger cake.
Frosting:
1 pkg cream cheese $\quad 1$ I/2 cup powdered sugar
1 tsp vanilla
This is the cake my eldest son wants for his birthday, plus a heart cake (chocolate) February 14th)

BRANDIED FRUIT CAKE Jim Johnson
Shake daily until you begin. Put in 1 gallon jar with loose lid.
1/2 cup starter juice
1 quart sliced peaches \& juice
$21 / 2$ cups sugar
Stir daily for 10 days. On 10th day add:
$120-$ oz can pineapple with juice $21 / 2$ cups sugar
Stir daily for 10 days. On 20th day add:
29-oz jars marachino cherries, drained
$21 / 2$ cups sugar
Stir daily for 10 days. On the 30th day bake (makes 3 cakes)
Cake: (Makes 1)
$11 / 2$ cups brandied fruit 1 yellow or white box cake
$2 / 3$ cup oil
$1 / 3$ cup starter juice
4 eggs (without pudding)
I cup walnuts
1 small box instant vanilla pudding
Mix and pour in greased bundt pan. Bake at 350 for 60 minutes or til done.
Glaze: (For 3 cakes)
18 -oz pkg cream cheese 1 box powdered sugar
1 tsp vanilla
1/2 cup margarine

Milk to thin
Mix well and frost cooled cakes.

PUMPKIN CHIFFON CAKE
2 cups flour
1 tbsp baking powder
3/4 tsp nutmeg
$1 / 2$ cup cooking oil
3 tbsp water
8 egg whites

Bev Lyons
$11 / 2$ cups sugar
$11 / 2$ tsp cinnamon
$1 / 2$ tsp salt
5 egg yolks
1 cup canned pumpkin
$1 / 2$ tsp cream of tartar
$1 / 2$ cup chopped pecans/walnuts, if desired
In a large mixer bowl, stir together flour, sugar, baking powder, cinnamon, nutmeg and salt; add oil, egg yolks, water and pumpkin. Beat with an electric mixer on low speed until combined. Beat on high speed about 5 minutes or until satin smooth. Transfer batter to another bowl. Combine egg whites and cream of tartar in the large bowl beat until stiff peaks form; gently fold about $1 / 4$ of the pumpkin mixture into egg whites. Repeat until all pumpkin mixture has been folded into egg whites. Gently fold in nuts and pour batter into an ungreased $10^{\prime \prime}$ tube pan. Bake in 325 oven for $65-70$ minutes or until top springs back when lightly touched. Invert cake (leave in pan); cool COMPLETELY.
Remove from pan and frost with Cream Cheese Frosting. Cream Cheese Frosting:
In a mixer bowl, beat together $1 / 2$ cup softened butter or margarine, $8-0 z$ package of cream cheese and 1 tsp vanilla until light and fluffy.
Gradually add 3 cups sifted powdered sugar, beat until smooth; add 1 tbsp milk. Gradually beat in 3 more cups of sifted powdered sugar, beat until smooth. Add more milk, 1 tsp at a time, to make it spreading consistency.

SCRIPTURE CAKE
I 1/2 cup Judges 5:25 (last clause)
2 cups Jeremiah 6:20
2 tbsp I Samuel 14:25
6 Jeremiah 17:11
1 1/2 cups I Kings 4:22
2 tsp Amos 4:5 (powdered)
Carmen James
II Chronicles 9:9*
Pinch of Leviticus 2:13
1/2 cup Judges $4: 19$ (last clause)
2 cups Nahum 3:12
2 cups Numbers 17:8
2 cups I Samuel 30:12
Whip first 3 ingredients til light. Beat 6 Jeremiah yolks and add. Add Kings, Amos, Chronicles and Leviticus, sifted together, alternately with Judges. Fold in Nahum, Numbers, and Samuel, then also the 6 Jeremiah whites, beaten stiff. Bake in a greased $10^{\prime \prime}$ tube pan for 2 hours at 300 .
Note: Line pan with greased brown paper.
*2 2 tsp cinnamon, $1 / 2$ tsp ginger, $1 / 2$ tsp cloves and 1 tsp nutmeg.

## NO COOK MARSHMALLOW FROSTING Billie Marko

2 egg whites
$1 / 4$ tsp salt
1/4 cup sugar
3/4 cup light corn syrup
$11 / 4$ tsp vanilla

Beat egg whites with salt until soft peaks form. Add sugar, 1 tsp at a time, beating until smooth and glossy. Continue beating and add syrup a little at a time, beating after each addition until frosting peaks. Fold in vanilla. Can add food coloring for color. Frosts $29^{\prime \prime}$ layer cakes.

## CREAMY FROSTING

## Cheri Campbell <br> Works at Brenda's

| $1 / 3$ cup butter | 1 cup Nestle's mini morsels |
| :--- | :--- |
| $1 / 4$ tsp salt | 1 tsp vanilla |
| 3 cups sifted powdered sugar | 5 tbsp milk |

In small sauce pan, melt butter. Stir in chips until melted. Transfer into small bowl, add salt and vanilla. Gradually beat in sugar, alternately with milk. Fills and frosts $29^{\prime \prime}$ cake layers. Makes about $21 / 2$ cups.

CREAM CHEESE FROSTING
4 tbsp cream cheese
$11 / 2$ cup powdered sugar

Cheri Campbell
1 egg white, slightly beaten
$1 / 2 \mathrm{tsp}$ vanilla

Work cheese until soft; add other ingredients. Beat thoroughly.

## CUPCAKES THAT FILL THEMSELVES

Katherine Pemerl Hendricksen
Secretary-Carlisle Lumber Co.
1933-1940
1 pkg chocolate cake mix
Dash salt
18 -oz pkg cream cheese
1 egg
1/3 cup sugar
1 cup chocolate chips
Prepare cake mix as directed and fill 30 cupcake papers $2 / 3$ full. Cream together softened cream cheese, sugar, salt \& egg. Stir in chocolate chips. Drop by teaspoon in each liner. Bake at 350 for 12-15 minutes. Frost, if desired.

HINT: Put powdered sugar in meringue instead of granulated sugar to keep the meringue from gathering water, or "weeping" as we sometimes say.

MARG'S OOIE GOOIE BARS
Mix: 1 cellophane package graham crackers, crushed
6 oz chocolate chips
1 can Eagle Brand Milk
Spread in a $11 \times 7$ pan. Sprinkle with chopped walnuts. Bake at 350 for 15-20 minutes.

CUPCAKE CONES Scott Card
These "fun to make" cupcakes are baked right in ice-cream cones - so they're completely edible! They are easy to make --
Prepare cake mix as package directs. Fill flat-bottomed wafer ice-cream cones $2 / 3$ full. Stand cones on a jelly-roll pan or cookie sheet. Bake according to package instructions for cupcakes. Cool. Frost and decorate with colored sprinkles.

RHUBARB OR PEACH ROLY POLY Naomi Dow

2 cups flour
$1 / 2 \mathrm{tsp}$ salt

3 tsp baking powder
4 tbsp shortening

1 egg in cup add milk to make $2 / 3$ cup
Rhubarb, peaches, or other fruit.
Sift dry ingredients into bowl and cut in shortening. Add egg milk mixture; knead lightly. Roll to $1 / 4^{\prime \prime}$ thick. Brush with melted butter and sugar. Spread with fruits. Roll as for jelly roll. Cut in $1^{\prime \prime}$ slices and place cut side down on greased $9 \times 12$ pan, allowing space between. Use following sauce over rolls. Bake 30 minutes at 375 .
Brown Sugar Sauce:
$3 / 4$ cup white sugar $\quad 11 / 2$ cups boiling water
$3 / 4$ cup brown sugar
$11 / 2$ tbsp butter
$11 / 2$ tsp flour
Grated rind \& juice of $3 / 4$ lemon
Bring to a boil until dissolved and pour over above rolls.

## DATE CHOCOLATE CHIP TORTE <br> D. Allin

1 cup dates, chopped
1 tsp soda
1 cup sugar
$11 / 2$ cups flour, sifted
$1 / 2$ tsp salt
Mix dates, boiling water and soda; let cool. Cream margarine, sugar and eggs. Mix cooled date mixture with batter. Siff flour, soda and salt, add to batter. Pour into greased $9 \times 13$ pan. Sprinkle evenly over top: $1 / 3$ cup sugar, 1 cup chocolate chips and $1 / 2$ cup chopped walnuts. Press topping into batter. Bake at 350 for $35-40$ minutes. Very rich!

FRUIT COCKTAIL BARS
2 eggs
$1(103 / 4 \mathrm{oz})$ can undrained fruit cocktail
$11 / 2$ tsp soda
I tsp vanilla

Kay Dunlap
$11 / 2$ cups white sugar
1/2 cup applesauce
$21 / 4$ cups flour
$1 / 2$ tsp salt
$11 / 3$ cup coconut
$1 / 2$ cup chopped nuts
Cream together eggs and sugar; blend in flour, soda and salt. Add fruit cocktail, applesauce and vanilla. Pour into a greased and floured $15 \times 10$ jelly roll pan. Sprinkle coconut and nuts on top the last 10 minutes of baking. Bake at 350 for 25 minutes.
Glaze:
$3 / 4$ cup white sugar $\quad 1 / 2$ cup butter
$1 / 4$ cup evaporated milk or cream $\quad 1 / 2$ tsp vanilla
Mix all ingredients and boil only 2 minutes, stirring constantly. Spread over warm bars. This recipe freezes well.

COCOA SQUARES
1 cup butter, melted
4 eggs
1/2 cup canned milk
$11 / 2$ cups flour
Mix all together. Pour in greased and floured 9x13 pan. Put in oven at 350 for 20 minutes.
1 large jar marshmallow cream 1 cup nuts
1 cup coconut
Mix together and spread on top of cake.
$1 / 2$ cup canned milk
$1 / 2$ cup soft butter
1 box powdered sugar
1 tsp vanilla
Mix together and spread on top of cream. Top it off with more nuts.

## LEMON BARS

1 yellow cake mix
1/3 cup oil
Mix together. Pour a little over half of mixture in a $9 \times 13$ pan. Bake for 15 minutes at 350 .
Mix: 8 oz cream cheese 1 tbsp lemon juice

Kelly Bluhm
1 egg
xture in a $9 \times 13$ pan. Bake for
1/3 cup sugar
1 egg

1 tsp vanilla
2 cups sugar
Juanita Leonardo
1/3 cup cocoa

1/3 cup cocoa

Beat until smooth; put over the baked layer and sprinkle the rest of the crumbs over the top and bake 15 minutes more.

PUMPKIN BARS
1 can ( 16 oz ) pumpkin
4 eggs
2 cups sugar
1 tbsp pumpkin pie spice 1 tsp soda

Mix all together. Put in greased baking pan. Bake at 350 for 20-25 minutes.

BROWNIES (ROCKY ROAD?)
$1 / 4$ cup butter or margarine
1 cup sugar
4 eggs

Scott Card
1 can Hershey's chocolate syrup ( 16 oz )
1 cup flour

Cream sugar and butter; add eggs and chocolate. Fold in flour. Bake in jelly roll pan (I use 9x12 pan) for 30 minutes at 350 . Put small marshmallows on hot brownies.
Frosting:
1 cup sugar $\quad 6$ tbsp half \& half
Bring to a boil and cook NOT MORE than 1 minute. Remove from stove and add 1 cup chocolate chips. Stir until slightly thick and pour IMMEDIATELY over marshmallows and brownies. Cut when cool.

MRS LYLE'S LEMON BARS
1 cup butter
2 cups flour
Mix and pat in a $9 \times 13$ or square pan. Bake at 350 for 15 minutes until barely brown. Beat:
4 eggs 2 cups sugar
4 tbsp flour
Pour over cooled crust. Bake at 350 for 20-30 minutes. Sprinkle with powdered sugar. GOOD!

DELICIOUS LAYERED BAR COOKIES Dorothy Allin $1 / 2$ cup melted butter or margarine 1 cup graham cracker crumbs Melt butter in a $9 \times 13 \times 2$ pan in oven. Sprinkle the graham cracker crumbs over the butter. Sprinkle the following evenly over the above:
$31 / 2$ oz flaked coconut
16 -oz pkg butterscotch chips 1 cup chopped nuts
Pour over all this evenly, 1 can ( 15 oz ) sweetened condensed milk.
Bake at 350 for 30 minutes. Cut into squares while still warm.

TOFFEE BARS
1 cup soft butter 1 egg yolk 13/4-2 cups flour Mix and pat in greased 10×13 cookie sheet. Bake at 375 for 15-18 minutes. Place 6 Hershey bars on top. Put back in oven for a minute. Spread melted bars evenly on top of baked bars. Add nuts on top.

SPECIAL K BARS
$I$ cup white Karo syrup
1 cup peanut butter

Eric Riffe
1 cup sugar
6 cups Special K cereal

Boil sugar and syrup; add peanut butter and mix well. Pour over cereal mix. Spread in buttered pan.

Frosting:
16 -oz butterscotch chips 16-oz chocolate chips
1/4 cup peanut butter
Combine and melt. Spread over bars.

## MUD HENS <br> Naomi Dow

Cream 1 cup sugar, $1 / 2$ cup butter. Add 2 eggs (rescuing 1 white until later). Sift, then add $11 / 2$ cups flour, 1 tsp baking powder, $1 / 2$ tsp salt, 1 tsp vanilla. Mix all together well. Spread about $1 / 4^{\prime \prime}$ thick in square pan. Meringue Topping:
Beat the white of egg until stiff, add 3/4 cup brown sugar gradually; add $1 / 2$ cup chopped nuts. Spread on top of the first mixture. Bake at 375 for 20-30 minutes. Meringue should be golden brown (not dark!). Cut in bars while hot.

FOOD FOR THOUGHT: An apple a day keeps the doctor away - but an onion a day keeps everyone away.

TRUFFLE BROWNIES
1/2 cup butter, cut into chunks
$11 / 2$ cup sugar
2 large eggs
$1 / 2$ cup flour
Sweetened whipped cream or or vanilla ice cream

Cheri Campbell
3 oz unsweetened or bittersweet chocolate, cut into chunks
1 tsp vanilla
$3 / 4 \mathrm{lb}$ Truffles, any flavor with
solid centers cut into $1^{\prime \prime}$ cubes

In a 2-3 quart saucepan combine butter and chocolate. Stir often over low heat until chocolate is melted and smooth. Remove from heat and beat in sugar, eggs and vanilla to blend well. Stir in flour and Truffle pieces. Pour batter into lightly oiled $9^{\prime \prime}$ square pan. Bake at 350 until brownie springs back in center when gently pressed, about 25 minutes. Let cool on rack. Cut into squares. Serve warm or cool. Top portions with whipped cream or vanilla ice cream, if desired.

BROWNIES
2 cups sugar
2/3 cup oil
1 tsp salt
1 tsp vanilla
Cream sugar nuts. Bake for 25 minutes at 350 .
Frosting:
I cup sugar
1/3 cup half \& half
Boil 1 minute. Cool. Frost brownies.
BROWNIES FOR THE CROWD
$11 / 2$ cups flour
2 cups sugar
2 tsp vanilla
4 eggs
$1 / 2$ cup chopped walnuts
Mix all ingredients; add nuts. Bake in a greased $9 \times 13$ pan for about 30 minutes in a 350 oven.

HINTS: Substitute $1 / 3$ cup brown sugar plus $1 / 2$ tsp ground ginger for $1 / 3$ cup granulated sugar to your favorite apple pie recipe.

Vanilla ice cream gets a boost when it is topped with crushed chocolate mint cookies. Makes it a very refreshing dessert.

BROWNIES
61 -oz squares chocolate, melted
3 cups sugar
2 cups flour
Bake at 325 for 25 minutes.
Frosting:
Boil together for 30 SECONDS:
1 cup sugar $\quad 1 / 4$ cup butter
1/4 cup milk
Stir in I cup chocolate chips until smooth. Frost cooled brownies.

## ZUCCHINI LEMON BARS

$11 / 4$ cups sugar
1 cup oil
3 eggs
$1 / 4$ cup freshly squeezed lemon juice
Combine above ingredients in medium bowl. Beat well by hand. Add:
$13 / 4$ cups finely shredded unpeeled zucchini. Mix well. Sift together;
2 cups flour
2 tsp soda
1 tsp salt
1/4 tsp baking powder
Stir into zucchini mixture. Fold in cup coarsely chopped walnuts. Pour into a $9 \times 13$ greased pan. Bake at 350 for $45-50$ minutes or until cake springs back when lightly touches. Cool in pan, cut into bars.

ROCKY ROAD BROWNIES
2 cups flour
2 cups sugar
$1 / 2 \mathrm{tsp}$ salt
1 cup water
2 eggs

Mary Jane Dieter
1 tsp vanilla
Dash cinnamon
2 cubes margarine ( 1 cup )
3 tbsp cocoa
1 tsp soda
$1 / 2$ cup buttermilk
Mix flour, sugar and salt. Bring margarine, water and cocoa to boil (in microwave or on stove top) and mix into the flour mixture. Add remaining ingredients and pour into a greased $10 \times 15$ pan. Bake at 350 for $20-30$ minutes. Make frosting:
$1 / 2$ cup margarine
6 tbsp milk
$1 / 2$ cup chopped nuts

Start the icing the last 5 minutes of baking time. Heat margarine, cocoa and milk, but don't boil. Add powdered sugar, nuts and vanilla. Beat. Sprinkle marshmallows over brownies as soon as they come out of the oven, then spread frosting. Cool and cut.

BROWNIES
$3 / 4$ cup flour
4 tbsp cocoa
$1 / 2$ cup shortening
2 eggs

Ron Hockett
1 cup sugar
1/2 tsp salt
1 tsp vanilla
1 cup nutmeats

Sift dry ingredients together. Add shortening, vanilla and eggs. Mix well. Stir in nutmeats. Pour into greased $8 \times 8$ square pan. Bake at 350 for 30-35 minutes.

SOUR CREAM ANISE COOKIES
1 cup shortening
1 cup honey
3 eggs
2 isp soda
$1 / 4$ tsp salt
*Good to add a little more aniseed In a mixing bowl, cream shortening and sugar; add the honey, sour cream and eggs; beat well. Combine flour, soda, aniseed and salt; add to creamed mixture and mix well. Drop by teaspoonfuls $2^{\prime \prime}$ apart onto greased baking sheets. Bake at 350 for 12-15 minutes or until lightly browned. Cool on a wire rack. Yield: About 8 dozen.

REFRIGERATOR RAISIN COOKIES Chrissie Jones

1 1/2 cups raisins
I cup brown sugar
2 eggs
1 tsp vanilla
1 tsp soda

1 cup white sugar
$3 / 4$ cup shortening
1 tbsp vinegar
3 cups flour
1 tsp salt

Boil raisins in water for 5 minutes and drain. Cream the sugars and eggs, add vinegar and vanilla. Add dry ingredients. Knead well and form into 2 rolls. Store in refrigerator. Slice and bake.

SNICKERDOODLES
1 cup soft shortening
2 eggs
1 tsp soda
$1 / 4$ tsp salt
2 tsp cinnamon
Cream shortening, $11 / 2$ cups sugar and eggs thoroughly. Sift together flour, cream of tartar and soda. Stir into creamed mixture. Chill. Shape dough into balls size of walnuts. Roll in the mixture of cinnamon and 2 tbsp sugar. Bake at 400 for $8-10$ minutes.
$11 / 2$ cups sugar
$21 / 4$ cups flour
2 tsp cream of tartar
2 tbsp sugar

I cup brown sugar, packed
1 cup ( 8 oz ) sour cream
3 I/2 cups flour
*3/4 tsp aniseed

BUTTER COOKIES
2 cups butter
2 tsp vanilla
$41 / 2$ cups sifted flour
Cream butter and sugar until light and fluffy. Blend in vanilla and egg.
Gradually blend in flour. Divide dough in fourths, refrigerate 2 hours or until dough is easy to handle. Roll out on well floured surface to $1 / 8^{\prime \prime}$ thickness. Cut out desired shapes with floured cookie cutter; place on baking sheets. For hanging: shape hole at top with wooden pick. Bake in 375 oven for 6-9 minutes, or until edges are lightly browned. Cool 1 minute before removing cookies. Cool, decorate with icing, if desired. Note: Soft margarine does not work well with this recipe, use cubes instead.

BANANA DATE COOKIES
3 bananas
1/3 cup oil
$1 / 2$ tsp salt
1/2 cup chopped nuts
Mash bananas, leaving some pieces; add dates and oil. Beat together with fork. Add remaining ingredients and mix lightly. Let stand 15-20 minutes to allow oats to soak up moisture. Drop by teaspoon on ungreased cookie sheet. Bake at 400 for 20-25 minutes, until nicely browned. Loosen cookies and let cool on cookie sheet.

I got this recipe from Maxine Wright.

SNICKERDOODLES
$11 / 2$ cups sugar
1/2 cup shortening
$23 / 4$ cup Gold Medal flour I tsp soda
2 tbsp sugar

Natalie Smith
1/2 cup margarine
2 eggs
2 tsp cream of tartar
$1 / 4 \mathrm{tsp}$ salt
2 tbsp cinnamon

Heat oven to 400 . Mix $11 / 2$ cups sugar, margarine, shortening and eggs. Stir in flour, cream of tartar, soda and salt. Shape dough by rounded teaspoonfuls into balls. Mix 2 tbsp sugar and the cinnamon. Roll balls in mixture to coat. Place about 2" apart on ungreased cookie sheet. Bake until set, 8-10 minutes. Immediately remove from cookie sheet. Makes about 6 dozen cookies.

FOOD FOR THOUGHT: Attitudes are contagious. Are yours worth catching?

P-NUT BUTTER COOKIES
$21 / 2$ cups flour
$1 / 2 \mathrm{tsp}$ soda
1 cup peanut butter
1 cup brown sugar

Kathy Nelson
$1 / 2 \mathrm{tsp}$ salt
1 cup butter or shortening
1 cup white sugar
2 eggs

Mix flour, salt and soda. Set aside. Mix butter and peanut butter, add both kinds of sugar and eggs. Stir flour mixture into peanut butter mixture. Drop dough from a teaspoon on baking sheet and flatten with a fork dipped in sugar. Bake at 375 for 10-15 minutes.

LUSCIOUS SUGAR COOKIES
1 cup sugar
1 cup butter or margarine
2 eggs, well beaten
2 tsp cream of tartar
1/4 tsp salt

Becky Jacobson
1 cup powdered sugar
I cup oil
5 cups flour
1 tsp soda
2 tsp vanilla

With mixer, cream butter, oil and sugars very well. Beat in eggs and vanilla. Sift other ingredients together and stir into egg mixture. Chill. Roll into balls and sprinkle with sugar. Flatten and bake for 10-12 minutes at 350 oven.

CHOCOLATE CHERRY BARS
1 pkg chocolate cake mix
1 tsp almond flavoring
1 cup sugar
1/3 cup milk
Almond pieces

Melody Smith
$121-\mathrm{oz}$ can cherry filling
2 eggs, beaten
2 tbsp margarine
6 oz chocolate chips
Whipped cream, optional

Combine cake mix, filling, flavoring and eggs. Stir until well mixed. Pour into greased 9x13 pan and bake at 350 for 35 minutes. In small pan, add sugar, butter and milk, boil, stirring constantly for 1 minute. Remove from heat and stir in chocolate chips until smooth. Pour over cooled bars. Add nuts and whip cream when serving.

NO BAKE COOKIES
2 cups sugar
1/2 cup cocoa
1/2 cup milk
1 cube margarine
3 cups quick oatmeal
Combine sugar, cocoa, milk and margarine; boil for 1 minute. Add oats, peanut butter and vanilla. Mix in either walnuts, raisens, coconut or peanuts. Drop them on a cookie sheet in a hurry or they will crumble.

SNICKERDOODLES
$1 / 2$ cup soft butter or margarine
$11 / 2$ cup sugar
$23 / 4$ cup flour
1 tsp soda

Carroll \& Alissa Brown $1 / 2$ cup shortening
2 eggs
2 tsp cream of tartar
$1 / 4 \mathrm{tsp}$ salt (optional)

Cream butter, shortening and sugar. Add eggs; beat until light. Add dry ingredients and mix. Roll into balls the size of small walnuts, roll in mixture of 2 tbsp sugar and 2 tsp cinnamon. Place 2 " apart on ungreased baking sheet. Bake at 400 for 8 - 10 minutes.

OATMEAL TOLLHOUSE COOKIES Cheri Chambell

1 $1 / 2$ cup sifted flour 1 tsp soda
1 tsp salt
1 cut butter flavored Crisco
$3 / 4$ cup brown sugar
$3 / 4$ cup white sugar

2 eggs, unbeaten
2 tsp vanilla
1 tsp hot water
1 cup nuts, optional
2 pkgs ( 14 oz ) chocolate chips
$21 / 2$ cups quick oatmeal

Sift flour before measuring; sift with soda and salt. Cream Crisco and brown and white sugar until light. Add eggs, one at a time. Add hot water, then sifted dry ingredients. Add nuts, if desired. Add chocolate chips and oatmeal. Mix thoroughly. Add vanilla, mix well. Drop by $1 / 2$ teaspoon on greased cookie sheet. Bake at 375 for $8-12$ minutes.

We like them chewy so I only bake them 8-9 minutes. When you store these cookies in a cookie jar, put a heel of bread to keep moist and chewy. Cool on paper bag when first taken from oven.

OLD FASHIONED COOKIE
1 cup shortening
2 eggs
1 tsp vanilla
4 tsp baking powder $1 / 2 \mathrm{tsp}$ salt, optional

Carroll Brown
2 cups sugar
1 cup sour cream
$1 / 2$ tsp soda
$41 / 2$ cup flour
3/4 cup nuts

Cream shortening and sugar together. Add eggs, one at a time, continuing to beat. Add sour cream and vanilla. Sift dry ingredients together and add to creamed mixture. Roll on floured surface fairly thick. Cut with large round cutter. Place on cookie sheet, sprinkle with chopped nuts and bake at 350 for $15-18$ minutes.

Inch by inch - life is a cinch - yard by yard - life is very hard

GINGERSNAPS
$3 / 4$ cup shortening
4 tbsp molasses
2 cups flour

Irene Holm
1 cup sugar
1 egg
2 tsp soda

1 tsp cinnamon
Cream sugar and shortening; add molasses and egg. Beat. Add flour, soda and spices. Mix well. Form into balls about $3 / 4^{\prime \prime}$ in diameter, roll in sugar. Bake $2^{\prime \prime}$ apart on greased baking sheet for 8 minutes at 375 .
Cool slightly before removing from pan.
MRS FIELD'S COOKIES
2 cups butter
2 cups sugar
2 cups brown sugar
4 cups flour
5 cups oatmeal
2 tsp baking powder
1 tsp salt
Cream together butter, sugar and brown sugar. Mix together flour and oatmeal. Put small amounts into blender until it turns to powder. Blend oatmeal first, then mix with flour. Add salt, baking powder, soda, eggs and vanilla. Mix together. Add the chips, Hershey bar and chopped nuts. Bake on ungreased baking sheets. Make golf ball size cookies, $2^{\prime \prime}$ apart. Bake at 375 for minutes. Makes about 5 dozen.

DATE PINWHEELS
$3 / 4 \mathrm{lb}$ pitted dates, cut up
$1 / 3$ cup water
1/4 cup shortening
1 egg
$13 / 4$ cup flour

## Kathy Nelson

2 tsp soda
4 eggs
24 oz chocolate chips
2 tsp vanilla
8 oz Hershey bar, grated
3 cups chopped nuts

Cook dates, sugar and water, stirring constantly until thickened. Cool.
Mix brown sugar, shortening, margarine, egg and vanilla until smooth.
Stir in flour and salt. Divide dough into halves. Roll each half into rectangle $11 \times 7^{\prime \prime}$ on waxed paper. Spread half of the date filling on each rectangle. Roll up tightly beginning at $11^{\prime \prime}$ side. Pinch edge of dough into roll to seal. Wrap and refrigerate at least 4 hours. Heat oven to 400 . Cut rolls into $1 / 4^{\prime \prime}$ slices. Place about 1 " apart on ungreased cookie sheet. Bake until light brown, about 10 minutes. Immediately remove from cookie sheets. Makes about 5 dozen cookies.
FOOD FOR THOUGHT: Everyone knows what a warranty means-that whatever happens isn't covered.

CHOCOLATE CHIP OATMEAL COOKIES Melody Smith
1 cup shortening I cup sugar

I cup brown sugar
1 tsp vanilla
1 tsp salt
3 cups oatmeal

Cream shortening and sugar. Add eggs and vanilla. Beat well. Sift dry ingredients, add to creamed mixture. Blend thoroughly. Add oatmeal and chocolate chips. Bake on ungreased cookie sheet at 325 for 12-14 minutes.

| PEPPERNUTS | Ethel Abshire |
| :--- | :--- |
| 1 lb butter, no substitutes, do not use Crisco | 3 tsp soda, dissolved |
| $1 / 2 \mathrm{lb}$ lard, no substitutes | in $1 / 2$ cup sour milk |
| 1 pint sugar | $16-\mathrm{oz}$ ground citron |
| 1 large bottle white Karo syrup | 1 lb ground walnuts |
| 4 eggs, beaten | 4 oz anise seed |
| Salt | 5 lb flour |

Mix well. Cover and let stand overnight in a cool place. Can be rolled out on a floured board and cut with a thimble. I make a long rope and pinch off pieces and press down with my fingers. Should be the size of a nickel.

This is a Christmas cookie and has been in my family forever.
SOUR CREAM COOKIES
Ethel Abshire
Cream together:
2 cups sugar
1 cup sour cream, no substitutes (do not use commercial sour cream, save your own)
1 tsp salt
1/2 tsp vanilla
Roll out on floured board. Cut with cookie cutter or drop by teaspoonfuls and flatten with the bottom of a floured glass.

This is a very old family recipe.
HINT: If you add a teaspoon of vinegar to fat that you fry donuts in, the donuts will not absorb the grease.
When rolling out sugar cookies use powdered sugar on your board instead of flour. Cookies have a much better flavor and do not get hard.

SNICKERDOODLES
Naomi Dow
1 cup shortening
2 eggs
$23 / 4$ cup flour
1 tsp soda
Cream shortening and sugar, add eggs and vanilla, mix together well. Sift together dry ingredients and stir into creamed mixture. Chill dough. Roll into walnut size balls. Roll into mixture of 2 tbsp sugar and 2 tsp cinnamon. Place on ungreased baking sheet 2 inches apart. Bake at 400 for 8-10 minutes to a light brown, but still sofl. (These cookies puff up at first then flatten to crinkly tops) Yield: 5 dozen.

TURTLE COOKIES
I tbsp Wesson oil
5 tbsp cocoa
$1 / 2$ cup butter
2 eggs
Melt oil, cocoa and butter in a saucepan and cool. Beat eggs; stir in sugar, then add chocolate mixture. Fold in flour and vanilla. Drop by teaspoonfuls onto heated waffle iron. Bake about 90 seconds. Lift out by edges with fork. Frost, then sprinkle with nuts.

CANDY COOKIES
1/2 cup sugar
1 cup peanut butter
1/2 cup coconut
Stir and bring to a boil the sugar and white Karo syrup; add peanut butter and corn flakes. Stir all together. Add coconut. Drop on waxed paper or cookie sheet.

MELTAWAYS
$1 / 2 \mathrm{lb}$ butter or margarine
3/4 cup corn starch
Cream the butter, add powdered sugar. Sift together the flour and corn starch, add to creamed mixture. Make in balls. Bake at 350 for 12 minutes.
Cream together 3 oz package of cream cheese and $I$ cup powdered sugar, add t tsp vanilla and food coloring. Frost cookies.

FOOD FOR THOUGHT: Your day goes the way the corners of your mouth turn ----SMILE!

RAISIN JUMBO COOKIES Evelyn Miller
2 cups raisins
2 cups sugar
3 eggs
4 cups flour
1 tsp salt
$11 / 2$ tsp cinnamon
1/4 tsp allspice
Cook raisins and water 5 minutes, let cool. Cream sugar (can use brown and white sugar) and shortening, add eggs and vanilla. Add raisins and nuts; mix well. Add dry ingredients. Mix together well. Drop by spoon on cookie sheet and bake at 400 for 12-15 minutes.

## JELLO COOKIES

3 cups sugar
3/4 cup shortening
1 tsp vanilla

Alta Carroll
1 tsp soda
2 eggs
$21 / 2$ cups flour

1 ( 3 oz ) jello, any flavor
Mix all and roll into balls, teaspoon size. Flatten with glass with bottom dipped in sugar. Bake at 350 for 10 minutes or until brown.

COCONUT REFRIGERATOR COOKIES Marie

I cup butter flavored Crisco
1/2 tsp salt
I cup coconut
1 cup nuts

2 cups sugar
2 eggs
3 cups flour
2 tsp baking powder

Mix together, will be a stiff dough. Shape into $2^{\prime \prime}$ rolls, refrigerate. Slice then bake at 375 for 10 minutes. Can be rolled and frozen for about 6 months.

PEANUT BUTTER COOKIES
1/2 cup brown sugar
$1 / 2$ cup butter or margarine
$1 / 2$ tsp salt
$1 / 2$ tsp soda
B. J. Brashear
$1 / 2$ cup granulated sugar
1 egg
1 cup peanut butter
$11 / 2$ cups flour
$1 / 2$ tsp vanilla
Sift sugars together. Beat the butter until soft, add sugar gradually and blend until creamy; beat in egg, peanut butter, salt and soda. Add the flour to the batter, then vanilla. Roll the dough into small balls. (1-1 $1 / 2^{\prime \prime}$ ) Place on a greased cookie sheet. Press the balls flat with a fork. Bake at 375 for about 15 minutes. Makes approximately 60 cookies. This is a really good recipe for Peanut Butter Cookies!

In a metal saucepan, bring rapidly to boil 1 cup sour cream; take from the heat and add:
2 tbsp shortening 3 tbsp sugar 1 tsp salt 1/4 tsp soda
Stir mixture until well blended and lukewarm. Add 1 egg , well beaten and 1 cake of moist crumbled yeast. Stir until dissolved. Add $11 / 2$ cups flour, beat thoroughly to form a thick smooth batter. Then add 1 1/2 cups flour and turn onto a board and knead 60 strokes; let rest for 15 minutes. Roll dough out to 18 "x6"; spread dough with butter or margarine, then sprinkle half of dough with $1 / 2$ cup brown sugar and 1 tsp cinnamon. Fold over and press lightly together to seal Cut in small strips, twist, place on greased cookie sheet. Let rise 45 minutes. Bake at 375-400 oven for 10-15 minutes. Frost with thin powdered sugar frosting while hot. YUMMY!

SLICED NUT COOKIES
1 cup brown sugar
1 cup white sugar
$11 / 2$ cups melted Crisco
3 eggs, well beaten
1 tsp salt
$41 / 2$ cups flour

Submitted by Mary Ann Weaver (Don't know from where it came) 2 tsp soda
1 tsp cinnamon
$1 / 2$ tsp nutmeg
$1 / 2$ tsp cloves
1 cup chopped nuts, blanched almonds are best

Cream Crisco with sugars. Add eggs, slowly mixing thoroughly; add nuts, then dry ingredients sifted together twice. Shape into roll about $21 / 2$ to $3^{\prime \prime}$ in diameter. Put in Crisco'd pan in refrigerator overnight. When ready to bake them, slice thin, bake in hot oven 375 about 5 minutes. Makes about 75 cookies.

SOFT LEMONADE COOKIES
1 cup butter or margarine
2 eggs
1 tsp soda
Additional sugar

Flora Stonex
1 cup sugar
3 cups flour
1 can ( 6 oz ) frozen lemonade concentrate, thawed, divided In a mixing bowl, cream butter and sugar; add eggs. Combine flour and baking soda; add to the creamed mixture alternately with $1 / 3$ cup of lemonade concentrate. Mix well. Drop by rounded teaspoonfuls onto ungreased baking sheets. Bake at 400 for 8 minutes. Remove to wire racks. Brush with remaining lemonade concentrate, sprinkle with sugar. Yield: 6 dozen. These go perfect with warm days, very moist cookie.

NUT COOKIES
L. Hanson

Beat 2 eggs light, add I cup sugar and 1 cup of flour sifted with a small spoon of baking powder and a pinch of salt. Mix in 1 cup of finely chopped walnuts or hickory nuts. Drop by teaspoonful an inch apart in a large pan and bake in a moderate oven.

From 1891 church cook book.

BUTTER COOKIES
1 egg
$3 / 4$ to $7 / 8$ cup brown sugar
1 tsp baking powder

Margaret Roller
3/4 cup butter
3 cups flour +2 rounded tbsp 3 tbsp milk

Cream together egg, butter and brown sugar. Sift flour with baking powder; add to creamed mixture alternately with milk. Bake at 350 about 10 minutes.

ZUCCHINI NUT COOKIES
$1 / 2$ cup shortening
1 cup grated raw unpeeled zucchini
1 tsp cinnamon
1 cup raisins
1 egg
1 tsp soda

Cindy Hanson
$1 / 2$ cup brown sugar
2 cups flour
$1 / 2$ tsp cloves
1/2 cup sugar
$1 / 4$ tsp salt
$1 / 2$ cup chopped nuts
$1 / 2$ tsp nutmeg
Cream shortening and sugars, beat in egg; add zucchini; sift in dry ingredients; add to creamed mixture; stir in raisins and nuts. Drop by teaspoon on greased cookie sheet; bake at 325 for 15 minutes until lightly brown. Yield: 3 dozen,

SPLIT SECOND COOKIES
2 cups flour
2/3 cup sugar
3/4 cup butter
Jam or jelly
Sift flour and baking powder together. Set aside. Cream butter and sugar; beat in egg and vanilla, then add the flour mixture. Place on lightly floured surface and divide into 4 parts. Shape into $13^{\prime \prime}$ roll and $3 / 4^{\prime \prime}$ thick. Place on ungreased baking sheet $4^{\prime \prime}$ apart. Make a depression about $1 / 4^{\prime \prime}$ deep lengthwise down the center of each roll with a knife handle. Fill with jam or jelly. Bake at 350 until light golden brown, about $15-20$ minutes. While still warm, cut into $I^{\prime \prime}$ diagonal bars. Cool completely.

OLD FASHIONED SOUR CREAM COOKIES Helen Mallonee
1 cup sugar
1 tsp salt
1 tsp nutmeg
1 cup thick sour cream
1 egg
Sift together sugar, flour, salt, soda and nutmeg. Add shortening and work into dry ingredients with finger tips. Add well beaten egg and part of sour cream, cutting liquid into the dry ingredients by means of a knife. Add balance of sour cream to form a soft dough. Let stand an hour or more and roll out. If desired, sugar may be sprinkled over dough after it is rolled out. Bake in hot oven 375 .

ORANGE DROP COOKIES
$1 / 2$ cup Crisco
1 cup sugar
2 eggs
1 tbsp grated orange rind
1/2 cup orange juice
Blend Crisco, sugar, salt, eggs, orange rind and juice, Stir in dry ingredients; add nuts and blend well. Drop from teaspoon to a greased baking sheet. Bake in 375 oven for $15-20$ minutes or until delicately brown. Cover while still warm with:
Orange Icing: 1 tbsp orange juice
$1 / 2$ tsp grated orange rind 1 tbsp Crisco
Blend orange juice and rind with Crisco. Stir in powdered sugar, beat until smooth. Spread on cookies.

MONSTER COOKIES
1 lb margarine
2 lb brown sugar
1 tbsp vanilla
1 dozen eggs
18 cups rolled oats
1 (16 oz) pkg plain M\&M's
Mix together and bake at 350 for 15 minutes on ungreased cookie sheet.
Makes $75-80$ cookies.

I cup powdered sugar
$1 / 2$ tsp salt
$21 / 4$ cups flour
$11 / 2$ tsp baking powder
$1 / 2$ tsp salt
$1 / 2$ cup chopped nuts

3 cups flour
1 tsp soda
1 cup shortening (preferably lard \& butter)

| 2 cups sugar | $1 / 2$ cup milk |
| :--- | :--- |
| $1 / 2$ cup butter | 3 tbsp cocoa |

Bring to a boil and boil for 1 minute. Remove from heat and add:
3 cups quick cooking oatmeal 1 tsp vanilla
1/2 cup peanut butter
Drop by teaspoons onto waxed paper.
COTTAGE CHEESE COOKIES
$11 / 2$ cup shortening
$31 / 2$ cups sugar
4 eggs
1 pint cottage cheese
5 cups flour
Combine all ingredients. Add $3 / 4$ cup nuts. Chill the dough. Roll into balls, then in powdered sugar. Bake 10 minutes at 350 .

GLENN'S PECAN CRISPIES
1/2 cup shortening
$21 / 2$ cups brown sugar (1 box)
$21 / 2$ cups flour

Marie Phillips
1/2 cup butter
2 eggs, beaten
1/4 tsp soda

1 cup pecans or any nuts
Mix all together really well; drop from teaspoon onto cookie sheet.
Bake at 350 for 10 minutes. Do not overbake!
LEHIGH COUNTY OATMEAL COOKIES Hilda Duff

3 tbsp butter, melted $1 / 4$ tsp salt
$1 / 2$ tsp baking powder
$1 / 2$ cup sugar
$11 / 2$ cups Quaker oats
1 egg , well beaten
$1 / 2$ tsp almond extract
Mix all dry ingredients together; add the butter and egg and mix thoroughly. Drop by teaspoonfuls onto a greased cookie sheet and bake at 350 about 5 minutes. Remove from pan while warm.

HINTS: Use a small cookie cutter to mark animal shapes on sides and top of cake. Then outline the shapes with colored icing. Makes a lovely birthday cake for a child.

If you happen to splatter grease on your clean garment, put a pinch of cornstarch on it and forget it. It will absorb the grease.

SUGAR COOKIES
1 cup sugar
1 tsp baking powder
$1 / 2 \mathrm{tsp}$ salt
2 eggs

Julie Lester Olsen
4 cups flour
1 tsp soda
1 cup shortening
1 tsp vanilla
$1 / 3$ cup milk
Mix shortening with flour as for pie crust. Add soda and baking powder to sugar, then add beaten eggs and milk to sugar. Add this to the flour mixture, mix well. Let stand in refrigerator for an hour. Roll out and cut in desired shapes. Sprinkle with sugar. Bake at 350 for 12 minutes

| WALNUT/RAISIN DATE/CASHEW |  |
| :--- | :--- |
| ULTIMATE OATMEAL COOKIES |  |
| These are big, thick, chewy, delicious cookies! YIKES! |  |
| $41 / 2$ cups rolled oats | $11 / 4$ cups wheat germ |
| $3 / 4$ cup powdered milk | $3 / 4$ cup coconut flakes |
| $2 / 3$ cup walnuts or cashews | $2 / 3$ cup raisins or dates |
| $1 / 2$ tbsp cinnamon | 1 cup honey |
| $3 / 4$ cup oil | 3 eggs |

Warm the honey, beat the eggs into the oil, then whip all three together until the mixture is smooth. Mix the rest of the ingredients together in a large bowl, making a "well" in the center. Pour the honey-oil-egg mixture into the "well" and then quickly toss, stir and turn the mixture, using your hands to get to the bottom of the bowl. When it is evenly mixed together, let the dough sit $20-30$ minutes, covered. (This helps the dough bind, and the cookies won't crumble as easily) Portion the batter out as well-packed $1 / 4$ cup blobs on the greased cookie sheets. Squash the cookies so they are just about $1 / 2^{\prime \prime}$ thick and rounded. Bake at 325 to 350 for about 15 minutes until they are a nice light brown.

| PERFECT RAISIN COOKIES | Ellen Tate \& Marie Phillips |
| :--- | :--- |
| 2 cups raisins | 1 cup water |
| 1 tsp soda | 1 cup shortening |
| 1 tsp baking powder | 1 tsp vanilla |
| 1 tsp cinnamon | 2 cups sugar |
| $1 / 4$ tsp nutmeg | 4 cups flour |
| 1 cup chopped nuts | $1 / 2$ tsp salt |

3 eggs
Boil raisens and water for 5 minutes. Cool; add soda. Set aside. Cream shortening, sugar and eggs; add all including raisins, mix well. Drop by teaspoon. Bake 425 for 12 minutes. Store in tight container. Makes 6 dozen soft cookies.

SUGAR COOKIES
1 lb butter or margarine
3 eggs
8 cups flour
1/2 cup milk
Mix together. Bake at 375. Makes 10-12 dozen.

Trudie
$21 / 4$ cups sugar
8 tsp baking powder
1 tsp salt
2 tsp vanilla

PEANUT BUTTER COOKIES
1 cup sugar
1 cup peanut butter
2 eggs
2 tbsp baking powder
$21 / 2$ cups flour
Mix sugars, peanut butter and shortening together; then blend in eggs and vanilla. Add dry ingredients. Mix thoroughly. Drop on cookie sheet. Bake 9-10 minutes at 375. Enjoy!

NO BAKE COOKIES
2 cups sugar
1 tsp vanilla
1/4 cup butter or margarine
3 cups oatmeal
Boil sugar, milk, vanilla, cocoa, butter and peanut butter in a saucepan for 1 minute. Remove from heat and add oatmeal and coconut. Mix until coated. Drop by spoonful onto waxed paper and let harden.
Yield: 3 dozen
DATE BALLS
2 cups sugar
4 eggs
I cup flour
2 cup chopped nuts
Grease a $12 \times 16$ pan. Mix all ingredients, pour into pan. Bake 30 minutes at 350 . Remove from oven. Stir with wooden spoon while hot. Cool; shape into balls $1^{\prime \prime}$. Roll in sugar.

## COOKIES FROM CAKE MIX Flora Stonex

To one cake mix of any flavor, add $1-2$ eggs, 2 tbsp shortening and 2 tbsp water for crisp cookies, $1 / 4$ cup for soft cookies. Can be formed into a roll and chilled, then sliced for refrigerator cookies, dropped by spoonful for drop cookies or rolled into balls and flattened for decorative cookies. Bake 375 for 8-10 minutes. Can add nuts, fruit, chips, etc.

CHRISTMAS ROCKS
1 tsp soda
$1 / 2$ cup shortening
I tsp vanilla
$21 / 2$ cups flour
$11 / 2$ tsp cinnamon
2 cups pitted dates (cut in thirds)
2 cups candied pineapple (diced)
1 cup blanched almonds

Donna Gillis
$1 / 2$ cup butter
$11 / 2$ cups brown sugar
2 eggs
1 tsp salt
1 tbsp hot water
2 cups candied cherries (halved)
${ }^{*} 1$ cup pecans or walnuts
1 cup Brazil nuts (cut in thirds)

Cream butter, shortening, brown sugar and vanilla. Add eggs, beat until fluffy. Sift flour (leaving $1 / 2$ to 1 cup aside to coat fruit) with salt and spices; add to creamed mixture alternately with soda dissolved in hot water. Blend well. Toss prepared fruit in with remaining flour. Work into cookie dough by hand. Drop by teaspoon $1^{\prime \prime}$ apart on greased cookie sheet. Bake at 375 for 15 minutes. Makes 12 dozen cookies. Have fun!! This is my mother's recipe. (* She uses walnuts.)

MOLASSES COOKIES
$3 / 4$ cup shortening
1 egg
$21 / 4$ cups flour
$1 / 4 \mathrm{tsp}$ salt
1 tsp cinnamon

Mike Crawford
1 cup brown sugar
1/4 cup molasses
2 tsp soda
1/2 tsp cloves
1 tsp ginger

Cream shortening and brown sugar. Add egg and molasses. Sift dry ingredients together. Gradually add to creamed mixture. Chill dough for 2 hours. Shape into small walnut-size balls. Roll in granulated sugar. Bake at 400 for 10-12 minutes.

## CHOCOLATE CHIP COOKIES

$1 / 2$ cup shortening
1/2 cup granulated sugar
1 egg , well beaten
$1 / 2$ tsp salt
$1 \mathrm{pkg}(6 \mathrm{oz})$ chocolate chips

Scott Card
1 tsp vanilla
$1 / 4$ cup brown sugar
$11 / 4-11 / 2$ cup flour
1/4-1/2 tsp soda $1 / 2$ cup chopped nuts Cream sugars, vanilla and shortening. Add egg. Beat thoroughly. Sift dry ingredients together. Add gradually to creamed mixture. Stir in chocolate chips and nuts. Drop by spoonful onto cookie sheet. Bake at 375 for 10-12 minutes.

HINT: Oatmeal cookies are extra special when you use chocolatecovered raisins instead of plain raisins.

NO BAKE PEANUT BUTTER COOKIES Sarah Hanson I/2 cup Karo syrup, honey or molasses $1 / 2$ cup sugar
1 cup peanut butter
2 cups Special K cereal or other dry similar cereals
Put syrup and sugar in saucepan. Put on stove and bring to a boil.
Remove from heat and stir in peanut butter. Add cereal. Drop by spoonfuls on metal tray or waxed paper. Let cool for a few minutes before eating.

## HOOT OWL COOKIES

$3 / 4$ cup butter or margarine
1 egg
$21 / 2$ cups flour
2 tsp salt
1/2 tsp soda
Cashew nuts
Cream butter/margarine, sugar and vanilla together. Beat in egg. Add
flour, salt, baking powder and soda gradually (stirring last of flour in by hand). Remove $2 / 3$ of dough to floured surface. Blend cocoa into remaining $1 / 3$ of the dough. Roll out half the light dough into $10^{\prime \prime}$ by $1 / 2^{\prime \prime}$ strip. Shape half the dark dough into $10^{\prime \prime}$ long roll. Place dark dough on strip of light dough. Mold light dough around dark and wrap. Wrap in waxed paper and chill 30 minutes, or until firm enough to slice into $1 / 8^{\prime \prime}$ slices. Repeat with other half of dough. Place 2 slices together on greased baking sheet to resemble owl's face. Pinch corners to make ears. Place chocolate chips in center for eyes, cashew nut for beak. Bake 8-12 minutes at 350 .

PEANUT BUTTER COOKIES
1 cup flour
$1 / 4$ tsp salt
1/2 cup brown sugar
1 egg, unbeaten
1 tbsp water

Sandra Hanson
1 cup brown sugar
1 tbsp vanilla
2 tsp baking powder 4 tbsp cocoa
Chocolate chips

Put into a large bowl the shortening, sugars, egg, peanut butter, water and vanilla. Beat for 2 minutes on medium speed on mixer. Sift together the flour, soda and salt. Gradually add to the creamed mixture. Drop by spoon and press with fork that has been dipped in flour or water. Bake at 325 for 15-20 minutes.

HINT: For best apple pie, use half light brown sugar and half white sugar instead of all white sugar mixed with the apples and cinnamon.

MARSHMALLOW TREATS
1/4 cup margarine or butter 6 cups Rice Krispies

Melt margarine in large saucepan over low heat. Add marshmallows and stir until completely melted. Remove from heat. Add Rice Krispies cereal. Stir until well coated. Spread into buttered $9 \times 12$ pan. Cut into squares when cool.

CHOCOLATE OATMEAL NO BAKE COOKIES Eric Riffe
$1 / 2$ cup butter
$1 / 2$ cup milk
1 tsp vanilla
3 cups quick cooking oatmeal
Place butter, sugar, milk and cocoa in a saucepan. Put on burner and bring to a boil. Boil for 2 minutes. Take off stove. Add vanilla, coconut and oatmeal. May add peanut butter, if desired. Drop by spoonfuls onto waxed paper lined cookie sheet. DO NOT BAKE!

OATMEAL COOKIES
2 eggs
2 cups oatmeal
5 tbsp juice from raisins
1 cup sugar
I tsp nutmeg
1 tsp vanilla
Cream butter and sugar. Add eggs. Boil raisins in water until fresh in appearance. Save 5 tablespoons of juice from raisins (pour the rest down the sink). Put soda in the 5 tbsp of raisin juice. Sift dry ingredients together, then add alternately to creamed mixture with liquid. Stir in raisens and oatmeal. Drop by spoonfuls onto cookie sheet. Bake at 400 for 8-10 minutes.

DROP SUGAR COOKIES
2 cups butter
2 cups powdered sugar
4 eggs
2 tsp cream of tartar
$1 / 2$ tsp lemon extract
Mix all ingredients together. Roll in small balls and flatten with glass dipped in sugar. Bake at 350 for 10 minutes. Yield 150 cookies.

CHOCOLATE CRINKLES
$1 / 2$ cup vegetable oil
2 cups granulated sugar
4 eggs
2 cups flour
$1 / 2 \mathrm{tsp}$ salt

Dave Hanson
4 sq. unsweetened chocolate (4 oz) melted
2 tsp vanilla
2 tsp baking powder
1 cup powdered sugar

Mix oil, chocolate, and granulated sugar. Blend in one egg at a time until well mixed. Add vanilla. Measure flour by dipping method or by sifting. Stir flour, baking powder and salt into oil mixture. Chill several hours or overnight. Heat oven to 350 . Drop teaspoonfuls of dough into powdered sugar. Roll in sugar; shape into balls. Place about $2^{\prime \prime}$ apart on greased cookie sheet. Bake 10-12 minutes. Do not overbake! Makes about 6 dozen cookies.

## AGGRESSION COOKIES

3 cups brown sugar
6 cups oatmeal
1 tbsp soda
Put all this in a huge bowl and mash, knead, squeeze. (The more you knead, mash, squeeze and beat the dough, the better you feel and the better the cookies taste); then form it into small balls, midway between filbert size and English walnut size and place on an ungreased cookie sheet. Butter the bottom of a small glass, dip it in granulated sugar and mash the balls flat, keep doing it. (You need butter the glass bottom only once or twice, but redip it in sugar for each ball) Then bake at 350 for 10-12 minutes. Supposed to make about 15 dozen cookies; depends on the size you make the balls.

APPLESAUCE COOKIES
$3 / 4$ cup shortening
1 egg
$21 / 4$ cups flour
3 tsp cinnamon
1 cup raisins

Fern M. Thayer
1 cup brown sugar
$1 / 2$ cup applesauce
1 tsp soda
$1 / 4$ tsp cloves
$1 / 2$ cup nuts

Mix together shortening, brown sugar and egg. Stir in applesauce. Sift dry ingredients and add to creamed mixture. Stir well. Add raisins and nuts. Drop on greased cookie sheet, bake at 375 for 10-12 minutes.

FOOD FOR THOUGHT: The best-sellers in many bookstores are cookbooks and diet books. One tells you how to prepare your food - the other tells you how not to eat it.

ROSY ROCK COOKIES
$13 / 4$ cups flour
1 tsp baking powder
2 tsp cinnamon
1 cup butter or margarine
1 can tomato soup, undiluted
1 cup seedless raisins

Elva Smoots
$11 / 3$ cups sugar
1/2 tsp soda
1 tsp allspice
1 egg
$21 / 2$ cups quick oatmeal
1 cup chopped walnuts

In large bowl, stir together flour, sugar, baking powder, soda and spices. Add butter, egg and soup. Beat at medium speed for 2 minutes, scraping sides and bottom of the bowl. Stir in oats, raisins and nuts. Drop by rounded teaspoonfuls $11 / 2^{\prime \prime}$ apart on greased cookie sheet. Bake in 350 oven 12-15 minutes or until lightly browned. Makes 8 dozen cookies.
Can substitute $21 / 2 \mathrm{tsps}$ of pumpkin pie spice for the cinnamon and allspice.

PEANUT BUTTER COOKIES
I cup shortening
1 cup brown sugar
2 1/2 cups flour
1/2 tsp soda
$1 / 2$ tsp salt

Kay Dunlap
1 cup sugar
1 cup peanut butter
2 eggs, beaten
2 tsp baking powder
1 tsp vanilla

Mix shortening, sugars and peanut butter together, then add all other ingredients. Roll into small balls (about $1^{\prime \prime}$ ). Press flat with bottom of glass and mark with a fork. Place $2^{\prime \prime}$ apart on an ungreased cookie sheet. Bake at 350-375, depending on your oven, for 6-8 minutes. Cool about 1 minute before removing to a wire rack. This is an old family recipe from the south!

## GINGER THINS

3/4 cup butter
1 egg, beaten
I $1 / 2$ cup flour, sifted
$1 / 2$ tsp soda
$1 / 2$ tsp cinnamon

Pat Black
1 cup brown sugar
$1 / 4$ cup molasses
$1 / 4 \mathrm{tsp}$ salt
$1 / 2$ tsp cloves
1/2 tsp ginger

Cream butter, sugar, beaten egg and molasses. Sift flour before measuring then resift with the salt. Add to creamed mixture; add soda and spices. Stir until smooth. Put dots of $1 / 8$ tsp of dough 1 " apart on a buttered or oiled cookie sheet and bake 5-6 minutes at 325 . Cool cookie sheet on a rack. Cookies snap off if you twist the sheet gently. Do it again until you're finished. Makes $3003 / 4^{\prime \prime}$ wafers. These little cakes, served between meals in China, are called "dot hearts". They should be no larger than a quarter, if they are, they will toughen. ENJOY!

PEANUT BUTTER CUPS
Jodi
$11 / 2$ cups crushed graham crackers 2 cups chunky peanut butter or Rice Krispies

1 lb powdered sugar
3/4 cup margarine, melted
6 oz chocolate chips
1/2 cup margarine
Mix crumbs, peanut butter and powdered sugar. Stir in melted margarine. Pat into $9 \times 13$ pan. Melt chocolate chips and margarine together and spread over. Cool and cut into squares.

VINEGAR TAFFY
(But no vinegar taste)
This works best on those low-humidity days that sometimes surprise us.
2 cups sugar
1/2 cup vinegar
$1 / 8 \mathrm{tsp}$ cream of tartar
Pinch of salt
Boil to "firm ball" stage (at first the odor will clear your sinuses which is an added benefit - - don't chuck it out!) Pour into buttered plates until cool enough to handle, then pull and fold, pull and fold, until it's hard and white or you're tired. Lay out on waxed paper in twisted ropes. Break into wonderful mouthfuls.
"The decline of our society is due to the break-down of family values and raising kids without enough taffy pulls".

CHINESE NOODLE CANDY
110 oz pkg butterscotch chips
2 cups miniature marshmallows
1 cup peanuts
Kathy Nelson
1/2 cup peanut butter
1 can Chinese noodles
(2 cups noodles)
Melt butterscotch chips and stir in peanut butter. Mix in a large bowl the marshmallows, Chinese noodles and peanuts. Pour first mixture over the noodles mixture and mix well. Drop by teaspoon on waxed paper.

FRANGOS
1/2 cup butter
2 eggs
2 cups chocolate chips

Terri Spencer
1/2 cup powdered sugar
2 tsp vanilla
2 tbsp rum or almond or peppermint extract

Cream butter and powdered sugar. Add eggs; beat well, add vanilla. Melt chocolate chips and add to butter mixture. Beat well. Add the flavoring. Pour into a greased pan or molds. Chill. Cut into squares.

PEANUT BUTTER FUDGE
3 cups sugar
$2 / 3$ cup evaporated milk
1 cup chopped nuts

Blanche Nelson
3/4 cup margarine
17 -oz jar marshmallow creme 1 tsp vanilla

112 -oz pkg peanut butter chips
Stir together sugar, milk and margarine. Put over medium heat, stirring constantly. Boil 5 minutes or until candy thermometer reaches 234 .
Remove from heat, gradually stir in peanut butter chips, then add the rest of the ingredients. Mix until well blended and pour in a well greased $9 \times 13$ pan. You can use chocolate chips and make chocolate fudge.

CARMEL CORN
2 cups brown sugar 1 cup butter

Donna Thompson
$1 / 2$ cup white corn syrup
1 tsp salt

Combine all of above and bring to a boil. Boil for 5 minutes. Remove from heat and add 1 tsp soda. Pour over popped popcorn in a large roaster which has been sprayed with Pam. Stir well, bake uncovered at 250 for 1 hour, stirring every 15 minutes. Freezes well!

CRYSTAL CUT CANDY
2 cups sugar
1/2 cup water
Combine all and bring to a boil, cook to "hard crack stage" or 290 on a candy thermometer. Add 4-6 drops food coloring and 4-6 drops of oil of cinnamon or oil of wintergreen. Gently swirl to blend. Pour into pan (grease pan lightly and wipe out with paper towel). Cool until it has a crust enough to score, gently, without breaking through. Keep scoring until clear through candy. When hard, remove from pans and break into pieces. GOOD LUCK!

OLD FASHIONED BUTTERMILK FUDGEKay Jarvela
2 cups sugar
$1 / 2$ tsp soda
4 tbsp powdered buttermilk
2 tbsp light corn syrup
In a 3-quart saucepan, mix sugar, soda, buttermilk and corn syrup. Stir in water, bring to a boil, stirring until sugar is dissolved. Add butter and cook, stirring occasionally, to the "soft ball stage" (236-238). It will turn a medium brown color. Remove from heat and cool to lukewarm (110). Beat until mixture loses its gloss and starts to thicken. Stir in pecans. Turn into buttered $8 \times 8$ pan. Cool until firm.

WHITE FUDGE
$1 / 2$ cup butter or margarine
$41 / 2$ cups sugar
1 cup nuts
Vanilla
Cook milk, sugar and butter until reaches 236 on candy thermometer, take off burner. Stir in other ingredients and pour into cake size pan.

BUTTER CRUNCH CANDY
1 cup butter
2 tbsp light corn syrup

Flora Stonex
1 12-oz can condensed milk
$11 / 2$ sack of white chips
Candied cherries

Cook butter and sugar until butter is melted, when it bubbles, add water and syrup. Stir often and cook until candy thermometer is 290. Add 3/4 cup chopped nuts. Pour into a greased $9 \times 9$ pan. When cool, melt 1 pkg chocolate chips and spread half over 1 side of slab of candy; when set, remove from pan, turn over and put remaining chocolate on reverse side. You have to use a hammer or something equal and break it up. Store in a tight container. This is a lot like Almond Roca.


#### Abstract

PEANUT BUTTER ROCKY ROAD Ruby Sparks Meyer 3 cups semisweet chocolate chips $3 / 4$ cup peanut butter $3 / 4$ cup chopped walnuts $\quad 3$ cups miniature marshmallows In a large glass bowl, combine chips and peanut butter. Heat in a microwave oven on high for 2-2 $1 / 2$ minutes, stirring once half-way through cooking time. Stir again until chocolate is smooth. Stir in walnuts and marshmallows. Immediately spread in foil lined 11x7 pan. Refrigerate $1-2$ hours. Keep in refrigerator.


VINEGAR TAFFY
2 cups sugar
1/2 cup water
Cook sugar, vinegar and water together until forms a hard ball in cold water. Pour on buttered plates and place 1 tsp vanilla on top. When cool, pull with buttered hands until white.

HINT: Add butterscotch chips to your apple pie for a special tasting dessert!

FOOD FOR THOUGHT: Life is like a buffet line -- there aren't any waiters, so you have to help yourself.

MILLION DOLLAR FUDGE
1 cube margarine
1 large can evaporated milk
16-oz marshmallow creme

Alice (Semler) de Ste Croix
4 cups sugar
24-oz chocolate chips
2 tsp vanilla

2 cups chopped nuts
Put in saucepan and bring to boil the margarine, sugar and milk, Boil hard for 6 minute, stirring constantly. Remove from heat and add chocolate chips, marshmallow creme, vanilla and nuts. Stir in. Don't beat. Pour into a buttered pan and cool in refrigerator. I use a big round roaster.

DIVINITY
3 cups sugar
1 cup water
2 egg whites, beaten stiff
1 cup nuts
Stir sugar, syrup, salt and water together, cook until sugar is dissolved or 237 on the candy thermometer. Take off burner and add 3/4 of sugar mixture in a small stream into egg whites. Continue stirring and scrape bowl often. Return rest of syrup to stove, cook until 250 (boil a little longer) on candy thermometer; pour into egg mixture, continue beating all the time until candy begins to thicken. Add vanilla, never stop beating until high gloss is gone; fold in nuts. Pour into well-greased pans or drop onto waxed paper.

## MARSHMALLOW PEANUT BUTTER FUDGE

 Alice (Semler) de Ste Croix2 1/4 cups sugar 3/4 cup evaporated milk 1 cup peanut butter Mix sugar, butter and evaporated milk in a heavy 2 quart saucepan. Stir over medium heat until sugar dissolves. Boil for 5 minutes, stirring constantly. Remove from heat; add marshmallow creme, peanut butter and nuts. Stir until thoroughly blended. Pour into a buttered pan. Cool in refrigerator. Makes 2 pounds. I use a big round roaster.

PEANUT BUTTER CREAMS 1/4 cup powdered sugar $1 / 2$ cup condensed milk Mix - shape - eat!

Linda Hanson
1 cup chocolate chips
1 cup peanut butter

MICROWAVE CARMEL CORN $1 / 2$ cup butter
1 cup brown sugar
3-4 quarts popped popcorn
Bring the butter, com syrup and brown sugar to a boil in a Pyrex quart measuring cup in the microwave. Boil for 2 minutes. Add the soda. Put the popped corn in a big paper bag and add the boiled mixture. Shake. Cook on high for $11 / 2$ minutes. Remove bag and shake again. Return to the microwave for $11 / 2$ more minutes. Pour carmel corn from bag onto waxed paper and separate clumps. Cool for about 5 minutes.

EASY CHOCOLATE COVERED CHERRIES Juanita Leonardo

1/4 cup butter, softened 1 tbsp light cream or milk

2 cups powdered sugar
3 drops almond extract

Cream butter and sugar, add cream or milk and almond extract, mix until blended. Mixture will be thick pliable fondue, if too sticky work more powdered sugar in $1 / 2$ tbsp at a time.
26 -oz jars of cherries, drained and dry
112-oz bag semi-sweet chocolate chips (milk chocolate)
1 tbsp shortening
Dry cherries on paper towel. Mold small amount of fondue around cherries, about 1 tsp should cover each cherry. Set on waxed paper tray. Refrigerate. Melt chips and shortening in double boiler. Dip cherries, one at a time, in chocolate. Remove with a fork on to waxed paper.
Chill. Store in refrigerator.

SALT WATER TAFFY
2 cups granulated sugar
$11 / 2$ tsp salt
$1 / 4$ tsp oil of peppermint

## Linda Hanson

1 cup light corn syrup
2 tbsp margarine
7 drops food coloring Mix sugar, syrup, salt and 1 cup water in saucepan. Cook slowly, stirring constantly until sugar dissolves. Cook to "hard ball stage" (265) without stirring. Remove from heat, stir in remaining ingredients. Pour into a buttered pan. Cool until comfortable to handle. Butter hands; gather taffy into a ball and pull. When candy is light in color and gets hard to pull, cut into fourths. Pull each piece into long strands and cut with buttered scissors. Wrap in waxed paper.

FOOD FOR THOUGHT: The secret of contentment is knowing how to enjoy what you have.
One of the benefits of inflation is that the kids can no longer get sick on a nickel's worth of candy.

NEVER FAIL DIVINITY
3 cups sugar
$1 / 2$ cup cold water
1 tsp vanilla
Place sugar, syrup and water in pan over medium high heat. Stir only until sugar is dissolved. Then cook until "soft ball stage" at medium heat. Beat egg whites until stiff. Continue beating as you pour $1 / 2$ of the syrup over egg whites. Continue beating until rest of syrup cooks to "hard ball stage". Add to other mixture gradually while still beating. Add vanilla and beat until you can drop with spoon. Add nuts, if desired. Makes 35-40 pieces.

PEANUT BRITTLE
2 cups sugar
1 cup water
1/4 tsp salt
1 tsp butter

Kay Jarvela
1 cup light corn syrup
2 cups unroasted Spanish or Virginia peanuts
1/4 tsp soda

Combine sugar, corn syrup and water; cook slowly, stirring until sugar dissolves. Cook to "soft ball stage" (238). Add peanuts and salt. Cook to "hard crack stage" (290); stir constantly. Remove from heat, add butter and soda, stir slightly. Pour evenly into well greased shallow pans. Cool partially by lifting around edges with knife. When firm, turn. When cold, break into pieces. Makes 2-3 dozen pieces.

MARSHMALLOW FUDGE
$21 / 4$ cup granulated sugar
3/4 cup evaporated milk
Stir over medium heat until sugar dissolves. Boil for 5 minutes, stirring constantly. Remove from heat and add:
$1 / 2$ jar marshmallow creme 1 cup chocolate chips
$1 / 2$ cup chopped nuts
Stir until chocolate is dissolved. Pour into a buttered dish or pan.
HINT: For crisp, flaky biscuits that split open easily for buttering, roll biscuit dough thin, then fold it in half before cutting.

FOOD FOR THOUGHT: Yesterday is experience...tomorrow is hope... today is getting from one to the other.

All new dishes fade, the newest of the fleetest... of all pies ever made, the apple's still the sweetest.

GRANDMA'S MILLIONAIRE CANDY Juanita Leonardo 1 bag Kraft caramels 3 tbsp canned milk 2 cups pecans Melt caramels and milk in double boiler. When melted, add pecans. Leave in double boiler so it will stay warm as you teaspoon it onto greased cookie sheet. Set in refrigerator until real cool, at least 1 hour Melt 1 giant plain Hershey chocolate bar and $1 / 2$ bar paraffin wax in double boiler. Leave this in hot water while you dip caramels in the chocolate. Use fork or toothpick for this.

Note: It is best to double the caramels and pecans, as you have enough chocolate mixture for the recipe to be doubled.

## NUT GOODIE BARS

I 12-oz pkg chocolate chips

Pat Hudson
1 12-oz pkg butterscotch chips
I square unsweetened chocolate
Melt above over low heat, then add 2 cups peanut butter. Spread half of this in a $12 \times 16$ pan and put in freezer.
Filling:
2 sticks margarine
1/4 cup dry vanilla pudding mix
1/3 cup evaporated milk
Bring to a boil, remove from heat and add I tsp maple flavoring and 2 lbs powdered sugar. Spread over chocolate. Chill to set. Add 1 lb Spanish peanuts to remaining half of chocolate mixture and spread over filling. Chill and cut in bars. Keep in freezer. Makes 10-12 dozen. VERY GOOD!

PUPPY CHOW
1 stick margarine

Melt margarine and chocolate chips, blend in peanut butter. Pour over 1 box Crispix cereal. Stir. Put 2 cups powdered sugar in a grocery bag and add cereal mixture, shake. Pour on waxed paper on cookie sheet. Break up and chow down!

## ALMOND ROCA

Pat Hudson
1 large 1-lb Hershey bar, grated; mix with 9 oz toasted almonds, chopped fine. Sprinkle half on bottom of cookie sheet. Cook together 1 lb . butter and 2 cups sugar; stir constantly until crack stage (300). Pour over the chocolate and nut mixture. Top with remaining chocolate and nuts.
Press lightly with waxed paper. Cut in squares. GOOD!

## GREEK RECIPES

IN HONOR OF PAST AND<br>PRESENT GREEK'S LIVING IN THE ONALASKA AREA AND IN MEMORY OF THE RAILROAD GANG

It has long been my belief that if one enjoys food with great flavor, food prepared from a culture that is not particularly wealthy is a fine choice. Those that do not have the means to enjoy caviar or truffles have learned to replace that experience with foodstuffs made from common items.

The secret to a wonderful eating experience is, in most cases, the delicate use of herbs and spices. Not all cultures treat these things equally, with some cultures preferring a rather bland diet, while others prefer a full bodied taste.

Greeks, due to a rather impoverished life, have learned to make anything edible become something to behold. Imagine one making a stew of nothing more than onions and game meat, with all concerned standing about drooling until such time that the meal is served. The recipe below is just such a treat. While it may not sound very interesting, withhold judgment until it is tasted. This meal is guaranteed to please the most discriminating eater.

By all means, do not serve this wonderful taste treat without a generous amount of oven warmed french bread and a glass of wine. Cut the slices thick, and dip the bread in the sauce. Kali orexi! (Good appetite) Yia Sou!

STIFATHO
Harold \& Susan Vordos
2 pounds stew meat (venison or elk is a fine choice)
3 quarts peeled and pierced boiling (small) onions

## 1 cup water

Salt \& pepper to taste
1 can tomato sauce
7 cloves chopped garlic Tie the mixed pickling spices in a cheese cloth bag, or a clean piece of muslin. Discard the bag and contents after the meal is cooked. Brown the meat well in a hot skillet using a little cooking oil. Place browned meat in a large pan and combine all the ingredients. Bring to a boil and cook at a low boil until the onions begin to fall apart. Stir occasionally, If needed, add additional water while cooking. Sauce should end up thick and rich, not watery.

The meal should be served with the onions tender but still intact. Do not cook beyond the point where they begin to fall apart.

FASOLYA YIANI
(Green Bean Stew)
1 onion, diced 1 garlic clove, chopped
$1 / 4$ cup peanut oil
1 cup water
Salt \& Pepper
Saute onion and garlic in oil. Break or cut green beans in half; add to the onion and garlic. Cover and let steam for $1 / 2$ hour, mixing often. Add water and tomatoes, season with salt and pepper. Cook 15 minutes or until tender. Serves 4.

GRANDMAS TOMATO SOUP LaVeta Arnold
Add 1 quart tomatoes
Put in saucepan, bring to a boil, add $1 / 2$ tsp baking powder. Stir in I cup evaporated milk. Serve.

## PASTICHIO ME KIMA

(Baked Macaroni and Meat)
6 tbsp butter 1 cup chopped onions
2 lb ground chuck
1 tbsp salt
$1 / 2$ tsp pepper
1/4 cup tomato paste
$1 / 2$ cup grated Parmesan or 2 eggs
Romano cheese
Cream Sauce Topping
Melt butter in skillet. Saute onions for about 5 minutes. Add ground chuck; brown. Cover; cook for about 20 minutes. Add salt, pepper, cinnamon and tomato paste; continue to cook for another 10 minutes, stirring to prevent sticking. Combine with macaroni. Add cheese and eggs; blend well. Pour into lightly greased $9 \times 12$ baking dish. Cover evenly with Cream Sauce Topping. Bake 375 for about 30 minutes or until custard is set. Cut into serving pieces. Serves 8 .

## Cream Sauce Topping:

$1 / 2$ cup butter $\quad 3 / 4$ cup flour
1 quart warm milk
4 eggs
$1 / 2 \mathrm{tsp}$ salt
Melt butter, add flour. Stir in warm milk slowly; stir until smooth. Beat eggs slightly; add hot mixture slowly to eggs to prevent curdling. Add salt, cook until thickened.

## ARTICHOKES WITH LAMB-WHEAT STUFFING

$11 / 2 \mathrm{lb}$ ground lamb
1 large onion, chopped
3 cups hot vegetable bouillon
1 tsp seasoned salt
1/4 tsp pepper
2 tbsp lemon juice

3/4 cup cracked wheat
2 tbsp pine nuts (optional)
$1 / 3$ cup chopped fresh mint or $21 / 4$ tsp dried mint
1 tsp grated lemon peel
6 artichokes, cooked

Brown lamb in large skillet, stirring frequently. Drain off excess fat. Add remaining ingredients except artichokes. Cover and cook over low heat, stirring occasionally, until wheat and onion are tender and liquid is almost all absorbed. Fill artichokes with lamb mixture. Arrange in oiled baking dish; cover. Bake in 350 -degree oven for $10-15$ minutes, or until heated through. Sprinkle with additional pine nuts. 6 servings.

HORTA
(Cooked Dandelion Greens)
2 medium onions, minced
2 cups dandelion greens
Lemon slices
Brown onions in oil; mix in fresh dandelion greens; toss until greens are cooked, about 15 minutes. Season and garnish with lemon slices.

TYROPITAKIA (Greek Cheese Triangles)
1 lb phyllo
$11 / 2 \mathrm{lb}$ feta cheese
2 tbsp butter
1 lb unsalted butter, melted
Cut phyllo into $2^{\prime \prime}$ strips. Cover strips with damp towel until ready to use. Mix together eggs, feta cheese, cottage cheese and butter. Brush strips with unsalted butter. Add I tsp filling. Roll strips into triangles and bake until brown on edges. May be frozen by placing wax paper between each layer of triangles. Makes 125 triangles.

POPOVERS
I cup sifted flour
1 cup milk

5 eggs
1 large carton large-curd cottage cheese

Preheat oven to 400 . Beat milk and eggs together; add flour and salt. Mix just until smooth, using a fork. Pour into well greased muffin cups
$3 / 4$ full. Bake until golden brown, approximately 40 minutes. Makes 5 -
9 popovers. Serve hot.

FALAFEL (Pieta Bread Sandwich)
1 pkg dry yeast
2/3 cup warm water
$1 / 2$ tsp salt
$3 / 4 \mathrm{lb}$ ground beef
$1 / 2$ tsp garlic salt
3 cups chopped lettuce
1/2 cucumber, chopped
$1 / 3$ cup mayonnaise
Combine yeast and $3 / 4$ cup flour in bowl. Combine water, oil, salt and sugar; add to flour mixture. Beat on low speed of mixer for $1 / 2$ minute, scraping side of bowl. Beat on high speed for 3 minutes. Stir in remaining flour by hand. Knead dough until smooth, about 5 minutes. Cover dough with a bowl; let rise for 30 minutes. Punch down. Divide into 6 equal parts; shape into balls. Let dough rise for 10 minutes. Roll each ball to a $5^{\prime \prime}$ circle. Cover; let rise for 20 minutes. Bake in 400 oven for 10 minutes or until lightly browned. Pan fry meat with spices. Mix vegetables with mayonnaise and sour cream. Slice pieta bread open at one end. Place meat mixture inside; top with lettuce mixture. Makes 6 sandwiches.

COCONUT OATMEAL COOKIES
1 cup flour
1/2 tsp soda
$1 / 2$ baking powder
$1 / 2$ tsp salt
1/3 cup margarine
1 cup sugar
Cream margarine and sugar together; add brown sugar, egg and vanilla. Add dry ingredients together and add to creamed mixture. Beat, add oats and coconut. Bake 6-8 minutes at 375 . Cool before removing from cookie sheet.

SPRITZ COOKIES
1 cup soft butter
3 egg whites (or I whole egg)
$21 / 2$ cups sifted flour
Mix butter, sugar and egg whites together; add flour and work together with spoon. Put in a cookie press and press onto cookie sheet. Bake at 400 for $7-10$ minutes.

LaReina Arnold

## 2/3 cup sugar

1 tsp almond extract
$1 / 2$ cup brown sugar
1 egg
1 tsp vanilla
$1 / 2$ cup oats
1 cup coconut

PHAEDRA'S FRENCH LACE
$41 / 2$ - 5 cups flour
1 cup milk
$1 / 2$ cup shortening

Brenda Elliott
2 pkgs dry yeast
1/2 cup sugar
2 tsp salt

3 eggs
In large mixing bowl, combine 2 cups flour and yeast. In saucepan heat milk, sugar, shortening and salt just until warm (115-120 degrees). Add eggs to dry mixture; beat at low speed with electric mixer for about $1 / 2$ minute. Beat at high speed for 3 minutes. By hand, stir in enough flour to make moderately stiff dough. Turn out on floured surface and knead for 5 minutes. This can all be done with a dough hook on mixer. Let rise in greased bowl for 1 hour. Roll dough out in two $12^{\prime}$ squares. Spread cream cheese filling down a $3^{\prime \prime}$ strip in center of dough. With shears or knife, snip or cut towards the center in strips. Then fold the strips of dough over the filling, alternating from side to side. Place it on a greased baking sheet. Bake at 350 for about 35-40 minutes or until golden brown.

## Cream Cheese Filling:

18 -oz pkg cream cheese, softened $\quad 1 / 2$ cup sugar
1 tsp vanilla
2 egg yolks
When done baking, let cool slightly before icing.
1 cup powdered sugar $\quad 1 / 4 \mathrm{tsp}$ vanilla
1/2 tbsp milk
From a spoon, drizzle icing back and forth across loaf.
I use lemon pie filling or blackberry filling for a change. I'm sure any cooked pudding would work great.

## YIAOURTOPETA (Yogurt Cake)

| $1 / 2$ cup butter | $1 / 2$ tsp soda |
| :--- | :--- |
| 2 cups sugar | Pinch of salt |
| $21 / 2$ cups flour | 1 cup yogurt |

## 2 eggs

Cream butter and sugar. Beat in eggs. Sift flour, soda and salt together, add half to butter mixture, then mix half of yogurt, then flour, then yogurt. Pour batter in greased $10 \times 14$ pan or angel food pan. Bake at 375 for $30-40$ minutes. Remove from oven and pour cooled syrup over hot cake.
Syrup:
$23 / 4$ cup water $\quad 13 / 4$ cup sugar
Stir together, bring to a boil. Continue boiling for 10 minutes; then cool.

BERRY COBBLER
$1 / 4$ cup margarine, softened 1/2 cup milk
2 tsp baking powder
Cream together the margarine, sugar and milk; add flour and baking powder. Mix well and spread in a 2 quart greased casserole dish or pan.
Put 2 to $21 / 2$ cups of berries on dough and 1 cup of berry juice.
Sprinkle $1 / 2$ cup sugar over berries. Bake at 375 for 45 minutes.
BLACKBERRY PIE
4 cups blackberries
$1 / 4$ cup tapioca
1 tbsp margarine
Mix sugar with tapioca. Pour over berries. Sprinkle lemon juice over berries, dot with margarine.

SESAME CANDY
2 cups sugar
1/2 cup water
Blend sugar and honey in pan. Add water and cook over low heat, stirring frequently, for about 12 minutes or until mixture reaches a "soft ball stage" on candy thermometer. Remove from heat and add sesame seeds. Spread on greased pan to $3 / 4^{\prime \prime}$ thickness. When cooled, cut into 2 "x1" pieces. Makes 2 dozen pieces.

TRIANTAFILLO GLYKO
(Rose Petal Jelly)
1 lb rose petals
$1 / 2$ tsp sour salt or

LaVeta Arnold
$11 / 2$ lemons juiced
Only petals from very sweet smelling roses may be used for jelly. Remove the white tip from each rose petal and carefully wash petals. Cover the bottom of a saucepan with sugar. Add a layer of rose petals and cover with sugar, repeat petals/sugar layers until all petals and sugar have been used. Add water; add sour salt or lemon juice. Bring to a boil, cover and simmer until sugar forms soft ball when a little is dropped on a cold saucer. Remove from heat and cool. Pour into serving dishes or jars.

## CHEESE PASTRIES

18 -oz pkg cream cheese
1 egg
5 sheets phyllo dough
Preheat oven to 375. Beat cream cheese until light. Add Gruyere cheese. Add egg, beat until blended. Add chopped parsley. Brush I sheet phyllo dough lightly with melted butter. Cut into $3^{\prime \prime}$ wide strips about $14^{\prime \prime}$ long. Place 1 heaping teaspoon cheese filling in one corner of phyllo strip; fold over, making a triangle. Continue folding so that bottom edge is always parallel to the alternate side edge. Place on ungreased baking sheet. Repeat procedure. Bake for 10 minutes or until puffed and golden brown. Phyllo dough may be purchased prepared in the Greek section of imported food stores. Yield: 2 1/2 dozen.

## This and That



Put in a crock, 1 can lye; pour over 1 quart water. Let cool to not over 80 degrees. Add $1 / 2$ cup borax, dissolved in water. Mix together $1 / 2$ cup each of ammonia and kerosene. Have 5 pounds of clean grease (tallow is the best, I use lard) heated warm 120 degrees. Pour lye into grease slowly. Then add ammonia and kerosene. Stir slowly with stick about 10 minutes or until thick and creamy. Pour into strong box or pan lined with old cloth. When cooled and set, cut in bars.

HAND LOTION
2 oz glycerine
1 oz alcohol
1 oz bay rum
Place gum tragacanth in 1 pint of warm water, let stand overnight. Next A.M. add bay rum, glycerine, alcohol and perfume. Then add enough water to make one quart.

## WINDOW WASH

1/4 cup ammonia
1 quart water
This is a depression days recipe.

## SNOW 'SCREAM

Jodi
Beat together $1 \mathrm{egg}, 1 / 2 \mathrm{cup}$ sugar, vanilla and milk or cream. Gather clean fresh snow in a cold bowl. Mix together fast and eat immediately.

## PLAY DOUGH

2 cups water
2 cups flour
1 cup salt

Jodi
Food coloring
4 tsp cream of tartar
4 tbsp oil

Put food coloring into water. Combine all ingredients and cook over low heat until it clumps together. Turn out and knead a few times. Store in a covered plastic container.

## BIRDFEEDER

String
Medium size ( $3^{\prime \prime}$ ) pine cones Attach the string by tying a knot to the pine cone stem. With a knife, spread the peanut butter all over the pine cone. Place the birdseed in a pie tin. Roll the pine cones in the birdseed until covered. Hang the pine cones high on a tree out of reach of any cats. The birds will be grateful!

Creamy peanut butter 1 cup any type birdseed

Kayla Marie Dunlap
Age 4 1/2 1997

CLAY
2 cups baking soda 1 cup cornstarch
In a medium saucepan combine all of the ingredients. Over medium heat cook the mixture for $4-5$ minutes or until it thickens and pulls away from the sides of the pan. With a spoon transfer the clay to a pie tin. Cover with a damp cloth and allow to cool. On a flat surface covered with waxed paper, knead the clay for 2 minutes. Sculpt as desired, then allow to dry overnight on a piece of waxed paper. Paint with acrylic colors and shellac. Store any remaining clay in a resealable bag.

FINGER PAINTS
3 tbsp sugar
2 cups cold water
Food coloring of choice
In a medium saucepan over medium low heat, combine the sugar and cormstarch. Stir well and add cold water. Stir constantly until well blended and the mixture begins to thicken, about 15 minutes. Divide the mixture into $4-5$ plastic containers such as margarine tubs. Add food coloring to make the desired colors and add a couple of drops of lvory liquid soap to help with the cleanup. Be sure to spread newspaper over the "artist's" work area and dress appropriately for messy fun. Create masterpieces on fingerpaint paper, butcher paper or even waxed paper.

CREATIVE DOUGH 1 cup flour $1 / 2 \mathrm{tsp}$ salt 1 tbsp vegetable oil

Madison Riffe
2 tsp cream of tartar
1 cup water
I tsp vanilla, if desired

About 15 drops favorite food color
Cook all ingredients in $11 / 2$ quart saucepan over medium heat 4-5 minutes, stirring vigorously, until mixture forms a ball. Remove dough from saucepan and let stand on counter 5 minutes. Knead dough about 30 seconds or until smooth and blended. Cool completely. Store in airtight container in refrigerator. Kids will mold and shape this dough to their imaginations' delight!

THE 10 ESSENTIALS FOR SUCCESSFUL WEIGHT REDUCTION 1. Eat only when seated at the dining room table (never in front of the television, while standing or walking, etc.) Give your meal your full attention. Eat slowly (spend at least 20 minutes to eat your meal). Take small bites, chew your food well. Lay your fork down between each bite.
2. Avoid starches and sweets (green vegetables and occasional fruit will give you the necessary carbohydrates to trigger the use of fat cells, stored energy).
3. Drink at least $6-8(8 \mathrm{oz})$ glasses of water daily ( $8-10$ is preferred)
4. You may have juice, but only V-8 or tomato.
5. Absolutely no oranges or orange juice.
6. Drink no more than 1 to 2 diet soft drinks per day, only:

Fresca
(No Colas, Tab or Root Beer)
Diet 7-up
Diet Shastas
7. Only 1 glass of $2 \%$ or skimmed milk per day (avoid if possible).
8. Limit your intake of coffee and tea; use "Sweet 'n Low" or "Sweet 10 " and skimmed milk instead of sugar and cream.
9. Absolutely No Beer! You may have an occasional glass of $12 \%$ dry white or red wine.
10. Your last food intake should be at least 4 hours before retiring. Avoid beef. No pork.

## TAKE TIME FOR TEN THINGS

1. Take time to work - - it is the price of success.
2. Take time to think - it is the source of power-
3. Take time to play - it is the secret of youth.
4. Take time to read --- it is the foundation of knowledge.
5. Take time to worship -- it is the highway of reverence and washes the dust of the earth from our eyes.
6. Take time to help and enjoy friends - it is the source of happiness.
7. Take time to love - it is the one sacrament of life.
8. Take time to dream - it hitches the soul to the stars.
9. Take time to laugh -- it is the singing that helps with life's loads.
10. Take time to plan - it is the secret of being able to have time to take time for the first nine things.

Why just stop and smell the roses when you can eat them too?
If you're planning your garden and would like to include some edible flowers you can cook with, consider daylilies, carnations, marigolds, calendulas, nasturtiums and roses. The more fragrant the flower, the sweeter the flavor. The hostess of a bridal shower served pink petit fours topped with deep pink pansies, "While pansies don't have much flavor, they made my dessert very special", the hostess notes. The blooms from some herbs like sage, mint and rosemary can also give a dish distinctive flavor. Fresh flowers are best cut in the cool morning, washed, dried and refrigerated until you use them.

With such exciting uses for flowers in recipes, don't forget a centerpiece!

The following pages of recipes were submitted to us with no name. We didn't want to omit them (they all sound so good) so we are printing them without the name of the person submitting them.

## HOLIDAY CHEESE BALLS (GRAMP DEAN)

1 jar American Sharp Cheese (Old English) 1 jar bacon flavored cheese
13 -oz pkg cream cheese
Chopped onion
Dash garlic salt
Chives
Dash onion salt
Mix above ingredients together. Refrigerate to firm up; then roll into a ball. Roll in chopped walnuts until covered. Refrigerate until ready to use.

## SOURDOUGH PANCAKES

2 cups flour
2 cups warm water
1 pkg yeast
Set in warm spot overnight. In the morning take out $1 / 2$ cup of starter and refrigerate. Add to starter:
2 eggs 1 tbsp salt
1 tbsp sugar 1 tsp soda
2 tbsp oil
To set starter:
The night before add 2 cups flour and 2 cups water. Remember to take out $1 / 2$ cup each morning before adding other ingredients.

## REFRIGERATOR MUFFINS

Pour 1 cup boiling water over 2 cups Kellogg's All Bran and cool. Cream $11 / 4$ cup sugar and $1 / 2$ cup salad oil and 2 beaten eggs. Sift $21 / 2$ cups flour with $1 / 2$ tsp salt and $21 / 2$ tsp soda. Add 1 cup Nabisco $100 \%$ Bran and 1 cup dates, raisins or prunes. Now add this alternately with 2 cups buttermilk to the egg mixture. Mix in the cooled bran and store in covered container in the refrigerator and use as needed. Bake at 350 for 20 minutes. (No need to stir batter)

## SUPER MUSTARD SAUCE

Beat 2 egg yolks until firm. Add:

| $1 / 3$ cup vinegar | $1 / 3$ cup sugar |
| :--- | :--- |
| 1 tbsp flour | $1 / 3$ cup prepared mustard |

$1 / 3$ cup butter
Mix all ingredients except butter and cook until thick in double boiler. Add butter last. Cook until melted. Refrigerate. Nice with pork, beef or sausage.

## PEAR-PINEAPPLE BUTTER

4 cups grated pears ( $8-10$ medium size pears)
2 cups sugar
$23^{\prime \prime}$ pieces cinnamon stick
1 \#2 can crushed pineapple
Combine pears, sugar, cinnamon; boil 5 minutes, stirring often. Add pineapple and boil 30 minutes longer, stirring. Fill hot sterilized jars.
Makes $21 / 2$ pints.

## COLORFUL SPICED PINEAPPLE

$129-30$ oz can pineapple chunks $3 / 4$ cup vinegar
13 " piece cinnamon stick
2 whole allspice
$11 / 4$ cup sugar
Red \& green coloring
Drain pineapple. Combine all ingredients with syrup. Bring to boil, simmer for 10 minutes. Add $1 / 4$ tsp coloring. Add pineapple. Bring to boil. Fill hot sterilized jars. Makes 1 pint. Use as garnish, appetizer, accompaniment to meat or poultry or relish plate.

| BOB'S COUNTRY BROCCOLI SALAD |  |
| :--- | :--- |
| 5 cups chopped broccoli | $1 / 2$ cup raisins |
| $1 / 4$ cup chopped onion | 2 tbsp sugar |
| 3 tbsp vinegar | 1 cup mayonnaise |
| 1 cup sunflower seeds |  |
|  | crumbled |

Combine broccoli, raisins and onion. Separately combine mayonnaise, sugar and vinegar. Pour over broccoli mixture and toss. Before serving, add bacon and sunflower seeds and toss again

## CRAB-STUFFED CHERRY TOMATOES

1 pint cherry tomatoes
2 green onions, finely chopped
5 oz fresh flaked crabmeat
1 tsp white wine vinegar $1 / 4$ cup green pepper, finely chopped $1 / 2$ tsp parsley flakes $1 / 4$ tsp dill weed

2 tbsp seasoned dry bread crumbs
Paprika
Cut stem end from tomatoes and scoop out pulp. Set aside. Combine remaining ingredients, except paprika, in small bowl. Stuff tomatoes with crabmeat mixture. Place tomatoes on paper towel-lined plate, with smaller tomatoes toward center. Microwave on high for $2-4$ minutes or until heated through, rotating plate once or twice. Sprinkle with paprika. Serves 5 .

## MARSHMALLOW POPCORN BALLS

$1 / 2 \mathrm{lb}$ marshmallows $\quad 1 / 4$ cup butter
Cook over low heat, stirring until mixture is melted and smooth. Stir in a pinch of salt and 1 tsp vanilla. Pour over 10 cups popped popcorn. Wet hands and shape into $21 / 2^{\prime \prime}$ balls. Wrap in waxed paper. Do NOT refrigerate. Can use food coloring.

## FUDGE

Melt 12 oz chocolate chips and 1 cup butter
Beat 2 eggs for 5 minutes. Add 1 lb powdered sugar, beat in the chocolate/butter mixture. Add mint extract for variation.

## CHOCOLATE TRUFFLES

12 oz ( 2 cups) chocolate chips 8 oz cream cheese, softened
3 cups powdered sugar $\quad 11 / 2$ tsp vanilla or almond or orange extract
Melt chocolate, stir. Beat cream cheese until smooth, add sugar.
Refrigerate for $1 / 2$ hour. Roll into balls.
RHUBARB CRUNCH
Mix until crumbly:
$3 / 4$ cup oatmeal $\quad 1 / 2$ cup melted butter
1 cup flour 1 cup brown sugar
1 tsp cinnamon
Press half of crumb mixture into a greased 9 " square pan. Cover with:
4 cups rhubarb
Combine:
1 cup sugar $\quad 1$ cup water

2 tbsp cornstarch $\quad 1$ tsp vanilla
Cook until thick and clear, pour over rhubarb. Top with remaining crumbs and bake at 350 for 1 hour.

APPLE RAISIN BREAD PUDDING
4 cups French bread, cut in large cubes $1 / 2$ cup sugar
$11 / 2$ cups diced apples $\quad 2$ tbsp liquid Butter Buds (optional)

## $1 / 3$ cup raisins

$11 / 2$ cups skim milk
3 egg beaters ( $3 / 4 \mathrm{cup}$ )

Combine bread cubes, apples and raisins and place in 2 quart baking dish lightly sprayed with Pam. Combine remaining ingredients and pour over bread mixture. Bake at 350 for $45-50$ minutes. Serve warm.

## CHERRY SURPRISE PUDDING

1 cup flour
1/2 cup sugar
1/4 cup shortening
1/2 cup milk

1 1/2 tsp baking powder
$1 / 4$ tsp salt
1 egg , unbeaten
1 tsp vanilla
$1 / 8$ tsp butter flavoring
Sift dry ingredients into bowl. Add shortening, egg, milk, vamilla and butter flavoring. Beat on low speed for 2 min . Pour into greased $8^{\prime \prime}$ square pan. Place over batter: 2 cups drained sour cherries (water packed) and $I / 2$ cup sugar. Add to cherry juice, water enough to make 1 cup of juice, $1 / 2$ tsp almond extract and $1 / 4$ tsp red food coloring. Pour juice over cherries and batter. Bake at 325 for 1 hour. Serve warm.

ALMOND ROCA BARS

1 cup butter
$1 / 2$ cup brown sugar
$1 / 2$ cup white sugar

1 egg yolk
I tsp vanilla
2 cups flour

Cream together butter, sugars, 1 egg yolk beaten, vanilla and flour. Spread on cookie sheet and bake at 375 for 15-20 minutes. Frost with 1 $10-\mathrm{oz}$ bar of Hershey chocolate or chocolate chips. Melt and spread on top with 1 cup chopped almonds or walnuts.

MINTA'S APPLE CRISP
4 medium apples, peeled, cored and sliced
1/4 cup butter, softened
1 cup Post Grape-Nuts Flakes
$1 / 2$ cup flour
$1 / 2$ tsp cinnamon
$1 / 2$ cup brown sugar

Arrange apple slices in a $9^{\prime \prime}$ square baking dish. Beat butter; mix in sugar, flour and cinnamon. Stir in cereal. Sprinkle over apples. Bake at 375 for $35-40$ minutes. Serve warm. Makes 8 servings.

## PEANUT BUTTER COOKIES

$1 / 3$ cup shortening
$1 / 2$ cup sugar
1 egg
2 tsp baking powder
4 cups oven-popped rice cereal

3/4 cup peanut butter
3/4 cup dark corn syrup
1 cup sifted flour
$1 / 4$ tsp salt
1/4 tsp soda

Blend shortening, peanut butter and sugar thoroughly; add corn syrup. Add egg, beat well. Add sifted dry ingredients and rice cereal which has been crushed into fine crumbs; mix well. Form into $1^{\prime \prime}$ balls. Place on lightly greased baking sheet. Flatten with fork dipped in flour to make criss-cross pattern. Bake at 375 for $8-10$ minutes. $31 / 2$ dozen.

PUMPKIN TORTE
$1 / 4$ cup butter, softened 2 eggs
1 cup canned/cooked pumpkin
$2 / 3$ cup flour
1 tsp pumpkin pie spice
$11 / 2$ cups whipping cream
Wheat Germ Praline Crunch
Cream butter with sugar. Beat in eggs, vanilla and pumpkin. Combine wheat germ, flour, baking powder, pumpkin pie spice and salt. Stir into creamed mixture. For each layer, measure about 6 tbsp batter onto a greased upside down $8^{\prime \prime}$ round layer cake pan. Spread to cover bottom evenly. Bake in 350 oven 10 minutes or until dry. Loosen layer from pan with long metal spatula. Invert onto wire rack to cool. Repeat with remaining batter to get 7 layers. Whip cream until stiff peaks form. Spread cake layers with whipped cream. Sprinkle each with Praline Crunch. Stack. Makes 6-8 servings.
Wheat Germ Praline Crunch:
Melt $1 / 4$ cup butter in small saucepan. Stir in $1 / 2$ cup sugar. Place over medium high heat and stir constantly until sugar melts and mixture is light brown in color. Remove from heat. Add $1 / 2$ cup wheat germ and stir until all liquid is absorbed. Turn out onto foil, spreading into thin layer. Cool. Crush with rolling pin.

## APPLE DUMPLINGS WITH BRANDY SAUCE

## 4 cups flour

$1 / 2$ cup cold water

1 cup lard
$1 / 2$ tsp salt

16 tbsp fresh sliced Washington apples, brushed lightly with cinnamon, nutmeg and dotted with butter. Cut flour, lard and salt together as if for pie crust. Add water. Roll out dough. Cut in 8 squares. Place 2 tbsp of sliced apples on each square. Wet edges of dough and fold over to form dumpling in a square shape. Bake in 400 oven until brown 20-30 min.
Brandy Sauce:

2 cups water
I cup brown sugar
$1 / 2$ cup white sugar
1/2 tsp salt
2 tbsp cornstarch
$1 / 4$ cup pineapple juice
Juice of $1 / 2$ orange
Juice of $1 / 2$ lemon
3 tsp brandy or brandy flavoring 3 tbsp butter

1 tsp rum flavoring
Combine water and sugars and bring to a boil. Add salt. Dissolve cornstarch in a little water to soften and add to sugar mixture. Add remaining ingredients and simmer until thickened slightly.

# PEANUT BUTTER AND CRUNCH COOKIES 

$13 / 4$ cup flour
3/4 cup butter or margarine
1/2 cup granulated sugar
2 eggs

3/4 tsp soda
$3 / 4$ cup brown sugar, packed
3/4 cup creamy peanut butter
1 tsp vanilla
$13 / 4$ cup (8 oz pkg) Nestle Crunch Baking Pieces
Combine flour and soda in small bowl. Beat butter, brown sugar, granulated sugar and peanut butter in a large mixer bowl. Beat in eggs and vanilla. Gradually beat in flour mixture. Stir in Nestle Crunch Baking Pieces. Drop by well-rounded teaspoons onto ungreased baking sheet. Bake until golden brown or soft enough for yourself.

## GOOEY BUTTER CAKE

1 pkg yellow cake, without pudding 1 egg
$1 / 2$ cup butter or margarine, melted
Mix above ingredients together and spread in greased and floured $9 \times 13$ cake pan.
18 -oz pkg cream cheese, softened $3 / 4$ of a 1 lb box powdered sugar
2 eggs 1 tsp vanilla
Mix together and pour over cake mixture. Bake at 350 for 30 minutes. Cool until firm.

## EASY YUMMY BROWNIES

2/3 cup butter or margarine $\quad 1 / 4$ cup water
$11 / 2$ cup sugar
Heat just to boiling, remove from heat. Add:
6 oz chocolate chips $\quad 2$ tsp vanilla
Stir until melted. Add 4 eggs, 2 at a time, stir well. Stir in:
1 $1 / 2$ cup flour
$1 / 2$ tsp soda
I/2 tsp salt (optional)
Mix in 1 cup chopped nuts and more chips. Pour into a $13 \times 9$ greased,
floured cake pan. Bake at 325 for 50 minutes.

## BROWNIES

6 oz chocolate chips
2 cups sugar
1 tsp vanilla
1 tsp baking powder
6 oz chocolate chips
Melt chocolate chips and shortening, add rest of ingredients. Bake at 350 for 30 minutes.

CHOCOLATE BARS
2 cups flour
3/4 cup butter
1 cup sugar, divided
1 cup Karo syrup
4 oz sweet chocolate
2 tsp vanilla
3 eggs
2 cups nuts
Mix flour, $1 / 2$ cup sugar; cut in $1 / 2$ cup butter. Press into greased foil lined $13 \times 9$ pan. Bake for 20 minutes at 350 . Microwave chocolate and $1 / 4$ cup butter on high for $11 / 2$ minutes. Stir until chocolate is completely melted. Stir in syrup, sugar, eggs and vanilla, pour over crust. Sprinkle with nuts. Bake 30 min . Cool, cut in bars.

CHOCOLATE PECAN PIE BARS
3 cups unsifted flour 2 cups sugar, divided
1 cup butter or margarine, softened
$11 / 2$ cups Karo corn syrup
4 eggs, slightly beaten
$11 / 2$ tsp vanilla
$1 / 2 \mathrm{tsp}$ salt
6 squares semi-sweet chocolate or 6 oz German sweet chocolate

Crust: Grease bottom and sides of $15 \times 10 \times 1$ baking pan. (Be certain sides of baking pan are 1 : high). In large bowl beat flour, $1 / 2$ cup sugar, butter and salt until mixture resembles coarse crumbs; press firmly \& even in pan. Bake at 350 for 20 minutes. Filling: Meanwhile in 3 quart saucepan, stir corn syrup and chocolate over low heat just until chocolate melts. Remove from heat. Stir in remaining sugar, eggs and vanilla until blended. Stir in pecans. Pour filling over hot crust, spread evenly. Bake in 350 oven for 30 min . or until filling is firm around edges and slightly soft in center. Cool in pan on wire rack. Makes 48 bars.

BANANA CARROT BREAD
$1 / 2$ cup butter or margarine
2 large eggs
2 cups sifted flour
$1 / 2 \mathrm{tsp}$ cinnamon
1/4 tsp soda
1 cup chopped pecans or walnuts
$3 / 4$ cup sugar
1 cup ripe bananas, mashed
2 tsp baking powder
$1 / 2$ tsp salt
$1 / 8$ sp cloves
$3 / 4$ cup grated carrots

1 tsp vanilla
Cream together butter and sugar until light and fluffy; beat in eggs, one at a time. When thoroughly blended, add mashed bananas. In another bowl, sift together flour, baking powder, spices, soda and salt. Sift the flour mixture into banana mixture. Add nuts, grated carrots and vanilla. Pour into greased and floured loaf pan $9 \times 5 \times 3$. Bake in 350 oven for 1 hour or until you have tested with toothpick. Let cool in pan 20 minutes, turn out on rack and cool completely.

LEMON BREAD
$1 / 3$ cup melted butter $\quad 1$ tsp salt
$11 / 4$ cup sugar
2 eggs
1/4 tsp almond extract
$11 / 2$ cup sifted flour
1 tsp baking powder
Blend well butter and 1 cup sugar, beat in eggs, one at a time. Add extract. Sift together dry ingredients; add to egg mixture alternately with milk. Blend just enough to mix. Fold in lemon peel and nuts. Turn into a $81 / 2 \times 41 / 2 \times 23 / 4$ " oven proof glass pan. Cut paper liner for pan from waxed paper or paper sack. Grease both pan and paper. Bake in slow oven 325 for 70 minutes or until loaf tests done. Mix lemon juice and $1 / 4$ cup sugar, immediately spoon over hot loaf in pan. Cool 10 minutes. Remove from pan; peel paper from loaves, cool on rack. Do not cut for 24 hours. Makes 1 loaf. Wrap cooled bread.

## ZUCCHINI BREAD

2 cups sugar
3 eggs
1 tsp vanilla
$1 / 4$ tsp baking powder
$1 / 2 \mathrm{tsp}$ salt
1 tsp ginger

1 cup oil
2 cups shredded zucchini
3 cups flour
1 tsp soda
1 tsp cinnamon
1 tsp cloves

1 cup chopped walnuts, if desired
Cream sugar, oil, eggs, zucchini and vanilla. Sift together dry ingredients and add to creamed mixture. Bake 2 loaves at 325 for 1 hr .

## LEMONADE PIE

6 oz can frozen lemonade
1 can Eagle brand milk
4 1/2 oz container Cool Whip
1 tsp vanilla
Dash of salt
Blend all ingredients together and pour in graham cracker crust.
Refrigerate for several hours. Pink lemonade and a few drops of red food coloring may be used. This pie is rich, so cut into small servings.

## HERSHEY PIE

Melt and mix: $1 / 4$ cup milk
1 extra large Hershey bar with almonds
20 large marshmallows or 2 cups miniatures
Cool completely; add 1 cup Dream Whip or whipped cream. Pour in shell and chill.

BLACK WALNUT DATE BREAD
$3 / 4$ cup black walnuts, finely chopped 1 cup sliced dates
$11 / 2$ tsp soda
I/4 cup shortening
2 eggs
1 cup sugar

Combine nuts, dates, soda and salt in mixing bowl. Add shortening and boiling water. Let stand 15 minutes, stir to blend. Beat eggs slightly, add vanilla. Sift in sugar and flour and stir until dry ingredients are moistened. (This is a very stiff mixture) Add to date mixture, mixing until well blended. Grease 4 soup cans ( $101 / 2$ or 11 oz size). Pour batter into cans, filling $2 / 3$ full. Cover with aluminum foil. Bake in moderate oven, 350 , for 25 minutes. Remove foil and bake 10 minutes longer or until center tests done. Cool 15 minutes and remove from cans. Cool completely. To freeze leave in cans, wrap, seal, label and freeze, or wrap loaves in foil. To serve thaw in cans or wrapper on rack at room temperature.

## PEANUT BUTTER PIE

2 cups milk
1/2 cup sugar
3 tbsp flour
$1 / 2$ cup peanut butter
6 tbsp corn syrup
Cook on medium heat until thickened. Add:
2 egg yolks
1 tbsp butter
I tsp vanilla
Pour into baked pie shell.

## BANANA CREAM PIE

1 Keebler Ready chocolate pie crust ( 6 oz )
1 pkg (4 serving size) instant vanilla pudding
1 envelope ( $11 / 3 \mathrm{oz}$ ) whipped topping mix
$11 / 2$ cups cold milk
$1 / 2$ tsp vanilla
2 medium bananas
In mixing bowl, combine pudding mix, whipped topping mix, milk and vanilla and beat on low speed of mixer until blended. Increase speed and beat until very thick, about 3 minutes. Pour $1 / 3$ of mixture into crust. Layer slices of banana on top, reserving $1 / 2$ banana for garnish. Pour remaining filling into crust. Chill 2 hours. Garnish with sliced banana and additional whipped topping just before serving, if desired. Note: To prevent darkening, dip banana slices for garnishing in lemon juice.

WALNUT PASTRY CRUST
1 cup flour
1/4 cup powdered sugar
1/2 cup butter
1/4 cup finely chopped nuts
Mix all together until soft and pliable. Press against sides and bottom of a $9^{\prime \prime}$ pie plate. Prick bottom well. Bake 12 minutes at 400 .

## GROUND NUT PASTRY CRUST

$11 / 2$ cups finely chopped nuts $\quad 3$ tbsp sugar
2 tbsp butter
Mix all together. Press in a $9^{\prime \prime}$ pie pan. Bake about 8 minutes at 400 .
Can use Brazil, pecans, walnuts, or bleached almonds.

## GINGERSNAP PASTRY CRUST

24 snaps ( $9^{\prime \prime}$ pan) 18 snaps ( $8^{\prime \prime}$ pan)
$1 / 3$ cup butter ( $9^{\prime \prime}$ pan) $1 / 4$ cup butter ( $8^{\prime \prime}$ pan)
Mix together, press in pie pan. Bake 8 minutes at 375 . Cool before filling.

## VANILLA WAFER CRUST

35 wafers ( $9^{\prime \prime}$ pan) 24 wafers ( $8^{\prime \prime}$ pan)
$1 / 3$ cup butter ( $9^{\prime \prime}$ pan) $1 / 4$ cup butter ( $8^{\prime \prime}$ pan)
CHOCOLATE WAFER CRUST
18 wafers ( $9^{\prime \prime}$ pan) 14 wafers ( 8 "pan)
$1 / 3$ cup butter ( $9^{\prime \prime}$ pan) $1 / 3$ cup butter ( $8^{\prime \prime}$ pan)
Mix together. Press in pie pan. Bake 8 minutes at 375. Cool before filling.

GRAHAM CRACKER CRUST

| $9^{\prime \prime}$ pan | $8^{\prime \prime}$ pan |
| :--- | :--- |
| $11 / 2$ cups crumbs | $11 / 4$ cup crumbs |
| $1 / 4$ cup sugar | 3 tbsp sugar |
| $1 / 3$ cup butter | $1 / 4$ cup butter |
| Mix together. Press in pie pan. Bake 8 minutes at 375, Cool before |  |
| filling. |  |

## MINTA'S STRAWBERRY FLUFF

2 pints fresh strawberries 1 big box strawberry jello
18 oz non-dairy whip cream
Make strawberry jello in large mixing bowl, let jello set and when done add fresh strawberries, sliced thin. Whip in the whipped cream. Put in the refrigerator and serve anytime.

## MINTA'S CLAM CHOWDER

126 oz cream of chicken soup
1 (6 1/5) can clams
1 finely sliced celery
9 medium size potatoes
2 cans ( $151 / 4$ ) whole corn
5 slices bacon, cooked
2 baby carrots, finely sliced
Boil potatoes until almost done. Drain water out; add cream of chicken soup, milk, carrots, celery, bacon, corn and clams (with juice). Mix off and on until thickened how you like it. Then add crackers. Serves 10.

| LENTIL SOUP |  |
| :--- | :--- |
| 2 cups lentils | 6 cups water |
| 1 can stewed tomatoes | 2 bouillon cubes |
| $1 / 2$ diced celery | 4 diced carrots |
| Hot links or kielbasa | Seasoned salt |

Mix all but the sausage; simmer an hour or until you want to eat, adding water as needed (I like mine pretty thick). Add cup up sausage the last 15 minutes of cooking time.

This is heaven-in-a-bowl with cheese melting on top and crusty bread or whole wheat muffins in hand.

| LAYERED TUNA BAKE |  |
| :--- | :--- |
| 2 cans $(6$ oz0 tuna, drained | $1 / 2$ cup shredded cheddar cheese |
| $1 / 4$ cup onion, chopped | $1 / 4$ cup chopped celery |
| $1 / 4$ cup chopped toasted almonds | 2 tbsp lemon juice |
| 1 egg | $1 / 2$ tsp salt |
| $1 / 14$ tsp pepper | 2 cups Bisquick |
| $2 / 3$ cup milk | $1 / 4$ cup mayonnaise |

1 egg yolk, beaten
Mix tuna, cheese, onions, celery, almonds, lemon juice, egg, salt and pepper. Mix Bisquick, milk, mayonnaise. Beat vigorously 20 strokes, Spread half the dough in dish, top with tuna mix. Brush with egg yolk Bake until deep golden brown for 25-30 minutes.

MINTA'S SHRIMP SALAD

2 cans shrimp
1 head lettuce
1 medium tomato
1 large cucumber

4 radishes
4 green onions
3 baby carrots
1 cup mayonnaise

Mix lettuce, shrimp, tomato, cucumber, radishes, onions, carrots and mayonnaise together, after you slice and cut the things you wish. You may want to add salt and pepper or even bell peppers.

CHICKEN SQUARES
8 oz cream cheese softened 4 cups, cooked, cubed chicken $1 / 4$ tsp pepper
2 tbsp chopped pimento
$3 / 4$ cup salad croutons, crushed

Preheat oven to 350 . Combine cream cheese, 4 tbsp margarine, chicken, milk, salt, pepper, onion and pimiento. Mix well. Separate dough into 8 rectangles. Spoon chicken mixture onto the center of each rectangle. Pull each of the 4 comers of dough to the top center of filling. Twist to seal. Place on cookie sheet. Brush with remaining melted margarine. Sprinkle with crouton crumbs. Bake 20-30 minutes.
Serving Suggestion: Mushroom sauce: Combine $1 / 2$ cup milk and can of cream of mushroom soup in a small saucepan. Blend well. Heat until bubbly. Serve over chicken squares. Serves 8.

## PORK CHOP IN FOIL

1 pork chop
2 slices of onion
2-3 tbsp mushroom soup

1 potato, cut up
$1 / 2$ cup frozen peas
2 tbsp milk

Put into foil and cook I 1.2 hours at 350 . Make certain foil is airtight.

## HOT CRAB SANDWICH

1/4 cup butter
1/2 tsp salt
2 cups milk
2 cans ( 7.5 oz ) crab meat
3 hard cooked eggs

1/4 cup flour
Dash pepper
$11 / 2$ cup shredded cheddar cheese
2 cups chopped celery
Whole grain bread

In saucepan, melt butter, stir in flour and seasoning, Remove from heat.
Gradually stir in milk, cook over medium heat, always stirring. Add cheese until thick. Remove from heat, stir in crab meat, celery and chopped eggs. Serve over toasted bread.

HAM APOLLO

1/4 cup onion
2 tbsp flour
Dash pepper
1 cup diced ham
Cook onion, margarine, flour, salt and pepper. Gradually stir in milk until thick. Add ham and $1 / 2$ cup Parmesan cheese; alternate with noodles in $11 / 2$ quart casserole. Top with additional cheese. Bake 350 for 25 minutes.

PORK CHOP POTATO CASSEROLE

4-6 pork chops, thin to medium
(I use boneless tenderloin sections)

1 can cream of mushroom soup
$6-8$ potatoes, peeled and sliced 1/4" thick

Brown pork chops as if to fry. Place potatoes in casserole dish, add salt, pepper and a little butter. Pour undiluted soup over potatoes (sometimes 1 use an extra $1 / 2$ can for more gravy). Pour a little of drippings from pork chops over soup for flavoring. Stir just a little, gently. Place pork chops on top of mixture, cover, and bake at $300-350$ for $11 / 2-2$ hours or until potatoes are tender.

SPICE CHICKEN
$13-4 \mathrm{lb}$ chicken, cut up 4 tbsp butter
$1 / 2$ tsp salt $\quad 2$ garlic cloves, minced
1 medium onion, finely chopped $1 / 2$ cup chicken stock
1/3 cup white vinegar
1 tbsp sugar
1 tbsp Worcestershire sauce
$11 / 2$ to 3 tsp crushed red pepper
I tsp paprika
Place chicken pieces in large baking dish. In saucepan, mix remaining ingredients and bring to a boil for 1 minute. Pour sauce over the chicken and bake uncovered for $11 / 2$ hours at 350 , basting occasionally.
Remove chicken, tilt pan and spoon off fat. Serve sauce with chicken.

## DRURY'S SAUERKRAUT BALLS

$1 / 2 \mathrm{lb}$ ham
$1 / 2 \mathrm{lb}$ corned beef
Pinch of parsley
1 tsp dry mustard
2 cups milk
1 beaten egg
In a meat grinder, grind the ham, pork and corned beef. Mix in the onion and parsley and fry until brown. Drain. Sift flour with dry mustard and salt and add to meat mixture with the milk. Cook together in large pan and stir until fluffy. Cool, then add sauerkraut and put the entire mixture through a food chopper twice and mix thoroughly. Roll into balls about the size of walnuts. Dredge in flour and dip in beaten egg. Roll in fresh bread crumbs and deep fat fry. Serve hot. Yields about 25 balls.

## NOODLE DISH

$\begin{array}{ll}1 \mathrm{pkg} \text { Chinese noodles (try } 3 / 4 \mathrm{pkg} \text { ) } & 1 \text { can cream mushroom soup } \\ 1 \text { can tuna } & 1 \text { jar pimento cheese } \\ 2 \text { hard boiled eggs } & \text { Salt \& Pepper } \\ 11 / 4 \text { soup can of milk } & \text { Buttered bread crumbs }\end{array}$ Heat soup and milk and melt cheese in it. Add cooked noodles, tuna and chopped eggs. Cover with buttered bread crumbs. Bake $1 / 2$ hour at 350 .

## TAMALE PIE

1 lb hamburger, small pieces, cooked 1 small can whole kernel corm
$1 / 2$ green pepper
2 stalks celery
1 tsp chili powder
1 cup grated cheese
1 can tomato soup
Cooked spaghetti, 4 oz
Mix well. Put in $9 \times 12$ pan. Bake 45 minutes at 350 .

## CHICKEN DELIGHT

Put chicken in greased pan. Cover with 1 can cream of celery soup, 1 can cream of chicken soup, $1 / 2$ cup cooking sherry, $1 / 2$ cup water \& 1 Ican of mushrooms. Cover with chopped green onions \& 1 cup grated cheddar cheese. Bake 325 for $11 / 2$ hrs. Serve over rice or noodles.

## ZUCCHINI CASSEROLE

$11 / 2 \mathrm{lb}$ zucchini ( $1 / 2^{\prime \prime}$ thick), boiled for 3 minutes

1 cup instant rice
1 cup grated cheese
l lb ground beef
1 tsp oregano

1 onion, chopped
1 can mushroom soup
1 tsp salt
2 cups cottage cheese

Drain zucchini and place in buttered $9 \times 13$ pan, then a layer of hamburger mixture, layer of cottage cheese and layer of zucchini. Top off with grated cheese. Bake in 350 oven for $35-40$ minutes.

## TUNA CASHEW

1 can mushroom soup
1 can tuna, chunk style
1/4 cup water or milk
1 cup chopped celery
1/4 cup chopped onion
1 tbsp lemon juice
1 jar Pimento cheese, optional
$1 / 2$ cup cashews, whole
2 cups Chinese noodles
2 hard boiled eggs, optional
Combine all ingredients except $1 / 2$ cup noodles. Pour into casserole. Sprinkle with remaining noodles. Bake at 325 for about 40 minutes.

CHICKEN \& RICE CASSEROLE

2 cups chicken, $1^{\prime \prime}$ cubes
1 cup milk
$2 / 3$ cup quick rice
1/4 tsp poultry seasoning

1 can cream of chicken soup
1 cup sliced mushrooms
1 envelope onion soup mix
$1 / 2$ cup shredded cheddar cheese Combine all ingredients except cheese in $11 / 2$ quart casserole. Cover. Cook on high in microwave 14-15 minutes, stirring twice. Cover. Let stand 10 minutes before serving.

## RICE PARISIAN

Brown lightly $1 / 2$ cup uncooked rice and $1 / 3$ cup sliced cooked mushrooms ( 4 oz can drained) in 2 tsp butter. Stir in 1 can Campbell's onion soup and $1 / 2$ soup can of water. Cover. Cook over low heat about 25 minutes until rice is tender. Serves 4.

## ENCHILADAS \& SAUCE

Tortillas:
1 cup flour $\quad 1 / 2$ cup cornmeal
$1 / 2$ tsp salt
$11 / 2$ cups cold water
Mix flour, cornmeal and salt, stir in cold water. Mix well. Pour in lightly greased saute pan and turn once.
Sauce:
2 tbsp onion
1 tbsp flour
1 clove garlic, minced
2 tbsp oil
1 quart canned tomatoes, drained
1 tsp salt
2 tbsp chili powder
Brown onion in oil, stir in flour, tomatoes, garlic, chili powder, salt and
Tabasco sauce. Pour sauce in tortilla. Fill with cheese. Roll. Pour
leftover sauce over tortillas. Cover with cheese. Bake at 350 for 20-25
minutes.
GRANDMA'S CHOCOLATE PUDDING

| 1 cup sugar | $1 / 2$ cup baking cocoa |
| :--- | :--- |
| $1 / 4$ cup flour | 2 cups water |
| $3 / 4$ cup evaporated milk | 1 tbsp vanilla |

Pinch of salt
In a saucepan, combine sugar, cocoa and flour. Add water and milk; stir until smooth. Cook over medium heat, stirring constantly, until mixture comes to a boil. Cook until thick, about I minute. Remove from heat, stir in vanilla and salt. Cool to room temperature, stirring several times. Pour into serving bowl or individual dishes. Serve warm or cold. 4-6 servings.

DESSERT BARS SUPREME
Base:
1 pkg desired flavor Pillsbury Plus cake mix
$11 / 2$ cup quick oats
$1 / 2$ cup margarine or butter

1 cup chopped nuts
1 egg

Filling:
1 can desired flavor Pillsbury Ready to spread frosting supreme 8 oz pkg cream cheese, softened 2 eggs
Heat oven to 350 . Grease $13 \times 9$ pan. In large bowl combine base ingredients; mix until crumbly. Remove 2 cups for topping; press remaining crumbs into prepared pan. In large bowl, blend all fillings ingredients, beat at highest speed until smooth and creamy. Pour over crust. Sprinkle reserved crumbs over fillings. Bake at 350 for $45-55$ minutes or until firm when pan is lightly shaken. Store in refrigerator. Makes 36 bars.
Recommended flavor combinations:

Base: Cake
Lemon Cake
Strawberry Cake
German Chocolate Cake
Devils Food Cake
Dark Chocolate Cake
Dark Chocolate Cake
Yellow Cake

Fillings: Frosting
Lemon Frosting
Strawberry Frosting
Milk Chocolate
Vanilla
Sour Cream Vanilla
Double Dutch
Chocolate Fudge

A conscientious effort was made to include all recipes submitted in this cookbook. If any have been omitted, please accept our apologies.

## JAPANESE RECIPES

THESE RECIPES ARE GIVEN IN HONOR OF THE JAPANESE WORKERS WHO WORKED THE GREEN CHAIN AT THE CARLISLE MILL

RICE PIZZA
$1 / 3$ cup minced onion
2 eggs, beaten

Sandy Stewart
$21 / 2$ cups cooked rice
3 tbsp melted butter

Mix together. Line a $12^{\prime \prime}$ pizza pan with rice mixture. Bake 12 minutes at 350 until set.
Topping:
180 z can tomato sauce with cheese $1 / 2 \mathrm{tsp}$ basil
$1 / 2$ tsp oregano
1 cup shredded cheese
1 can mushrooms
$1 / 2$ can sliced olives
Pepperoni or whatever
Spread topping on rice. Bake 20-25 minutes at 350 ,
BEEF MISOYAKI
10 pieces beef, thin slices $\quad 21 / 2$ tbsp sesame seeds
1 tbsp soy sauce
2 tbsp sugar
2/3 cup miso*
Toast sesame seeds in frying pan. Pulverize in suribachi. Add miso to sesame seeds and mix well. Add sugar, soy sauce and MSG. Broil or fry. Heat leftover miso sauce and serve with beef.
*Miso is soy bean paste

## PAPER WRAPPED CHICKEN

$1 / 2$ tsp vegetable oil
1 tsp Chinese parsley, minced
$1 / 2$ tsp red seasoning sauce
(Hoy Sein Jeong)
1 cup fillet uncooked chicken, cut in 1" square thin slices
Combine everything but chicken in large mixing bowl. Add the chicken and marinate for 1 hour. Wrap each piece of chicken in $3^{\prime \prime}$ square of foil securely with all loose corners tucked in. Deep fry wrapped chicken for 5 minutes. Drain on absorbent toweling and serve immediately.

## EASY PICKLED CABBAGE

1/4 cup vinegar
$1 / 4$ cup salt
1/4 cup sugar
2 cups cold water
Mix above, bring to a boil and pour over cabbage which has been cut in quarters. Red dried peppers may be added. Keep in a covered plastic bowl in refrigerator.

TEMPURA BATTER
$1 / 2$ cup flour
1 tbsp oil
$1 / 2$ cup cornstarch
1 egg white or 1 whole egg
1 tbsp vinegar
1/2 cup water
Blend all ingredients with wire whip until smooth. Chill before using.
BEER BATTER FOR TEMPURA

1 can of cold beer
3/4 tsp baking powder
1 1/4 cup flour
Mix well with wire whip. Dip shrimp, oysters, vegetable slices and deep fry in hot oil.

## SUKIYAKI

Sukiyaki Sauce:
$\begin{array}{ll}1 / 2 \text { cup soy sauce } & 2 \text { tbsp mirin (sweet rice wine) } \\ 1 / 4-1 / 2 \text { cup sugar } & 1 / 4 \text { tsp MSG }\end{array}$
1/4-1/2 cup sugar
1 cup stock
This is enough sauce for:
1 lb tender beef, sliced thin
1 bunch green onions, $1^{\prime \prime}$ pieces
1 16-oz bamboo shoots, sliced
1 block tofu, I" cubes

1 egg
Pinch of salt, to taste

Mix sauce ahead of time in a jar. Put in 1/3 of meat into a hot pan oiled with beef suet or a little vegetable oil. Pour $2 / 3$ of the sauce over meat; add $2 / 3$ of the assorted ingredients. Do not stir but turn over ingredients gently while cooking. Cook for 10-15 minutes. Serve and replenish the pan with additional meat and vegetables.

## MARINATED MUSHROOMS

$2 / 3$ cup tarragon vinegar (or more to cover)
$1 / 2$ cup olive oil
1 tbsp sugar
1/2 tsp salt
Tabasco, Mexipepper (optional)
1 lb fresh button mushrooms
(size of a quarter)
Wipe mushrooms with damp cloth, first cutting off barest tip of stem.
Place in a bowl with the sliced onion. Combine all other ingredients and pour over. Cover and refrigerate. These can be made several days in advance. To serve, drain very well and serve icy cold.

HO DONG CUPCAKES

1 cup sugar
1 tsp soda
1/4 cup cocoa
$11 / 2$ cups flour
$1 / 2$ tsp salt
Filling:
1 pkg ( 8 oz ) cream cheese, softened
1 egg
$1 / 3$ cup sugar
Combine cream cheese, egg, $1 / 3$ cup sugar and $1 / 8$ tsp salt; beat well.
Stir in chocolate pieces and set aside. In another bowl, blend 1 cup sugar, soda, cocoa, flour, $1 / 2$ tsp salt, water, oil, vinegar and vanilla. Fill cupcake tins one-half full with batter. Place heaping teaspoon of cream cheese mixture on top of each. Bake at 350 degrees for 25-30 minutes, Frost with chocolate frosting.

KUROMAME (Japanese Black Beans)
2 cups Japanese black beans
1/4 cup soy sauce
2 cups sugar
1 level tsp salt

Soak beans in water overnight. Drain beans, add sugar, salt, soy sauce, baking soda and 4 cups cold water in a fairly good size pot with fitted lid. Cook over very low heat and simmer for 6 hours. Do not open Iid while cooking.

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The typographical error Is a slippery thing and sly. You can hunt 'til you are dizzy, But it somehow will get by.
'Til the pages are off the presses, It is strange how still it keeps.
It shrinks down in a corner,
And it never stirs or peeps. That typographical error,
Too small for human eyes--
'Til the ink is on the paper,
Then it grows to mountain size!
--Credit not necessary

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Arrangements have already been made for: A Bank, Grocery Store, General Dry Goods Store, Drug Store, Meat Market, Doctor, Lawyer, Blacksmith, Shoemaker and one Sawmill.

We want: Another Sawmill, Hotel and Boarding House, Hardware Store, Bakery, Newspaper, Jeweler, Pool and Billiard Hall, Moving Picture House, and any other live business.

There is business here for business men and employment for the laborer. The Railroad is nearly completed. The depot has already been located in the center of the business district.

We will sell the first half of the business lots at $\$ 200$ for inside lots and $\$ 225$ for corner lots. Residence lots at from $\$ 50$ to $\$ 150$.

TERMS: Twenty percent cash; balance, monthly or quarterly installments, with 7 percent interest on deferred payments.

## We Are Selling Now Don't Wait!

## B. A. Bartholomew


[^0]:    * On the Lighter Side

[^1]:    1 cup light brown sugar
    1/4 cup butter
    2 tbsp corn syrup
    1/4 cup water
    Pour over cinnamon rolls. Let rise. Bake 350 for $25-30$ minutes.

